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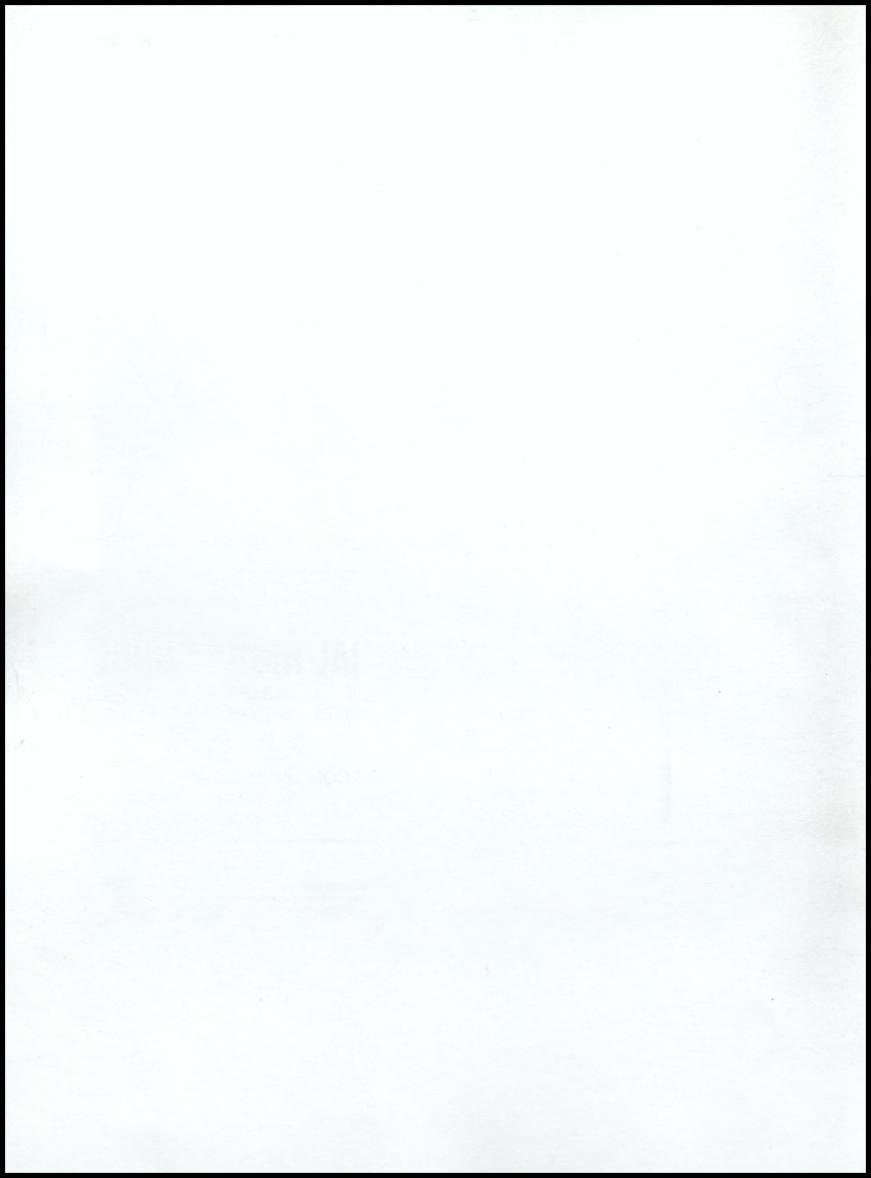
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EVERYONE SOMEONE ONE

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QUIVER 2015 3,151 STUDENTS 130 FACULTY

INSTAGRAM: lakecentralnews AURASMA.COM/QUIVER2015

1. ONE MAN CAN CHANGE THE WORLD Kyle Hayes (12) stands out in the crowd during the homecoming game that was held on Friday, Oct. 3. Hayes cheered after kicker Jillian Doan (12) scored a field goal. Photo by: Shannon Hearne Page by: Jennifer Mohamed and Hannah Reed





High school is a crazy adventure in itself, but Lake Central makes it scarier with the number of students who can make high school overwhelming.

EVERY Lake Central student has those "LC moments" that define their experience here.

Climbing the stairs to make it to the third floor, checking Twitter every minute to see if Dr. Larry Verraco called for a snow day,

getting confused by the new 2nd hour Matrix activities, and

being reminded by Mr. Tobias to "keep it real and do some good out there."

SOME students experienced changes with the first full year in the new academic wing

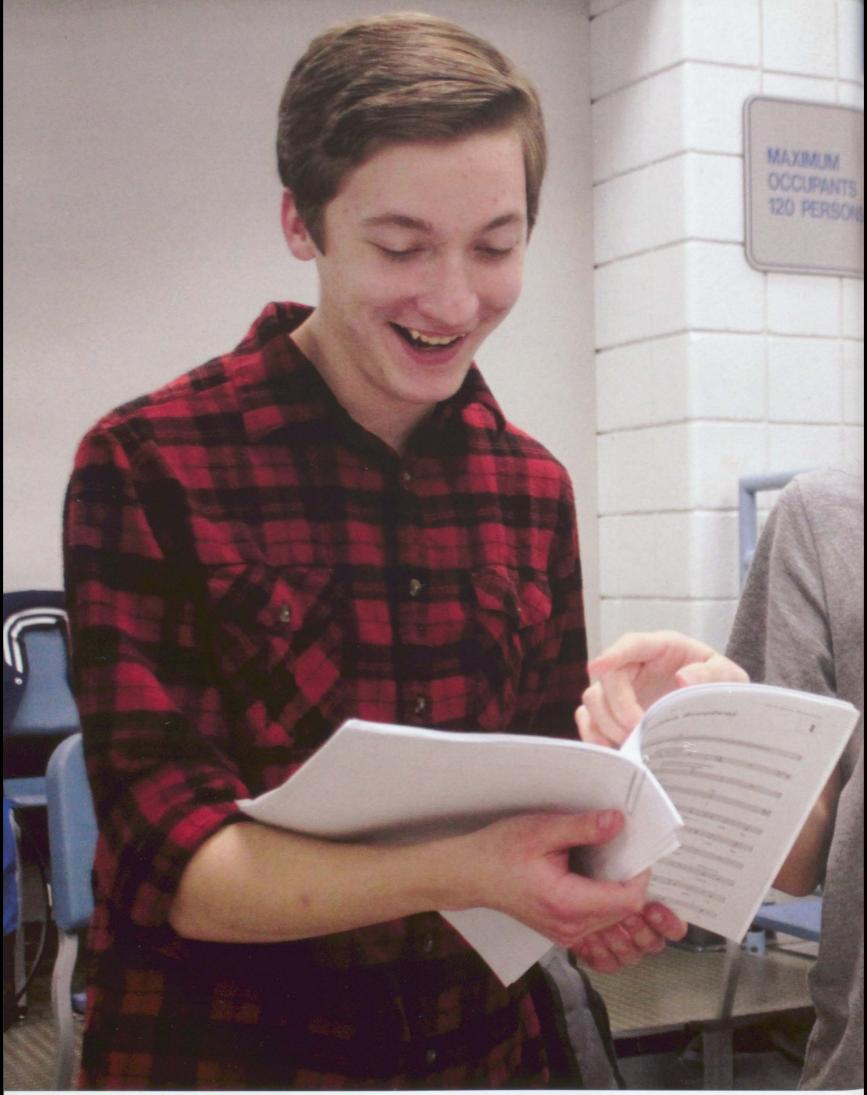
Using cell phones during lunch,

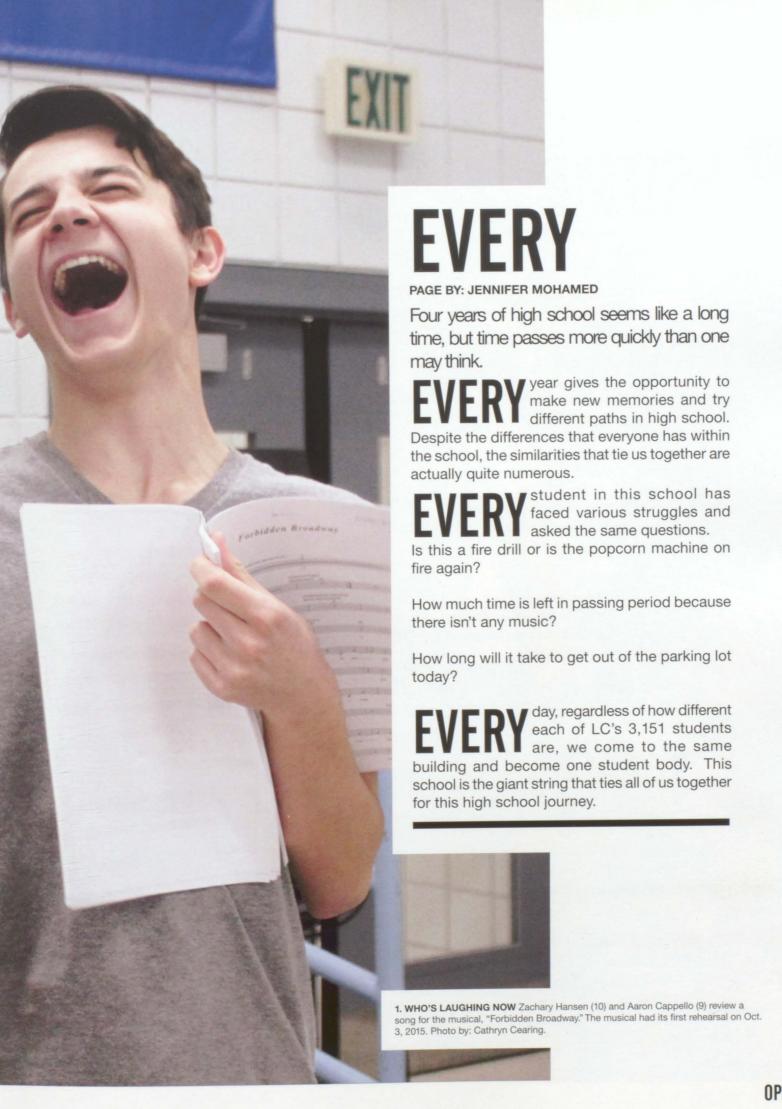
figuring out how to navigate the new parking lot in the morning with Officer Sidenbender directing traffic,

realizing that running from the third floor to the freshman center in six minutes is worse than the trek from the old pool to the freshman center, and seeing that Mr. Clark had no trouble reassembling his old classroom in the new building.

thing remains the same for every student in this school: no matter how different all of the students at LC are, we are all united in this insane journey called high school.

1. STATE OF THE ART Brittany Dunbar (11) and the rest of Mrs. Rachel Gray's, Art, Ceramics II class shapes their clay on the throwing wheel on Wednesday, Nov. 19. The class was practicing on the wheel to prepare for further projects. Photo by: Sofia Hay Page by: Jennifer Mohamed and Hannah Reed





SOME

PAGE BY: JENNIFER MOHAMED AND HANNAH REED

With all of the options that Lake Central offers, it can be overwhelming to consider the choices. One thing is true though: Everyone finds some place to fit into.

SOME examples are

33 clubs.

47 athletic teams,

6 band classes,

4 choir classes, and

4 theater classes

given for students to add into their busy schedules.

High school in itself is a journey, but one must decide how to arrive to this building in order to partake in the adventure

Bus

Walking

School parking lot

Zig-E's or Fagen Miller Funeral Home But really, all of the choices to get to school in the winter were pretty dismal.

Then there is the decision of which diploma you want to receive: CORE 40, Academic Honors or Technical Honors.

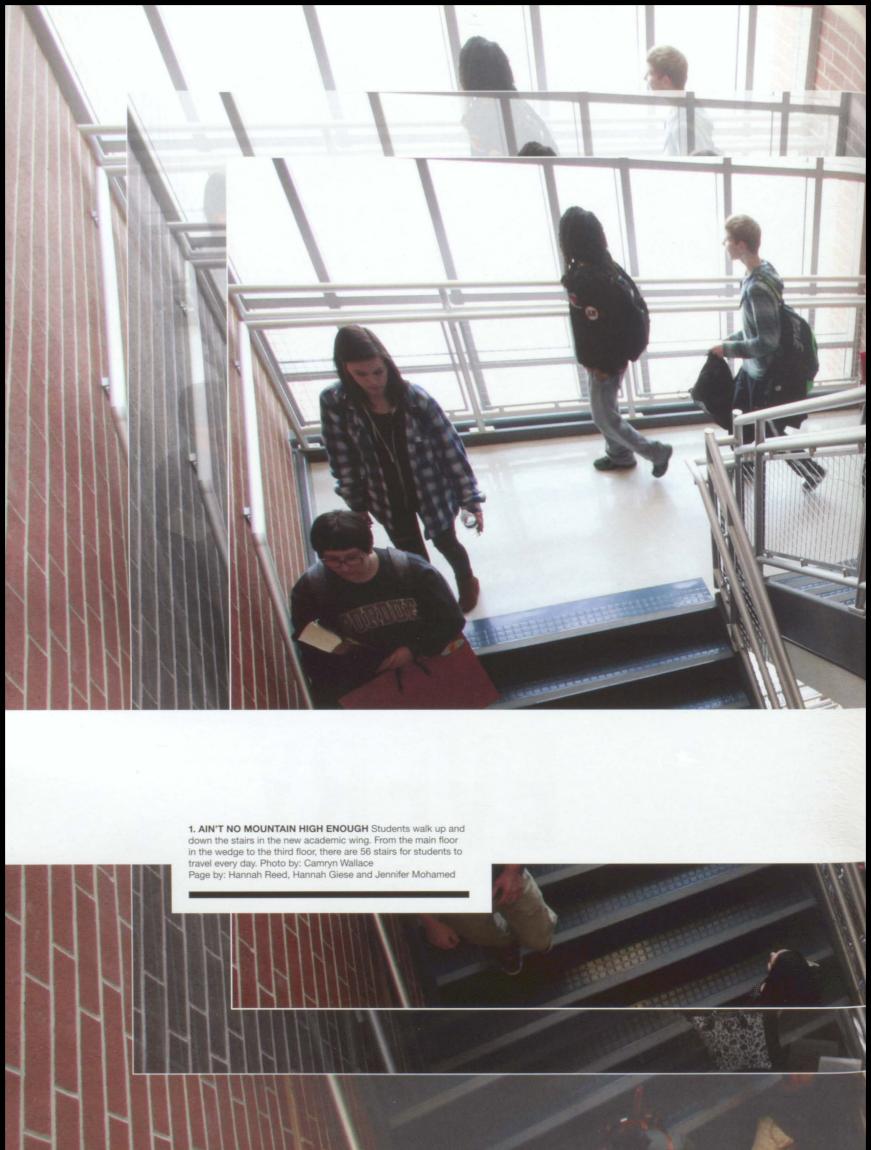
SOME choices that students make during high school may seem difficult, but the reality is that high school is only the end of the beginning. More choices and decisions will continue to come, but the options that Lake Central gives allows everyone to begin the path to the many destinations to come.

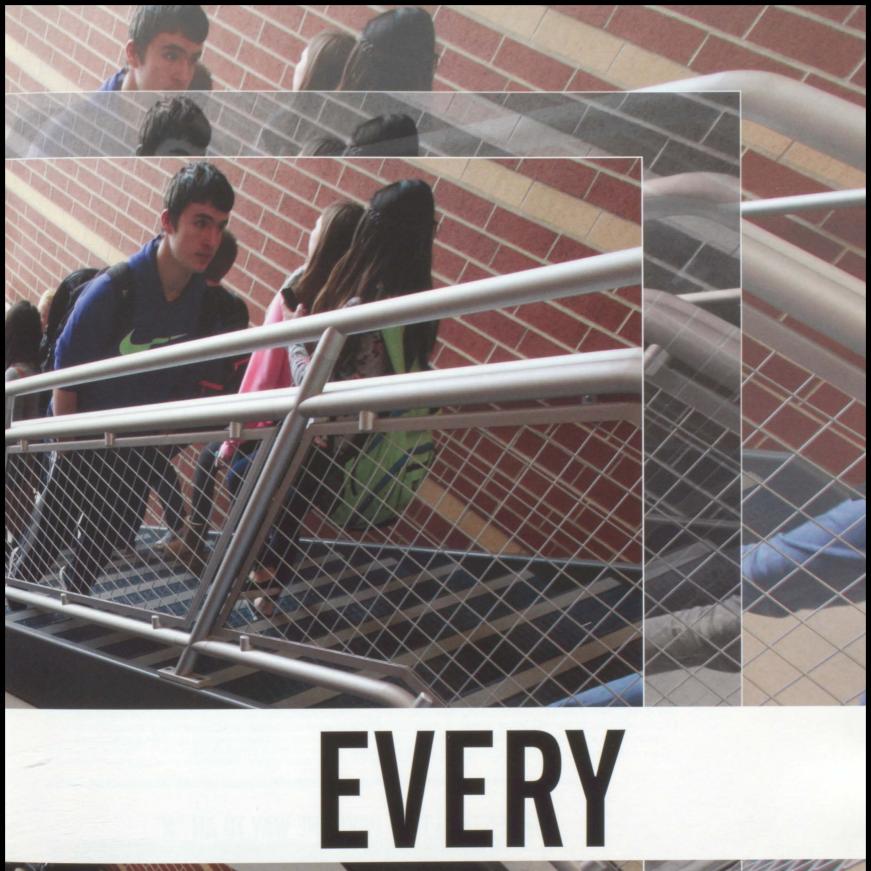
 POUR SOME WATER ON ME The girls basketball team waits in anticipation for the water to be dumped on their head. The girls were nominated by East Central lady Cardinals. Photo by: Hannah Bryner



















 Jacob Jakubowicz (12), Emil Govani (12) and Benjamin Guzek (12) Photo by: Kristina Plaskett 2. Josh Clark's 4th hour Government class Photo by: Sofia Hay 3. Dominic Foushi (12) Photo by: Sofia Hay 4. Jocelyn Cheesebourough (11) Photo by: Kristina Plaskett

ENGAGING IN EDUCATION

Students take hard work to new level

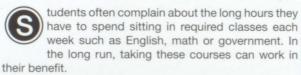
Homework is a sensitive subject for many students. It does not just pertain to the one or two hour sessions spent at home. With time in class combined with time at home, homework is now a 24-hour duty for the majority of students.

"Study hall is really helpful. Even though it has no credit, it helps a lot in the long run," Inna Ramos (10) said.

Some teachers provide class time for students to work on completing homework assignments and studying for tests. This can lighten the homework load for students.

Classroom attendance pays off for students after high school

PAGE BY: VERONICA DAVIS, SOFIA HAY AND ANNABELLA PIUNTI



"I used to not think that [required courses] were important until we started a new section [about banking] in [Precalculus] the other day," Emily Baginski (12) said.

In a world that seems to be growing with technology, it is hard to imagine a world without math.

"This section we are working on deals with interest for the bank, so I think that will be beneficial for us in the future," Baginski said.

Other students choose to devote a lot of their time and effort to English classes.

"[English] will be beneficial [in the future]. For example, if you go into science, and you discover something, and you're really bad at publishing and getting your word out, English will help. Nobody is going to take you seriously if you don't know how to write," Breanna Zeller (11) said.

Government courses can also provide beneficial informa-

tion for students to apply to in the real world.

"I think, [government] just overall, gave a sense of how the government system works, and how we choose representatives and senators and what their jobs are. This may change your views on how you want to vote or don't want to vote," Navneet Kaur (12) said.

Some topics that are discussed in government classes help students understand the importance of being an involved member in society.

"Basically we are going to be voting the rest of our lives, so you want to know which parties you support. In government you really learn that. It's not only that, you also learn about political issues like minimum wage," Nikola Tepsic (12) said.

Others think their government classes will give them the knowledge they need to work with money and other everyday things in the real world.

"You get a better understanding of how everything works, like how the market works, how everything flows and how you can make money in the market," Bryan Vanderlee (12) said.

THREE STEPS THAT PAVE THE WAY TO AN "A"

Refresh. Open up notes from class and review the material that has been taught in previous classes.

Practice. Work on solving the examples from the book or notes and different practice problems. Practicing different problems over and over again will only benefit in the end.

Test. The best way to prepare for the test is to end with solving new practice problems. See how many problems can be solved to track how much progress has been made from practicing.

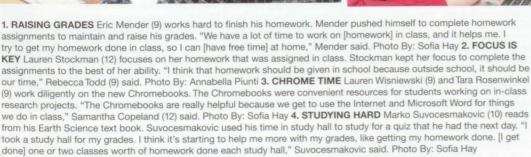


Gurleen Khatra (12) Photo by: Veronica Davis











STUDENT PREFERENCE OF CORE CLASSROOM COURSES

57% of students prefer their math courses over English

math courses over English

English courses over their math courses.

ENGLISH 43% of students prefer their

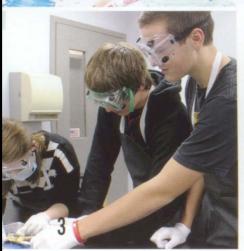
"We like doing group activities in English class because it gives us a chance to combine everyone's ideas into one," Emily Segovia (11) said.











1. EXPERIENCING THE FEELING Mrs. Caryn O'Hara's, Physical Education, health class participates in a sobriety test while wearing drunk goggles to see what it is like to be drunk. The students had to read a chapter in the book about drunk driving for homework. "[I learned] that when being drunk, you can't see anything. You could run into a wall, so that's not fun. I think the test was effective, but a lot of kids thought of it to goof off," Giannoula Tjortjis (10) said. Photo by: Kayla Hallowell 2. BACK IN TIME Brian West (11) and Kara Newell (11) work together on their U.S. History project. Mr. Brian Tomson's, Social Studies, third hour U.S. History class had to create and draw a fictional story about a family trying to travel west while encountering many obstacles. "I learned the daily struggles that early pioneers had while crossing America, such as how it was a six month journey [and] many of them died from disease and starvation. There was the Donner Party that everyone knows about where cannibalism [occurred]. So, I just learned a lot of interesting things I wouldn't of without the project," West said. Photo by: Kayla Hallowell 3. LEARNING OTHER SPECIES Hannah Scherer (12), Ryan Delis (12) and Connor Scott (11) dissect a frog in Mrs. Lisa Mareno's, Science, Zoology class. They had to complete a worksheet about learning the anatomy of animals. "The reason why science homework is important is because a lot of people really don't truthfully understand animals until you truthfully get up close and personal. I always found it interesting. I never really found science as interesting as it is now until I took this class to actually learn from personal preference," Scherer said. Photo by: Kayla Hallowell 4. UPS AND DOWNS OF ECONOMICS Chase Lowden (12) works on Mrs. Rachel Underwood's, Social Studies, Economics homework. The class recently took the Unit 4 test about U.S. money, banking and finance. "The benefits from taking an economics class are that you get to learn about different markets, companies and personal finance," Lowden said. Photo by: Elizabeth Bustamante

WORDS OF THE WISE: GETTING WORK DONE

"The first way [to work efficiently] is find your study method and zone in on it. By that I mean if you're a procrastinator, then I guess procrastinate because you work the best under pressure."

The second way of doing your homework is if you get stuck with a problem, don't just make up answers. [You should] either email the teacher right away, email a friend or go on Twitter and find your teacher."

The third way to get your homework done is to do it during class time. When the teacher gives you work time, actually use it."

MRS. KATELIN ELLIS, SCIENCE



Mrs. Katelin Ellis, Science, and Ryan Kilinski (10) Photo by: Eliza-

SCIENTIFIC SCHOLARS OR HOMEWORK HISTORIANS?

SCIENCE 71 percent of students favor science

homework over history

29 percent of students favor history homework over science homework.

STUDENTS STUDY WHICH CORE CLASSES DEMAND DEDICATION



"My science homework [is a priority] because it makes me think critically."

homework.

"I think science homework is a priority because it is more appliable to different careers than history."



"I think economics [homework is a priority] because you need to know the information for your future."

GUADALUPE ALVARADO (12)



"Science class's homework is a priority because the homework makes me understand the lesson and do better on the test."

RAYMOND POLLALIS (12)

LAUREN GRONEK (11)



"Science homework [is a priority] because generally it's the most useful later in life."

ERIN DIVINEY (10)

KEVIN CALDERONE (12)



"Science homework is a priority because the homework is easy."

GUNNAR RICHARDSON (10)

Students take on homework for required courses

PAGE BY: KAYLA HALLOWELL AND ELIZABETH BUSTAMANTE



ost students share similar homework experiences in science, history, health and economics classes, yet some students still struggle with the amounts of homework these classes demand.

"Since we don't do lectures in [iChem], we have to watch them all at home. It takes a lot of time because some nights you spend about an hour just watching the lectures, not even finishing the homework. After you watch the lectures, you still have to do worksheets and take notes," Ana Zanza (10) said.

Because the homework for these classes can be demanding, lack of time on weekday evenings may become an issue.

"I work over 20 hours a week, so it's hard to get school work done. The homework that I don't get done in study hall is usually rushed through the class before. It's hard to balance school and work because school is like a full-time job," Jacob Zak (10) said.

With a lack of time may come a widely shared complication among students: procrastination.

'[I procrastinate mostly with] economics. It's just so long, and I don't want to do it," Jessica Ladowski (12) said.

Homework may be tedious in the required courses, but for classes such as Biology, it may prove to be beneficial. Teachers try to assign homework which will help equip the students with the information they need to pass the courses.

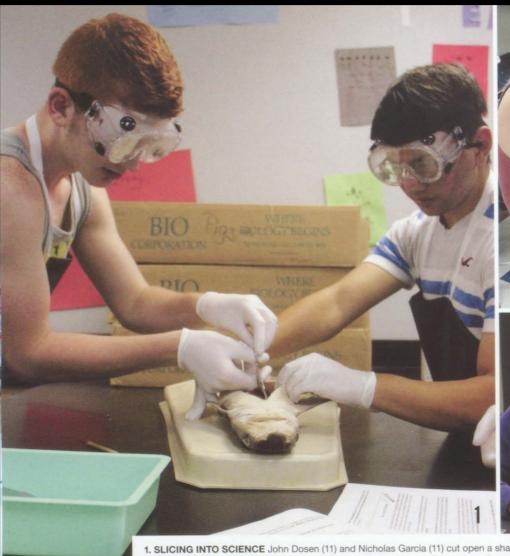
"[All the homework] we do [in Biology class] is to help prepare you for your test and understanding the material better. Your study guides, for the most part, are the concepts on the test. If you do that, you will do better when it comes to that point," Mrs. Julie Shupryt, Science, said.

Although some teachers may try to base the homework on knowledge important in the units, a handful of students still believe some homework has no benefit.

"For some subjects, like history, I find homework helpful. [For] other subjects, I feel like it is just a waste of time," Claire Gronek (9) said.

Every student has a different take on homework and whether the homework for required courses is helpful or not.

"Homework doesn't really impact me. It's something I've always done, so I am used to working around it," Joseph Grzybek (10) said.







1. SLICING INTO SCIENCE John Dosen (11) and Nicholas Garcia (11) cut open a shark in Mrs. Lisa Moreno's, Science, Zoology class. The class dissected the stomach in search of half-eaten fish or any other crushed up food. "[Working with labs] is fun because you get to work with a partner," Dosen said. Photo by: Amber Stedt 2. OH RATS Samantha Lane (11) slices into her rat. Lane and other Anatomy and Physiology students followed the instructions of their lab guides to examine the rat's organs. "The smell was the worst part. Everything else you get used to, except for the smell, but [the rat dissection] wasn't as bad as I thought," Marina Vasquez (11) said. Photo by: Jovana Dodevska 3. DYING THE DISH Rachel Kozel (10) writes down results after sticking a toothpick with dishwasher detergent on it in the petri dish in her chemistry. The milk and dishwasher detergent formed a chemical reaction. "It's the fact that you're not looking at a Powerpoint and taking notes. You're actually doing hands on stuff and learning how scientists would have learned," Kozel said. Photo by: Camryn Wallace







Naseem Shatat (10) 2. Students in O'Hara's health class 3. Brett Morris (10) 4. Naseem Shatat (10) Photos by: Emma DiPasquo

DUPLICATING DRUNK DISASTERS

Goggles imitate feeling intoxicated

In Mrs. Caryn O'Hara's, Physical Education, health classes, students wore drunk goggles to simulate the feeling of being drunk and to learn the repercussions of underage drinking from Officer Brett Sidenbender

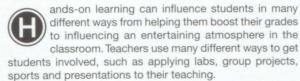
"It was cool to do [the drunk google simulation] because I got to see the feeling of being drunk. It was really hard to throw the balls and actually get them to the other person," Conner McCoy (10) said.



"I think that doing labs in science is beneficial because it introduces me to different aspects of life, and it's fun to set stuff on fire," Matthew Mirales (10) said.

Hands-on learning helps students grasp classroom topics

PAGE BY: EMMA DEGROOT AND ASHLEY KRALIK



"[Doing labs] is fun. I wish we'd do more dissections. [The labs] are worth a lot of points. If you have a really low grade, it'll make it come up," John Dosen (11) said.

Although students in Zoology and Anatomy work with dissections, Chemistry students have had their fair share of labs this year as well.

"I think [the labs] help [you] understand what you're learning, and it's hands-on, so it helps," Breanna Zeller (11) said.

Hands-on projects are not restricted to required science classes. Mrs. Rachel Thomas's, Science, Forensic Science class worked on replicating their own faces in the same way that professionals would identify suspects.

"Mrs.Thomas wanted to show us how hard it was to recreate a person because we are talking about eye witnesses and how someone would describe the criminal to the police," Olivia Middleton (11) said.

Science classes may seem like the only way to bring in

hands-on projects, but Mr. Joe Fox, Math, incorporates candy into classroom lessons to spark interest among his students. These teachers let their students do what they want with the candy used.

"I went through and grabbed random bags of candy, and they can go in and do some type of discussion about the distribution. It goes through and shows them that you can pick up a bag of candy, and we can use that to make stats play there," Mr. Fox said.

Hands-on activities in classrooms give students the opportunity to not just sit in a desk and be taught a topic, but also learn in an exciting environment.

"It shows you more experience. When you experience something, it's easier to apply it," Rachel Kozel (10) said.

Chemistry classes usually do the same labs and projects, but not every student will grasp the concepts in the same way. It is possible that one student gains a different aspect of the concepts than his or her lab partner.

"I love doing labs. [I like] the whole process and the results, especially examining things," Dianne Cometa (10) said.

Hands-on learning can be applied to several different subjects in classrooms. Teachers often try to incorporate exercises that they think will interest their students.

GETTING THEIR HANDS DIRTY

Labs help students learn new information

Multiple classes have labs to help students to learn more information and boost their grades.

Anatomy, Zoology, Forensics and Chemistry have many different outlets of hands-on practice to give the students a better understanding of the class's lessons and prepare them for a test.

"Just being able to see [the results] for yourself is cool because you can read about it and believe it, but seeing it is really cool," Breanna Zeller (11) said.





Breanna Zeller (11) Photo by: Samantha Bernardy 2. Paulina Gallegos (11)
Photo by: Jillian Wilschke 3. Craig Bronson (11) and Elizabeth Daly (11) Photo by:
India Hodgas

One of the Hodgas

One of th

DO STUDENTS PREFER GYM OR SWIM?



"I was used to doing gym in middle school, so it wasn't hard."

LOAN LE (10)



"I hated both. In pool, it's hard to learn because the the teacher isn't there with you. In gym you just play games."

RADIANT SYKES (10)



"My favorite part about pool is sometimes you get free time at the end."

DENISE CASTANEDA (10)



"Studying for finals is very important to me, and I always try to pass them. I aim to achieve good grades in order to succeed in life and get into a good college," Cecelia Desiderio (11) said.

THREE R'S TO PREPARING FOR ENGLISH EXAMS

Reread. "Go back through the material that will be on the test and read the important passages," Mr. Christopher Engel, English said.

Review. "Go back through notes or presentations and make sure to review the major topics," Mr. Engel said.

Relax. "Over stressing about a test will make it more difficult to focus on the questions and make it more difficult to make good decisions," Mr. Engel said.



Mr. Christopher Engel, English. Photo by: Joseph Pavel

MORTHIANUISTILETANS

Students brave difficult subjects while studying for finals

PAGE BY: JOSEPH PAVELL



s each semester comes to a close, students are expected to begin studying for their final exams. Some finals require students to merely memorize information, while others, such as science, require more than remember-

ing facts.

"I prefer [studying for] science over everything because it is my best subject. It can be hard because some of the equations are very long. There is so much to remember, such as the equations and elements. Everything put together is just so much to memorize," Brendan Demantes (10) said.

Students tend to take longer studying for their science finals, ensuring that they understand the content given to them and memorize equations. Without grasping key concepts, it is very hard to achieve a passing grade on the final.

"I always study the week beforehand in preparation. I look at the old notes from previous chapters to make sure I understand everything. I am currently in [Anatomy and Physiology Honors], so it requires a lot of studying and preparation," Elise Classen (11) said.

While comparing all of the core classes and their finals, science seems to be seen as one of the more difficult. There are numerous

equations that students must memorize for these finals.

"With Chemistry for instance there are so many things to understand, but with English you can become completely immersed in what you are studying," Lidia Alvarez (12) said.

The difficulty of certain subjects differs for some students. Though many students view science as difficult, there are others who feel that it is easier.

"I tend to study less [for science]. I like science and don't have to study for it as much as subjects I don't really enjoy. It's really easy for me to memorize equations and elements. I really do not like classes that deal with English because it is hard to have a set answer. With science, it is clear exactly what the answer is as long as you know the material well enough to recognize it," Alexis Orseske (11) said.

Though one subject may be more difficult than the other, all core classes are essential for graduation.

"It is very important to get a good grade on my science finals if not more important because of the profession I am looking into. I do study for all of my classes equally. Studying and giving myself preparation now will help me comprehend the work I will get in college and in the general future," Katherine Freeman (11) said.



ology class. Chekaluk was able to use what he learned while looking at these bones on his final exam. "[Examining bones] helps me with my final because it allows me to classify bones, know what kinds of bones they are and what they do to help our body," Chekaluk said. 2. ALL FUN AND GAMES Rachel Kozel (10) and Nicole Geer (10) laugh as they perform a lab for their Honors Chemistry class. The labs performed each semester prepared students for the lab final they were required to take. "Doing a lab in class really prepares me for my final exams. Instead of doing problems over and over again, I am able to visualize what I am doing, which in turn helps me with my final," Geer said. Photos by: Ruth Chen

THE PERFECT EQUATION FOR AN A

First-year teacher gives advice on math finals



"With practice comes memorization. The more you do a problem over and over and over, the better you will become at that skill. Then, you will be able to memorize the steps to an equation. In preparation for the exam, if you are confused on any of the material, I would say that weeks leading up to the final exam [students] should sit down with teachers and go over old tests, guizzes and homework with them. With math finals, what I always did and what always helped me, I would make little study groups. I would get together with my best friend, we would go get coffee, and we would sit there for an hour or two and study our packets."

MS. JACLYN ALESSANDRI, MATH

SUPREME STUDY TOOLS



"Studying for science is difficult because there are a lot of things to remember, but I usually use flashcards [to study],"

EVAN LEATHERMAN (10)



"Studying [for mathematics] is easy for me because all I have to do is review past worksheets,"

MEGAN SERRATORE (10)



"I ensure that I ask the teacher questions and read things we were given throughout the year [for English],"

REETAM MANDER (10)



DIFFERENT APPROACHES TO HITTING THE BOOKS

CLASSROOM CONFIDENCE

"[I don't study because] I know all the information all ready. I pay attention when the teacher teaches. I haven't studied all of high school, but I still have a good GPA. I review the notes right before I take the test. I studied for the ACT. I'm naturally kind of smart. I have two sisters who study all the time, but I don't. We get the same grades and our GPAs are similar."

IAN MCGRATH (12)

STUDY HARD AND GAIN RESULTS

"To prepare for tests or finals beforehand I'll have all the dates in my agenda. I make sure that I have all the study guides done. Sometimes, maybe two days or a day before the test, I'll sit in my room or somewhere quiet, and then I'll just study. I'll zone out everyone else and all the background noise. [I try to] just stay focused on what I have to get done."

KRISTINA PLASKETT (11)





1. GOAL REACHING Students from Mr. Joe Fox's, Math, fourth hour AP Statistics class work on an activity. They were able to get into groups to complete their work. "Studying is important because it helps you retain information and reminds you of things you might have pushed to the back of your mind," Samantha Copeland (12) said. Photo by: Kristina Plaskett 2. AP CHALLENGE Niji Shah (11) sets aside time to study for her AP classes. Shah challenged herself by taking several difficult classes during her junior year. "The importance of studying is to internalize the concepts discussed in class to further the knowledge I have pertained to make connections with the reworld," Shah said. Photos by: Gianna Mills



FINAL PREPARATION



"I think doing the study guides really helps and practice tests will help you."

KAYLEE RODELL (11)



"I study at night before I go to bed, and then I look over it at least once over again before a test."

MIA ZUBECK (12)



"I usually read through the book the night before and look over the study guide before the test the day of."

MICHAEL SHANKS (10)

AP TESTS: A GUIDE TO REACH SUCCESS

"You should definitely sleep the night before. Don't stay up all night studying because otherwise you'll be too tired for the test, and you may actually fall asleep and get a 1," Clayton Goldman (11) said.

2 "You should probably study a lot beforehand. Start studying weeks in advance. That way you'll be ready and know the material," Goldman said.

"Make sure to take all the notes that your teacher gives you and use all the resources possible because they're there to make sure that you will succeed," Goldman said.



Clayton Goldman (11) Photo by: Gianna Mills

Different studying strategies and techniques guide students in every subject

PAGE BY: MICHAEL CLARK, JENNA CRAWFORD AND GIANNA MILLS

athematics, science and English courses are required for graduation, but the ways to go about studying for these classes differ between each student. Study strategies can range from reviewing in groups to finding time for studying alone.

"When I get home, I go into my room and sit down at my desk. I make sure I'm in a quiet area, and I would have my pencils ready and my book on my desk. I make sure I'm concentrating, and I take a five to 10 minute break in-between each assignment," John Damarjian (11) said.

Teachers provide as many studying tools as possible to quide students to success.

"As a whole, I use all the review packets I'm given and I make sure I do them to my fullest. I make sure I have the right answers and that I study them. I always have a cup of coffee with me because it's just needed," Erica Keleman (11) said.

If students are having difficulty with the material, there is always a way to grasp the concept.

"For math, I usually highlight anything that's important and try to remember. If I'm having trouble with a concept,

I talk to the teacher the next day and get some help on it," Damarjian said.

For each subject, there are strategies for every learning style. "For English, I like to make note cards because it helps me visually study," Keleman said.

English has branches of assignments that can be approached differently.

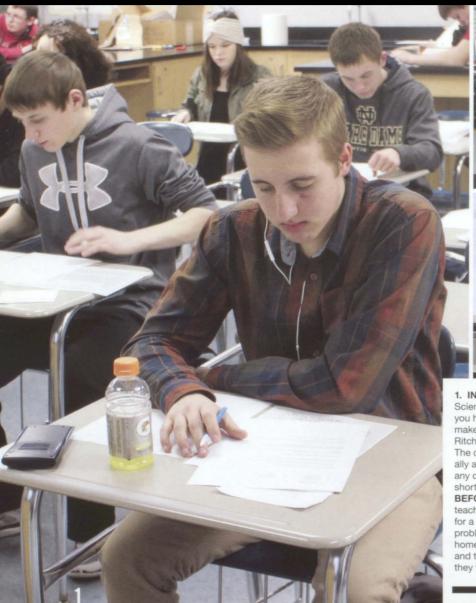
"If I'm writing an essay, I review what I'm writing and make sure it's organized and sounds correct," Damarjian said.

Students have different resources available to them that are appropriate for certain subjects.

"For science, I look over the guide and my notes, and I read the book. Also, I take the practice tests," Keleman said.

There are always ways to approach problems, but going to a teacher allows students to tackle any questions they have directly.

"Always make sure if you're confused on anything, you can email your teachers. You could also ask them lots of questions on the topic if you're confused because teachers are here to help you," Damarjian said.







1. IN FOCUS Alex Kaye (10) begins his chemistry test during Mrs. Jacki Ruiz's, Science, class. Mrs. Ruiz passed out different forms of the test to her students. "If you have any questions [Mrs. Ruiz] answers them and if you didn't understand she makes sure you do before you leave," Jacob Dobias (10) said. Photo by: Emma Ritchie 2. FINAL MOMENT Mrs. Ruiz discusses a test with her chemistry class. The class reviewed stoichiometry and other chemistry principles. "We have usually a study guide and practice problems and then we can go into tutoring during any day of the week usually. The tests usually have multiple choice and a couple short answers," Macey Anderson (10) said. Photo by: Emma Ritchie. 3. SECONDS BEFORE Mrs. Ruiz explains bonus essay questions to her chemistry class. Many teachers give their students extra credit problems to help their scores. "To prepare for a test we do lots of samples in our notes. We do lots of problems and practice problems in the packets. Many of our quiz and tests come from the packets and the homework and our lecture notes, so I know those who have been paying attention and those who haven't. Depending on the chapter, [students] come in for [tutoring] if they feel it is intense," Mrs. Ruiz said. Photo By: Abigail Hines

STUDENTS SHARE STUDYING TIPS AND TRICKS DURING CORE-CLASS CRUNCH TIME



"I usually study the night before or a few days before so that I retain the information better."





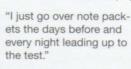
"I make sure I don't miss class before a big test, and I take ACT prep classes outside of school once a week."

PAIGE CARTER (11)



"For finals my friends and I go to the Dyer/Schererville library to study for about an hour."





JACOB STEFANIAK (9)



"I get together with my friend and we sit in my basement and study all night long,until we've covered everything."





"I start studying little by little so that by the time that the test roles around, it is just a mini review."

JULIA GRUVER (11)



"I study to better myself and get good grades so that I can get into a nice college and be successful," Isabella Diaz (10) said.

Making time for studying, balancing school and social life

PAGE BY: ABIGAIL HINES AND EMMA RITCHIE



trategizing time for studying involves time management and patience. Procrastination can prove to be a large distraction along with jobs, friends and family. Balancing a social life along with academics can be stressful.

"If I have a big meet coming up, I normally study before [the test] in school, and when I get home, I study before bed to make sure I know the material before the test," Maya Tobin (10) said.

With balancing school and sports, it can be hard for one to find time or a place to study for upcoming tests or quizzes. Some students find that studying on and off in-between breaks at practices can be effective.

"During wresting season I used to have my vocab sheet on the side of the wall by me and so if I wasn't doing something like push-ups or abs excercises I could look at it and memorize," Edward Halbe (11) said.

Teachers use notes and study guides to lead up to the preparation for tests and finals, making sure that each student completes the required work and fully understands the material. Some teachers may have the students participate in educational games that helps the students be more aware of the material. Knowing the material can help improve grades on tests and finals.

"We do a lot of usage in class and practice during the Matrix period, and daily we talk about grammar issues that can come up on future tests. We do anything from just making sure we talk about things

in class thoroughly to things like playing games and [completing] the typical review guides and note packets," Mr. Darrell Wierzal, English, said.

Students may feel overwhelmed when finals and tests come around the corner. Different studying techniques can allow each individual student to benefit differently. The moment after a test is turned in can create a mixture of feelings while waiting in anticipation for the final test grade.

"After a test I usually feel very excited or very scared based on if I studied or not before the test and if I felt I did well," AnhTran (10) said. Study techniques vary from scrutinizing the study guides and notes, to note cards or not studying at all. The outcome of a test score can reflect if or if not a student reviewed before the test.

"For finals I just review all the notes, I do the study guide and if I don't remember anything, I will do the note packet," Jay Chopra (11) said.

Each student copes with the stress of balancing school, work and their social lives differently. Teachers provide tips and tricks that can make the process of studying easier for students. After all the time and effort put into cramming for tests can leave a student feeling a weight lifted off their shoulders. The amount of studying can reflect the outcome of ones test good or bad.

"Studying gives you more knowledge and then you will be able to talk to people about stuff, you will have a wider knowledge base so you won't be only knowledgeable in one subject," Chopra said.

SATURDAY NIGHT STUDY TRADITIONS

Students take to learning materials together



"Whenever [Rachel Gross and I] have either a big test coming or finals coming up we get together and we both just go into Rachel's basement and cram. So we take it subject by subject, figure out exactly what we need to do because we're in the same classes together and then we will have a white board so we do either math or most of the time chemistry and write down the problems on the white board. It's a no phone zone, we call it. So we put our phones off to the side and everything. We just go through it, through all the material we have for that, the entire study guide is done. Every hour or so we'll take a small break and get some caffeine and get re-caffeinated and will stay up really late in the night just cramming it all in. Then will go to sleep for a while and do it all again."

LAUREN GRANSKOG (11)

STUDYING SPLIT BETWEEN STUDENTS

poll out of 335

53%

DECIDE TO STUDY

O 53 percent of students reported that they study.

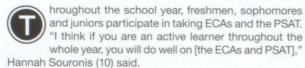
DECIDE NOT TO STUDY

47 percent of students said that they do little to no studying during the school year.

47%

The scoop on standardized assessments and what they mean to students

PAGE BY: EMILY BADGER, ELENA GORNEY AND STEPHANIE O'DROBINAK



These tests are used as data to determine how students are performing in school. They show what classes a student is eligible for in the following year, whether they are college-ready and if the student is able to graduate.

"The ECA is a qualifying exam for graduation in the state of Indiana. You take three ECAs. You have to pass two of them to graduate. Biology does not count towards graduation, but the English and math do," Mr. Sean Begley, Assistant Principal, said.

Freshmen and sophomores take the ECAs, which are administered in May. During this time, there is testing for English, Algebra and Biology. The results from these tests are available to students and parents toward the end of the school year.

"[I'm] not very stressed out about [ECAs]. I seem to do pretty well on standardized tests. The test is for the average student, and I'm in all honors classes, so it is easy for me," Connor Fox (9) said.

ECA scores determine whether or not a student can graduate high school. PSAT scores, on the other hand, provide information on the student's academic skills and allow them to compare their scores to other students both in their school and nationwide.

"I think [the PSAT] is a good way to gauge how you will do on the real [SAT] because a lot of the time you don't know how things are going to phrased on the test," Souronis said.

The PSAT is given in October, and results are distributed to students in school in December. Everyone is required to take the PSAT their sophomore year, though juniors have the option of taking it again for a fee of \$15.

"It's very important for students to take [the PSAT] sophomore year for practice, and then junior year to see what percentage of our students qualify for the National Merit Scholarship," Mrs. Laurel Bankroff, Guidance, said.

Even though studying for and taking standardized tests may be stressful, it is something every student had to do to determine their academic skill and be able to walk across the stage on their graduation day.

"We are tested on what we have learned, and we need to remember it for the rest of our lives," Anthony Carter (9) said.

PSAIS, EBASAND PLANTESIS, OH MY.

ALARMING ASSESSMENTS

poll out of 320 freshmen and sophomore

63%

ARE SCARED

"Standardized tests scare me because colleges look at them, and they can basically future. If you're not a good

determine your whole future. If you're not a good test-taker, you may do badly," Ashlee Turnbough (10) said.

ARE NOT SCARED

"I'm not afraid of standardized tests. I don't think they're anything to get worked up about. I consider

myself to be a good testtaker, so I really don't see a reason to be scared," Zachary Hansen (10) said.

37%

STANDARDIZED OPINIONS



"[ECAs] aren't really accurate because you can't remember everything you have learned since the beginning of the year."

ELLY GROSS (9)



"I like the PSAT because I'm competitive with my score. I like comparing myself to everyone else."

GAVIN BAISA (10)



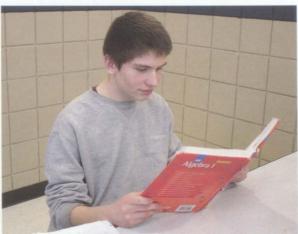
"I don't think of [the PLAN test] as much of a big deal because I'm just a freshman."

EMMA HUTCHINGS (9)



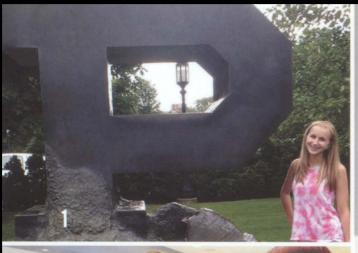
TIPS TO TRY OUT DURING TEST WEEK

- "Study in chunks instead of taking the information in at once. Doing this helps with memorizing the content better," Frances Kornelik (10) said.
- 2 "You should definitely go to sleep at a decent time. If you're tired and zombie-like, there's no way you can focus on tests," Jacob Gorman (10) said.
- 3 "Make sure you're listening to music and are in a quiet room [while studying]. Make sure no one else is in the room so you're not distracted," Lucas Lucka (9) said.



Lucas Lucka (9) Photo by: Elena Gorney

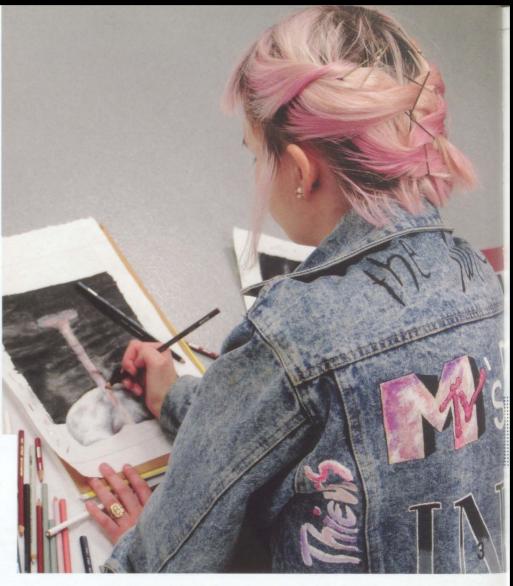






1. MAKING OF A BOILERMAKER Morgan Shoemaker (12) sees how the Purdue campus sizes up. She attended a walking tour with her mom, and she was not disappointed. "Purdue is one of my top choices, and I was really impressed by the campus," Shoemaker said. Photo submitted by: Morgan Shoemaker 2. TUTORING

TO THE TOP Toni Cribari (12) helps Summer Merriman (12) with homework. Cribari wanted to go to Purdue Calumet for secondary education. "I want to be a math teacher because it's actually a subject that I'm really strong in. I've always loved it and I tutor people in Algebra II all the time," Cribari said. Photo by: Darian Smith 3. DISTINGUISHED ARTISTIC MERIT Sarah Pramuk (12) sits on the floor of Mrs.Maureen Yaeger's, Art, room to finish a recent project. Pramuk was offered a \$84,000 scholarship through The Art Institute of Chicago. "I draw because it's self-expression. I don't really do it as another means besides that. I know that sounds cliche and stupid but that's why I draw. All my images are images of my own frustration," Pramuk said. Photo by: Darian Smith



SHARING ASPIRATIONS ABOUT THE ROAD AHEAD



"I want to go to Columbia College and graduate. Then, I'm going to start my career by directing short films and music videos."





"I'm going to get my high school diploma. Then I want to attend a trade school, so I can make money and focus on my art."

MICHAEL SALAZAR (10)



"I want to work with people. I want to help people by being a psychologist."

SARAH SPIVAK (10)



"I want to help people physically. Maybe a neonatal nurse, so I can work with kids."

MORGAN ROACH (10)



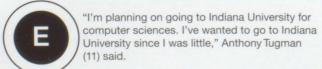
"I want to travel and enjoy new experiences. Live life to the fullest and enjoy the beauties of it."

MAXIM MAXIMTSEV (10)



"I want to go to college at Purdue University. Then I want to to be a nurse at Planned Parenthood."

HANNAH AULINSKIS (11)





STUDENT TEACHING EXPLORATION

SPECIAL EDUCATION

"I go to Kolling Elementary, and I help out. It's mainly third graders, but it's all different grades, and it's just kids that need a little bit more help. Last year I did peer mentoring, and it's a lot different. It's nice this year to see what it's like to be with the littler kids. I really like special education, and I'd like to become a special education teacher"

JESSICA SWATOSH (12)

ELEMENTARY EDUCATION

"I get to go to a grade school.
I chose Watson, so I go over
there, and I stay till the end
of their school day. I help out
wherever they need me to. I'm
going to college for elementary
education, so this program will
really help me."





HRAWING GASHEOR HOLLEGE

Students prepare for the future by stacking up scholarships

PAGE BY: JODIE HODGES AND DARIAN SMITH

or many seniors, the idea of college can be a frightening thought. This thought tends to bring about several questions, including which university to choose, whether or not to stay close to home and what will happen to friendships. However, one question that seems to be on every student's mind is the cost of education.

Applying to scholarships can be a tedious process, but the benefits help alleviate the financial stress of college. Mrs. Brynn Denton, Guidance, receives a lot of questions regarding scholarships and is always available to help students in need.

"The majority of scholarships that are offered are going to be for seniors only; however, there are some that are available for underclassmen. The best way to get information is to go on our Twitter account, follow us on Twitter and that links to our Guidance blog. Every scholarship that we have is listed on there. [Students] can also look on Naviance," Mrs. Denton said.

Many of the scholarships that offer greater monetary awards require essays to be submitted with the application form. It is important for students to showcase their best writing in this part of the application process.

"If you have to write an essay for a scholarship, make it as

impassioned as possible because, with some scholarships, they don't know your name or anything about you -- they just read your essay. Also if you need teacher recommendations, make sure you pick good teachers," Morgan Shoemaker (12) said

Some scholarships require a minimum GPA range from 2.5 to 3.5. Grade Point Averages can be a deal breaker, so doing everything possible to keep it up can make all the difference.

"My tips for people trying to get scholarships would be to not blow off class and always do your homework because homework points add up, and they're easy points to earn. I would definitely suggest doing classes over the summer because if I would have done that, I would have less stress this year," Noelle Matasovsky (12) said.

However, not all scholarships are given out by schools and educational foundations. Some students have found money in unexpected places.

"I've applied to the Burger King scholarship. I haven't heard back from them yet. I also plan to apply to the Braces of All Ages scholarship. You need to write an essay on how braces changed your life, and they choose the best one to give a Macbook Pro too," Jacob Taylor (12) said.

WHICH UNIVERSITY DO YOU PREFER?

poll out of 330 students

44%

PURDUE UNIVERSITY

"I like Purdue better because they have majors better suited to my inter-

ests. They have better engineering and science programs, while IU has better business and literary arts programs," Kyle Massa (11) said.

INDIANA UNIVERSITY

"[I prefer Indiana University because] they have a good educational program, a lot of sports teams that offer more opportunities and I know a lot of people that go there," Collin Keylor (11) said.

REASONING BEHIND REFLECTIONS

CRISS training certifies, unites school as whole



"[The reflections] center on our school improvement process. Part of that process is to ensure that we are providing teachers with professional development activities that they can readily use and engage their students with in the classroom. One of our school improvement routines is CRISS. [CRISS] has to do with instructional strategies and teachers working collectively and collaboratively. One of our areas of weakness was, even though we [have] great teachers and students, we weren't providing a strong professional development opportunity that was effective for all teachers in something that works toward students. We were just offering opportunities that only a few teachers engaged in, but now we have the whole school being certified through this CRISS training."

MR. ROBIN TOBIAS, PRINCIPAL

STUDENTS' MATRIX MINDSET

Few students like the Matrix

The majority of students do not like Matrix 2 presentations not like Matrix 2 presenta-

Teachers and students participate in positive reflection presentations

PAGE BY: COLLEEN QUINN AND AMBER STEDT

very time Matrix 2 comes around, the administration asks every class to participate in a reflection. This is a school wide activity that was introduced at the beginning of the school year by Mr. Robin Tobias, Principal.

"We weren't really doing any school wide activity that would enhance our critical thinking or reading comprehension skills. The primary result is that we have some more academic success, and students are more prepared for [standardized testing]," Mr. Tobias said.

Other members of the administration have shown their interest in improving the school. Mr. Sean Begley, Assistant Principal, feels as though the Matrix reflections could improve the student body on a more personal level.

'The purpose of the [it] is to come together as a school and reflect on a positive message, write about it [and] try to affect everyone's lives in a positive [way]," Mr. Begley said.

The reflections help the students think about what they would do if they were tested. Whether it is a standardized test or a real life situation, the students will be prepared

"[They] really help with your critical thinking skills because

you have to look inside yourself and realize that everything isn't what it seems," Emily Stafford (12) said.

Mr. Begley hopes the best for the students and wants them to succeed. By utilizing the this time in Matrix, the administration hopes to influence students to make the best choices in the future.

"I hope [the students] recognize that the administration and the teachers here care and want to see the students do well," Mr. Begley said.

The purpose of this activity reaches further than educational improvement. The idea is for the students to truly challenge themselves and change for the better.

"We are starting out with identifying something that will help us with a school improvement process and help improve how students prepare for tests and exams. Hopefully, the result is something that's meaningful. We could have easily titled it 'Student Engagement Activity," but it's titled 'Reflection' because, beyond the simple writing, reading and discussion skills, we want people to reflect," Mr. Tobias said.



STUDENTS AND TEACHERS SHARE OPINIONS ABOUT CLASSROOM REFLECTIONS



"I think the problem is that [students] aren't willing to open their minds to [participating in reflections]."





"My students need discussions like this because these conversations don't come up in their social life."

MR. ADAM PIETERS, WEST LAKE



"Most [students] don't take [reflections] seriously, but I think they are pretty important."

ANDREA JIMENEZ (10)



"[Self-reflection] helps you recognize what you've accomplished, both good and bad."

MR. JEFFREY SHERMAN, MATH



"I honestly don't like [doing the reflections]. I think it's a waste of time."

JOHN KISH (10)



"I think that [true] selfreflection doesn't usually take place until [students] are in [their] mid-twenties."

MR. JEFF RHODY, SCIENCE

"My favorite part [about reflections] is learning about other people and being able to express myself and not [be] judged," Makayla VanVleet (9)





STAYING CLOSE TOGETHER OR MOVING ON

STILL CLOSE

"[My good friend] is my neighbor, and we went to day care [together]. We used to hang out like everyday, but now we're in sports, [so] we don't get to hang out that much. We are still as close [as we were in middle school,] but we don't get to hang out [a lot]."

NICHOLAS BANDURA (10)

GREW APART

"I kind of saw it coming because once high school comes you change friendships and you grow in new friendships. It's a new atmosphere, like something you've never seen before. You've been with people in middle school for so long."

JOCELYN BATHURST (12)



Students go through phases with aquaintances and assess long believed legends

PAGE BY: ANNABELLA PIUNTI, JESSICA MCCULLOUGH AND HANNAH BRYNER

oing into high school, one of the biggest rumored subjects is friendships. Some students worry they won't keep up with making new friends, while others worry about keeping their old ones.

"[I heard] you won't really see any of your friends. [My friendships failed] because we don't have that many classes together," Ryan Mathews (9) said.

Freshmen hear modern-day myths from friends and relatives that have attended high school before them. Do these friendships crumble due to changes in classes? Personalities? Loss of connection?

"I really expected [friendships] to fall apart because, you're mixed in with a bunch of other kids, and everybody I thought was my friend, was actually not. They're just people you know. I used to have all my friends in my classes, [but] now I have a large mixture of other kids that I don't know in my classes," Angelo Frigo (9) said.

When one enters high school as a freshman, he or she will prob-

ably not know a majority of their classmates, but it is just a matter of time before he or she makes new friends in classes, sports or clubs.

"I think that friendships change the first few years of high school the most. Personalities change, and students become more aware of their likes, dislikes and values. Sometimes, they will find that the friends they have in eighth grade may not have the same views on life, and as they enter high school, students can drift apart. An additional factor in this is that they are going from a smaller middle school to one of the biggest schools in the state. There are thousands of students here, and often times a student will make many new friends in class, athletics or a club. By their senior year, students are typically more settled in their activities and have probably met many more of the student body in their class," Mrs. Brynn Denton, Guidance, said.

Whether going in with a big group of friends or with a fresh start, students constantly find new ways to build their bonds.

TRUTH OR MYTH: DO FRIENDSHIPS CRUMBLE IN HIGH SCHOOL?



"[Friendships] do [change] because everybody is getting their own interests and kind of changing."

TIMOTHY BAKAS (9)



"[The myth is] real. I've lost friends because they changed, or they go into different groups."

LAUREN LUTES (11)



"I think that people change their morals and their goals in life. In high school, they differ from their friends a lot of the time"

TAYLOR MCKELLER (12)

THREE STEPS TO MAINTAIN A FRIENDSHIP: TEACHER EDITION

- "[The first step of maintaining a friendship is] communication," Mrs. Angela Ohlenkamp, Math, said.
- **2** "[The next step is] not getting annoyed with the miniscule things," Mrs. Jennifer Fandl, Math, said.
- "We are definitely good at sharing stuff between the two classrooms, since we teach the two same, exact classes. I think that's when we became two peas in a pod. We dress alike sometimes," Mrs. Fandl said.



Mrs. Jennifer Fandl, Math, and Mrs. Angela Ohlenkamp, Math Photo by: Annabella Piunti



"I love the fall time because I absolutely love the fall fashions. I love wearing flannels, scarves, sweatshirts, all of that stuff," Elena Eickleberry (12) said.

FALLING FOR AUTUMN WEATHER

Lake Central students take excursions to Northwest Indiana's County Line Orchard

PAGE BY: HANNAH SONNER AND JOSEPH PAVELL

long with the change in leaves, weather and fashion, the activities of students also drastically change in the fall. Instead of visiting the typical summer dwellings, students are beginning to find more weather-appropriate hangouts for the fall season, one of them being County Line Orchard in Hobart.

"People have talked about [the apple orchard] a lot, and I haven't been there since I was a little kid, but I've wanted [to go]. Then one day, my friend, who I've known since we were nine, texted me and invited me," Chelsey Schmock (11) said.

Those who visit the orchard have numerous opportunities when they arrive. Aside from the choice to pick apples from their many trees, visitors can go on hayrides, pet farm animals and find their way through corn mazes. Besides visiting attractions, visitors have the choice to purchase the orchard's drinks and baked goods, such as apple cider, pies, cookies and the much-anticipated doughnuts.

"I went to the orchard with Kristen Kaiser (12) because we really wanted the doughnuts. [My favorite parts of visiting the orchard]

were the doughnuts and the fall colors. Fall is my favorite time of the year," Lauren Behrens (12) said.

The orchard is also a hotspot for spending time with family or significant others.

"My boyfriend and I went on a date to the apple orchard because we absolutely love apples and apple pie," Autumn Zendzian (11) said. Even with the many festivities the orchard offers, apple picking is still the main focus for some.

"I like going to the apple orchard because there are so many apples to pick from and they are always so fresh," Anja Stanic (11) said.

Near the start of the much colder winter, many of the orchard's attractions close down until the coming of next autumn. Many students spend the time in between seasons waiting for the fall weather to come back around.

"I only went once this year, but I anticipate going back next year because I love the food. It's the type of food that you can only get [during the fall]," Behrens said.



COMPARISON OF REGION'S COFFEEHOUSES

THE SIP CAFE CRAZE

"I discovered it over the summer. I always go to the Crown Point Square, and I just saw it, and I was like, 'Oh my God this looks like Friends.' I walked in there for the first time, and I loved the atmosphere. It was so eclectic. There were some really cool couches and stuff. I sat down, and I had some coffee, and I did some homework. Now, I just use it as my secret hideaway. It's really nice to get some work done while being in a cool enviroment."

MARISA MENDOZA (12)

GAGA FOR GRINDHOUSE

"I just like it because the brew is really good, and I like the environment. [The employees] are really nice. I probably go once or twice a week. I don't really socialize there, I go there because if I do my homework at home, I can't really focus and in [Grindhouse's] environment [I can]. They change their specials a lot, and I notice there's a new one every three weeks. I never get bored of it. With Starbucks, they always have the same stuff all the time."

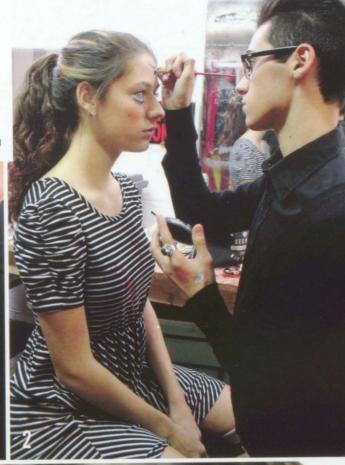
KYLIE MARTINO (12)

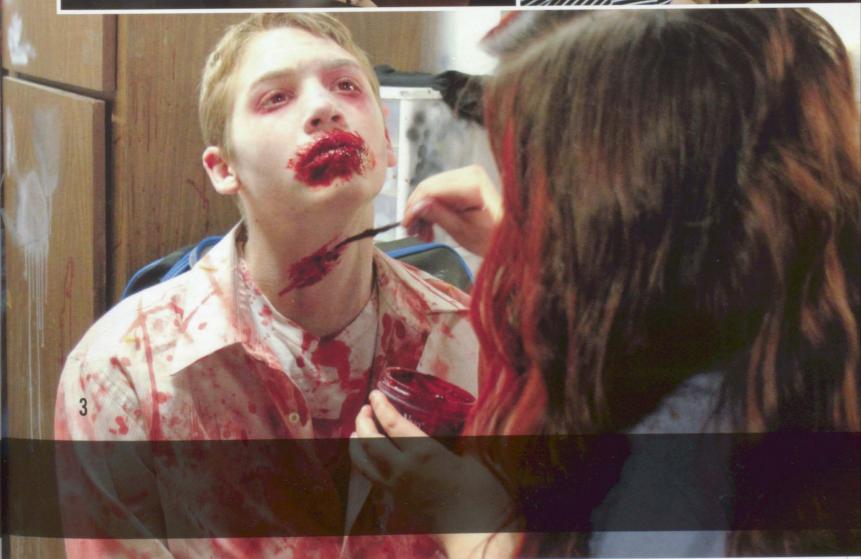


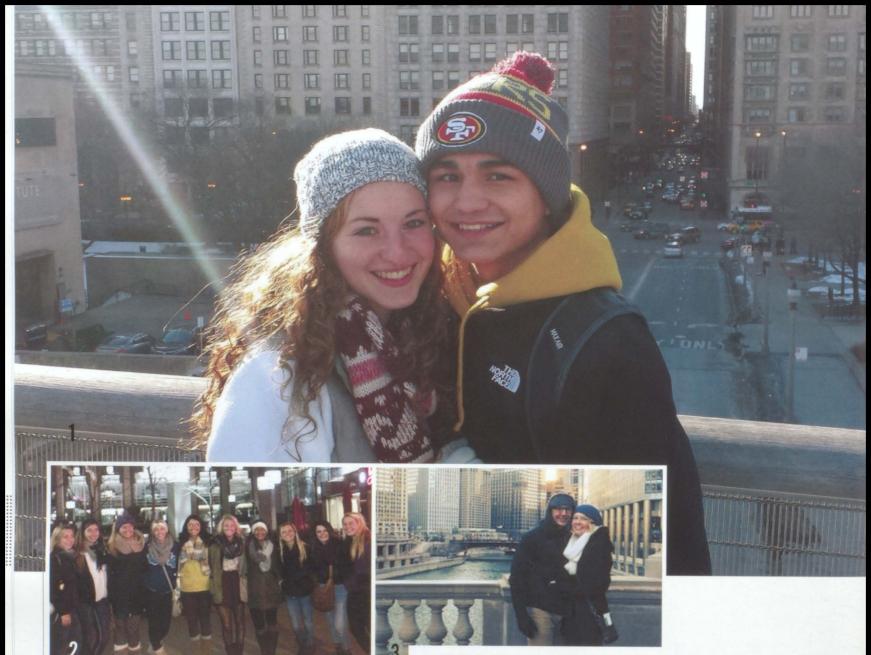
"I help my grandma decorate her house with fall decorations to get ready for Thanksgiving," KAYLA HARRIS (12) said. "Fall is one of my favorite times because I like carving pumpkins with my family," NICHOLAS JANICH (9) said. "I absolutely hate fall. I hate the cold and love wearing shorts," ELNORA STROUD (12) said. "Fall is really fun because of all the changing colors, and I really like football season,"
KATRINA LOZANOSKI (10) said.

1. GOING GHOSTLY Brandon Haddon (11) gets his face spray painted white at the Lake Hills Haunted House. Hours were spent turning the volunteers into ghouls. "It was fun scaring all of the little kids. It is nice seeing all of their reactions," Haddon said. Photo by: Joseph Pavell 2. CREATING A MONSTER Craig Bronson (11) paints a crack onto Jenna Boller-Smith's (11) forehead. Boller-Smith was a puppet in the haunted house. "My favorite part of [volunteering at Lake Hills] was propably meeting so many new people. They are very welcoming and are like a big family," Boller-Smith said. Photo by: Hannah Sonner 3. MALICIOUS MANIFESTATION Matthew Taylor (11) gets painted with fake blood at the Lake Hills Haunted House. Taylor has voluteered at the haunted house for a total of two years. "[My favorite part of working at the haunted house] is meeting new people [and] seeing new people. Working there is just fun," Taylor said. Photo by: Hannah Sonner











1. A WORK OF ART Cara Scott (10) and Joshua Drosos (10) spend their Valentine's Day at the Art Institute of Chicago. Scott and Drosos also walked around Chicago that day. "We went downtown on Valentine's Day, and we went to the Art Institute. We just walked around and ate lunch. It was really cold," Scott said. Photo submitted by: Cara Scott (10) 2. THE MORE THE MERRIER Katarina Radoja (11) and friends visited Chicago for a night of fun. Radoja's group included 15 people. "We just went up to Chicago, out for pizza and just walked around," Radoja said. Photo Submitted by: Katarina Radoja (11). 3. A LITTLE FISHY Sydney Halfeldt (11) and Timothy Matthews (11) spend a day (11). 3. A LITTLE FISHY Sydney Halreidt (11) and Timothy Matthews (11) spend a day visiting the Shedd Aquarium and eating at Giordano's. They braved the cold for their day in the city. "It was freezing when we went, but it was a lot of fun," Halfeldt said. Photo submitted by: Sydney Halfeldt (11). 4. SNOW MUCH FUN A group of senior friends sled at Hannah Keith's (12) house on a snow day. The friends spent the day off sledding and having fun together. "It was really fun to be with all my friends [and] a lot better than being stuck at school all day. We all went sledding at Hannah 'Banana' Keith's house," Ryan Dahlkamp (12) said. Photo Submitted by: Ryan Dahlkamp (12)

"[My favorite part about winter is] seeing the beauty of the snow and the landscape," landscape," KAYLYNN WARD (10) said.

"[During winter,] I travel. The last place I traveled to was Germany to see my grandma. I also build igloos and snowboard,"
THOMAS HENTUSH (11) said.

"I like the snow, hot chocolate and blankets," ANH TRAN (10) said.

"I don't like anything about winter because it's too cold," JAIME WINQUIST (10) said.



Zachary Futch (10) Photo submitted by: Zachary Futch (10) 2. Cailee Mitchell (9) and Taylor Rae (9) Photo submitted by: Cailee Mitchell (9) 3. Morgan Dines (9)

Photo submitted by:Morgan Dines (9)

BOARD BUT NOT BORED

Step into the cold for some winter fun

Snowboarding and skiing are popular winter activities to do during a vacation or with friends.

"[We went] in Wisconsin Dells. [I like] the experience of learning how to ski," Taylor Rae (9) said.

The fresh air can get a student's mind off of schoolwork and focused on rush of the run.

"I go all over Colorado. I just like being up in the mountains because of the fresh air," Morgan Dines (9)

GOODBYE 219, HELLO MEXICO

- Taking a vacation to a warmer place during the wintertime can bring plenty of out-of-season opportunities. "We go to the beach, and I like to surfboard and swim there." Rachel Front (10) said.
- 2 Celebrate the time spent with family members who live far away. "My uncle always has a Christmas party, and we go to a lot of parties in general out there that are traditional in the Mexican culture," Front said.
- Foods are an important aspect of the Mexican culture and are generally homemade. "We actually eat traditional Mexican tacos and soups that my family makes," Front said.



THERE'S SNOW PLACE LIKE HOME

Winter brings more than just stormy weather to Northwest Indiana

PAGE BY: EMMA DEGROOT, TABITHA PAPPAS AND CATHRYN CEARING

inters are what separate the population into "indoor people" and "outdoor people." But whether their preference is for hibernation or recreation, students find ways to keep busy. "[In the winter, I like to] come here for swim practice and eat

as much as possible," Chantal Almazan (9) said.

Regardless of snow or sunshine, school and its extracurricular

Regardless of snow or sunshine, school and its extracurricular activities remain constant in the winter months. Clubs like marching band still meet year-round.

"I like to play in Winter Percussion, drink tea and watch movies," Nadia Magnabosco (10) said.

Others use the cold weather as an excuse to spend their free time cuddled up with Netflix and hot chocolate. They break out their sweaters for the first frost of the season and stay bundled up until springtime.

"I wear my coat all the time, even in class," Joseph Kane (9) said. One winter perk that many students can agree on is having snow days. When the snow starts, they sit by the phone waiting for Mr. Larry Veracco, Superintendent, to make the final call for the school district. This winter, students looked to social media to share the anticipation of possibly having a day off.

"[My favorite thing about Winter is] snow days," Hayley Edgcomb (12) said.

Many snow days are called because of dangerous road conditions. Black ice, poor visibility and reckless drivers can make getting behind the wheel risky. Some students, though, find it just fine.

"I like driving in the snow," Aidan McCambridge (12) said.

With chilly weather driving people indoors and holiday food piling up, winter can also bring on extra pounds. Some people wait for warmer weather to get back into shape, but others use the snow as a new setting for a workout.

"[In the winter, I go] skiing [and] snowboarding. I go snowboarding in Wisconsin by my uncle's house," Spencer Wise (11) said.

"I like snowboarding and [doing] donuts with my car,"
AARON SCOTT (11) said.

"[In the winter, I like to go] sledding, staying inside and watch movies," ERIK GEILE (9) said. "[In the winter I like] Christmas, holiday foods, staying inside and watching movies," NYIA GUY (10) said.

"I like the hot chocolate because on a cold day, it makes my soul warmer," KATHERINE VERONESI (10) said.



"This year [for spring break], I'm going to Florida. For the first part, I'll be in Orlando at Universal and Disney World. The last half of my trip, I'm going to Daytona Beach, and I'm going to learn how to surf," Francesca Pezzuto (10) said.

SPRING CLEANING MADE EASY

Student shares tips on tidying up for the season



"First, I usually clean out my closet and then go through winter clothes [and] spring clothes. I usually try on [clothes and] see what fits me from last summer [and] what doesn't fit me. I definitely color code [my clothes], and I organize [shirts] by sleeve-length. Since I don't want sweaters to stretch out by the shoulders, I'll fold them instead of putting them on hangers. Because I have five shelves, winter clothes usually just go on top, but sometimes I'll even box stuff up. Usually, if it's stuff that doesn't fit me, I'll give it to my sister, but if it doesn't fit her either, then I'll ask her friends. After I've cleaned out my closet and completely reorganized everything, I usually dust the drawers, and then I'll clean the floors. It usually takes a while, so choose a day that you know you're not going to have anything to do."

ANJA STANIC (11)



Samantha Bredar (9) Photo by: Ruth Chen

GARDENING YOUR WAY TO A HEALTHY DIET

"[Clear] out everything, so you have space to plant everything. I get all the weeds, and I have to take them out by the root and put them in a big bag and just throw them out," Samantha Bredar (9) said.

2 "[After you] clear a spot for [the plants or vegetables], put them in the ground. The vegetables taste better, and it's probably better for you with less chemicals [rather than store-bought vegetables]," Bredar said.

"Water [the plants] and keep watering them and make sure they get a lot of sunlight. [The amount of water] depends on how much rainfall there is outside and just how hot and dry it is. Typically, they only take a few months just to fully grow," Bredar said.

SPRINGING INTO THE NEW SEASON

Students share insight on prepping for the upcoming marathons in the Windy City

PAGE BY: RUTH CHEN, VICTORIA WILKES AND JESSICA WOJTON



arm weather not only marks the beginning of spring, but the beginning of training for students who participate in the various marathons of the region.

"I think [the Blacklight Run] is good experience, and I think it'll be really fun to run with a ton of people and just have a good time and exercise at the same time," Madelyn Long (10) said.

With the marathons not beginning until May and June, the runners are taking advantage of the long gap and preparing their bodies for the run ahead.

"I run almost everyday. I do short two to three mile runs in the summer, [and then] I start slowly adding more and more miles on. So, I do three to four miles during the week, and then I'll do a long run like six to eight [miles] on Saturdays. The training schedule that I have is for anyone. You could just get up off your couch one day and go for a run. By the end of the summer, you'll be able to run a half marathon," Samantha McCuaig (11) said.

All the hard work the runners go through not only helps themselves, but others that are in need. The Chicago Half Marathon supports many different charities - a motivation for many runners.

"The whole [Chicago Half] Marathon in general is normally for a cancer foundation, but my cause specifically is for Teen World Vision. [For Teen World Vision], you raise money just by asking other people or people who support you, and they donate money to the cause. It gives water to people in Africa who don't have clean water," McCuaig said.

Along with the benefits to helping a cause, some students are anticipating a way to reconnect with family and friends.

"[I'm most looking forward to] just being with my sisters. We're actually coming together because we rarely see each other anymore. So, it's kind of exciting, and it's going to be kind of nice out," Taylor Jackson (11) said.

The different marathons held in Chicago during the spring have many added perks that are sure to improve the participants' mental and physical health.

"[The Color Run] promotes happiness and health, and I think that's really important. My health affects the way I do in school, so I think that's really important for that. I've always wanted to do it because it looks really fun," Dianne Cometa (10) said.

"[In the spring], I go to my lake house, almost every weekend [with] my family. The lake house has been in our family for generations," SARAH COMBIS (10) said. "Since [the] Hawks' playoff season is [in the spring], we go to a lot of Hawks games, since we have season tickets," TIFFANY POLYAK (12) said. "I like the warm weather, [and] I like the flowers blooming. It reminds me of life," STEFAN KRAJISNIK (10) said.

"[For spring break], I went to Orlando, Fla. We stayed at our resort, spent a day at Universal Studios and went to an Orlando Magic game," ETHAN GARDENHIRE (11) said.







1. VENTURING ORLANDO Victoria Gardenhire (11), Samantha Anderson (11) and Mackenzie Evers (11) pose on a fake surfboard on a wave in Orlando, Fla. The girls spent the rest of their week-long voyage touring other parts of the Sunny State, including Daytona Beach. "My favorite place was Daytona because being on the beach is relaxing and fun [and] my favorite part was lying out in the warm weather all day," Evers said. Photo submitted by: MacKenzie Evers (11) 2. COLORADO CHEER At the beginning of spring break, Sara Erwin (10) and Hailey Phelps (10) journeyed to the other side of the country to Breckenridge, Colo. Even though Phelps was a beginner at skiing, the two raced down the slopes together and kept each other company throughout the five-day trip. "Even if you don't know how to ski or snowboard, it's still a lot of fun, and you can learn because they have a lot of lessons and they have a lot of flatter runs that are easy," Erwin said. Photo submitted by: Sara Erwin (10) 3. CAMPUS LIFE CHILLING Raquel Rembert (11) and other high school members of the organization Campus Life Northwest Indiana stop to take a picture in Panama City, Fla. for their spring break. Campus Life is a place for students of different schools to come together, hang out and talk about what's going on their life. "I enjoyed it so much because it wasn't just students from Lake Central. It was for other schools. You got to meet so many people, and I would highly suggest people to go next year because it is a life-changing experience. You have tons of fun, and who wouldn't want to spend their spring break in Florida?" Rembert said. Photo submitted by: Raquel Rembert (11)

"[During spring break], I went on a nice vacation to my couch and enjoyed the snow while everyone else was in nice weather," NATHAN DALIEGE (11) said.

"[I like spring] flowers because they're pretty. My favorite flower is a daffodil," JILLIAN DAHLKAMP (9) said.

"[My favorite part about spring is] the warm weather and being able to go outside and hangout with friends," ALEXIS KELLY (10) said. "[This spring], a couple of my friends helped my family and I move. That was pretty fun," RILEY PARKS (11) said.



STUDENT HASSLES



"My grades and me trying to do my best and trying to keep up an A-B average is what stresses me out."

KAYLYNN WARD (10)



"My friends, homework, and sports stresses me out the most. There's a lot drama, it is hard to balance it all."

STEPHANIE SANDERS (11)



"School stresses me out because I always have so much to do, and my grades stress me out because I have to keep a B-average."

COLIN RAFALSKI (10)

"Exercise is really good to manage stress, [and so is] talking with a friend, there is all sorts of strategies that you can use. It is also really important to keep up with your diet and sleep. Take care of the basics. You need to really apply care in times of stress," Mrs. Stacey Mills, Guidance, said.

Stress can affect a student both physically and mentally. Physical stress can cause headaches, stomach aches, or even raise blood pressure. Mental stress can cause anxiety, forgetfulness, nervousness and may lead to a breakdown.

"If you are under a lot of stress, it can affect you mentally and physically. You can be distracted, it can cause fatigue, can cause you to sleep too much or too little. It can really do a lot to damage to your mental and physical well being," Mrs. Mills said.

Lake Central offers many different ways to help deal with tension.

"Every student has a guidance counselor and their guidance counselor can give them tips to balance the stress of their demands. If they're having a hard time managing stress, then the guidance counselor can be your first person to talk to," Mrs. Mills said.

Stress normally has a negative connotation to it, but without stress, responsibilities would just be disregarded.

"A little bit of stress is good because if you don't have any stress, then you will not care if you get up and go to school. You're not going to care to get your assignments in. A little bit is good for people [because] then it helps with deadlines and [responsibility]. If it starts to build up where it's affecting you, then I would talk to somebody or there is different ways you can deal with it," Mrs. Mills said.



CAUSES OF STUDENT STRESS

poll out of 337 students

18%

RELATIONSHIPS

18 percent of students said that relationships like friends and signifi-

cant others cause their tension.

SCHOOL

82 percent of students said that school related activities like homework and sports cause their tension.

HOW TO DEAL WITH ANXIETY IN EVERYDAY LIFE

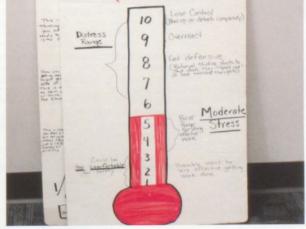
SLEEF

activities.

As a teenager, it is important to get enough sleep at night because it can affect your mood the next day.

TIME MANAGEMENT
Scheduling your day will lower
anxiety levels because it gives
you more time to do leisure

TAKE FREQUENT BREAKS
A 15-minute break from working allows the mind to de-stress, relax and recover.



Stress thermometer in Mrs. Mills's office Photo by: Anastasia Papanikolaou

"I just pretty much let it go. What really stresses me out is all of my school work," Reese Coros (12) said.





"The key to a strong and healthy relationship is trust and communication between one another,'









1. ALWAYS LAUGHING Alexia Geenen (11) and John Gbur ('14) laugh as they enjoy their date at the bowling alley. Geenan and Gbur began their relationship last year when he was a senior at Lake Central. "We are still close. Him being so far away has really made us closer knowing that every time we see each other, it was just as good as it was the time before," Geenen said. Photo submitted by: Alexia Geenen 2. WEDDING BELLS Victoria Chavez (9) and Nicholas Swanson (9) attend a family wedding. Swanson celebrated with Chavez's family. "[An advantage of being in a relationship is] hanging out all the time and just having some-one contstantly there for you," Chavez said. Photo submitted by: Nick Swanson 3. DOUBLE TROUBLE Sydney Scherzinger (12) and Alexander Nisle (12) walk side-by-side off of the field together. Scherzinger played softball, and Nisle played baseball for Lake Central. "You always have someone there for you. I mean you can always get whatever you need off of your chest and just [have] someone to talk to really," Nisle said. Photo submitted by: Sydney Scherzinger 4. DANCE THE NIGHT AWAY Kyle West (12) and Nicole Pelc (12) smile as they take a picture before a school dance. They went to the dance together because they are in a relationship. "My relationship with Kyle is the reason I'm smiling when there's nothing to smile about," Pelc said. Photo submitted by: Nicole Pelc



SAME LOVE STANDOFF

69%

YES

69 percent of students say that they openly accept same sex couples.

23 percent of students do not support same sex

couples.

INDIFFERENT

8 percent said they were neither for nor against samesex couples.

MAKING NEW CONNECTIONS

Students grow from relationships PAGE BY: SAMANTHA BERNARDY AND HANNAH PRATT

n high school, many teenagers form relationships that depend on a plethora of factors that range from friendships to the relationships that they see around them. Today's society is welcoming of all types of relationships from girl-boy to girl-girl to boy-boy. Like any other relationships, those formed in high school have their advantages and disadvantages.

"Relationships are great to have when you're in high school because you learn and grow as a person, and you'll have a better understanding of that person," Brittany Mori

Many relationships start in high school, but a lot start in middle school, too. High school and middle school relationships vary throughout the years. During the years of high school, teenagers grow up and mature.

"In middle school, it isn't really like a relationship. It's not as serious because you don't hang out as much, and it's awkward, and then in high school, it's kind of more serious, I mean you could get married. It's different. You're so much more serious, and you're allowed to do so much more," Emily Burvan (11) said.

In high school, relationships do not only consist of just boy-girl relationships. Some students have become more comfortable with themselves and have come out as being gay, lesbian or bisexual.

"When I ultimately came out, it was like a weight that was lifted off my shoulders. I was very happy about it, and ever since then, I've tried to be who I am and not hold back on who I want to be," Jeremy Goodale (11) said.

Relationships in high school can lead to marriage. Recently in Indiana, a new gay marriage law has gone back and forth until Oct. 7, when a State Legislature made it legal.

"Marriage is a right, not a privilege. Straight marriage is the same as gay marriage, just different sexes. There really shouldn't be an issue on who can marry who, they're people, and they're not any different from anyone else," Goodale said.

HOW TO MAKE "BAE" STAY



"Sometimes when you fight, you just need to admit that you're wrong.

EMILY BURVAN (11)



"Being loyal is key to maintaining a great relationship. Also, buy her skittles."

CHASE DOESCHER (12)



"Not fighting is a good way to maintain your relationship."

HALEY URBANI (11)



"You have to communicate with one another and just be happy to be together."

STEVEN BOOTH (10)



"Keeping good communication and having trust [is important in a relationshipl."

LAUREL GONSIOROWSKI (11)

THOUSANDS OF MILES APART OR INCHES AWAY **EVERY DAY** ONCE IN A WHILE

"[My girlfriend and I] talk just about every day, and I guess you just get used to it. We maintain being in a relationship by talking every day, and I try to keep my mind off of it, like staying busy with friends. It's almost like she's not gone because I do talk to her every day."

AARON McDONALD (11)

"It's easier when you go to the same school because you get to see them a little bit in the hall way, and you might have lunch together or classes with them. Max Radziejeski (11) and I this year don't have any classes together but we still see each other in between classes. It definitely helps."

ADARE PITCHFORD (11)





1. MONSTER MASH Ms. Maureen Yaeger, Art, instructs Art Club members Jessica Rogers (10) and Anna Hallowell (10). The Art Club was painting tin cans to look like monsters. "Normally we paint pumpkins, but this year we wanted to try something new for the students returning," Ms. Yaeger said. Photo by: Emma DeGroot 2. CUTTING EDGE Mr. Paul Volk, Art, helps Andrew Angotti (12) with cutting his glass using the Morton Cutting System for his stained glass project. He explained how one wrong cut could shatter the entire pane of glass. "If you don't cut this right it's going to be a pain in your glass," Mr. Volk said. Photo by: Jessica Wojton







Brett Balicki (11), Joshua Krout (11), Andrew Aardema (9), Theodoros Karras (9) and Adam Gustas (10) Photo by: Camryn Wallace 2. Brett Balicki (11) Photo by: Cathryn Cearing 3. Pamela Neth Photo by: Camryn Wallace

BEYOND THE CURTAIN CALL

Working together on and off stage

Mrs. Pam Neth, English, and Brett Balicki (11) have formed a lasting friendship over the past three years. They work together in the Theater Arts and Advanced Theater Arts classes as well as extracurricular productions.

"We get each other. When she makes a decision with theater, I get why she made that decision. Since she's also my teacher, I learn more things about theater," Balicki said.





CLASSROOM CONNECTIONS

Students connect with teachers

PAGE BY: CANDACE JARZOMBEK AND BRITTANY RABATINE



hile all students interact with teachers on a daily basis, some go beyond the usual small talk and form lasting friendships.

"[Mrs. Roberta Harnish, Science,] I had for two years and she's just awesome. We can talk to her about anything. It was a really good connection," Noelle Matasovsky (12) said.

These friendships sometimes span past the years spent in the classroom, carrying over from family relations or extracurricular activities.

"[Mr. Darrell Wierzal's, English] dad taught my mom. He was easy to get along with and he taught really well," Rylee Friel (11) said.

Relationships with teachers often help students realize their potential, which helps improve their grades too. Teachers open the door to new opportunities for students to learn more about themselves from an adult perspective.

"[Mr. Bryan Szalonek, Social Studies] helped me decide what colleges I want to apply to and he made me decide to take the SATs," Meghan Godinez (12) said.

Wiser, more experienced friends like teachers can offer helpful advice on a variety of issues. Having somebody to talk to makes high school life a little more bearable.

"You know you always have someone to go to during school," Marina Vasquez (11) said.

The bond between students and teachers can stem from or create respect between individuals on both ends, thus strengthening their relationship.

"I had [Mrs. Jackie Ruiz, Science,] all four years for school. I always admired her. It's easier to ask questions [and] I don't feel stupid," Melia Gonzalez (12) said.

Fellow students can be distracting during class, while the teacher's attention is on the lesson. For a compromise to be reached, talking with friends doesn't always have to be sacrificed.

"I get really good grades because [Mrs. Jackie Holden, English] helps me concentrate in class and not on the kids next to me," Marina Mikhail (9) said.

BUILDING BRIDGES ACROSS DESKS

Teachers benefit from the friendships they have with students



"I know that I don't form close relationships here at LC the way I used to when I was at a much smaller school in Michigan. Nowadays, what constitutes close for me are students that I talk with and that share with me. I think it makes the students more likely to try harder for me since the relationship between us is more personal. It makes that hour more enjoyable, something to look forward to. [By] just being friendly, telling stories [and] asking questions about students' lives, I think they feel that they can ask the teacher things or tell private things to the teacher without fear."

CYNTHIA LALE, WORLD LANGUAGE

GUIDANCE FROM THE WISE



[Mr. Brian McNamara, West Lake] tells me the stuff I need to know to get better grades.

TABITHA SAULS (9)



[Mrs. Cyndi Hurley, Business] does things my counselor won't. She listens and she helps.

SUMMER MERRIMAN (12)



Being close to guidance has helped me because I will always have a support system at school.

SEAN MEYER (11)



[Mr. Chris Harmon, Arts] helped me want to become a section leader.

NICHOLAS SANFRATELLO (12)

ONE CLICK FROM SUCCESS



"[I use RDS] so I can check out my rad grades and keep up-to-date with them."

FRANCIS FREDRICKSON (11)



"I find it helpful to check grades and find out what I got on my tests."

OLIVIA BARNES (9)



"I use RDS because it can show me when my grades need improvement."

ANTONIO ORTIZ (11)



"[RDS is] useful, but teachers don't utilize it like they should."

AARON LUDWIG (12)



"I think [RDS is] convenient because if I need any assignments they are up there for me."

CANDACE ZUMMAK (12)

TECH TAKEOVER

Classes access web as resource

PAGE BY: EMMA DIPASQUO AND VERONICA DAVIS



echnology now has a significant impact on everyday life. It is rare to find a student who is not active on RDS, My Big Campus or Naviance. Students are encouraged to keep up to date and stay active

on all of these medias.

"Every student has their own Naviance account, and you get to it through your RDS. [Naviance] is for anything college or career related. What's great about it is this college tab is a huge resource to research colleges without having to go to the individual websites, etc. I like to look at it as a college Google," Ms. Brynn Denton, Guidance, said.

Naviance was first used at Lake Central last year, but it is not used as much as common websites such as My Big Campus and RDS on the school's website. Guidance counselors are doing their best to spread the word about Naviance and its significance as a useful resource for college and career information.

"I really like this Supermatch [feature]. [Students type in] everything that is applicable to you: your location, your major, your test scores, your GPA, what size school you want to go to, if sports matter to you, if you want to be in a frat or a sorority, you could put in all kinds of things," Ms. Denton said.

Along with Naviance, My Big Campus is another important resource that is used among students to complete homework assignments, take mini-quizzes and check up on what is going on in class by what teachers post.

"If you miss a blue or white day, you can get all information on there," Mrs. Claire Kuhlenschmidt, Social Studies, said.

My Big Campus has been implemented this year for students and is encouraged by teachers who view it as a helpful resource.

"It will be a helpful tool for them to succeed in college," Mrs. Kuhlenschmidt said.

With an abundance of technology present in school today, it is likely that students will rely on technology entirely in the future. "In a couple years, students will just know [to use technology]. Eventually we will go paperless," Mrs. Kuhlenschmidt said.

OPPOSING SIDES OF THE GRADE "A" SYSTEM



I USE RDS

"I use RDS because it is an easy way to keep me updated on my grades. When the time comes to apply to colleges, RDS will be a good source for me to use to look at my transcript. I check RDS more than the average person because it is so easy to access."

NATASA BEADER (11)

I DO NOT USE RDS

"I do not use RDS. To be honest, I don't care about my grades. My parents check RDS for me, so I know what is going on from them. RDS is not something I check regularly."

NICHOLAS BLEVINS (9)









EASY STEPS ON HOW TO USE NAVIANCE FOR COLLEGE

- Log in to RDS, click on the Naviance link and select the "colleges" tab in the top left-hand corner of the page.
- Under "college reseach" select the "SuperMatch college search" link. Continue to fill in answers to all of the orange tabs such as location, GPA, test scores and majors.
- After completing all tabs, explore the colleges that Naviance has narrowed down for you as a result of your answers.

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Photo illustration by: Hannah Giese

1. PARTNERING UP Raquel Rembert (11) and Kalie Ostapchuk (11) enjoy working on their project. Rembert and Ostapchuk teamed up in the upper Freshman Center lab to do the project on the computer. "I think it is a lot more efficient to work on a project online because it is a lot easier to share with everybody so there is equal work"Lauren Granskog (11) said. 2. FLYING SOLO James Lee (11) reads through a class packet. Lee worked independently to complete an in-class assignment. "If it is not someone I know to work with, I can much faster go on a computer and type my information without having to get someone else's opinion" Ryan Wojcik (12) said. 3. GETTING STUFF DONE Students from Mrs. Dawn Combis's, Business, class work on their computers for Personal Finance and Responsibility. These students worked carefully to find cars for an assignment. "Using technology in my Personal Finance class really benefits me because it is a nice way to display the message and keeps me focused," Brandon Walton (11) said. 4. TECHNOLOGY OVER PAPER Paige Szymczak (10) uses the school's computers to do research. Szymczak worked diligently in the computer lab. "It is easier and less time consuming to use a computer than having to get books from the library for a projec" Stephanie O'Drobinak (10) said. Photos by: Emma DiPasquo

"Using a variety of technologies in the high school classroom gives students the foundation they need as they continue on to college or into the workforce," Mrs. Myra Lolkema, Educational Technology Trainer, said.





1. STAYING IN TOUCH Michael Miller (11) looks at Jessica Jarach's (11) phone. The students were looking at different social media accounts during passing period. "I like [social media] and dislike it because it can start a lot of drama but at the same time it's nice to connect with everybody. [However,] there's nothing really on social media that can help you learn," Jarach said. Photo by: Jovana Dodevska 2. SNAPPING TO SUCCESS Mrs. Abigail Homans, World Language, opens a snapchat from one of her students. Snapchat is used as an extra credit opportunity for Mrs. Homan's students. "I thought it was an easy way to get extra credit. It made me realize that there is a lot more Spanish translations in public," Hannah Keith (12) said. Photo by: Jovana Dodevska 3. TWEET FOR HELP Mrs. Stephanie Parks, Science, tweets one of her students. Parks uses Twitter and other social media accounts to help her students. "Twitter is effective in interacting with students because students are always on Twitter. Twitter seems to be easy access to all students," Mrs. Parks said. Photo by: Jovana Dodevska 4. ONLINE INTERACTION Mr. Eric Graves, Math, shows his class an example of what to do when they want to recieve homework help via Twitter. Mr. Graves responds to his students' questions for a mutual understanding of the subject. "[Mr. Graves] is easily accessable through Twitter. He'll answer right away," Emma Hupp (12) said. Photo by: Colleen Quinn







E-LEARNING

Social media eases learning

PAGE BY: JOVANA DODEVSKA AND COLLEEN QUINN



ver the years, society has become more dependent on social media for everyday use. Now websites and apps such as Twitter and Snapchat are being utilized within schools.

Teachers are taking advantage of these apps to help their students. Mr. Eric Graves, Mathematics, has been using apps such as Twitter to help his students make their education more modern.

"I give the students my Twitter handle so they can contact me outside of school if they have questions about the class or questions about the material," Mr. Graves said.

Having students ask questions out of class provides them with a better understanding of the material sooner than waiting for the next class. Mr. Graves's method is convenient for the students because it eliminates the stress that students feel when they do not understand something. Social media allows the teachers to answer the questions outside of class and in a way that relates to their students.

"It's a way of answering questions on a time that isn't set to the school. It's our own time. A student might be working on homework over the weekend when they have time, and they have a question. Well, they don't have to wait until school and they can ask me right away. I can answer the question on my time as well," Mr. Graves said.

Using Twitter as a classroom resource is beneficial for both students and teachers. Mrs. Abigail Homans, World Language, uses Snapchat to increase her students' capacity to learn outside of the classroom.

"The assignment was for extra credit. I know not everyone has Snapchat, but most students do, so I had to give them different options [besides] email. I wanted to use [Snapchat] to test it out. Now, this year, I'll be using it more. [The purpose is] to see Spanish used in our daily lives, here in the Region," Mrs. Homans said.

Mrs. Homans's innovative idea to use Snapchat has caused students to become more interested in the class and overall more involved. Technology may be advancing, but for LC teachers, that just means more opportunities and experiences.

HOW MANY STUDENTS CHECK FACEBOOK DAILY?

poll out of 330 students

DO NOT CHECK FACEBOOK

85%

85% of students said that they do not check their Facebooks daily.

CHECK FACEBOOK DAILY

15% of students said that they check their Facebook daily to see updates from friends and family

15%

WHEN DO YOU USE SOCIAL MEDIA?



"I don't use it. I think it's corrupt, I think its messing the world up. People take too much time on social media."

ILIJA MARINKOVIC (12)



"I usually check it when I wake up in the morning and then I'll use it if we have free time in class"

ELISE BEREOLOS (11)



"I use it at school, work [and] home to see what my friends are doing or if I could talk to [them]."

MARCO DOMINGUEZ (12)

COMMON APPLICATIONS OF THE SMARTPHONE AGE OFFER DIFFERENT CAPABILITIES



Twitter

Twitter is a social media service where users can post 140 character "tweets."



Pinterest

Pinterest is a website with virtual boards where users can "pin" photos and videos of interest.

Instagram users can easily edit and share their photos with their



Tumblr

friends.

Tumblr is a website where users can create their own blog and view other users' blogs.







1. FRIDAY FLING Cole Reynolds (11) kicks back with his friends Zachary Hupp (11), Kyle Massa (11), Casey Garvey (11), and Jacob Koontz (11). The boys liked spending their Friday nights hanging out with each other "I like spending time with my friends even if we don't do much, It's nice just to be with them," Reynolds said. Photo by: Jodie Hodges 2. HARP MASTER Martha Mapes (11) plays the harp in her bedroom. Mapes has been playing the harp for seven years and enjoys playing classical music the most. "I saw an episode of the Monkees where someone sold their soul to the devil for a harp and I found that enchanting," Mapes said. Photo by: Darian Smith 3. PRINTED TO PERFECTION Chase Owczarzak (12) works with the school's 3D printer. Owczarzak bought his own printer at the end of last school year. "Well I wanted to get something cool, and then I figured out you can buy 3D printers now, and I thought, "What better way to waste my money on new technology'," Owczarzak said. Photo by: Jodie Hodges 4. SEWING IT UP Nicole Vusak (9) sits on the floor of her bedroom while sewing up a 'Jack Skellington' plush toy she made for a sibling. Vusak used sewing to make different creations ranging anywhere from toys to clothing. "I'm really glad I learned to sew. That way I get to create my own fashions and designs that no one has ever seen before," Vusak said. Photo by: Darian Smith





HOBBIES: FROM FRONT FLIPS TO KICK FLIPS

GYMNAST

"I started gymnastics when I was one. I started at Pattie's. Then I tumbled at Midwest Training Center for about two years on the competitive team. Then I went back to Pattie's to get back into gymnastics. Then I went to Lisa's, and now I'm currently at Midwest. I practice there six times a week."

EMMA WEISSBECK (11)

LONGBOARDER

"My hobby is long boarding. I started in 8th grade. I was at the skatepark with my friend Logan Sommer (11). He had a little 22-inch cruzer. I found the same one online and a 42-inch one next to it. It was ginormous. I loved it. That's what got got me started."

TYLER PALUSZAK (11)



DO YOU LEAVE FOR VACATION OVER WINTER BREAK?

Some students are more equipped to

handle the winter season than others. These winter is just too much handle. To escape students don't find it necessary to leave break.

LEAVE

For some, the biting cold weather of the

from the possibility of frost bite, some stuthe cold but instead stay and endure it over dents leave the Northwest Indiana region to keep warm during Winter Break.



"One Friday, I went to a White Sox game. I got to see Jose Abreu play. I got to go with my dad, and it was very fun," Paul Centanni (11) said.



VARIETY OF VACATIONS AMONG STUDENTS



"Germany is a cool and fantastic country to visit. I visited family and went to a few waterparks. I would definitely do it again."





"I go to South Dakota every year for hunting. I hunt pheasants."





"I went ziplining, hiking and whitewater rafting in Tennessee. I liked the mountains and the view."

CHASE DOESCHER (12)



"I went to California. I looked down into the ocean to what I thought were two fish, but they were actually walruses."

KENDALL BARTOCHOWSKI (11)



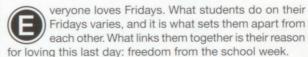
"We did a reeanactment of the Battle of Gettysburg in Gettysburg, Pennsylvania. I learned a lot from it."

ALEXANDRA KURIVIAL (11)



"I really enjoyed going to New York. It's such a beautiful city. I love the fast-paced lifestyle."

CASSIDY MICHAU (12)



"On Fridays, I hang out with friends or play League of Legends. If my friends can't hang out in person, then League is where they usually are. I tried to get my girlfriend into it, but she doesn't like it. School is so stressful so when the weekend comes, I just find it stress relieving. League doesn't necessarily relieve my stress. If anything, it causes video game related anger, but it at least gets my mind off school," Joshua Kirby (12) said.

Jeremy Putnam (11) and Kirby both use the virtual realm of video games to escape the reality of school life. Though they do not know each other nor do they play together, their interest in Friday night video game sessions link them together.

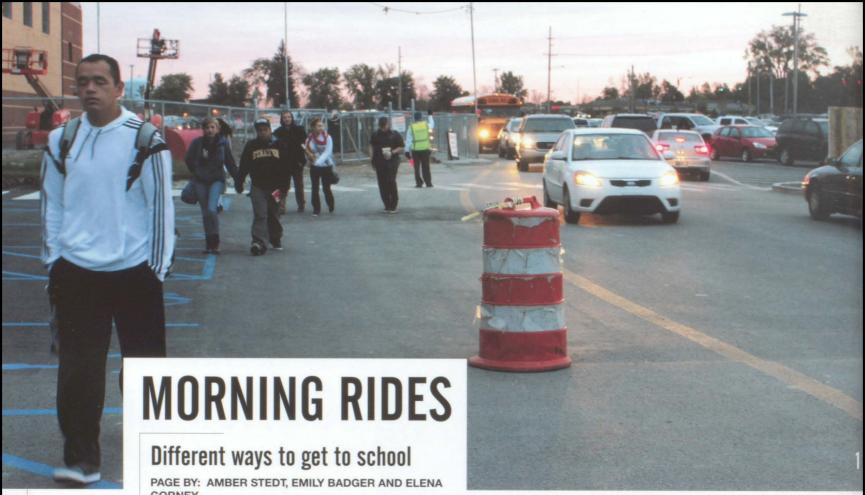
"Sometimes I talk to my friends on Skype, and we play video games together. My favorite part about Fridays are not going to school the next day. I really like not having to go to bed early," Putnam said.

Similarly to Kirby and Putnam, Martha Mapes (11) uses Fridays to forget the strain of school work. Unlike both boys who plays video games on Friday, Mapes plays the harp.

"I practice playing harp with my friends. I get together with two other people to practice playing a Pirates of the Caribbean medley. I like practicing on Fridays because I have my homework to do on the weekdays, so I like to relax and play harp on the weekends," Mapes said.

While the Fridays of some students are more complex than others, some simply just enjoy the company of their friends.

"Fridays give me a break from all the constant homework. School really stresses me out, so it's nice to just let it go for a day. I usually just hang out with my friends. Since cross country has ended, I can stay up later on Friday nights because I don't have meets on Saturday mornings. Friday nights are the reason I get up on Friday mornings," Cole Reynolds (11) said.



GORNEY

hether it is walking to school in the rain, driving in the morning traffic or riding the bus, all Lake Central Students have to find a way to get to school. Many students have had their ups and downs with transportation.

Isabella Gomez (10) walks year-round to school and has never had a problem with getting to school on time. She also lives relatively close to Lake Central, which is convenient for her.

"I get to leave later and it takes three minutes [to get to LC], so I don't have to worry about being late," Gomez said.

Even when the walk isn't far, heavy backpacks can be a pain when walking to school. Weather conditions aren't always favorable, so it's good for those who walk to school to have a backup plan.

"[My backpack is heavy] all the time. I carry two of my books and put the other two in my book bag," Gomez said.

Car riders face other obstacles when it comes to getting to school in the morning, but some have found clever ways to avoid the nuisance of the parking lot.

"We don't park in the parking lot, so it's pretty good. We park in the neighborhood [near the school]," Cara Scott (10) said.

Other students have no choice but to deal with parking

"It takes me a long time to get to school because there are so many cars. The fact that they [the office staff] have to direct traffic at a high school is a little bit insane," Jillian Cloghessy (10) said.

Students who ride the bus also experience complications while getting to school in the morning.

"We were driving and this girl was leaning over the seat. We hit a bump and she hit the top of the bus. It was really funny," Kristy Willis (9) said.

On the contrary, some students experience more of a scare than a comedy.

"On the way to school, the bus hit a car. We pulled over and a bunch of cops and ambulances came and asked if we were OK. We were late to school," Jacob Denson (10) said.

MISSING BUT STILL MANAGING

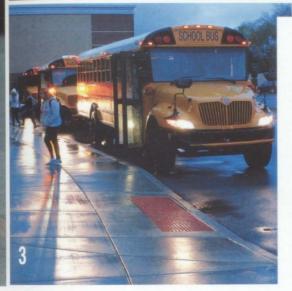
Sean Harper (11) talks about missing the bus

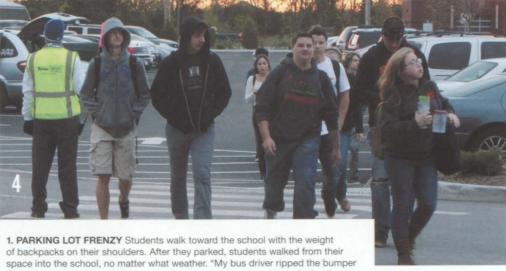


"I woke up, realized it was 6:05, rushed to get through my daily normal routine, and I still missed the bus. It was the first time I missed the bus, too. I wasn't sure what to do because I don't have any other way to get to school. I was like, 'I guess I will have to ride my bike,' and I did that. It's kind of far [but] not too bad. It's like three miles. I actually got there with three minutes to spare. It took me like fifteen minutes. It was pretty crazy," Sean Harper (11) said.

If students miss their bus, they might have to take extreme measures, such as riding a bike to get to school. Sometimes it can be challenging to wake up for school on time, but classroom attendance is often necessary to keep up with school work.







1. PARKING LOT FRENZY Students walk toward the school with the weight of backpacks on their shoulders. After they parked, students walked from their space into the school, no matter what weather. "My bus driver ripped the bumper off the bus once. She didn't think anything happened and just kept driving," Makayla Morris (12) said. Photo by: Amber Stedt 2. PARADE OF CARS Cars make their way through the traffic to enter the Lake Central parking lot around 6:45 a.m. The traffic has been made worse by the construction, and crossing guards direct the traffic to make sure it is safe for students to cross the busy parking lot. "I get here really early. There's no parking spot numbers so it's first come, first serve," Maxwell Rees (12) said. Photo by: Elena Gorney 3. DROP OFF Buses line up to drop students off at school. The Students exited their buses on the rainy morning and rushed to get into school before getting too soaked. "[Once] I was walking across the street and I slipped and fell," Katherine Znavor (10) said. Photo by: Amber Stedt 4. A WALK TO REMEMBER Students walk from their cars to the entrance of the school. Some students walked a long distance in the rain. "[Once] there were like five bees on the bus, and this one guy took his shoe and killed them against the window. It was really gross," Halle Pederson (10) said. Photo by: Elena Gorney

WAYS THE STUDENT BODY GETS TRANSPORTED TO SCHOOL

poll out of 350 students

47.2% BUS Less than half of

students ride the bus in the morning. More than half of those students were freshman and sophomores.

CAR

More than half of the students drive or get a ride to school in the morning. Students who drive to

school sometimes have a problem with the morning traffic.

52.8%

THE TROUBLE WITH PARKING PASSES



"I didn't get [a parking pass] at the beginning of the year and then they called me down and asked if I wanted one, so of course I did."

ASHLEY NYLEN (12)



"It was hard getting a parking pass because nobody had open spots. Then one day Mrs. Lambert gave me her spot."

PAUL CENTANNI (11)



"I had a broken ankle, so my mom had to get me a parking pass. She got it at Zig-E's."

GEORGE THEODORE (11)



"I called Zig-E's for a parking spot, and I was happy to get one."

MEGAN MISIRLY (11)



"My uncle works at the funeral [home], so it wasn't hard to get a spot."

MIKALA KOTECKI (11)



"Luckily, I didn't have any issues [with getting a parking pass]. I got it right away. I wasn't on the waiting list."

KASSIE WOODWORTH (12)

"I like [my parking pass]. I think it's fair because [seniors] have an equal chance [of getting one].

I think it would be better if there were more spaces for everybody, but seniors should get spots before juniors," Brendan Kelly (12) said.



BURIAL GROUNDS LAST STAND AND REVAMP

- The first step of the demolition of the Burial Grounds was demolishing the endzone, which took place after the Homecoming football game.
- The second step was taking out the west endzone and putting up the foundation of the football facility.
- Step three is the process of leveling everything on the field out and making any last-minute changes.



Football Facility Photo by: Hannah Giese

EXPANSION OF PARKING LOT EXCITES UPPERCLASSMEN



"[The new parking is great because] usually the parking lot is so congested [that] people start backing up into each other."

JACOB DUNN (12)



"I'm looking forward to the new and improved parking lot because there'll be more oppurtunities for people to get spots."

VICTORIA SPRINGMAN (11)



"I'm excited to park at school next year because walking from the funeral home in the rain is horrible. It'll be easier."

MARINA VASQUEZ (11)

1. BRINGING DOWN THE HOUSE Construction workers make progress on the football facility on Oct. 16. This building was planned to be used for several other sports besides football like track and cross country. "The new football facility will have the locker rooms, concessions and bathrooms," Mr. Bill Ledyard, Director of Facilities, said. 2. FILL IT UP Workers continue construction around the large puddles of water in the gym. The new gym was designed to be approximately 20,000 square feet and seat 4,000 people. "I can't wait for the new gym because it'll be great to play my senior [basketball] season there," Victoria Gard (11) said. 3. A NEW CHAPTER Construction workers build the auditorium. The new auditorium was scheduled to be done by the start of the 2015-2016 school year. "It'll be cool to be a part of LC theater history. The bigger space will be like a breath of fresh air," Madison Breford (11) said. Photos by: Jessica McCullough





FACE-LIFT FOR FACILITIES

Construction moves forward

PAGE BY: SARAH BREDAR, JOVANA DODEVSKA, SHANNON HEARNE, JESSICA MCCULLOUGH AND COLLEEN QUINN

P

hase three of the high school's renovation will include a new performing arts and music center and sports facilities.

"We are in the third phase of construction right now. The first phase was the new electric substation and underground infrastructure. The second phase was the academic wing and pool. The third phase is what you see now, the fine arts wing, auditorium, gym, media center, administration area and athletic fields," Mr. Bill Ledyard, Director of Facilities, said.

Both boys baseball and girls softball fields were planned to be finished in time to host games for the new season. However, the fine arts and media center required more work, as the project was planned to take nearly a year to complete.

"Since we will have to spend a year in the LGI, [the new auditorium] will be a huge transformation from no stage to a beautiful one," Hannah Souronis (10) said.

Once the majority of the building process is complete, finishing touches are planned to conclude the final phase of construction.

"The final phase [of construction] will be to [demolish] central office and add parking in that area, and we'll move to the current LCHS administration area. From what you see now, we'll be adding parking where central office is currently located and also where all the construction trailers and offices are located, just north of Taco Bell [and] east of the new pool," Mr. Ledyard said.

To be able to host future commencement ceremonies, the gym is being also being rebuilt to seat larger crowds.

"The building area of the gym is approximately 20,000 [square feet] and it will seat approximately 4,000 people," Mr. Ledyard said.

By the summer of 2015, the football field, along with the football facility, and the rest of phase three construction is scheduled to be ready for the beginning of the school year.





Girls softball field Photo by: Hannah Giese 2. Boys baseball dugout Photo by: Hannah Giese 3. Boys baseball dugout Photo by: Jessica McCullough

SPORTS FIELDS TAKE A HIT

Workers slide into construction of softball and baseball fields

The baseball and softball teams will face a major change in the 2015 season: turf. Both teams' new fields will be made of turf instead of dirt and grass.

"The new baseball field will be awesome because it's very expensive turf, and our performance will be better," Zachary Turnbough (11) said.

The fields were planned to be finished by Thanksgiving in order to be ready for the next season in the spring.

"I think [the field] is going to be an advantage for us because not a lot of teams are used to playing on turf, and we will be used to it," Emma Frye (11) said.



WHO IS EATING WHAT?

poll out of 330 students

BRING LUNCH

55%

55% of students say that they bring a lunch from home that they pack themselves.

BUY LUNCH

40% of students say that they buy a lunch from the school lunch line nearly every day. 40%

2%

NEITHER

2% of students said that they do not bring or buy a lunch and prefer to not eat lunch at school.

BOTH

3% of students say that they both bring a lunch and buy a lunch; the type of lunch they eat varies by day.

3%

MERGING WITH THE UPPERCLASSMEN



"[High school] lunch is different [than middle school lunch] because if you do not have your ID here, you have to get sent to the back of the line. There are also four alphabetical lunches and you get a break in classes."

TIMOTHY BRESHOCK (9)



"Lunch is different because you can walk around when you are done eating and you can sit with people from different grade levels."

CHARLES SCHULER (9)



"[During] lunch in middle school you had to sit at one table every day with a certain group of people. In high school you can choose whoever you want to sit with from different grade levels."

CONNER TOMASIC (9)



"I like buying more things and I like that there is more of a variety to eat at lunch in high school."

MORGYN MCALLISTER (9)



"The lunch rooms are a lot bigger and there are a lot more people in the cafeteria. A lot of my friends have the same lunch as I do."

RAYMOND RAMIREZ (9)

PACKING HEALTHY LUNCHES FOR SUCCESS

Katherine Freeman (11) advises how to pack the perfect, healthy school lunch

"Lunch is a very important part of the day. Students should try to eat a balanced lunch consisting of fruits, vegetables, a nutritious main course and a drink. The first step to packing a healthy lunch is to make sure you have enough energy to be able to. Definitely pack your lunch the night before so you don't have to wake up early in the morning. Make sure to have enough in your lunch so you can eat something in second or sixth hour but still have enough to eat during your lunch. Even though you want to eat the whole thing make sure to save some for your actual lunch. Packing a lot of lunch does not mean it needs to be all junk food. It can also be healthy food that tastes good such as fruit and veggies. It is also important to stay hydrated, so pack enough water."



LIVING (AND EATING) IN THE DIGITAL AGE



Per the 2014-15 school year, students are now allowed to use their cell phones at lunch. Students can now enjoy the company of their friends that they are sitting with and the company of those who might be sitting at other tables.

"I think [lunch] is one of the most social times that students have [in school], so I think that they should be talking with their friends who are at their table instead of texting someone who is two tables over," Mr. Martin Freeman, Assistant Principal, said.

1. BETWEEN THE (LUNCH) LINES Students gather in a lunch line to order their lunch. Lunches are now healthier than they were before. "I like to buy school lunches because I honestly do not like carrying around a lunch bag all day," Elnora Stroud (12) said. Photo by: Joseph Pavell 2. FRIENDS FOREVER Friends laugh with each other during their lunch period. Lunch time gives students a chance to relax with one another and escape stresses of class for thirty minutes. "I usually eat throughout the day so I do not like to eat at lunch. I like to spend time with my friends there." Luzila Lopez (11) said. Photo by: Joseph Pavell 3. TAKING A BITE OUT OF HIGH SCHOOL Jack Quinlan (9) eats his lunch during D Lunch. Freshmen had to adjust to a new lunch environment in order to make ther high school experience easier. "I get to hang out with my friends. [Lunch] really brightens up my day," Quinlan said. Photo by: Noelle McBride



SCHOOL LUNCH REDEFINED

New health guidelines change lunch

PAGE BY: JOSEPH PAVELL AND HANNAH BRYNER

s the cafeteria fills for the much-anticipated lunch hour, so do students' lunch trays. There are an assortment of health-conscious options that are beginning to trickle into the cafeteria including baked chips and fruit cups. Healthier options are being implemented into lunch rooms across the nation due to the regulations set by the Healthy, Hunger-Free Kids Act of 2010.

This act's main purpose is to ensure that all students receive a proper nutrition during the school day. It grants the United States Department of Agriculture (USDA) the authority to to set nutritional standards for all foods sold during the school day.

"I think that nutrition is important, but kids should get the opportunity to choose what they want. I think they should be aware about nutrition, but we are old enough to the point where we can decide what we want to eat," Clare Majchrowicz (11) said.

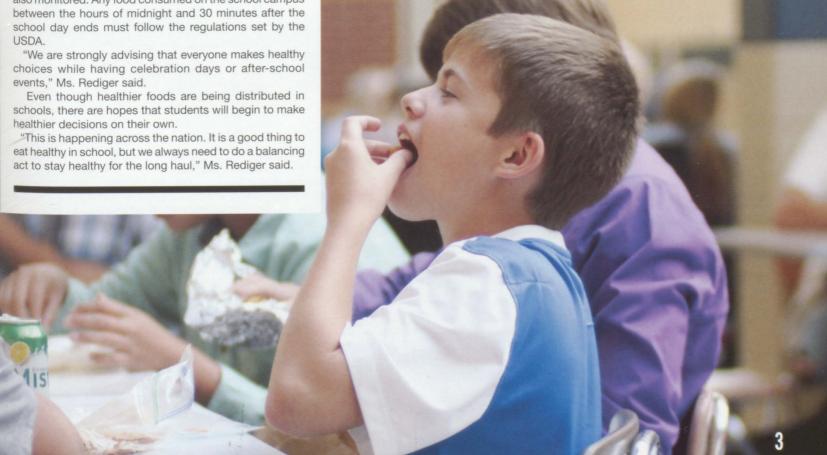
Instead of just affecting school lunches, the Healthy, Hunger-Free Kids Act of 2010 also affects all types of food that are sold on school grounds.

"For the first time, schools are not just regulating the breakfast and lunch program. They are starting to regulate what is distributed in vending machines and concession stands," Ms. Gladys Rediger, Food Services Director, said.

The types of food consumed during school events are also monitored. Any food consumed on the school campus







ADJUSTING TO A NEW SOCIAL SETTING

Freshman adapts to brand new environment



"Socially, there's a lot more people. Out of the three middle schools, you have about 300 people from each school all together, so there's a lot more diverse people [that] you can be friends with. It was a lot easier than I thought to make friends. I'm still close with my old friends, but some of them have a lot of new friends now. [There are] definitely [times when I have to sacrifice hanging out with friends], especially when you have to study for tests; that's a big sacrifice [instead of] hanging out with friends. Most of my friends have the same classes as me, so it's easier [to talk to them] because we have the same homework [and] tests to study [for]."

MELICAH RODRIGUEZ (9)

BALANCING A BUSY SCHEDULE



"[When] I'm working on a worksheet [at school], [when] I'm done with that, I pull out my script [for theater]."

ADAM GUSTAS (10)



"On away games, I can take my homework on the bus. I have a study hall which comes in handy."

NICOLE MILASZEWSKI (10)



"You just have to make time and manage your time well or else you'll have a lot of late nights, which sucks."

DAWSON STROUD (10)



"[For projects], I usually try to do it the day it's assigned, so it prevents all stress."

RACHEL KOZEL (10)

CONQUERING HIGH SCHOOL

Seniors share survival strategies

PAGE BY: RUTH CHEN, VICTORIA WILKES AND JESSICA WOJTON



s seniors prepare to say goodbye to high school and start a new chapter of their lives, they will leave prepared with survival strategies developed from their years of high school.

"I'd say there were a lot of things that got me through high school because I had a really close friend that I was close with in the fourth grade up until now and actually I'm going to room with her in college. She is a big part of my life because we did dance together, we got our first job together, and we're in a lot of classes together," Megan Barenie (12) said.

For some, close friendships are a very important part of their high school years, while for others family support is an essential part of achieving success.

"I think that my brother has helped me survive too. He keeps me sane, grounded to earth," Tiffany Tao (12) said. Students may choose to look outside their personal circle

of friends for guidance and befriend a teacher for advice.

"One of my favorite teachers was Mr. [Kendal] Smith, [Science]. I don't think I could've survived high school without him. Since AP [Chemistry], he has become like a mentor for me. He's been giving me suggestions for college essays and writing my recommendations," Tao said.

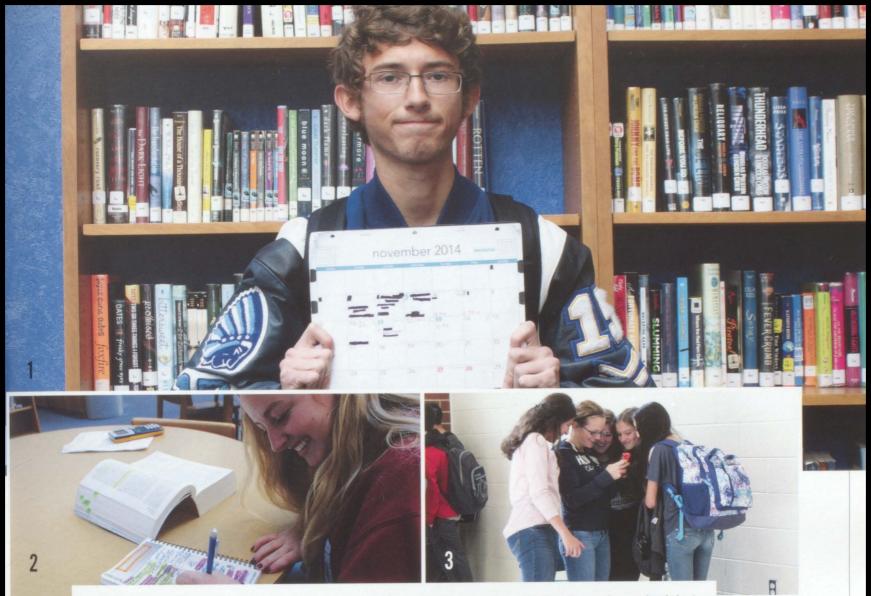
Even though moral support aids students, organizational tools are also a key to survival.

"This year I have [a calendar], and I just write what my assignments are and when it's due. I've used the agenda every year and this is a new thing because we didn't [get] the agendas right away [this year]. You're writing down what your homework is, when it's due, quizzes and tests, and stuff like that. It definitely will make a big difference [in your performance in high school]," Maxwell Rees (12) said.

Tools such as agendas or calendars along with the combination of support from family, friends and teachers pave the pathway to a successful high school career. Over 700 students will graduate this year, each carrying the skills that they have developed throughout high school with them to the next step of their lives.



"[In high school], you get to meet a lot of new people, and there are a lot more classes and oppourtunities," Drew Testa (9) said.



1. PERSONAL PLANNER Maxwell Rees (12) uses his personal calendar in place of the school's agenda. Since the agendas were handed out late, Rees had to find an alternative to use. "The agenda [helped me] because I forget things all the time," Jacob Navarra (12) said. Photo by: Ruth Chen 2. AGENDA MAKEOVER Tess Ruzga (12) writes reminders and notes in the Indian Guide. AP English 12 students are required to read the Norton book. "Writing stuff in your Norton helps because you can look back at it, and it has everything that you wrote down in class, those little things that you forget, so it's nice to write [notes] down [in your book]," Ruzga said. Photo by: Ruth Chen 3. PHONE FRENZY Alexis Nikolovski (9), Ashley Knerler (9), Faith Huenecke (9), Sydney Batinick (9) and Erika Araujo (9) laugh at their phone after taking a group photo after lunch. Since the start of the year, the administration has been more lenient with students using phones during lunch periods. "[Friends] make school more bearable because they help with group work, they help you get your work done. They make it more fun," Alyssa Wagner (11) said. Photo by: Madeline Hirschfield



JUNIORS DISCUSS OPPOSING SIDES OF ACADEMICS

REGULAR CLASS

"Tests are the hardest part [of my classes] because it's hard for me to study. I definitely [have had to sacrifice going out with friends] because I had a research paper I had to do and could not go out at all."

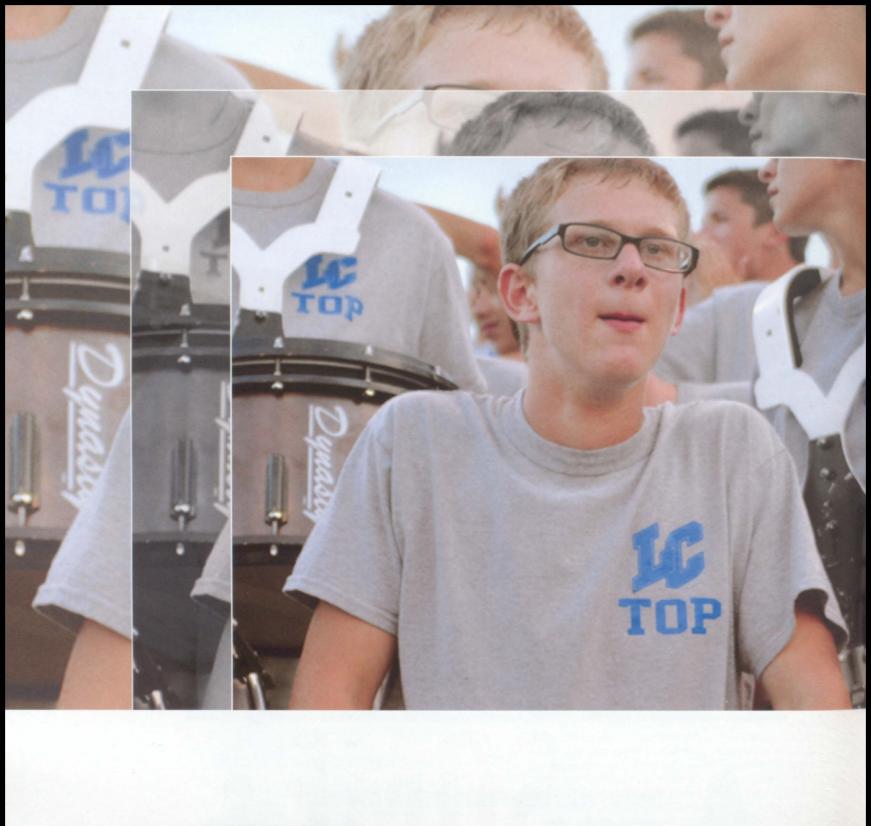
HANNAH BOUGHER (11)

AP CLASS

"Do your work [right] when you get it. Don't wait until the last minute to do it because that's what I do. It piles up, and then you're like 'Oh sorry, I can't go out, I [have to] do this first."

JAY CHOPRA (11)









SOME







1. MUZZLING HUNGRY BULLDOGS Antwan Davis (12) stiff arms a Crown Point defender. The team beat the Bulldogs 27-13. "The best part of winning against a rivalry was the fact that we proved a lot of people wrong," Logan Lambert (12) said. Photo by: Cassidy Niewiadomski 2. READY, SET, GO Tyler Platusic (12) gets ready to run across the field on Aug. 15 during a scrimmage against Hammond Morton High School. The team made four touch downs in three offensive sessions. "[Playing for varsity] is a good experience because I get to learn from All-State athletes that play with me," Nicholas Lucas (10) said. Photo by: Jennifer Mohamed 3. FALLING SHORT Antwan Davis (12) dodges an attempted tackle by a Munster defender. The game against Munster was the first official game of the season. "The season has [been] really exciting and I'm really happy about how it's going right now, but there's a lot of improvements we can make," Davis said. Photo by: Cassidy Niewiadomski 4.UP IN THE AIR Colin Studer (11) runs the ball down the field during the Homecoming game on Oct. 3. Homecoming was the last game held at the Burial Grounds. "We've had a really good year and the team keeps finding ways to win and we're a really hardworking group of guys, Cody Schultz (12) said. Photo by: Hannah Reed 5. LINING UP Jacob Johnston (12) prepares to snap the ball to the quarterback on Oct. 3, Homecoming night. Despite the cold weather, the Indians came out on top with a score of 6-0; Jillian Doan (12) scored all of the points. "The team did a great job getting the win against Chesterton, and it was great seeing all the fans cheering us on," Johnston said. Photo by: Hannah Reed









Colin Studer (11) and Jillian Doan (12) Photo by: Hannah

HAIL TO THE VICTOR

Indians travel to Indianapolis

On Sept. 6, the varsity football team faced off against the Portage Indians at the Lucas Oil Stadium in Indianapolis, Ind. Each player had a unique experience at the stadium, including starting kicker Jillian Doan (12).

"It was definitely a once in a lifetime experience. I've never been in a stadium that big and I've never been to a football game like that, let alone played in one," Doan said.

The game, played on Big Rivals Night, was part of a tournament consisting of four football games played by various high school teams from Indiana. The game started off with LC in the lead and concluded in a 14-6 victory.

TEARING UP THE FIELD



"We are not going to be playing [at the old field], so we are not going to have all of the motivation behind us, but I think we can do it."

AUSTIN CHEKALUK (11)



"I think [the new field is] going to be a massive benefit to our team, with the primary reason being injury issues."

COACH BRETT ST. GERMAIN



"The field, from what I've heard, is going to be north to south and not east to west, so the sun won't go in our eyes, but it should be better [for games]."

JERIMIAH VELAZQUEZ (11)



"A few of us stand in front of the student section. Depending on how the game is going, we use chants to pump up the crowd. 'Too Much Ammo' has become one of the new favorite chants this year," Nathan Zajac (12) said.



TACKLING HIS LAST SEASON

Brandon Scott (12) shares his experience this season



"[Throughout this season], my favorite game was when we played Crown Point. It was the point of the season where our team really came together, and we proved we were the best team around. Last year, we had our Coach, [Mike] Bork, and he moved [to Crown Point]. We were sore about that because Crown Point has always been a huge rival. It's always heated when we play them. [My overall] favorite memories from the past years are always [about] Trine. It's a camp that we always go to for a couple of days over the summer. The bonding and messing around with each other [was memorable]. This season my goal is to become the DAC champions. Then [becoming] repeat sectional champions [would be a great achievement]."

Stadium to conquering the Chesterton Trojans at Homecoming, the Tribe has made its mark on the

The Portage game was part of Big Rivals Night, an eight-team event that was held at Lucas Oil Stadium on Sept. 6. The Tribe defeated their DAC foes 14-6.

"It was really exciting getting the chance to play down there. It's not an everyday thing getting to play in a professional stadium" Austin Chekaluk (11) said.

Teamwork and perserverance led the Indians to the win on Sept. 19 against the LaPorte Slicers. With many injured players, others had to step up for their teammates and fill in the open positions.

"At a certain point, all the starters that have been on the field before, myself included, looked at each other and said, 'We need to go. This is not how we were taught how to play the game." Robert Pawlak (12) said.

On Sept. 26, the Indians faced off against the Michigan City Wolves. The Indians secured the win with 1:35 left when Kenneth Singleton (12) recovered a punt that deflected off an opponent's helmet.

"I don't think that we played really well, but we found a way to win. At the end of the day, that's the most important thing," Coach Brett St. Germain, Asst. Athletic Director,

The last game on the Burial Grounds was held during Homecoming night. The Tribe took home a 6-0 victory against the Chesterton Trojans. The field's construction began immediately after the "Final Down."

"I think there is a certain energy level that will come with playing in a new facility. [I will] expect a higher performance on a day to day basis in practice," Coach St. Germain said.

For the final game of the season, they defeated the Valparaiso Vikings by 24-7 and claimed their first outright DAC title, staying undefeated in the conference. The Indians moved on to the post season and won the first game of Sectionals against Lafayette Jeff, 41-6. The team did not win Sectionals due to the loss against Merrillville, 21-19.



proved their critics wrong by placing second in

the DAC.

"I feel like this season was better than last year's. We struggled a little last year, but this year we have gotten better. I feel like we have gotten more chemistry between us because we were a young team last year," Daniel Picioski (10) said.

The change in chemistry may have helped, but it did not blind them from making improvements to boost them

"If we would have came out on top against Chesterton in the shootout, then that game would have been a lot more meaningful because that would have given us first place in the DAC," Kyle Kil (12) said.

The boys' game against Valparaiso on Sept. 25 determined their final position in the DAC.

"This [game] was more of a must-win because it's a DAC game, and you always want to finish as high and confident as you possibly can in the conference. All games are serious, but this one was just a little higher than the others," Samuel Willis (12) said.

The team's success has not gone unwarranted; they worked hard to get where they are now.

"In the off-season, like in the summer, we do a lot of weight training and conditioning to get ready for the season. Since it's not a very long season, there are a lot of games. We have to prepare harder in the off-season to get ready for the season," Michael Flores (12) said.

As the days of the season dwindle down, seniors began to reflect on their high school soccer careers.

"It's bittersweet knowing I'm going to college and hopefully play soccer in college, but it's sad that I'm leaving all of my underclassmen friends behind. I'm hoping that we can do something big this year because we are capable of it," Flores said.

The varsity boys soccer team lost to Munster at Regionals in their post season.

MOVING TO A NEW POSITION

Benjamin Klebs (11) adjusts to meet the team's needs



"I was playing more of a defense position, and then they started moving me up to more of an attacking position. Coach [Orest] Szewciw thought that I would be a good forward, so they tried me out in a game. It worked out pretty well for me and the team. I took the spot, and I scored the goals. It was scary at first because everyone is relying on you to score the goals, but once I started scoring, it was kind of just free flowing. [Being on varsity for three years,] you are used to the pressure. You don't really have to go from one team to the other, like from JV to varsity. You are just on the team, [but] you have to work to keep your spot."







of the ball from the Andrean players. The game was at home and the boys won 3-0. "If we all do our own jobs correctly and play off each other, we can play our best game," Benjamin Klebs (11) said. Photo by: Jennifer Mohamed 2. RUNNING FOR CONTROL Anthony Doreski (11) races to get the ball before the Andrean player. This was the first game of the season played on Aug. 18. "As a team, we get focused and think about the other team and know what we're going to do heading into the game," Nathan Puch (11) said. Photo by: Jennifer Mohamed 3. WATCH-ING IN WAIT Naser Taharwah (10) watches the ball to see the next move of the opposing player. The game was at home and Benjamin Klebs (11) scored all 3 of the team's goals. "After playing [soccer] for so long, you just you fall in love with the game. It's hard to pinpoint one thing that just sticks out over the other," Samuel Willis (12) said. Photo by: Hannah Reed 4. JUMPING IN Michael McClelland (11) jumps in the air to kick the ball before Valparaiso reaches it. This was McClelland's third year on varsity. "The fans keep us pumped up, and I'm always ready to go because the atmosphere of the game keeps me going," Nathan Puch (11) said. Photo by: Hannah Reed











1. Michael McClelland (11), Nikko Kolintzas (10), Christopher Baranowski (10) and Enrique Dominguez (10) 2. Kyle Kil (12) 3. Benjamin Klebs (11) 4. Jorge Trujillo (12) 5. Samuel Willis (12) Photos by: Hannah Reed

VARSITY SOCCER CLAIMS VICTORY AGAINST VALPO

Indians defeat Vikings after three-year losing streak

The varsity boys soccer team defeated Valparaiso on Thursday, Sept. 24 with a final score of 2-1. The game started off slowly, but eventually the pace picked up.

"It was a great win. It's been three years since we beat them last time. Last year it was a really tough game, and we lost by quite a few goals. It was nice to finally come back this year," Kyle Kil (12) said.

The first goal of the game was scored by Nikko Kolintzas (10), and Valpo scored their goal at 28:01 in the second half. The game remained tied until Michael McClelland (11) scored the final goal of the game with only 3:27 left on the clock.

"It felt really good [scoring the game-winning goal]. I liked it especially because they were in second, and I felt like we should have been ranked higher. To beat them, I think that puts us where we should really be," McClelland said.

ADVICE TO FUTURE PLAYERS



"Always listen to the seniors because they were there before you and have more experience."

DANIEL PICIOSKI (10)



"Don't slack off, never give up on the ball [and] keep practicing until you get everything right."

NIKKO KOLINTZAS (10)



"My advice to future players is no days off [and] to give it your all."

CHRISTOPHER BARANOWSKI (10)



"[My advice is] to give it your all and always give your 110 percent. Try your best, and you will succeed."

JOSHUA DULSKI (10)



"[My advice to future players is] to be prepared, to eat right, work out and run."

BERNARDO OSEGUERA (11)

"[The game] is always positive, even when someone messes up. It is always constructive on what we could do better." Michael Flores (12) said





"I couldn't imagine my life without soccer, and I always wanted to be a member of the Lake Central girls soccer [team]," Hannah Triveline (12) said.

LAST TIME ON THE FIELD



"I really enjoy [this season]. I like our new coach a lot, and I feel it's been my best year of soccer."

ALISHA DONOVAN (12)



"I am going to miss all of my teammates and the memories we made."

HANNAH TRIVELINE (12)



"When I first started playing soccer, I started with four of the seniors that I'm graduating with."

BRIANNA DOUGHERTY



"I'm really sad because I've made a lot of friends, especially juniors who I'm going to miss a lot."

SARAH TRIVELINE (12)



"We play for each other, and we play to win. I think our team is going to go out with a bang this year." TERESA BARANOWSKI

TEAM PERFORMS AT BEST AND SHINES

Mr. Eric Graves, Mathematics, sees talent



"[The team] is great this year. Their record is 12-3-1. I expect us to go pretty far this year. We fell short of the DAC, but we still had a pretty impressive conference record. I'm [a coach] to assist, the head coach handles the training. [The biggest challenge has been] consistency. When we're playing our best, we can beat any team in the state. [Players who have stood out this year are] Lindsay Kusbel (12), Sidney Dragos (9), Alisha Donovan (12) and I'd say Tarah Hamby (12)."

ONE FINAL GOAL

Girls varsity season to remember

PAGE BY: CANDACE JARZOMBEK AND BRITTANY RABATINE



he varsity girl soccer players accomplished tremendous goals throughout their season, but the girls did not let their success set boundaries for the team.

"Varsity is having a phenomenal season, and this is the best we have been in years. We finally have the opportunity to go farther than normal in the tournament," Clare Majchrowicz (11) said.

They have shown competitors what they are made of on the field.

"We have stepped up our game and came together to show how much of a threat we really can be to other teams that are strong," Abigail Peppin (12) said.

Although they won the regional title, there were still aspects of the game that the team strived to improve.

"We definitely need to work on communicating on the field," Peppin said.

While improvements can be made, the closeness of being on a team makes it a more enjoyable experience.

"My favorite part about Lake Central soccer is getting to share such a successful season with some of my closest friends and making tons of crazy memories," Maichrowicz said.

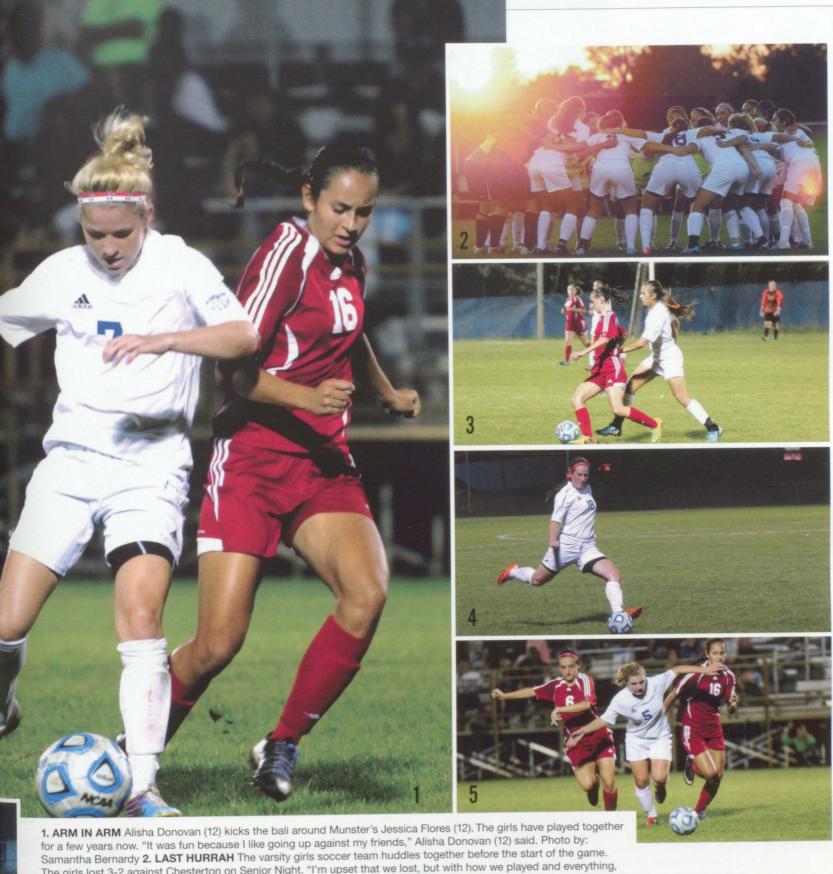
This season the majority of the team was made up of upperclassmen and nine out of the 17 girls on the team were seniors.

"It's a lot of pressure playing with the other girls because they've played together for so long and [have] been on the team already," Abigail Meseberg (9) said.

Next year the graduates will have to make a transition from the field they have grown to know so well to a foreign college campus.

"It's one of those bittersweet feelings. You've played on this field for four years, you're there every day and just one day you're not going to come back. I don't think it's hit me fully yet," Brianna Dougherty (12) said.





1. ARM IN ARM Alisha Donovan (12) kicks the ball around Munster's Jessica Flores (12). The girls have played together for a few years now. "It was fun because I like going up against my friends," Alisha Donovan (12) said. Photo by: Samantha Bernardy 2. LAST HURRAH The varsity girls soccer team huddles together before the start of the game. The girls lost 3-2 against Chesterton on Senior Night. "I'm upset that we lost, but with how we played and everything, it was the best we've played this season. I was proud of that," Brianna Dougherty (12) said. Photo by: Camryn Wallace 3. CUTTING IT CLOSE Brianna Dougherty (12) attempts to steal the ball. She played the forward position in the game against Munster. "I like playing Munster because they provide us with the challenge. We need to get better individually and as a team," Dougherty said. Photo by: Samantha Bernardy 4. SCORING A GOAL Jillian Doan (12) puts in a cross to the team. She did this by lifting the ball to another teammate in front of the goal. "It was an intense game," Doan said. Photo by: Samantha Bernardy 5. PUSHING PAST Hannah Triveline (12) pushes past two Munster players on Sept. 4. They tied 1-1. "We wouldn't be that upset if we lost; however, we played our hardest," Triveline said. Photo by: Samantha Bernardy 6. RUSHING THE BALL Hannah Triveline (12) attempts to block a player from Andrean High School. The team improved in the second half. "After our coach gave us a speech during halftime, it motivated us to do better the second half and we did," Triveline said. Photo by: Jenna Crawford

BOYS SERVE UP POTENTIAL

Tennis embraces young player

PAGE BY: SARA LISAC AND EMILY LISAC



nlike past years, the majority of the varsity boys tennis team consists of underclassmen. Despite the younger players on the team, the upperclassmen see potential.

"I think my freshmen year, the varsity consisted of all seniors and most of JV was all seniors. Progressively there were less and less seniors each year, but if [the new players] play in the off-season they will get a lot better," Chase Owczarzak (12) said.

At the start of the season, the team was unsure of their skill level because of the number of less experienced players. The first few practices helped show each newcomer's abilities.

"We did a lot of challenge matches at the beginning of the year. The freshmen are better than you think. For being freshmen they have a lot of talent, which was nice," Micheal Hemmerling (11) said.

As the season progressed, the boys started to improve their game and their potential as a team.

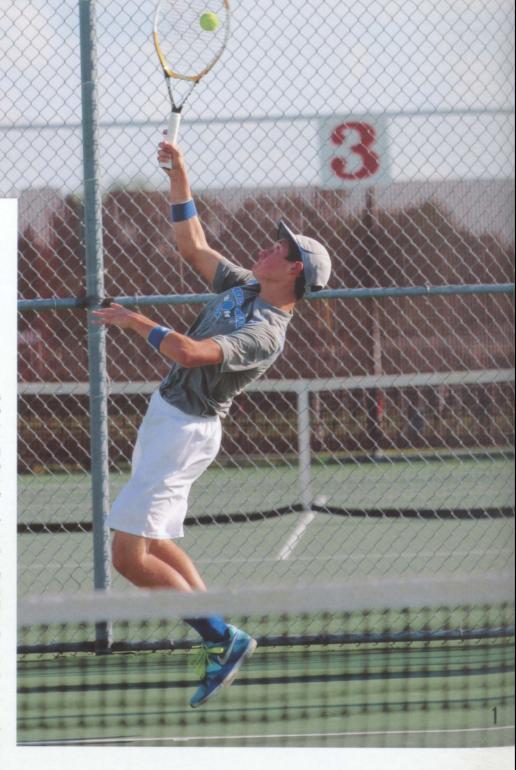
"[The season] has been really good considering our team is very inexperienced compared to other [teams]. We've been able to stay consistent with everything. [The rookies] still have room to improve," Richard Larson (10) said.

Although the team is mostly sophomores and freshmen, upperclassmen see the benefits of having the younger players, and they have set high expectations for the team in the future.

"Because we have a lot of sophomores and freshmen who have good skills, that means when they are juniors and seniors they are going to be that much better [than the current juniors and seniors]," Hemmerling said.

Being a freshman on a varsity team can be intimidating, but having varsity experience can also be beneficial.

"[Varsity] is more serious. You play a lot more games and other [teammates] help you instead of you trying to figure everything out yourself. I think [being on varsity] helped me improve and I've adapted to the playing style and how we practice," Marko Milutinovic (9) said.



PLAYERS SHARE TENNIS SEASON'S TRADITIONS



"We have two really random pasta parties during the season."

JOHN MAMELSON (11)



"[At practice] we get in groups of four on each court and we hit and we do drills with our coach." CHASE OWCZARZAK

CHASE OWCZARZAK (12)



"We have a stretch based on Brian Mica who graduated in 2011. He was a senior when I was a freshman."

RAYMOND POLLALIS (12)



"We have a chant we do before a match and we do line ups."

KEITH CRAWFORD (10)





1. SERVING TO SCORE John Mamelson (11) serves the ball at a varsity boys tennis match. Despite the team's best effort, they lost to the Crown Point Bulldogs. "Crown Point is ranked 17th in the state, so I knew they were going to be pretty good," Mamelson said. Photo by: Colleen Quinn 2. GETTING READY Chase Owczarzak (12) and Micheal Hemmerling (11) stand ready during their match on Oct. 1. They lost their match to their Crown Point opponent. "We lose to all the big schools like Crown Point and Munster because they're ranked topped 20 in the state. But we can beat anyone who is at our skill level," Hemmerling said. Photo by: Anastasia Papanikolaou 3. SET TO WIN Keith Crawford (10) changes the set number at the Portage tennis match on Sept. 4. The Indians left the courts satisfied after they won the match 4-1. "I like the people on the team. Practices are fun, and it gives me something to do," Crawford said. Photo by: Noelle McBride 4. WAITING TO HIT Chase Owczarzak (12) races to hit the ball on the Indians' home court. Owczarzak and Raymond Pollalis (12) are the only seniors on the varsity team. "[For varsity] we only play one match and it lasts much longer [than JV]," Pollalis said. Photo by: Emily Rey



"[At practice] we start out by going to the weight room for about 30 minutes, and then we go down to the courts," Keith Crawford (10) said.

"I always drink a lot of fluids before matches, and I always eat granola bars before matches," Micheal Hemmerling (11) said.

"We'll go through warm ups and we'll huddle up. [Douglas Devries (10)] will shout 'LC on three 1, 2, 3,' and we'll scream LC," Richard Larson (10) said.



Keith Crawford (10) Photo by: Colleen Quinn



THE SAME SPORT, DIFFERENT WAYS OF PLAYING

SINGLES

"For singles its just you, so only you know what you're doing wrong and what's going right during a match. [For doubles] you have to trust each other and make sure that you are communicating a lot. [For] singles you don't really need to communicate."

RICHARD LARSON (10)

DOUBLES

"For doubles you need to rely a lot on your partner. For singles everything is up to you, but for doubles you have to trust that your partner will be able to return a shot that is his and you have to deal with it no matter what."

MICHEAL HEMMERLING (11)













"Two weeks after [the] school [volleyball] season gets out, I try out for club [volleyball]. That leads me all the way up to summer conditioning for the [next] Lake Central [volleyball season]," Julia Zlotkowski (11) said.



1. SCORING POINTS Victoria Gardenhire (11) hits against the block in the match. The girls swept Portage for a conference win. "[A team's] energy drives the game [of volleyball]," Alyssa Born (12) said. 2. CHEER Victoria Gardenire (11), Samantha Anderson (11) and Stephanie Spigolon (11) meet in the middle of the court. after Gardenhire serves an ace. Gardenhire dominated the game with her serves throughout the night. "Serving is fun if you get an ace," Victoria Gardenhire said. 3. PASSION The team congratulates Stephanie Spigolon (11) after her tip scores a crucial point. The girls swept the LaPorte Slicers on Sept.16. "Our strong defense and offense has helped us win crucial matches," Brianna Mills (11) said. 4. CELEBRATE The Indians cheer after they score a point against Munster. The team lost to Munster in a five-set marathon in the Mustang's home gym. "One thing we need to work on is starting strong [and] ending strong, but the game could have gone either way," Alexandria Davids (12) said. 5. ENERGY Stephanie Spigolon (11) jumps into Victoria Gardenhire's (11) arms after she gets a kill. Gardenhire was an offensive weapon during the match against the Munster Mustangs. "This season is going really well. Even though last year we did really good, I think this year we are much more well-rounded," Stephanie Spigolon (11) said. Photos By: Madeline Hirschfield

SAYING GOODBYE WITH A VICTORY

Varsity volleyball holds senior night

PAGE BY: MADELINE HIRSCHFIELD AND VICTORIA WILKES

he varsity girls volleyball team honored seniors on Thursday, Oct. 2. Senior night, which was held in the home gym, was filled with many different festivities, including the celebration of the victory against the Michigan City Wolves in three sets.

"Senior night is a thing that everyone looks forward to since they come into the program. It's just exciting to finally have [it] be my turn," Alyssa Born (12) said.

Before the senior players arrive for the match, the rest of the players in the program spend their time decorating the gym and tables specific to the senior. The tables are filled with pictures, gifts, blankets and even pets; Born received a rabbit from the players. The seniors view their tables and take pictures before they get ready and warm up for the match.

"[There is] a whole table dedicated to the senior. They decorate it and put favorite candy, small stuff like lotion, and [other things]. Most sports don't do that. [Our program goes] all out," Alexandria Davids (12) said.

After the match, the players and families of the players take seats in the bleachers. The coach talks about each senior, and then some players dedicate speeches to each senior player. This is a personal and emotional time for the volleyball program since the crowd is gone, and it is just the team and families that remain in the gym. It is a private time for seniors to take it all in and say goodbye. The night is filled with tears, hugs and memories.

"I am going to miss this season, and next year I am not going to be with them, which is sad," Alyssa Stepney (12) said.

Although the night can be upsetting, it is also a new beginning for the seniors who will be leaving high school and the team.

"It's [my] last year playing at high school, and it's kind of happy and sad at the same time; it's bittersweet. I mean, college will be fun, but I'm going to miss everyone here and the memories that I've made with my team. I have been playing with them for so many years, and it's kind of sad," Davids said. The varsity team lost to Munster High School at sectionals.

PLAYERS CONFESS SEASON FAVORITES



"My favorite part is playing with all of my friends, and the feeling that you get when you get a kill or get a point."

JULIA KRUZAN (11)



"My favorite part [of] the season so far is how close of a team we all are. We're all best friends, so that makes playing so much more fun."

SAMANTHA ANDERSON (11)



"My favorite part is how close we all are, and how we get along well. It's fun playing together."

MACKENZIE EVERS (11)

PASSION FOR THE GAME

Rachel Gross (11) explains the atmosphere of a varsity match



"Energy is very important in the game of volleyball because people feed off of energy no matter what; whether it is bad energy or good energy, it is always contagious. Spreading good energy really helps everyone keep their positive spirits up [during matches]. The atmosphere of the games is a lot of pressure, but it's really fun [when we] win. The intensity of the crowd really changes the atmosphere on the court because there is a lot of emotion that goes along with scoring points. It's really competitive in the DAC, especially now because we're winning. It's really different being on varsity than from being on JV because the intensity of actually playing and the crowd [getting involved] is a lot more [than JV]. There is more pressure [because of] reporters always being there, and there's a lot more responsibilities that you're apart of being on varsity. I love it."



1. Varsity girls volleyball team 2. Stephanie Spigolon (11), Alyssa Born (12) and Julia Kruzan (11) 3. Alyssa Born (12) Photos by: Madeline Hirschfield

INDIANS VOLLEYBALL DOMINATES CROWN POINT

Varsity team beats Bulldogs in four-set conference match

The varsity girls volleyball team beat the Crown Point Bulldogs on Tuesday, Sept. 2, in the home gym. The Indians came out victorious in four sets with scores of 25-22, 20-25, 25-14 and 25-15.

In order to beat the Bulldogs, some of the players were given specific goals. With height to her advantage,

Jacqueline Eader (11) was given a job to help the team take down Crown Point.

"I also had a personal challenge that was [given] by my coach. My personal challenge was to shut down [Alyssa] Kvarta, which is the senior setter on Crown Point, and block her. I did [that]," Eader said.



MICHAEL CLARK



he varsity boys cross country team had high hopes for the future of their season after months of hard work and dedication. The workouts and practices were more challenging, but it all contributed to their expectations for success in the end.

"We've gotten better because we've done harder workouts. We don't have practice just to get it over with," Michael Lucas (11) said.

Last year, a new coach joined the team and has helped in the process of improving.

"We're trying different things and seeing what works," Lucas said.

With the new challenges, the boys looked forward to doing big things throughout the season.

"So far this year, we got second place at the New Prairie Invitational. It's about thirty teams and there's a lot of people from our semi-state who are there [too]. To get second place really shows that we'll make it to state this year. Our team goal is to get in the top five [at state]," Cole Easterday (11) said.

The boys reached many goals at the beginning of the season, as they aimed for a top spot at state.

"Our ranking's pretty good in the state so far, and we're projected to go to state and do really well. For the future, we're projected to do better and better," Lucas said.

The runners anticipated to go above and beyond from what they accomplished in previous years.

"Everyone really wants to win. We got 22nd place last year and we're looking to improve," Easterday said.

With upcoming meets and projected goals, it is helpful to bond with teammates.

"My favorite part is the team bondings. If you need help with anything, you can always ask upperclassmen, and they'll help you," Lucas said.

The varsity runners acquired a bond that keeps bringing them closer.

"I like the team aspect of [cross country]," Easterday said. The boys placed 5th at Semi-state, which qualified them for State, where they placed 14th out of 24 teams.





PERSONAL BESTS, BETTER THAN THE REST



"My fastest time is 16:05 I like spending time with everyone on the team."

KAMERON KONOPASEK



"This year [my fastest time] is 17:20. I'm looking forward to state.

BRIAN ST. JOHN (12)



'[My fastest time was] 16:21. [I'm excited for] the DAC too because we have a good shot of winning that."

ZACHARY HUPP (11)

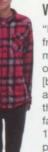


"My fastest time is 17:51 That's my PR, which is a personal record. [The things I'm looking forward to are] just to get better." MICHAEL LUCAS (11)





1. RUNNING START Runners for varsity cross country take off at the start of the Bob Thomas Invite. The boys placed third overall at the meet. "It's the start of the race, so we're trying to get off fast off the line," Brian St. John (12) said. Photo by: Gianna Mills 2. FINISHING STRONG Kameron Konopasek (11) holds out for the finish of the race. He finished strong at the Culver Invite. "I finished the race, trying to get ahead at the end," Konopasek said. Photo by: Jennifer Mohamed 3. SEASON BEST Cole Easterday (11) races inthe DAC meet. The boys placed 3rd overall. "[This meet was] in Valparaiso. I placed 29th overall," Cole Easterday (11) said. Photo by: Hannah Giese 4. CATCHING COMPETITORS Zachary Hupp (11) runs at the Culver Invite. Hupp caught up with the competition in front of him. "It's the finish of the race. There were two people in front of me. I tried as hard as I could to catch them, and I did." Photo by: Jennifer Mohamed



RUNNING FOR VARSITY WITH TOP DOGS

VARSITY ENVIRONMENT

"It just feels good because I'm a freshman and everyone else is so much older. Because everyone's older, you have to run harder [because] I might not do as good as some of the other people. I think it'll help a lot [next year]. [My fastest time] is somewhere around 17:30. I like being around older people."

WILLIAM DUSZYNSKI (9)

NO PAIN, NO GAIN

"[My fastest time is] 17:26. Most of the team finishes up their season in two or three weeks, but [the varsity] season, [goes] until Nov. 1. We get to go to state meets. We have to do more work at practice, but I just like running. Getting good training my freshman year will help me be way faster my later vears."

JOSEPH COPELAND (9)



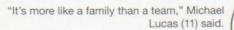
"My fastest time ever is 16:22. [I'm looking forward to] semi-state.

CASEY GARVEY (11)

"[My fastest time is] 17:21. I'm looking forward to the post

COLE EASTERDAY







1. DOMINATING DAC The girls start the DAC meet in the lead. The DAC was on Saturday, Oct. 4 at Valparaiso. "I think because of the weather, we did really well," Maritza Castaneda (12) said. Photo by: Hannah Giese 2. RACING TO THE FINISH Kelly Shelton (10) sprints to the finish at the DAC meet. The girls placed second and finished strong. "Last year we got third at DAC so I guess [we're doing better than last year]." Jennifer Crague (10) said. Photo by: Hannah Giese 3. RUNNING AT HOME Joule Tazbir (11) runs ahead at the Rudy Skorupa Invite on August 30th. The Skorupa Invite was the only home meet for the team this season. "I think we did improve [from last year]," Tazbir (11) said. Photo by: Jillian Wilschke 4. SPRINTING AHEAD Megan Zajac (12) tries to sprint ahead of a competitor at the end of the DAC meet. The weather for the DAC meet was not ideal, but the girls pushed through it. "Our team did good, [but] it was hard because it was really cold and it started snowing and raining," Jennifer Crague (10) said. Photo by: Hannah Giese 5. LEADING THE TEAM Jennifer Crague (10), Maritza Castaneda (12), Melissa Spanier (12) and Sarah Hunsley (10) lead the team at the start of the Rudy Skorupa Invite. The meet was to commercate Coach Skorupa. "Last year was the first year of the Rudy Skorupa Invitational. He coached for a really long time, "Joellyn Polaski (12) said. Photo by: Jillian Wilschke











SPRINTING FOR TEAM SUCCESS

Girls cross country works as one

PAGE BY: KRISTINA PLASKETT AND JESSICA WOJTON

he varsity girls cross country team competed in six meets this year, but the sport is not just about competing. It is also about helping teammates improve and staying close as a team. This season, the girls tried to push each other to perfection.

"I've improved a lot from last year, so it's [been] a good season and a good season for the team, too. I think we've all tried to stick together more as a pack and push each other. We've had a good season," Maritza Castaneda (12) said.

The girls season started off with the Rudy Skorupa Invite, where the girls came in second place.

"Last year was the first year of the Rudy Skorupa Invitational. He coached for a really long time, so we have this invitational now to commemorate his coaching here," Joellyn Polaski (12) said.

The girls also competed at the Harrison Invite, Bob Thomas Invite, New Prarie Invite and Culver Invite, one of the team's biggest invites. Even though Culver did not go exactly how the girls had planned, placing 10 out of 21 teams, the girls still had the DAC meet to redeem themselves and turn the season around.

The varsity girls cross country season came to a close this year on Oct. 4 after the DAC meet. Despite the rain and cold, the girls placed second out of eight teams.

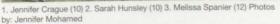
"Our team did good. With the conditions it was kind of hard because it was really cold and it started snowing and raining. It was a rough course, so I think our team did good," Jennifer Crague (10) said.

After ranking well at the DAC, the girls set the path for post-season success.

"We won our Sectionals and Regionals and came in 1-7th for Sectionals. And that was a really great thing because our coach said she doesnt think any other team has ever done that before. And then we came in second for Semi-State [and] we came in 13th and we were still best in the region," Maritza Castenada (12) said.

5





CROSS COUNTRY LOOKS BACK ON ITS SEASON



"I think [this season] was fun. It was a lot harder than middle school, but it was good."

NOVA OLEJNIK (9)



"My favorite part of the season is probably the first few meets because everyone's really excited to be racing again."

JOELLYN POLASKI (12)



"I didn't finish my season last year, so it's a lot different for me just because I didn't run a lot last year."

SARA RAMOS (10)



"[My favorite part about being in cross country is] probably just being with all the people. They're kind of like our family." KELLY SHELTON (10)



"When we're at a hard workout, we'll always be encouraging each other to finish what we're doing."

MELISSA SPANIER (12)



"We're doing really well this year. Our pack has been really close and tight in the last few meets." SYDNEY VANDERSTEEG (10)

HOW THE TEAM PREPARES FOR A MEET

"On the bus, we'll usually sleep. Then [Ms. Ann Downey] will usually wake us up with like 20 minutes left [of the ride], so we can braid hair and be ready," Sydney Vandersteeg (11) said.

When we walk the course, we'll usually snack and eat. After that, we'll roll out and make sure our legs are ready. And we'll stretch and do our drills," Vandersteeg said.

3 "Then we'll run the meet and afterwards, we'll cool down and eat and cheer for the JV girls that run after us," Vandersteeg



Sydney Vandersteeg (10) Photo by: Jillian Wilschke

CONQUERING CULVER

Culver challenges girls cross country

On Sept. 27, the varsity team ran at the Culver Invite and placed 10th out of 21 teams. "We didn't do our best, but we definitely could have done better," Elizabeth Ayersman (11) said.

The girls tried their hardest to come out on top, regardless of the heat.

"I thought I would do a lot better. It wasn't that good [because] it was really hot that day, but it's a flat course so that helped," Ayersman said.

Even though they lost, the girls kept their heads up.









SETTING THE PAR

Girls varsity golf works for success

PAGE BY: JOSEPH PAVELL, CAMRYN WALLACE AND ELIZABETH BUSTAMANTE



golf team concentrated on being the best that it could be. The girls worked together to become a powerhouse team that went nearly undefeated.

"We set two records this year for the lowest nine hole and most 18 hole score for Lake Central. We played eight tournaments. We won six of them, got second place in two of them, and we won Sectionals. I am pretty happy with that. We won the DAC, so so far, so good," Coach Chris Rossiano, Social Studies, said.

Hours of work were put into perfecting their birdies, bogeys and pars. The girls had to sacrifice a myriad of social activities in order to prepare for the season.

"I always have to [put off hanging out with my friends] and have had to for the past couple of years. I cannot hang out with friends a lot, and I cannot go to some of the things I am invited to because I have tournaments or practice," Alexis Miestowski (9) said.

Playing on the golf course was exhilarating for the team, but winning made the experience even better.

"I felt pretty confident [out on the golf course] because we practice so much after school. It is pretty exciting [to win a match] because everyone cheers for us," Brooke Scartozzi (10) said.

After spending many practice hours and games together, the girls developed a strong bond that has stretched beyond the golf course.

"We go out to eat before every match or we go out for breakfast [for team bonding]," Allison Onest (11) said.

Looking back at the season, the girls have taken pride in all of their achievements.

"I am really happy [with my team's accomplishments] because we have all worked really hard. I would not have changed anything [about this season]," Onest said.

1. TAKING A SWING Julia Beggs (12) hits the ball with a wedge onto the green at Sectionals. In order to prepare, the girls practiced for hours after school. "During the season, we practice right after achool until about five o'clock, and during the summer, I practice six to eight hours a day," Beggs said. 2. PERFECTING THE PUTT Allison Onest (11) putts the ball to the sixth hole at Palmira. Reaching the perfect putt was not easy to accomplish. "I get really nervous [during matches] and then when we win, it takes a huge block off my shoulders," Onest said. 3. LINING IT UP Before putting the ball, Brooke Scartozzi (10) concentrates on lining up her shot. Scartozzi was ranked number five on the team. "I have improved a lot from last year when I first tried out," Scartozzi said. 4. FOLLOWING ON THE FAIRWAY Aiming for the sixth hole, Alexis Miestowski (9) follows through with her shot. Even with her bad shots, Miestowski kept an optimistic attitude. "You just have to stay positive if you hit a bad shot. You always have to look ahead to your other one because if you just concentrate on your bad one, it is just going to affect the rest of your game," Miestowski said. Photos by: Camryn Wallace

PAVING THE ROAD TO VARSITY

- "Play as many tournaments as you can because the more tournaments you play, the more competitive you'll get to go against all the players in the area."
- "Practice a lot. Practice your weaknesses to make them stronger and keep practicing your strengths, but really work on your weaknesses."
- "Become mentally tough because there are so many things that will come at you, but prepare yourself for anything. If you do bad, just come back and do better."

KYLIE SHOEMAKE (12)

GREATNESS ON THE GREEN



"My biggest strength was coming from a full-rounded team."

ALEXIS MIESTOWSKI (9)



"My biggest accomplishment was winning a tournament this year, and at an invite I shot a 73."

JULIA BEGGS (12)



"My biggest strength was probably my short game."

BROOKE SCARTOZZI (10)



"My biggest accomplishment is winning the DAC tournament and shooting a 75."

KYLIE SHOEMAKE (12)



"My biggest strengths this year were my drives and my putting."

ALLISON ONEST (11)

STEPS FOR SWINGING TO SUCCESS

Golf coach talks about plans for the long run



"Over the years now, we have been setting [the girls] up to play a lot of summer tournaments. That is the first step. Then we set the tone that practice is mandatory and make sure they are working hard the whole time. We worked on a lot of short game stuff, plenty of chipping, getting them on the course a lot and putting them in situations. [I] just try and preach confidence. That is the last major step. They do practice a lot on their own and they are very dedicated, so I just tried to get them in the right mindset. [I feel] very good [about their accomplishments]. We had a very good team record. For Regionals we did well as a team. Nobody did their best, but nobody did their worst."

COACH CHRIS ROSSIANO, SOCIAL STUDIES



Mark Beggs and Julia Beggs (12) Photo by: James Lafakis

TAKING A CHANCE AT STATE

Varsity girls golf dominates at state On Oct. 4, 2014, girls golf traveled to Prarie View

On Oct. 4, 2014, girls golf traveled to Prarie View Golf Club in Carmel, Ind., to participate in the State tournament. The girls, the first Regional Champions in Lake Central history, rode with the momentum to the tournament. They placed 7th out of 15 teams at state.

"I was happy when we placed seventh. I feel like we could have done better, but I am still happy," Brooke Scartozzi (10) said.

"We did really well. It was the first time in [Lake Central] history that [Lake Central] won Regionals. We all played our best and it payed off through our season," Alexis Miestowski (9)





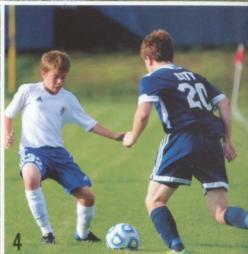
"Condioning in the summer is hard, but once you get through it, it's nice," Eric Mender (9)

1. LEAPING TO VICTORY: Douglas DeVries (10) leaps in the air to hit a forehand volley. This was DeVries's first year playing tennis for Lake Central. "I primarily play JV doubles," DeVries said. Photo by: Colleen Quinn 2. RUNNING TO THE FINISH: Michael Lucas (11) run with passion at the end of the meet. This cross country meet was against Lowell High School. "My Favorite part of the season was team bonding, pasta parties and stuff like that, basically just being so close to everybody," Lucas said. Photo by: Gianna Mills 3. DASHING FOR THE TOUCHDOWN: Ryan Oljace (9) dashes across the football field with the ball in his hands. He ran to get away from his opponent and attempted to score. "[The benefit of playing football is] every day you get better at it and it's just fun overall," said Brett Morris (10). Photo by: Sofia Hay 4. GETTING AROUND THE BLOCK: Jack Quinlan (10) focuses on the ball as he decides how to get around his opponent. The boys came out on top with a 6-0 win over Michigan City. "Fall is my favorite time, it's the heart of soccer," Quinlan said. Photo by: Tabitha Pappas 5. READY, SET, HIKE: The JV boys defensive line plays offense. Paul Centanni (11) has the ball and is getting ready to snap it back to the kicker. "Conditioning in the] is good so we aren't tired during practices and games; it gets you ready," Andrew Owczarzak (9) said. Photo by: Sofia Hay









ROAD TO SUCCESS

"[To be succesful] it took a lot of dedication and commitment," Antonio Ortiz (11) said.

"[To be succesful] it takes a lot of comitment, good attitude, a lot of effort and dedication to the sport," Joshua Drosos (10) said.

"[To be succesful] it takes dedication and [you] really have [to have] your mind set on that sport in order to go far," Steven Sweeney (11) said.



Mitchell Polaski (9) Photo by: Jillian Wilschke

FÚTBOL VS. FOOTBALL



(10) Photo by: Hannah Sonner

Fútbol

"There's still contact in soccer, just not with pads. You have to be more in shape because you don't get as many breaks, and you're running a lot."

NOAH OSEARO (10)

Football

"The main difference is that it's a contact sport and a lot of people like watching it more than soccer. I like the atmosphere in football a lot more; it's a lot more fun to watch."





Photo by: Hannah Sonner

HIGH SCHOOL WELCOMES FRESHMEN TO PARTICIPATE IN THE BIG LEAGUES



"In football, I made new friends and became better friends with people I already knew."

RYAN VOSS (9)



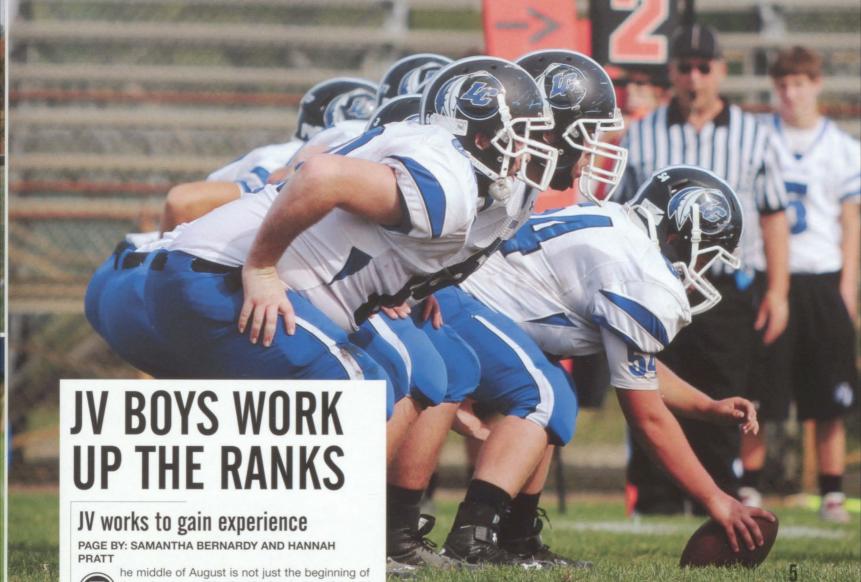
"I met a lot of new people and they helped me get around the school, I felt more connected with the school."

DIEGO RUIZ-AVILA (9)



"It made me more comfortable with getting to know the school better and with playing on a team."

STEVEN TULSIAK (9)



he middle of August is not just the beginning of the school year, it is also the beginning of the JV boys fall athletic season. The season is started in the summer with conditioning to prepare the boys for their future practices, meets, games or tournaments.

"[Over the summer] I do some weightlifting, some running and a lot of cardio," Mathew Matakovic (9) said.

Playing sports in the fall is much different than playing in the spring or in the winter. Teams spend many hours outside of their season to practice and prepare. Fall athletes spend their summer conditioning with teammates and coaches.

"It can get hot sometimes, but I don't mind [because] towards the end of the summer I get bored anyways, so I like conditioning in the summer," Keith Crawford (10) said. Playing a sport can benefit many of the players. It teaches students how to become more responsible by managing their time with their school, athletic, and social life.

"You really have to learn to manage your time and how to balance out everything you do, so you don't fall behind," Michael Zubeck (10) said.

While playing on a team, students meet many people and make new friends. A lot of freshman play on JV teams, to help them make friends as they come to a new school.

"It gave me a lot of people to know in school, like seniors...it gave me an identity," Jack Quinlan (9) said.

Starting a new school year can be tough, and starting a new season at the same time can get complicated. Some students learn to manage the new school year and the beginning of their new season very well, while others may struggle.

"It gets a little hectic at times, having to get ahead of homework, but other than that, doing what you love is pretty fun." Douglas DeVries (10) said.





DIGGING DOWN DEEP FOR THE DAC

JV boys soccer take home the DAC title

The JV boys soccer team went head-to-head with Valparaiso on Sept. 24. The Indians left the field as DAC champions with a score of 1-0. The score didn't change until the second half of the game when Michael Bikos (9) scored a goal. The boys left the field feeling confident with themselves, as this was a major accomplishment for the team.

1. Eric Santiago (11) 2. Jacob Galvan (11) 3. Alexander Reed (10) Photos by: Jillian Wilschke



JV AND VARSITY PLAYERS PLAY DOUBLE-TIME

DOUBLE ROSTERED

"You get to help the other girls out that are on JV but you also get to help the varsity girls win matches. I gained more experience because I can practice more when I'm playing JV, but when I play for varsity it is more like competition."

STEPHANIE SANDERS (11)

JV ONLY

"You get to watch the older girls play, so you get the feel for the team before you have to go out and compete. I am really excited for varsity. I'm looking forward to being able to help freshmen and people who are just coming in."

KAITLYN THOMPSON (10)





PLAYING FOR THE LOVE OF THE GAME



"My favorite part is when your nerves are as high as the sky [while you are] waiting on the line, and the guy just blows the gun."

TERESA THOMAS (9)



"I like the feeling of when we score because it is relieving and I like when we are ahead because it takes the stress off us."

EMILY BLINK (9)



"The bus rides [are my favorite] because they are all really fun and we get to bond during the

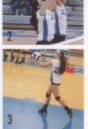
FAITH HUENECKE (9)



"Doing your best everytime is such a good feeling."

RACHEL ALBRIGHT (9)





HIGH ENERGY HELPS WITH PERFORMANCE

JV girls work toward making varsity teams

When playing a sport, players must stick to their commitments and persevere, while doing what they love.

"Since we all played with each other from the freshmen team, [there] was a lot more bonding, and [it was] a lot more fun playing with friends," Frances Kornelik (10) said.

The JV girls not only proved that they play their roles as one, but that they had the strength to succeed throughout the season, proving they aren't just another team on the court

1. JV volleyball team 2. Linda Morton (10) and Andrijana Mihajlovic (10) 3. Frances Kornelik (10) Photos by: Ruth Chen

JV GIRLS GOT GAME

JV teams help each other get through the season

PAGE BY: ASHLEY KRALIK, TABITHA PAPPAS AND EMMA DEGROOT



o matter what position, every player's role is important. No matter what attributes are brought to the team, more than just athletic abilities are gained throughout the season.

"You gain a lot of friends. The team becomes a family because you are with them all the time, and they help you through a lot," Rachel Albright (9) said.

Teams have a sense of togetherness that brings each player closer to one another.

"I think for me grades aren't as affected, but others may because they are so busy all the time, and it's hard to fit everything in," Cara Scott (10) said.

School activities such as a heavy work load, relationships and athletic event can add a lot of stress to a student's life.

"At first [sports] affect your grades because it's really hard getting into new classes and being involved in a sport, but once you get used to it, it's fine," Ashley Scanlon (10) said.

Playing sports requires endurance and dedication to succeed. Conditioning helps strengthen an individual's athletic abilities, which strengths the entire team's performance as well.

"Summer conditioning really prepared us for the tournaments we play when we reach the championship. It helped us stay strong and play [until] the end," Olivia Rogers (9) said

Varying fall conditions did not stop the teams from putting in hard work to better their skills either.

"I like that it's still warm outside, and you have the advantage of practicing all summer," Stephanie Sanders (11) said.

Regardless of the stresses that everyday life brings along with school and sports, the girls have managed to hold up their grades and attitudes.



"You gain experience and friendships from the people on your team."
Stephanie Sanders (11) said.







1. FIGHTING FOR THE GOAL Madison Sarkey (9) attemps to maneuver her way past an opponent. The game took place in the afternoon on Sept. 11. "We always have to work hard no matter what team it is. Griffith was just another competitor," Meghan Teumer (10) said. Photo by: Jessica Wojton 2. CONCENTRATING ON THE PUTT Stephanie Sanders (11) prepares herself for the next move down the course. The golf match was held on Sept. 2. "We've improved our consistency and course management as a team," Coach Chris Rossiano, Social Studies, said. Photo by: Jeannine Toth 3. SERVE FOR THE WIN Jenna Garza (10) serves the ball to her opponents in hopes to score a point. The volleyball game took place Aug. 26. "I think that we did very well today. We were on top of our blocks, and our defenses and sets were there. We didn't let them get over fifteen points, and our first set was strong," Olivia Oster (10) said. Photo by: Sofia Hay 4. PUSHING TO THE END Sara Erwin (10) runs during a cross country meet. She pushed to the finish line. "It was a good season. The team did really well," Rachel Albright (9) said. Photo by: Jennifer Mohamed











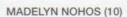
1. HARD WORK Maxwell Rees (12) performs during a football game on the home field. Rees, along with the rest of marching band, worked over the summer and during the school year to perfect his performance. "We have to practice extremely hard to get the reward we want," Rees said. Photo by: Jeannine Toth 2. JAMMING OUT Griffin Taylor (11) plays the marimba during marching band practice. Marching band practiced up to eight hours a day over the summer. "[In marching band] you have a lot of fun and you get to be with people that you are friends with and it's just a lot of fun in general," Kaitlyn Seitz (10) said. Photo by: Madeline Conley 3. HALFTIME MARCH Sean Harper (11) plays the trumpet during the marching band's halftime performance. Marching band's theme was based on the novel The Scarlet Letter. "There's a lot of life long benefits that come along with marching band. It teaches you determination, discipline and commitment to an activity," Matthew Tao (11) said. Photo by: Jeannine Toth 4. FLUTE TO BOOT Courtney Smith (12) and Samantha McCuaig (11) practice their music on the flute while speed walking into their next formation. Even in the boiling hot sun, the marching band still practices in order to make their performance the best it can be. "Some days it will be hot, and some days we will practice a lot for hours on end, but [marching band] definitely does pay off in the end," Andres Ramirez (12) said. Photo by: Madeline Conley 5. HAND UP HIGH Calyn Tinklenberg (12) lifts her flag high in the air during her color guard routine. Color guard practices with the marching band, so they can make sure their movements are in sync. "All of us on guard are really close to each other and I can't imagine not doing guard," Cayla Cress (10) said. Photo by: Jeannine Toth



GAINING LIFELONG BENEFITS FROM MARCHING BAND



"[Marching band] gives you a good sense of time management because you're out there so much."





"It helps you to not expect anything less than perfection and expect a lot of yourself."

JOELLE NIEMZYK (9)



"[Marching band] usually helps with leadership, and when you're going for a job, that looks good on your resume."

MADISON PAYNE (10)



"[Marching band] gets you to know what goals are. It gets you to know how hardworking can get you to reach that goal."

NICHOLAS SANFRATELLO (12)

DEVOTING TIME

What marching band is all about

PAGE BY: SARA LISAC AND EMILY LISAC



ome people believe that marching band is simply moving around on a field and playing an instrument. While Lake Central Marching Band's performances may appear effortless, a lot of time

and dedication is put into their work.

"[Performing is] a completely different experience because when you're actually out there, there's such a physical element of it that sometimes you forget you're playing music. You have to make sure the two are combined together really well," Mateo Morales (12) said.

Marching band members devote three or more hours a day to improve their performance.

"The hardest part about marching band has to be the time commitment. Rehearsals are everyday after school, plus [we have] classes during the day. On Saturdays it is sometimes all day," Robert Belzeski (12) said.

While the football field was being demolished, marching band had to build their rehearsals around the construction.

"We have been doing a lot more with body movements, so that's benefiting us in the long run I think. This year has been different too because we don't have the football field like we had in the past years. The football games have really helped us practice because we are not in a parking lot for competition," Belzeski said.

Along with rehearsals being altered this year, marching band has taken on a different, more serious theme for its performance.

"[The theme] is *The Scarlet Letter*, specifically the time that Hester [Prynne] is on the scaffold being publicly shamed. It's called *3 Hours* because that's how long she is on the scaffold, and it takes you through the emotions she feels, like rejection and sin," Abigail Keith (11) said.

By adding narration, marching band worked to develop the theme into a concept that the audience would understand. Soon after, most band members discovered that their hard work was rewarding in the end.

"[Marching band] is not just a band; you just become a family more. We get really close, and I love the feeling you get after a performance when everyone is cheering for you. It's amazing," Alexandra Adams (11) said.

WHERE THE PIT FITS INTO IT ALL

Section leader explains the function of the pit



"The Pit is pretty much every percussion thing that you can't hook to your body and walk around with. We contribute to the general effect because with the sound system, we have the means to put the narration in. For the competitions, we have dramatic narrations with this British lady who talks about *The Scarlet Letter*. It takes [the performance] from just being a bunch of music to being a story, which is really important for the competitions. Other than that, we just fill in a lot of sound [elements] because we have that giant sound system. We can make everything sound fuller."

ANTHONY PANOZZO (12)







 Emalie Vernengo (12) 2. Katie Palmer (11) 3. Katelyn Flanagan (12) Photos by: Noelle McBride

A COLORFUL CONTRIBUTION

Color guard commits to performing

The music created by the marching band is applaused by many audiences, but without the color guard performing alongside, a piece of their show is lost.

"Depending on the show, we add emotion, so if the show is sad, then we have to put it on our face while the band plays the music. We just perform through it," Nicole Kowalewicz (9) said.

Color guard practices on their own to improve their routine, but they also take the time to perfect their performance with the band.

"When we [practice] with the band, it's just to make sure that the band and guard are cohesive," Amy Sayger (12) said.



"All of us on Guard are really close to each other, and I honestly can't imagine not doing Guard. It's a cool experience, and it's really worth it," Autumn Dransoff (12) said.

GUARD EXPLAINS DIVERSE EQUIPMENT

"For a flag, one thing we do is a four-count toss. We hold it with our left hand over the pole, right hand under. We make a cone across our body. We lift and release, and we have to push with the left hand to make the rotation. Then we catch it with the silk end down," Cayla Cress (10) said.

With a rifle, there are many tosses you can do. The one I do in the show is a five, which is when it twirls five times in the air. You push with your right hand and lift with your left hand, and that's how it gets rotations," Cress said.

"For a saber, there's a hilt and a blade. For a blade you pinch with three fingers, and you flick your wrist to rotate it. A hilt is the handle of the saber, and you dip and release it like a rifle," Cress said.

ADAPTING TO A HIGH SCHOOL LEVEL

Freshman shares her first year experience



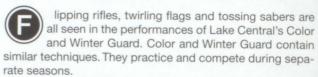
"The work is a lot harder compared to middle school Guard. There's a lot more practices. The routines are more challenging. There's just a lot more work with it overall. During warm up at my first high school competition for [Color Guard], I hit myself in the head. When I was about to go on, I thought I was going to die, but then I ended up doing fine. After my first [Winter Guard] competition, I got off the floor, and I was like, 'I had no idea what just happened,' and that's still how I am. I walk off, and I don't even know what happened. [The performance] happens so fast, but it's a good experience. I'm looking forward to seeing what our coach does after the seniors graduate because that's half the Guard. I just want to see what he's going to do next year."

NICOLE KOWALEWICZ (9)

TOSS AND FLIP

Guard finds bliss in performing

PAGE BY: SARA LISAC



"For Color Guard we are with the band during the fall season, and it consists of dancing and spinning equipment like flags, rifles and sabers. Winter Guard is basically the same thing without the band, and we are indoors. We compete a lot more during Winter Guard than we do with the band in the fall," Cayla Cress (10) said.

Color and Winter Guard both practice throughout the week in order to improve their routines for competition.

"We stretch for forty-five minutes and then dance for around an hour. We have ten minutes to warm up and then we start practicing chunks of the show. The rest of the time, we are critiqued and we clean different parts of the show," Andrea Kowalewicz (12) said.

The Color Guard's routine that was performed with the marching band had a theme based off of "The Scarlet Letter." Winter Guard, on the other hand, took on a more unconventional theme.

"This year [Winter Guard's] show is about losing someone and the baggage that comes along with losing someone. It's based off of 'Ghost the Musical' from the 90s. It's just the music though, it's not the actual show," Autumn Dransoff (12) said.

While practices may be physically challenging and timeconsuming, Guard members find exhilaration in their weekend performances.

"It's really more about the performance than anything. The practices are really long and they're not always fun, but when you get to the performance on Saturdays and Sundays you get to perform in front of thousands of people. It's an amazing experience because you get all of the audience's reactions. It's only five minutes long, but it's an amazing five minutes," Calyn Tinklenberg (12) said.



DEFINING THE DIFFERENCE BETWEEN SEASONS

COLOR GUARD

"Color Guard is with the band, and it's all outside on the football field. There's more of us in Color Guard, and that's from the summer until the end of November. The competitions are bigger, and they are outside. With band, we aren't part of the score; we are only 10 or 20 percent, where as in [Winter Guard], it's all on us."

KATIE PALMER (11)

WINTER GUARD

"In Winter Guard it's only us, and the work is more challenging. We're inside and it's more on our level. In Winter Guard, just because you're on weapon line in Color Guard, it doesn't mean you'll be in it again. You have more flexibility. We can do more things because we don't have to worry about the wind or the band."

EMALIE VERNENGO (12)











1. FRIDAY NIGHT SOLUTE Calyn Tinklenberg (12) and other marching band members stand on the football field during the National Anthem. The marching band was performing the National Anthem before the varsity football game on Oct. 3. "There are days when [practice] is frustrating and hard, but there are other days when it's cool and relaxed," Brianna Panici (11) said. Photo by: Shannon Hearne 2. PROJECTING EMOTION Andrea Kowalewicz (12) holds her saber during the marching band's halftime routine. Kowalewicz was performing as a member of Color Guard. "[Guard] practices Tuesdays, Wednesdays, Thursdays and Friroutine. Kowalewicz was performing as a member of Color Guard. "[Guard] practices Tuesdays, Wednesdays, Thursdays and Fridays for three hours, and on Saturdays we have competitions," Kowalewicz said. said. Photo by: Noelle McBride 3. HALFTIME DANCE Autumn Dransoff (12) dances with her rifle while marching band plays the music. Marching band and Color Guard were performing at the varsity football game on Sept. 19. "I think if we were gone, [the marching band performance] wouldn't have been noticed because we had the extravagant costumes and flags. Without [Color Guard], it wouldn't be the same show," Amy Sayger (12) said. Photo by: Noelle McBride 4. WAVING HIGH Katelyn Flanagan (12) waves her flag in the air while she performs the halftime routine. Flanagan and marching band members were performing at the varsity football routine on Sept. 19. "I don't like performing at half time; I like it better when we go to Grand Nationals because we get to be with all the people we are really close to." Katelyn Flanagan (12) said. Photo by: Noelle McBride close to," Katelyn Flanagan (12) said. Photo by: Noelle McBride













Sofia Hay

said. Photo by: Erin Dosen 3. PASSION FOR THE GAME Gage Ray (11) tries to keep a Munster opponent from getting the ball down the court. This game was on March 3 during Sectionals at Munster High School. "I am proud of my team this year, so I don't have many regrets," Ray said. Photo by: Sofia Hay 4. SWOOSH Joseph Bannister (12) dribbles the ball past his defender and attempts to make a basket for the team. The team lost against the Munster Mustangs with a score of 61-45. "It was fun seeing a lot of kids grow throughout the season," Bannister said. Photo by: Sofia Hay 5. FREE THROW FRENZY Ian Martin (12) shoots two free throws, trying to score the team more points. This game was on Jan. 20 at home. "Everyone really underestimated us, and I believe we showed more than we had in the beginning of the season," Martin said. Photo by: Erin Dosen 6. LAYING IT UP Austin Atkins (10) goes in for the layup at the Sectional game on March 3 against Munster. The team unfortunately lost the game. "We are close as a team. We all hang out with each other and are basically a family," Skyler Smith (11) said. Photo by:

PUSHING IT TO THE LIMIT

Boys basketball carries out season

PAGE BY: ERIN DOSEN, HANNAH GIESE AND LAUREN DAVIDSON

xceeding expectations was a goal for this year's varsity boys basketball team. Yet doubts were disproved, as their team was rumored to be poorly prepared for the season.

"We've had some bad games. A lot of us regret some of the poor decisions we've made with plays and not taking some stuff seriously, but I am proud of my team because no one thought we would do much this year. I think we came out better than anyone thought," Ian Martin (12) said.

The team held a 13-10 record during the regular season and carried a 3-4 conference record.

"No one expected us to be too good, but we came out and beat some pretty good teams. Some games just slipped away from us, but it was definitely a good season for the most part. Down the stretch, in the fourth quarter sometimes, the ball just didn't go our way," Skyler Smith (11) said.

Losing does not carry over easily for a team, but learning how to overcome those losses and turn them into a learning experience takes courage.

"Our team played great together. We always had the team work and the hustle against teams that came off as more athletic. I have no regrets [from this season]. The kids came on a daily basis with a good attitude to be better," Coach Dave Milausnic, West Lake, said.

Coming together benefits the team as a whole. The team put much of their effort into creating closer relationships to help accomplish their dreams for the season.

"We all really bonded well together and came together as a team. We played better when we had good competition," Ryan Bereda (11) said.

Coaches have one of the biggest influences on players' attitudes in practice and during games. Good relationships between players and coaches is essential to the well-being of the team.

"We worked hard to get better, which was no different than any other previous teams. This was a fun team, and I had a good time coaching them," Coach Milausnic said.

OUTSHINING EXPECTATIONS

Varsity player gives input on successful season



"I thought it was a pretty good season. We had a lot of ups and downs. Overall, I thought we proved a lot of people wrong because a lot of people said that we wouldn't be anything this year. I am also really proud of only losing to East Chicago's team by two points. I felt like we all grew as a team. We had a young team, and I feel like that will help us in the future for next year. The student section was pretty cool this year. We had a lot of people show up to almost all of our games, so that was a good experience and something that will most likely help us next year. I think we're going to have a good, older team next year."

GAGE RAY (11)







1. Varsity boys basketball team 2. Joseph Bannister (12) 3. Gage Ray (11)

PUTTING PRESSURE ON THE PIRATES

Indians put up a fight against Merrillville Pirates

The Indians played the Pirates on Jan. 3 at Carroll High School's shootout. The Pirates won the game with a final score of 65-60, and the Indians placed seventh out of the 12 teams.

"There [were] a lot more quality teams in this [tournament]. It wasn't one of those easy games where you [could] take a break or anything. [It was] just a quality tournament," Joseph Graziano (10) said.

Despite the tough competition, this was the first time the boys basketball team participated in this tournament. Although the team took a loss after going into overtime against Merrillville, the team redeemed themselves in another game against the Pirates on Feb. 2, winning 44-40.

MOTIVATION FROM DEDICATED SUPERFANS



"My friends and I always had a great time getting involved with the themes at every game."

KAITLIN BEHRENS (11)



"I like cheering on the players and giving them a desire to play harder."

BRETT MAROVICH (12)

"I am proud of all of our effort. We weren't a slacking team. We practiced hard every day and hit everything hard," Ryan Bereda (11) said.









1. SECTIONAL CHAMPS The varsity girls basketball team jumps in excitement after winning Sectionals. The girls had their eyes set on Sectionals for the entire season. "We wanted to get the DAC Championship, and we were able to do that. Sectionals is obviously a goal for any team, and we accomplished that," Gina Rubino (12) said. Photo by: James Lafakis 2. EYES ON THE PRIZE Kylie Fehrman (10) blocks her opponent from passing the ball to her other teammates. Fehrman and Faith Maldonado (10) were the only sophomores on varsity. "The way we had success [this season] was [because] we were a very unselfish team, and we thought of each other more than ourselves," Emily Miklusak (11) said. Photo by: Sofia Hay 3. GETTING PUMPED The girls high five Gina Rubino (12) as she runs on to the basketball court. Rubino made plans to attend IUN and playing basketball there with her teammate Tara Zlotkowski (12). "[What I will miss most about the team is] just being with the people that I've been playing with my whole life, really. The varsity team this year had girls that have been playing together since we were in fifth grade, so that's a lot of time being spent together now that everyone is going their separate ways," Rubino said. Photo by: Cassidy Niewiadomski 4. SPRINTING FOR THE POINT Jayla Harvey (12) holds the ball as she sprints to the basket to make a shot for her team. This was Harvey's last high school season. "I'm really excited to help the underclassmen [next season] to get them to where they need to be and push them to [work] harder," Rachel Bell (11) said. Photo by: Sofia Hay



HOW AGE CAN AFFECT ROLES ON THE COURT

TEAM VETERAN

"It was different [being a junior on the team] because being considered an upperclassman, you have to take on a lot more responsibilities and be a role model for the younger kids."

EMILY MIKLUSAK (11)

NEW TO THE TEAM

"The seniors really helped me out [because I was an underclassman on the varsity team]. I learned a lot from them hopefully to carry on into this season. I'm looking forward] to playing again and [seeing] the competition."

FAITH MALDONADO (10)



CLOSE BONDS WITH TEAMMATES CREATE NEW FRIENDSHIPS AND SUCCESS



"We were a family. We would do things outside of basketball as a team. It never got old."

ALYSSA TODD (11)



"Our team is close, especially the seniors. Being a close team really helped with our teamwork."

LAUREN LADOWSKI (9)



"We were like a family. We just all got along so well, and all the seniors had been playing together for so long."

KYLIE FEHRMAN (10)



"I think the chemistry of the team [helped with the success of the season]. We're all really close, so we all wanted the same exact thing and the same goal," Ashley O'Malley (12) said.

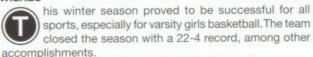


HOW TO SHOOT A FREE THROW SHOT

Before you shoot, your posture and composure have to be on point. This is a simple, fundamental technique. "You got to get your feet set," Victoria Gard (11) said.

Next, it is important that you are in the correct position. Look at how you are holding the ball. "Get your elbow tucked and your hands on the ball," Gard said.

The final step is to go for the shot and be confident in your abilities. "Just shoot and hold your follow through,' Gard said.



"Winning the DAC, it has never happened in our girl's history at Lake Central, so it was really an accomplishment for all the girls and coaches and everyone who puts time into the program just to have part of a championship," Gina Rubino (12) said.

The girls left the season with not only a DAC championship, but also a Sectional title.

"We had a bad loss [at Sectionals] last year. We played [who we lost to in the] first round at Sectionals, so it was good to get past them. It was an awesome feeling to beat them," Rachel Bell (11) said.

With any sports season comes losses that allow them to bounce back and become stronger. After they faced tough losses, they took time to learn from it and improve with the help from mutual support.

"The Westfield loss [was important]. We were down at halftime and came back but lost at overtime. I think that was a great game to learn from. We took the next week and we learned from our mistakes from that game, and that was very important," Lindsay Kusbel (12) said.

The girls' ability to focus on the common good of the team resulted in a successful season.

"I think everyone wants everyone else to succeed just as much as they want themselves to succeed. Players that did not get as much playing time still were cheering on the bench and wishing our shot would go in and that [support] is big to have." Kusbel said.

For the seniors, this season's success was a final farewell. "Overall, I had a good season, and the team had a lot of success too. We reached most of our goals, not quite all of them, but we reached some major goals that we wanted to get to. I was able to personally make The Times second team all area and some all state honorable mentions, so that was a good personal goal that I was able to accomplish," Rubino said.



competition. The team placed second out of 17 teams, just behind the Munster Mustangs, and to achieve this, they had to go through extensive training and conditioning.

"I think as a team we did fantastic. We really have come together this season, and we had a lot of guys step up at Sectionals," Matthew Applegate (12) said.

The high placement of the team reflected the intense training the members went through to prepare for the meet. The team displayed great focus and determination throughout the event. Spirits and scores were raised through the several traditions annually practiced at the time of Sectionals.

"Before Sectionals, we shaved basically all of the hair off our bodies, which I did my freshman and sophomore year, but not this year because it's pretty intense I guess. [We shaved for] part speed [and] part team unity. We walk out with the Indian statue before the meet starts, so that's always a good time," Kyle Massa (11) said.

In a technical sense, the boys varsity team shattered numerous expectations at Sectionals. All team members emerged victorious, and each swimmer contributed to the team's final score.

"We did really well. It was the only meet we cared about for the entire year, so it's nice to finally be rested and ready to go. Every single person dropped [time] in every single event, so I'm pretty sure everyone did well," Gavin Baisa (10) said.

Many athletes find scholarships and collegiate opportunities in their sport, and swimming is no exception. Several swimmers, including Joshua Barajas (12), have had new doors opened by their high school performances in swimming.

"I'm swimming at IUPUI next year. I'm really going to miss my coach and my teammates. I've been swimming with all these guys and this coach my whole life, and it's going to be a tough goodbye," Barajas said.



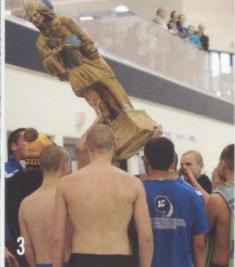
DIVING INTO THE FUTURE

Colleges impressed by divers' performances throughout season

Many people see sports as a way to stay in shape or have fun with friends, but for many athletes, sports can be a great source of financial aid for college.

"I started [diving] freshman year. I've already been talking to colleges, and when I started as a freshman, it really improved my grades. I have a lot of opportunities to go to a better school than I would have [if I didn't start diving]. Colleges I've talked to about diving are the University of Kentucky, Notre Dame, University of Utah and Dartmouth," Alexander Morgan (11) said.







1. IN THE ZONE Jamiere Wilson (12) competes in the 100-yard butterfly in the meet before Sectionals. Wilson finished the round with a final time of 54.23. "This season, I dropped a lot of time but [at] Sectionals, I didn't do that great. I did not drop as much as I wanted to in finals, but I still placed and got points for the team, so I was happy about that," Wilson said. Photo by: Hannah Sonner 2. ON YOUR MARK Boys varsity swimming prepares to face the Michigan City Wolves for Senior Night. This meet was one of the last for varsity swimmers going off to college. "[The seniors] are good guys. I'm really going to miss them. We've become really good friends over the years," Brandon Walton (11) said. Photo by: Anastasia Papanikolaou 3. PREGAME CHEER The varsity boys swim team and the crowd cheer before the meet at Sectionals. Out of the seventeen teams competing, they placed second. "The crowd is the best part of Sectionals. Everyone is screaming for you when you jump into the water and when you walk out," Gavin Baisa (10) said. Photo by: Victoria Wilkes 4. PRACTICE PAYS OFF Gavin Baisa (10) swims the 100 yard breaststroke. Baisa broke his personal record for his 200 yard freestyle. "All of our 200 freestylers did really well. We have a lot of guys in the top eight. We're hoping to finish in second place," Barajas said. Photo by: Camryn



SOME RECORDS ARE MADE TO BE BROKEN

I BEAT THE RECORD

"[I broke] two of [Coach Smolinski's records], the 200 IM and the 100 fly. It has been a goal of mine since freshman year. I really didn't think that it was not realistic [until] last year, my junior year. After [breaking] the first one, [Coach Smolinski] came up to me and shook my hand, and I could tell it was a bittersweet feeling for him, but he told me he was proud of me. It was a really great feeling because I finally accomplished my goal all season, and I felt just really accomplished of myself."

JOSHUA BARAJAS (12)

I SET THE RECORD

"I was really happy for him, actually. He had been talking about [breaking] it all year. I saw him turn at the halfway and [I thought], well, he could do it, and he touched the wall and got it by a tenth [of a second]. I was happy for him. When I set them, of course, I was excited to get the records, back in my junior and senior year of high school, so it's always great when you break a record. Joshua set his goal to break mine, so you know, good for him."

MR. TODD SMOLINSKI, SOCIAL



DO LONG PRACTICES STRENGTHEN YOUR STROKE?



"Practices have helped a lot, I don't think I'd be anywhere near as good without [them]. They're tough, but they've really helped me. COLBY HOFFMAN (9)



Our practice schedule is very rigorous, and through the season, all of us have dropped time. It's very beneficial."

MICHAEL SINCHAR (10)



"We [practice] four hours a day, an hour and a half before school and two and a half hours after school. It's definitely worth the time."

MATTHEW APPLEGATE (12)



"Overall, we had a very good season. We had some Sectional champions and DAC champions. We swam well at State," Coach Todd Smolinski, Social Studies, said.



VARSITY DIVERS REMINISCE ON THEIR SEASON

QUALITY TIME TOGETHER

"My favorite part about diving is that I can be with [my other teammates]. There may only be [one other diver and I], but we are with the boy divers a lot, too. We spend a lot of time together and it's always a lot of fun."

KALLIE HIGGINS (10)

A SENSE OF BELONGING

"One of the things I look forward to most about the meets is cheering on my other teammates. The energy I feed off of is from my teammates, and I feel right at home whenever I'm competing.

HANNAH LEYBA (11)



1. MAKING A SPLASH Kallie Higgins (10) dives into the water. The girls placed third at Sectionals. "I dove at Sectionals and did well. I ended my season strongly by making it to State," Higgins said. Photo by: Tabitha Pappas 2. SECTIONAL SUC-CESS Sara Erwin (10) is in the midst of one of her two meets at Sectionals. Erwin swam the 50 and 100 freestyle and had the second fastest time on the team. "I swam when I was little, but quit in sixth grade. I just started again this year, and I made varsity. I didn't think I was going to make varsity, but then I made the Top 8 [at Sectionals]," Erwin said. Photo by: Jeannine Toth 3. TOP TIER Julianna Massa (9) swims the backstroke at Sectionals. She placed fifth in the Top 8. "[A big accomplishment this season] was that I was really surprised to make the Top 8 as a freshman," Massa said. Photo by: Jeannine Toth 4. CON-GRATULATORY EMBRACE Kaitlyn Krachenfels (12) and Hailey Garlich (12) hug after a race at Sectionals. Girls swimming and diving had many swimmers place at Sectionals, and a few made it to State. "Kaitlyn and I are proud of how we did so well in the 500 at Sectionals. It was a great feeling," Garlich said. Photo by: Jeannine Toth













QUALIFYING FOR STATE AT SECTIONALS

Three varsity swimmers advance to State

Girls swimming had a successful run at Sectionals, and Marina Vasquez (11), Hailey Garlich (12) and Victoria Springman (11) made it to State.

"I got second in both the 50 and 100 freestyle. Our 200 and 400 freestyle relay got second. I made it down to State in both of my events," Springman

This season was filled with many achievements. At the sports banquet, swimmers were awarded for their great performance during the season.

"My greatest accomplishment this season would probably be getting MVP for the season," Springman said.

Being on a team means spending time together, so the girls SERVICE PROPERTY. have a lot of chances to bond and build friendships. MAN THE CHIEF IS ADDRESS. "Before Sectionals, the guys were TPing our houses. We were all at Kaitlyn's [house] one day when the boys came to TP it, so we ran out with silly string and fought," Elton said. Returning swimmers will have to adjust to the new dynamic of next season, since so many swimmers of this season will "We had a lot of seniors this year. They were all really good, and we're going to miss them a lot," Elton said. Being a part of the team has made a positive impact on the swimmers, and the seniors are nostalgic of their time on the team. "I've become family with all the girls on the team for the last four years. It'll definitely be different not swimming, but it was a lot of fun," Krachenfels said.

BEATING THE HEAT

Varsity swimming adjusts to changes

PAGE BY: JENNA CRAWFORD AND GIANNA MILLS



Ithough many valuable swimmers left the team with graduation, the varsity girls swimming and diving team had many tremendous achievements this

"We lost a lot of girls last year, so we had a lot to make up. We had a lot of good incoming freshmen, so overall we placed third at Sectionals. We took some girls down to Sectionals and did pretty good," Kaitlyn Krachenfels (12) said.

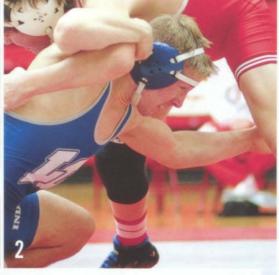
The girls had great success at Sectionals. Three swimmers placed at the top of their heats, so they were able to advance

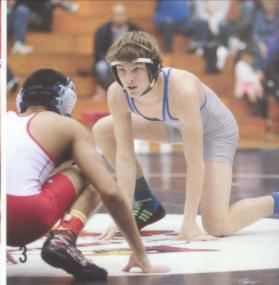
"We got third at Sectionals, which was pretty good. We had a couple people qualify for State. Marina [Vasquez (11)] managed to get first in the backstroke at Sectionals so she went to state. Hailey [Garlich (12)] went to state and Victoria [Springman (11)] did, too," Margaret Elton (11) said.

Krachenfels reflected on her best memories with her team and her greatest highlights.

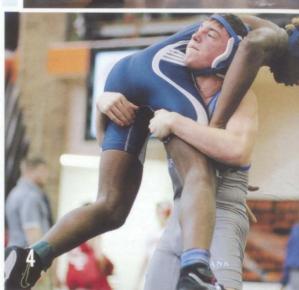
"[Memories from this season were] a lot of team bonding and pasta parties. Also, just going to meets together and cheering each other on was a really big highlight," Krachenfels said.







1. SOLID SEASON Jacob Stewart (12) lifts his Crown Point competitor into the air. Stewart finished his senior season with plans to wrestle at Calumet College in the fall. "[My season] was decent. I was sad I didn't go to State, but I am probably going to be wrestling in college," Stewart said. 2. OVERTHROW-ING OPPONENTS Nicholas Taylor (12) carries his Michigan City opponent over his shoulder at Sectionals. Taylor moved on to the Regional tournament after Sectionals. "When Sectionals comes around, it is usually the best time [of the season]," Joseph Szydlo (10) said. 3. SERIOUS STARE DOWN Tristan Pappas (11) stares down his East Chicago competitor at Sectionals. Pappas won first place at the 120-pound weight class in the Sectional tournament. "[The post season] is pretty important. It's mainly what you work for the whole season," Pappas said. 4. TAKING DOWN COMPETITION Kodie Christenson (12) grabs the leg of his Crown Point opponent and proceeds to take him down. Christenson won his match at the 152-pound weight class during the Crown Point dual meet. "[This season] there was good performance of out most of [the wrestlers]," Tyler Pilackas (10) said. 5. HARVESTING SUCCESS Jacob Kleimola (11) puts his opponent on his back and attempts to pin him at the Harvest Classic. Kleimola received second place in the 182-pound weight class at this tournament. "The Harvest Classic is the start of the actual season. It's the first big tournament we have, and it just gets everyone motivated for the rest of the season," Romel Spight (11) said. Photos by: Madeline Hirschfield



FINAL CHANCE TO GO FOR THE GOLD

Kleimola explains how he will achieve his goals



"[Off-season preparation is important because] you have to get bigger, faster and stronger, especially if you plan on moving up weight classes. You have to fix a lot of your mistakes in order to get better. Without doing that, you shouldn't expect much improvement. I'm lifting three days a week with one of my coaches. Over the summer, I'll continue to lift, and I'll be wrestling freestyle. After August, I'll do two months of preseason wrestling, club wrestling, and then it will be school season again. As a junior, qualifying for State was a great experience. I came up short of my goals, but next year, I definitely plan on wanting to be at the top of the podium. That's ultimately been my goal in high school. I plan on trying to win Semi-State [as a senior] and then make a run at Indy. I'm not going to go down there and try to just place. I want to be at the top of the podium."

JACOB KLEIMOLA (11)

SHARING SEASON FAVORITES



"[My favorite part was] being on varsity for the first time. My favorite point in the season was winning third place at Sectionals."

BRETT BROWN (10)



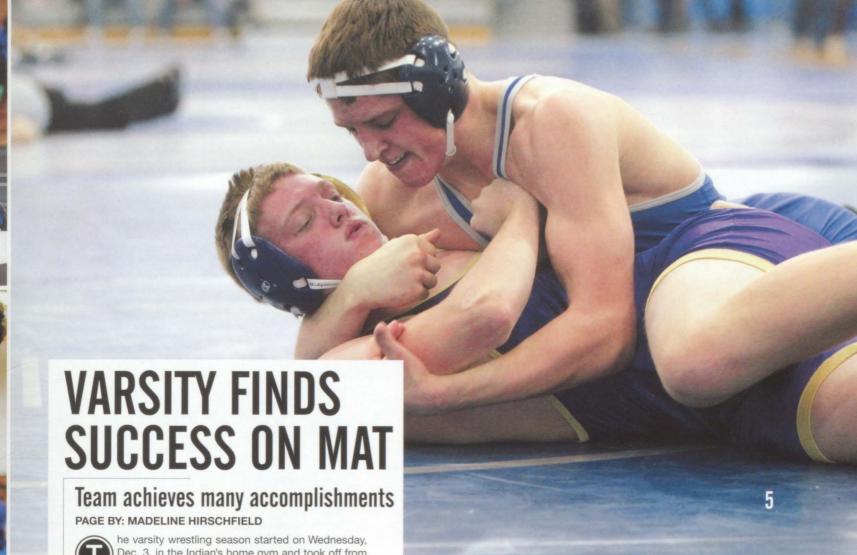
"[My favorite part] is probably just hanging out with all the guys. After a while, you all just become friends and hang out."

TRISTAN PINTOR (11)



"My favorite part of the wrestling season was winning the Munster Super Duals. I went 5-0 that tournament."

RUSSELL GIBBS (11)



Dec. 3, in the Indian's home gym and took off from there. With a tough schedule consisting of seven DAC

dual meets, six tournaments and the postseason, the team came out with plenty of achievements.

"As far as [our record] goes, I think we did good overall [during] this season," Kodie Christenson (12) said.

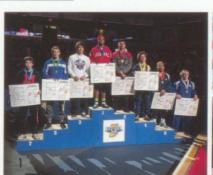
The wrestlers ended with a DAC dual meet record of 4-3, placed second at the Lake County tournament, went 5-0 at the Munster Super Duals and were fourth overall in the

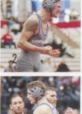
"Right as school starts in August, we start conditioning [to prepare and help us] for our season," Tyler Pilackas (10) said.

After the regular season ended, the Indians roared into the postseason tournaments. The team placed second at the EC Sectional with four champions, Joseph Szydlo (10), Tristan Pappas (11), Kodie Christenson and Jacob Kleimola (11), including eight other Regional qualifiers. They placed fifth at the Calumet Regional with three champions, Branden Truver (11), Christenson, Kleimola and two other Semi-State qualifiers. They placed sixth at the Merrillville Semi-State and had three state qualifiers, Truver, Christenson and Kleimola. Truver ended the season, placing fifth at State Finals, while the team as a whole placed 44th in the state.

"I like to experience everyone's [success] and get to [see] and live through them. It's a cool experience, and it's fun to watch," Elizabeth Ayersman (11), mat maid, said.

Not only did they have team accomplishments, but individuals received personal awards as well. Christenson and Truver were given DAC All Conference Awards, and Romel Spight (11) and Kleimola earned spots on the IHSWCA Junior 1st Team Academic All State, placing eighth and 11th respectively. Personal team awards were also given out to members. Truver received the MVP Award, Spight received the Most Improved Award, Brett Brown (10) was given the Sportsmanship Award, Kleimola earned the Pride Hustle Desire Award and Christenson was given the Crossface Award, a distinction for being the toughest on the roster.







INDIANS TAKE THE ROAD DOWN TO STATE

Three varsity wrestlers compete, one stands out Branden Truver (12) qualified for the 2015 IHSAA State Finals at

Banker's Life Fieldhouse on Friday, Feb. 20 and Saturday, Feb. 21, along with two other wrestlers. Truver was the only athlete to win during his Friday round, which allowed him to move on and win fifth place the next day.

"I knew I could do it. It was just a matter of putting in the time and the effort to do it," Truver said.

Truver's journey to State was an impressive one, where he appeared in the Sectional, Regional and Semi-Semi State finals, beating longtime rivals, Jason Crary of Munster and Gaige Torres of Portage and won a Regional Championship for the first time.

> "I like being a mat maid because I like working the tournaments and seeing all the boys. They're funny. It's good when they win [because] you feel happy for them," Kaitlin Brack (11) said.









bmitted by: Alexandra Gomez (11) and Brittany Jacinto (11) Photo submitted by: Brittany Jacinto 3. Abby Cappello (11), Ken nedy Moore (11), Makayla Sullivan (10), Kayla Camarillo (10) and Brooke Glover (10) Photo submitted by: Brooke Glover

CHEERLEADERS TAKE ATLANTA

Varsity heads to Cheersport Nationals

On Feb. 13-15, the varsity cheerleaders traveled to Atlanta, Ga. to perform in the Cheersport Nationals. The team came in second place by 0.4 of a point, but they still believed they did their best.

"Being able to fly down to Georgia and being able to spend my whole weekend with the team was really fun. We also go to the aquarium that was there. In all of our opinions, we got screwed when it came to awards, but we came in second by 0.4," Brittany Jacinto (11) said.

SPEARHEAD OF THE INDIANS

Mrs. Joan Loden, Math, tells how to lead a team



"I've been coaching for 27 years, but I have been a teacher for 31. My assistant coach is a choreographer, but he also brings in a dance choreographer to do their dances. We put together their stunts, and he puts together the formations and so forth and so on. Part of the routine we hire people to come in and do for us, and the other part of the routine we put together. Then we practice basically twice a week. Plus, they tumble once a week, so basically they're practicing three times a week. We pretty much do that starting in June, and we go until we finish competing. With three days a week, that's a lot of practice they're getting in.'

SMELLS LIKE SCHOOL SPIRIT

ON THE COURT 28 percent of students prefer when the cheerleaders cheer at basketball games rather than cheering at football games.

ON THE FIELD

72 percent of students prefer when the cheerleaders cheer at football games rather than when they cheer at basketball games.

BLUE AND WHITE BRING THE FIGHT

Varsity cheer brings it on all season PAGE BY: ANASTASIA PAPANIKOLAOU, HANNAH PRATT AND

uring football and basketball games, cheerleaders encourage the fans and crowd to participate more actively throughout the game. Whether the cheerleaders are on the court, field or stage performing, the effect they have on the atmosphere can be positive for all who take part.

"I feel like we make the fans pumped up by including them in cheering," Alexandra Gomez (11) said.

This year gave the varsity cheerleaders a chance to be on the sidelines during Big Rivals Night at Lucas Oil Stadium. "Every second you didn't know if you were going to be on TV or not, so you always had to smile and have fun with it," Molly Stokes (9) said.

Compared to football games, where the whole team cheers, basketball games split the cheer team throughout the quarters. The four quarters in the basketball games allow each cheerleader a balanced amount of floor time.

"We do a whole team thing. Then at basketball games, we split up during the quarters of them, and at football we cheer all together." Stokes said.

Preparation for competitions include numerous practices, hard work and dedication. The team practices each day during the competition season.

"A lot of us listen to music to get pumped. We also make sure that we stretch out really well so we don't get injured,"

This year, the team performed at Cheerfest National Championships in Atlanta, Ga. This was the team's first time at this competition. The varsity cheer team placed second, coming after Little Rock High School in Arkansas by 0.4 points.

"Nationals was a new competition that was way bigger than ones that we're used to. We got second by 0.4 points. It was a different experience for all of us," Gomez said.



[Games and competitions are] all really loud. There's so many people. Competitions are different because we don't do the cheers that we do at football and basketball games," Molly Stokes (9) said.

1. HYPE UP THE FANS Molly Stokes (9) does a needle during a basketball game. Cheerleaders often performed these moves during home games. "We do a whole team thing at basketball games. We split up during the quarters of them, and then at football, we cheer all together," Stokes said. Photo by: Jennifer Mohamed 2. JUMP FOR JOY Brooke Glover (10) is lifted after a team meeting during a cheer competition. The team went to many different competitions throughout the season. "Competitions are different because we don't do the cheers that we do at football and basketball games," Molly Stokes (9) said. Photo by: James Lafakis 3. FLIP TO THE FINISH Olivia Middleton (11) performs a back handspring at the Big Rivals Night game at Lucas Oil Stadium in Indianapolis, Ind. The cheerleaders traveled to Indianapolis to support the varsity boys football team. "Lucas Oil Stadium was a lot of fun. It was a great experience," Molly Stokes (9) said. Photo by: Hannah Sonner 4. BRINGING IT HOME Varsity cheerleaders pose with the student section at the Big Rivals Night game. Lake Central played Portage at Lucas Oil Stadium in Indianapolis. "Cheering at Lucas Oil was really fun because we got to cheer in a professional stadium," Alexandra Gomez (11) said. Photo by: James Lafakis 5. HYPE UP THE FANS Alexandra Gomez (11) and other cheerleaders hype up the crowd during a Friday night football game. It was the cheerleader's job to motivate the players, fans and families during games. "I prefer football games more because you do more things with the crowd," Molly Stokes (9) said. Photo by: James Lafakis













circumstances. Pushing themselves as hard as

they could, the Centralettes finished with a season to be proud of.

"I was proud of the season. It went well. We won Nationals, we won State, we won Regionals, we basically won all of the big competitons that we wanted to win," Nicole Vanek (11) said.

Along with the plethora of skilled upperclassmen on the team, a few freshmen were given the opportunity to join varsity.

"I got thrown [into the season] late because someone on the team was injured. With varsity, you get there. You dance. You're done," Paige Kotecki (9) said.

All of the practice throughout the season led up to Nationals which was held in Orlando, Fla. The girls placed first in Jazz and seventh in Hip-Hop.

"I had no words when [we won Nationals]. I squeezed my whole team as tight as possible because we earned it. I was thinking that I knew we were going to win because we worked for it and nailed our last performance," Gina Irwin (11) said.

Along with Nationals, the girls participated in State, where they placed first for the 21st consecutive time.

"I was having thoughts about [the pressure of placing 1st], [because] it was my last time performing [at State], I had to do the best performance I could, and I did. I had the best performance of my life," Allyson Vanek (12) said.

The team went nearly undefeated with only a few setbacks along the way.

"There was one competition where we all just got really nervous for no reason," Madeline Andrews (9) said.

Being close outside of the studio has aided the Centralettes by allowing them to critique each other when it is needed.

"Being friends with each other makes us feel more comfortable talking to each other and correcting each other. It makes the team more whole," Emma Strohacker (11) said.

BEGINNING WITH THE BIG LEAGUES

Freshman dancer starts out on varsity team



"When I first made [varsity], it was really surprising to me and to a lot of my friends, but it was a lot of fun. The girls were super nice to me. It's a lot of pressure to make sure you live up to your expectations. It was really cool to learn from them, and they help you mature. It was a lot of fun. My favorite part was [being] with my team, and competitions were fun too. It was a lot different [than middle school] because in middle school I used to get so nervous for competitions. This year they made it seem so easy and so fun. There was a lot more pressure, and we still had to make sure we did well, but it was a lot more enjoy-

MADELINE ANDREWS (9)







1. FIERCE FINALE Varsity Centralettes strike the final pose during a home basketball game. The Centralettes performed at the boys varsity basketball game on Feb. 20. "I feel like the way the crowd feels [at games] is definitely different than at a competition. At competitions, it is usually just our parents watching. I usually feel more relaxed [dancing] during games because we don't have to win," Emma Hupp (12) said. Photo by: Jennifer Mohamed 2. REACHING BEYOND At the LCDI, the varsity Centralettes extend their arms during one of their performances. The Centralettes performed two types of dances: hip-hop and jazz. "Jazz is more graceful and hip-hop is more hard-hitting. Jazz is for the money and hip-hop is for fun," Abby Markowski (10) said. Photo by: James Lafakis 3. HANDS UP Michaela Vuckovic (12) throws her hands in the air during the hip-hop performance. The theme of the dance was Gladiators. "Before practice, we go through with our warm-ups and usually do our runs. Then, we go over the parts we messed up," Abby Markowski (10) said. Photo by: James Lafakis 4. CALM BEFORE THE STORM Reyna Crothers (11) extends her arm before starting the jazz routine. Much preparation went into perfecting these dances. "[Before we start dancing] all of the nerves are taking over. It is an exhilarating feeling. You have to think, 'You can't mess up. You can't mess up. This is all or nothing," Crothers said. Photo by: Jillian Wilschke

EVACUATE THE DANCEFLOOR



"Definitely winning nationals [was my favorte part] because that's a great memory to have for senior year."

AMANDA ROBERTS (12)



"Everyone bonding together [was my favorite part of senior year] because everyone just got along."

MICHAELA VUCKOVIC (12)



"[The team was] really close, and I really enjoyed that aspect of dance. I definitely danced for the girls."

EMMA HUPP (12)



"I had the greatest performance of my life at State. It was the best feeling in the world."

ALLYSON VANEK (12)

MEGAN HELFERS (11) SHARES SECRETS TO SUCCESS



JV and varsity Centralettes Photo provided by: David Gross

- "Practice the same two routines, Jazz and Hip-Hop, for seven months straight. Rehearse them for at least nine hours a week," Helfers said.
- Parameter and series are series and series and series and series and series are series and series are series are series are series are series are series and series are series a
 - "By the time March rolls around, all the time and work we put in is ready to be shown at State. The way to succeed is by dedication," Helfers said.

"We know there are people out there that would like to see us fail so we always bring our game and make it our goal to perform to the best of our capabilities," Kristina Plaskett (11) said.





"This year, as a team, I think we were a lot more motivated to do better, and we learned new skills that we didn't have last year. We made some new goals for ourselves," Lauren Markulin (12) said.







1. Maya Tobin (10) Photo by: James Lafakis 2. Lauren Markulin (12) Photo by: James Lafakis 3. Megan Gora (11) Photo by: Jeannine Toth

BENDING OVER BACKWARDS

Gymnasts take part in multiple events

Gymnastics is a very diverse sport. It is made up of four main events: balance beam, vault, floor and bars. The gymnasts on the team will sometimes take part in more than one event, allowing them to raise their skill level

"My favorite part about being on the team is that we're more of a family this year and it just has that family atmosphere. When you're doing stuff like the beam or the floor, everyone is cheering you on and it's just a really good feeling," Lauren Druzbicki (11) said.

WHAT IT TAKES TO BE A GYMNAST

Andi Wartman (12) shares the struggles of gymnastics



"[Being a gymnast] obviously takes a lot of guts because you're flipping on a fourinch beam, running at an unmoving object, and that takes courage. You have to have a lot of muscle memory in order to not be afraid of what you're supposed to do. Muscle memory is doing something over and over again until your muscles can basically do it blindfolded. You have to want to be a gymnast. You have to be [physically] strong and you have to be mentally strong because if you're going into something afraid, you're most likely going to get hurt. My favorite part [about being a gymnast] is competing. I really like the atmosphere and everyone cheering for you. I like the feeling of sticking things and getting a high score because that makes me feel good. The experience [of State] was incredible. It was so nice to perform somewhere I've never been before and having that big of a crowd was also awesome. My goal was to go down there and perform. It still is surreal and something I'm going to remember for the rest of my life. I was State runnerup and I was the first person from LC to make it to State and tied the school record for my score at State."

SEASON HIGHLIGHTS



"My favorite memory would be when we all rode down to state for [Andi Wartman (12)]."

LAUREN DRUZBICKI (11)



"My favorite [memory] was at the Christmas party, we had to act out the person whose gift we got. It was hilarious."

MEGAN GORA (11)

MAKING A GREAT COMEBACK

Bouncing back from last season

PAGE BY: JODIE HODGES AND DARIAN SMITH

his year, the girls gymnastics team saw much improvement compared to last year. Even with the small number of team members, the team pushed through the season and reached goals they never thought were possible.

"Since we only have eight girls, it's just varsity, but we all act as one whole team. My favorite part this year is the thrill of [competing] and being able to be apart of a team and pretty much just have eight good friends; we're all like one family, and I love it," Megan Gora (11) said.

The girls are extremely dedicated to what they do and always bring the best. Their dedication is evident through the many years that they have been involved in the sport.

"I've been doing gymnastics since I was two years old. I always enjoyed doing gymnastics, and I got more serious about it when I was 10, and then ever since I really wanted to be on the team here," Morgan Markulin (9) said.

Being a gymnast on the team requires a large amount of commitment and hard work that can really take its toll on the gymnasts' body.

"I thought [gymnastics] was a great way to make new friends and get into school activities. I really enjoy the people and I like that the sport pushes you over your limits and you get stronger. Overall getting new skills is really hard because you have to work your body in different ways that your not used to," Maya Tobin (10) said.

The girls work to perfect their routines for meets and competitions. The season ended with leader Andi Wartman (12) representing the team at the state championship. Wartman came in second place for floor.

"We practice every single day. [The most challenging thing is] probably all of the meets that are sometimes back to back to back because we're all running on low fumes. Especially since we have to drive out and we can't have our own home meets. We have to go every single day out to the gym and then practice, and then even when we don't practice, we practice. And then the next day we have a meet and we practice. It gets so tiring, and we're all running on low fumes and it's terrible. It takes a lot of hard work and dedication," Gora said.

1. THE FINAL FINISH Maya Tobin (10) finishes her floor routine with a pose. Tobin started gymnastics her freshman year when she joined the Lake Central team. "I thought it was a great way to make new friends and get into school activities. I really enjoy the people and I like that the sport pushes you over your limits," Tobin said. Photo by: Kayla Hallowell 2. SPREAD YOUR WINGS Madison O'Drobinak (9) preforms her floor routine during a meet in February. The meet took place against Hobart. "I like everyone that you get to compete with that's on the team, and you get to do what you want with the people that you like," O'Drobinak said. Photo by: Jeannine Toth 3. LEADING THE WAY Lauren Markulin (12) performs her floor routine during the DAC Championship in Portage. The team came in seventh place. "I joined the team because I really liked gymnastics, and I wanted to do something for school. I like being with all my teammates and being able to encourage them," Markulin said. Photo by: James Lafakis 4. STRIKE A POSE Morgan Markulin (9) does a pose during her floor routine. Although it was Markulin's first year on the team, she had been in gymnastics her whole life. "I've been doing gymnastics since I was two years old. I got more serious about it when I was 10, and then ever since I really wanted to be on the team here," Markulin said. Photo by: Kayla Hallowell 5. READY, SET, CHEER The team sits on the floor before their big competition. After the Pledge of Allegiance was recited, the team preformed a team cheer to get pumped for the day. "[After I graduate] I'll miss gymnastics the most because I've been doing it since I was three, so not doing it after high school will be a downer. Plus, being a leader was probably the best part. It was really fun," Andi Wartman (12) said. Photo by: Kayla Hallowell





















1. SWIMMING THE LAST YARD On Jan. 27, the varsity and JV boys swim teams competed against Portage. Both teams won every event. "I think we did really well as a team because we were all swimming for Sectional lineups, so we tried all of our hardest," Zachary DeJoris (10) said. Photo by: Camryn Wallace 2. DRIBBLING TO THE FINISH Justin Graves (9) dribbles the ball after it is passed to him. Graves was surrounded by players from the Portage team. "We scored well as individuals, but we didn't score good as a team," Graves said. Photo by: Gianna Mills 3. PUSHING THE LIMIT Antonio Gonzalez (10) holds his Crown Point opponent as the match goes on. On Nov. 22, the wrestling team went to Crown Point to compete. "Crown Point was good when we wrestled them. We keep everything [in] same [routine] when we prepare to wrestle," Brett Morris (10) said. Photo by: Emma Ritchie 4. DEFENDING THE BALL Ryan Davidson (10) has his eye on the ball and gets ready to go in for a steal. The final score of the game was 45-34. "Coach told us we need to get better at the little things. Personally, I need to just play well on both ends of the floor at all times," Davidson said. Photo by: Annabella Piunti 5. BLOCKING THE EAGLES Norell Smith (10) blocks his opponent from passing the ball to his teammate. Smith and the rest of the JV boys basketball team lost to their opponents, the John Adams High School Eagles with a final score of 41-59. "I feel we played decent as a team. [We should have played] more full on the offense. [There were] a lot less [three pointers] and better closing out on defense," Justin Graciano (9) said. Photo by: Amber Stedt

ATHLETIC INSPIRATION

Varsity teaches from experience

PAGE BY: EMMA DEGROOT, ABIGAIL HINES AND TABITHA PAPPAS

ost sports at Lake Central have JV and varsity teams. Both teams work together to make each other become better players, but JV uses the help of varsity to teach certain skills and work ethics.

"[In wrestling] the more experienced guys help us get better by using what they have learned. The varsity guys will help us out if we need help on a new move or if we don't get something they learned last year," Walker Brummett (10) said.

JV players look up to varsity players for examples on how to improve their skills. Staying in a sport for four years can build players into more well-rounded athletes. Some long-standing varsity players may take leadership roles throughout the season and work as mentors for JV team members.

"We actually participate in [varsity events]. We are usually fillers, but [practicing with varsity] really pushes us because we have to do our best and keep up with them," Colby Hoffman (9) said.

One goal that JV players strive for is to get on varsity teams, and while doing so, they also attend and even participate in varsity games.

"[Practicing with varsity] helps you mature a lot as a person and on the court," Sean Lopez (10) said.

As JV members watch their varsity counterparts play, they try to pick up on their skills. JV and freshmen players try their best to help fill the seniors shoes after they graduate.

"We get a lot of pressure from the upperclassmen. They really want us to succeed and get better," Hoffman said.

The players condition with the seniors and even attend the varsity games to acquire the varsity mind set for upcoming school years.

UNDERCLASSMEN SEASON



"[While practicing with varsity wrestling], you learn a lot of new moves and techniques from them."

JOSHUA TAYLOR (10)



"[Participating with varsity swimming] really just pushes us because we have to do our best and keep up with the varsity guys."

COLBY HOFFMAN (9)



"[Our wrestling season] was pretty good. We lost some. We won some. I loved it, every last minute of it."

THOMAS MCCLAIN (9)





LIFTING FOR THE TITLE

Indians work together to up hold first place title

On Jan. 17th, the 16th annual NWI Weight Lifting Competition took place at Hobart High School. The day was filled with high-energy preparation and motivation for every student involved.

"The energy at the competition was really good because everyone kind of came together and put a lot of effort in and really saw that we had a chance," Malik Suleiman (11) said.

During the competition both boys and girls competed for a combined score that decided which school would win. Family and friends cheered for the students.

"We did really well as a team overall. Alone the guys or girls could have won the competition," Jakob Brown (11) said.

THE FUTURE OF VARSITY WRESTLING

JV wrestlers prepare to take the roles of varsity



"[The season] started out kind of bad because freshman year I didn't do too hot. Then as the year came by, I started practicing harder, and then I started winning more tournaments. [You have to prove yourself because] you're pretty much the future varsity. Sometimes I wrestle with [varsity] during practice. [Practices give us experience because] we switch partners and I wrestle with the varsity wrestlers. If you do something wrong, [varsity] will help you out. There's a couple seniors this year that are really good, and we're losing them, but overall I think we're going to be decent [in the future]. [Our best season achievements are] winning the Crown Point and Rensselaer Invite."

JOHN RIZZO (10)





The girls in weight lifting trained with the guys after school until the weightlifting competition. "It's definitely different [being a girl in weightlifting]. We were looked at weirdly when we went to the competition. When you think of girls that weight lift, you think of big body builders. The guys look at us and expect us to look weird, gross and really built, but girls [stereotypically shouldn't be like that]," Brooke Glover (10) said. Photo by: Jennifer Mohamed 2. PER-FORMANCE Lauren Druzbicki (11) lays on the balance beam as part of her performance. Only some of the varsity gymnasts attended the state competition. The JV girls hope to follow their lead. "Every practice we worked hard, drilled all the drills and did everything our coach told us to do. We improved every meet," Druzbicki said. Photo by: James Lafakis 3. DOWN THE COURT Lauren Ladowski (9) dribbles the ball down the court during a game against Lowell. The JV team won conference. "Our season went really well this year, we only lost one game, and it was towards the beginning [of the season]. I think we improved a lot. We were also undefeated in conference which was really good," Hannah Sarkey (10) said. Photo by: Emma DeGroot 4. SCREAMING FOR VICTORY Laura Schoonmaker (12) hoists the bar for a deadlift. The girls helped the boys reach the team's ultimate goal of getting first place. "This year the team got first. There were a lot of girls and guys on the team. It was a mixed group," Alexandra Hickey (10) said. Photo by: Jennifer Mohamed 5. FACIALS Carling Louden (9) expresses her emotion through her facials in the middle of her performance. Some of the JV dancers use dance to relieve stress. "Dance of the JV dancers use dance to relieve stress." ing is a means of escape from all the hurt in life. It lets me express the way I am feeling through movements when I am unable to form words," Alexa Szatkowski (10) said. Photo by: Jillian Wilschke



"Some people look at girls sports like they should be weaker [than boys sports] or something, but I really don't see a difference. I think that people who say there's a major difference have a sexist opinion," James Waller (10) said.

LIFTING 'LIKE A GIRL'

Girls weightlifting team reaches the top

PAGE BY: ANNABELLA PIUNTI AND OLIVIA OSTER

s one of the many clubs Lake Central has to offer, the weightlifting team is open to both genders. However, when Lake Central students were asked what came to mind when they thought of weightlifting, many had the

"When I think of weightlifting, I think of mostly guys, but I know girls can weightlift too," Anthony Smierciak (10) said.

Many girl athletes joined the weightlifting club to gain strength and help them improve in their spring sports.

"I started because my friends did it and to build more muscle for softball," Rylee Platusic (9) said.

Many stereotypical comments about boys being superior to girls are made when it comes to weightlifting.

"I think a lot of guys look down at us, almost as if we're not strong enough and that we shouldn't be doing weightlifting, but then we really come out and show them that they're wrong," Jessica Kiefor (9) said.

Many of the girls started preparing months in advance for the single competition. Some of the girls went to the gym after school everyday to train, and also made dietary adjustments.

"[To prepare], I went to the gym six times a week and slowly increased weight. I cut out the junk and made healthier decisions," Brianna Mills (11) said.

When the competition they have been preparing for finally arrived, the boys and girls on the team separated into different categories. For girls it was based on grade, and for guys it was based on weight class.

"You go there as a team. If you're a girl, you're categorized as a freshman, sophomore, junior or senior. Then guys are separated by weight class. I do think that guys did have a better chance at lifting more, so to get the competition moving, they separate guys and girls that way," Kiefor said.

The team remained confident throughout the competition, and had a successful outcome.

"We got first, and the girls could have won it all by themselves," Olivia Smith (9) said.

DIVING INTO THE JV LIFESTYLE

Ana Zanza (10) talks about her swimming schedule



"I think we did well this season. We combined some practices with the varsity, so that helped everyone get better. Being a swimmer is really hard. Practices are long. We don't stop. There are no breaks. I think the amount we practice definitely helps us. You can tell we are better than some of the schools that don't practice as much as we do. Swim helps me manage school. I know that I have to get things finished on time because I have to rest. Swim motivates me to finish my homework early. I got into swim when I took swim lessons as a little kid. I swam for about five years. I guit for a while, but I wanted to be in an LC sport, so I decided I would do swimming again. I love staying in shape, being with my team and the sport itself. I always have. Next year, we need to take some things more seriously. Sometimes people don't show up for practice, or they will mess around. We really need to make better attendance. We had a lot of girls with bad attendance this year, including





FREE-THROWING WITH AMBITION

Freshman girls basketball team shoots for goals

The freshman girls basketball team set high goals for the season, which, in the end, helped them succeed.

"[Our goals were] to get better than our eighth grade year, to get faster, higher pace and to get ready for all the upcoming seasons. The season went very well overall. We worked hard and played hard," Carley Jansky (9) said.

This season, the team had an enormous advantage in their court. These girls have been working as a team for quite

"I was expecting this to be a very good team because we have been playing with each other since we were in fourth grade, so it was just about the transition from middle school to high school," Anna Weir (9) said.

BRANCHING FROM THE FAMILY TREE

Bowler talks about why she joined the sport



"When my grandpa got out of the Army he taught [my family to bowl]. He told me it takes a lot of hard work and dedication and I was ready for the challenge. When I joined the high school team we got more in depth of the game. He was upset because he couldn't help me anymore, but he tried his best. I have something specific to remember him: his first 300 ring. I carry it with me everytime I go bowling to bring me good luck and to always have him there with me even though he isn't physically with me. I [wouldn't] be bowling now if it wasn't for him. The day he passed away we had a high school match, and I still bowled because I knew that is exactly what he would have wanted me to do. [That Saturday] we qualified first and won the tournament so they let me keep the trophy. I couldn't be more thankful that my biggest supporter and hero taught me what I love to do best."

MEGAN HEFLIN (10)

IMPORTANCE OF COMMUNITY SPORTS



"I think travel volleyball is important because it helps you bond with other people who love to do the same thing you do."

JACQUELINE EADER (11)



"I think every sport is important to a community, but soccer is important because it gives both girls and boys an outlet to express themselves."

CLARE MAJCHROWICZ (11)



"Volleyball is important to the community because you're never alone, it's always a team sport and you have to work together in order to succeed."

KELLY ORZE (10)

ANOTHER SPIN ON SPORTS

Community sports make impact

PAGE BY: KAYLA HALLOWELL AND JACQUELINE HOFFMAN

he numerous athletes from the Tri-town community are connected through the sports they play. Though certain sports are not recognized by the IHSAA, students feel they are just as important as the school's teams.

"You want to have experience so you can cooperate with the coaches and know what you're talking about [so] they can help you out," Andrew Pruitt (10) said.

Though the school offers its own volleyball team, there are many club teams such as Altitude and Ignite. Even though the teams are not recognized by the school, the teams still go hand-in-hand.

"[Lake Central] volleyball and Altitude connect because most girls who play for [Lake Central] also take part in club," Kelly Orze (10) said.

Commitment, talent and teamwork is not just for volleyball. Club soccer requires talent, but also teaches athletes valuable lessons.

"[Soccer has] taught me how to master any skill and how repetition and practice can really help you achieve your goal," Nathan Puch (11) said.

Along with club sports, bowling and hockey are other community sports that students have opportunities to become involved in.

"It bothers me that the school pretends that we do not exist. The girls bowling team has won four state titles and the school has barely recognized us," Bowling Coach Stephanie Cooley said.

Though some believe the school does not recognize community sports enough, others feel that circumstances are different for other teams and their players.

"Hockey is not considered a school sport because IHSAA does not recognize hockey. We are grateful that the school allows the hockey team to have their own board, and [let] players to earn letters, but I think it's best hockey remain a club sport," Hockey Coach Brian Black said.

Even though these programs are not recognized by the IHSAA, they are still a part of students' daily lives.



Lake Central Hockey Team during Illiana Cup tournament 2. Group of hockey players celebrate 3. Hockey players huddle to discuss tactics for the game

Photos by: Marie Hickey

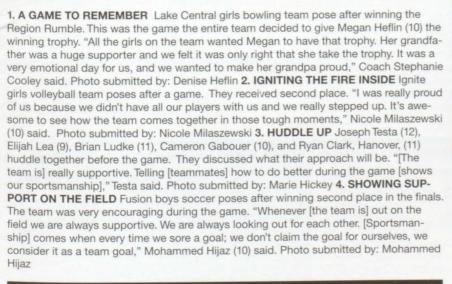
ENFORCING TEAM CONFIDENCE

Student discusses team's immense spirit

The spirit of players is one of the most important aspects to the way a team performs. Though there are a plethora of unique characteristics that go into hockey, Aaron Ludwig (12) feels strongly about the team and their ability to work well together.

"[Hockey has a sense of pride with] being a team sport, everyone takes a lot of pride in the team; trying to make everyone look as good as we can. There's definitely a lot of heat between teams with who's better and things like that," Ludwig said.











"My favorite part [of playing a community sport] is meeting all these new people because some people I've met before; others I've just got to know and we've become really good friends," Hannah Bohlin (9) said.











1. GO BIG, GO BLUE The student section cheers at Lucas Oil Stadium for a varsity football game on Sept. 6, 2014. The game was the first DAC conference game of the season. "[Painting my face blue] was an impulse decision. I just thought, 'Senior year, so why not go all out?' We're going all the way to Indy to play at Lucas Oil Stadium, so might as well make a statement as a student in the student section," Danielle Morang (12) said. Photo by: Hannah Sonner 2. BEACHIN' AT BASKETBALL During a Hawaiianthemed game, the student section goes crazy after Frank Dijak (11) made his second free throw in the game against East Chicago. Dijak's free throws gave the Indians a lead of 62-60. "My favorite theme this year for Lake Central's sports is the beach theme because everybody looks great. It's freezing cold outside, but everyone gets to wear shorts, and that's cool," Quinn Paprocki (12) said. Photo by: Camryn Wallace 3. CHEER ON On Aug. 15, the student section screams in anticipation for the scrimmage against the Hammond Morton Governors. The game was held in preparation for the upcoming season. "I love football games. I just love the energy and how it translates from the fans on the stands on to the field," Alyssa Born (12) said. Photo by: Jennifer Mohamed 4. REST IN PIECES On Feb. 20, some students from the student section gather around a gravestone for the Crown Point bulldog, George. Even though the Lake Central boy's basketball team lost the game with a score of 71-46, the student section was still able to show their support. [I cheer in the student section] just to pump up the team and make them play better and just to have fun, go crazy, [and] show spirit," Kristen Kaiser (12) said. Photo by: Jennifer Mohamed



"[The best parts of the student section are] to be around everyone, have a great time, and just cheer my team on. Everyone goes crazy and just is positive about everything. It's just a good time," Jacob Mantel (11) said.

STAYING TRUE TO THE BLUE

Taking school spirit to the next level

PAGE BY: CAMRYN WALLACE, LAUREN DAVIDSON AND JACQUELINE HOFFMAN

he crowd gapes in anticipation for the next move in the game. Screams break the silence. Erupting with excitement, students start jumping on the bleachers and throwing their hands in the air.

"[The student section] is basically just all the students. Anyone can come -- freshmen, sophomores, juniors, seniors -- and we just all get in the same area and cheer on our teammates. It's a wild atmosphere, and we love it," Brett Marovich (12) said.

Many students go to the games to cheer on Lake Central's sport teams. More than one hundred students often attend.

"It's just really exciting to know you're cheering for your team. It's fun to be there because it's a really fun environment. It makes you anxious for them to win and have some fun with it," Gabrielle Gomez (12) said.

The school spirit of the student section makes the games much easier to be a part of the crowd. With the chaos in the hallways and the hectic times during classes, students rarely get to spend time to talk or spend time with friends.

"You just see all your friends getting crazy, and everyone just has fun. You see them all laughing and a lot of joking around. It's pretty cool," Russell Gibbs (11) said.

Lake Central students put aside their differences and unite as a single group of supporting fans.

"It's really cool just to go to a game, support our team. Different friend groups come together as one [to] just all have fun together," Kristen Kaiser (12) said.

A theme for each game is chosen in advance to give students enough time to get their outfits put together.

"I'll text my friends and we'll try to figure out what outfits will work best for it. Sometimes we'll go to the dollar store or thrift store and put costumes together to make it all work," Gomez said.

With dozens of themes, some students favor one more than the others.

"[My favorite theme was] probably the Hawaiian theme because it was really nice out and warm. There was a lot of people and all my friends were there so it was fun," Kaiser said.

SECTIONED OFF FROM THE STUDENT SECTION



"Sometimes I'm sad about not being in [the student section] but other times I'd rather be a part of the game [by cheerleading], instead of just watching and messing around with my friends in the student section."

ABBY CAPPELLO (11)



"[Band is] separate from [the student section], sectioned off. We have to remain reserved, so we can see when we have to play. If you're on the drumline, you have to play during the game, so you can't be as wild."

GRIFFIN TAYLOR (11)



"[Dancing is] different [than being in the stands] because we're representing the Centralettes and our coach is there with us. We have to be on our best behavior. You can't really cheer or anything, and you just have to sit there and try to be focused on the performance."

AMANDA ROBERTS (12)

BROOKS BREAKIN' IT DOWN

Devonte Brooks (12) explains Lucas Oil Dance Off



"At first, [dancing in front of everyone] was the worst decision I've ever made in my life. I knew I sucked at dancing. When it was over, I felt like I had the best experience out of everyone there because I got to go to Lucas Oil [Stadium] and be on the field, look up at everyone, not a lot of people can say they've done that before. We didn't have a big section [at the game]. It was just a group of my friends and [I thought they were] gonna prank me.[I thought they were] gonna let me go out there and embarrass myself. I kept reminding them to cheer for me. I was gonna be so embarrassed if they weren't gonna cheer for me. People kept telling me I'd be fine, but when I got out there I was like I'm not gonna be fine. I would do it again actually, so I could win [the dance off] this time.'





Alyssa Staszewski (11) Photo by: Jennifer Mohamed 2. Jacob Dulski (12)
 Andrew Tellas (12) and Colin Chenoweth (12) Photo by: Hannah Giese 3.
 Student section Photo by: Jennifer Mohamed

CRYING FOR CROWN POINT

"Mourning" over the bulldog

On Feb. 20, the student section dressed in funeral attire, mourning the "loss" of Crown Point's statue of the bulldog, George, who was smashed after a football game. The theme was originally "Jersey Shore" but was changed due to unfavorable reactions.

"I liked that it was a funeral theme because people could dress up. There wasn't anything to wear [to the] Jersey theme [game], but for the funeral theme there was a lot of options. You could dress up or wear LC black," Christina Gomez (10) said.

SERVING UP IMPROVEMENTS FOR THE UPCOMING SEASON



"I wish to start off strong, and just keep my serves going and not get down on myself."

NAVNEET KAUR (12)



"I want to improve my record, and I want to continue in the post-season as long as possible."

KRISTINA TINSLEY (10)



"I want to become more consistent with my shots and learn from other players."

KATRINA LOZANOSKI (10)

SETTING THE SERVE FOR SUCCESS

Tennis coach makes goals for the season



"Obviously get through the week, you're trying to let the team know who they're playing. You know where they can succeed, and what strokes to hit. You obviously have to keep their game up by challenging them. We set goals for every match. We've hit every goal this year, except one. We've only had one loss so far, and that was a tough one. You have to rebound from losses like that, and don't let the kids get down too much. As the coach, you have to be like a parent in a way. You know when they do good, of course, you praise them, when they need help, you give them help, and when they need a kick in the butt, you give them a kick in the butt. I'm kind of a realistic coach. I let you know where you stand."

> MR. BRIAN SZALONEK, SOCIAL STUDIES



Elayne Wisniewski (12) and Jeannine Toth (11) Photo by: James Lafakis

DOUBLE, DOUBLE, TOIL AND TROUBLE

"At the beginning of the match, we come together and discuss our strategy for the game," Elayne Wisniewski (12) said.

During the match, we come together and have a handshake that we do to pump each other up," Wisniewski said.

"When one of us is down, we try and get the other up by discussing the good things that they are doing," Wisniewski said.

COURT-WIDE COMPETITION

Varsity tennis abolish their competitors

PAGE BY: ANASTASIA PAPANIKOLAOU, HANNAH PRATT AND EMMA RITCHIE



rom preseason to postseason, the girls varsity tennis team demonstrates their athletic and scholarly skills on and off the court.

"[Tennis has] taught me time management. I try to get everything done during school, because I know my practices will go late. I have also learned work ethic, because for any sport you have to have a good work ethic," Tinsley said.

Many people begin sports for different reasons that may vary between staying in shape, reducing stress, or building friendships. Some do it to continue their sport at the college level.

"I really want to continue my education after high school and playing a college sport is a good pathway to education. I love playing tennis, and that motivation to play in college is really the reason why I play," Kristina Tinsley (10) said.

Although their motives for being on the team may all be different, the girls have come together to pursue the ultimate goal: making it to State. Early in the season, the team was undefeated, winning all of their matches 5-0.

"I am a senior, so I have to aim high. Ultimately, I would like to get to State, but I definitely hope to get out of Sectionals and maybe Regionals," Emily Birlson (12) said.

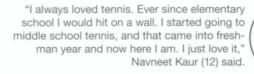
Many of the varsity girls are looking forward to the rest of the season, and hope to continue their undefeated streak.

"I'm expecting that we do finish off strong and we do have some goals that we set out for ourselves and I'm hoping we do accomplish those. I would like to go further in the DAC and Sectionals," Navneet Kaur (12) said.

While looking towards the end of the season, the girls are looking to better themselves as individuals and as a team.

"I would like to improve on working with my doubles partner to improve our game and make sure that we are both at 100 percent. I think we have a good chance [to continue our current winning streak]. We have a really young team, but we're also pretty strong. I don't think that there isn't a team that we can't beat," Birlson said.

The team had high hopes and pushed their hardest to come out on top, but fell short as a team during sectionals. Birlson and Kaur lost in the first round of Regionals; Tinsley made it to the regional championship but was defeated. The underclassmen look forward to improving for the next season.



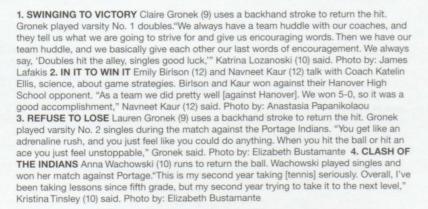














"Everybody has their own sport, and if the people who play golf like it, then it is just as good as any other sport," Brice Doescher (9) said.



Tyler Copak (10) demonstrating how to putt Photo by: Annabella Piunti

3 STEPS TO THE PERFECT PUTT

"When you first approach the ball, you're supposed to look at the slope. Then, you get down and read the line-up between the ball and the hole," Anthony Bossi (10) said.

"Next, you adjust the line up with the ball and the hole, take a few steps back and make sure you have the correct line-up," Bossi said.

"Lastly, you approach the ball and take a couple practice strokes, to prepare for the actual hit. Then you step up to the ball, and hit it into the hole," Bossi

LOOKING UP TO UPPERCLASSMEN

How this junior is on his way to Senior success



"I have been golfing ever since I was a young kid. My grandpa mostly got me started in golf. He signed me up for a couple of junior tournaments, then I got some lessons, and things just got rolling from there. The desire to always do better [keeps me motivated]. In golf you always work on consistency, and scoring a lower score the next day. There's really no limitation on the lowest score. We are ranked second in the DAC this year, right behind Crown Point. This season we are looking good, we have a sophomore and junior stepping up to fill two varsity spots from last year. We lost four or five seniors last year, so we need to fill those spots. This could potentially be a good season. It's a lot different [being a junior] because, I have been on varsity for three years now, so I was always the youngest kid on varsity. But this year, we only have three upperclassmen on our team, so this year I am one of the leaders on the team."

NICHOLAS GOOD (11)

1. EYE ON THE BALL Tyler Copak (10) swings for the ball at Palmira Country Club. The boys golf team had high expectations for the season. "I think we are going to have a good year as a team. I think we are going to win the DAC conference, win Sectionals, then Regionals and have a good chance for State," Jordan Lykowski (10) said. Photo by: Olivia Oster 2. SWING HIGH Reid Dahlkamp (9) watches his ball soar through the sky during a meet. Dahlkamp had an older brother on the team, Ryan Dahlkamp (12). "I think we have good chemistry. We are all friends on the team. That helps because there is no tension between players, it is just a fun environment for everyone," Tyler Copak (10) said. Photo by: Olivia Oster 3. SUSPENSE Ryan Dahlkamp (12) watches his ball during a trimeet on April 14. The Lake Central boys got first. "Play your own game, go your own speed, do what makes you comfortable. Do not compare yourself to other people," Tyler Good (9) said. Photo by: Olivia Oster 4. PREP TALK Coach Christopher Rossiano, Social Studies, gathers the boys for a quick talk before their Tri-meet against Munster and Highland. The Tri-meet was held at Palmira Golf Course in Saint John and had a successful outcome. "We did really good at the tri-meet against Munster and Highland, we came in first, we shot 151 and it was a good way to start off the season," Reid Dahlkamp (9) said. Photo by: Annabella Piunti







VIEW FROM HOLE 18

PROS AND NEWBIES



"It's not necessarily different [being a freshman]. We're all pretty close as a team, so it doesn't affect me.'

JACK GOOD (9)



"Because I'm new to the school, the team treats me the same as a freshman, but not as bad because I'm a sophomore.'

ALEX KAYE (10)



"Being a senior is cool because everyone looks up to you. You have to set a good example."

RYAN DAHLKAMP (12)

Golfers swing toward success

PAGE BY: VERONICA DAVIS, OLIVIA OSTER AND ANNABELLA PIUNTI

long with talent and motivation, one of the most important characteristics of a successful team is a compatible chemistry between the athletes. This year's boys golf team is promised to have all of those components and more.

"[The team has] been together for a good two to four years, so we all know each other really well and we like having fun," Ryan Wells (12) said.

The golfers appreciate this sport for many different reasons. "Golf is a very peaceful and humbling game. It's a lot about honesty and integrity," Jordan Lykowski (10) said.

Many of the boys on the golf team have been playing golf since they were on junior leagues at local country clubs.

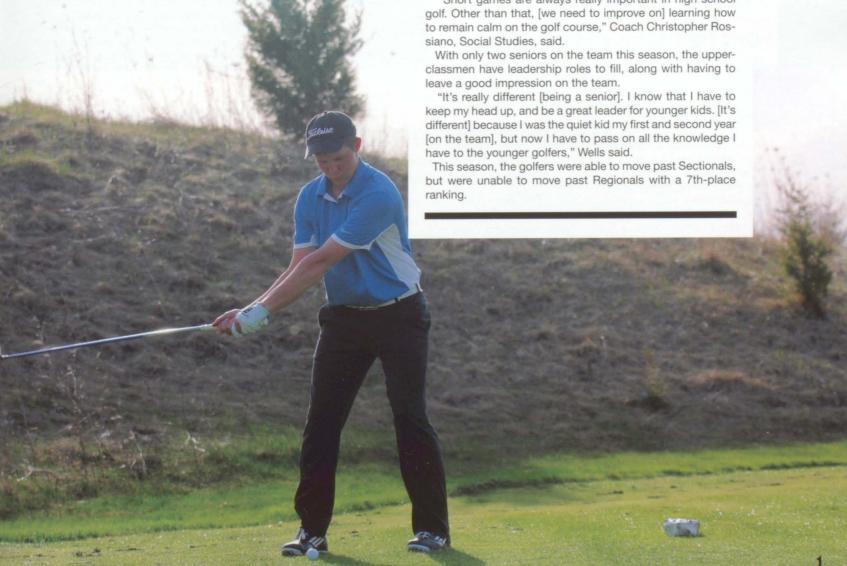
"My grandpa always played golf, so I just followed his lead. [I've been golfing] for about ten years," Benjamin Uram (10)

With many players having a background in the sport, the team is optimistic about their achievements.

"We are going to be successful this year. We lost a lot of seniors from last year, but we are going to keep working to get better as a team," Andrew Hegan (9) said.

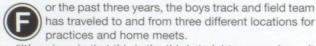
Just like every other team, there is room for improvement, even early on in the season.

"Short games are always really important in high school





CEARING, JOVANA DODEVSKA AND JOSEPH PAVELL



"It's unique in that this is the third straight year we haven't had a home track at Lake Central High School. We have to bus the girls and the boys track teams all the way over to Clark [Middle School] every day for every practice, as well as our home meets. It's really tough sometimes to get everything together and to make sure everybody is on the same page, Mr. Jeff Rhody, Science, said.

However, with those three years without a home track under their belt, the team has overcome the obstacles that traveling has placed in their way.

"Overall the season went better than expected. We had always talked about making it to State, but I never thought we could actually place there. We had a new sprinting coach this year who dedicated all of this time and effort into us. Once you added that with the talent our team already had, then we were basically going to be unstoppable in the sprinting events," Ethan Gomez (12) said.

This season, the team has broken five Lake Central records, including the 4x4, the 100-meter, 200-meter, 400-meter and 4x100 meter relay.

"At State, I was the first person in Lake Central history to qualify in the 400-meter. I've only ran it five times total. For me though, the record was not as important as qualifying for State. I knew I'd have to break it if I was going to run another day so I went out there and it happened," Clayton Goldman (11) said.

With these accomplishments behind them, the team can look forward to continuing their streak on a home track.

"The new track looks great. [We will] be able to do workouts at the school instead of having to go to Clark everyday, so that's nice," Kameron Konopasek (11) said.

RUNNING HIS HEART OUT

Charles Sykes (12) breaks four Lake Central records



"[I have been in track] for three and a half years. I joined track to stay in shape for football, but during the process I have started to love track more than football. [This year] I broke the 100-meter, 200-meter, the 4x4 relay, and the 4x1 records. I was DAC Runner of the Year, The Times Athlete of the Year, [Lake Central's] Athlete of the Year and the MVP for the track team. In college, I plan on running track at Carthier next year. Last year, I was named the DAC champion in 100-meter, sectional champion in the 200-meter and then at Regionals, I came in second in the 200 [-meter relay]. For Ohio, [at the Midwest Meet of Champions] it was a meet of the best runners in the state. I ran in the 4x2 relay and broke the meet record."







1. REACHING THE FINISH LINE Ethan Gomez (12) runs to the finish line in a meet against the Chesterton Trojans. Gomez was part of the 4 x 100 team that went to State this year. "We got a new coach this year, so the practices have prepared us for running in general. Practices [this season] are much harder than they were last year, so it really helps us pull through in the meets," Nicholas Lucas (10) said. 2. VICTORY VAULT Joseph Schneider (12) prepares to pole vault. Team members who vault were trained separately from the rest of the team. "Half of our training we spend upside down, so we need to get really comfortable inverted because that is what half of the jump is. It is more of crossfit stuff because we do not do a lot of running, Schneider said. 3. SPIN SHOT Brandon Scott (12) prepares to throw the shot put on the Clark Middle School field. The team won against Chesterton and LaPorte on April 28. "It's always the goal at the end of the year to do as well as you can to medal at the state finals, which is top nine in the state," Mr. Jeff Rhody, Science, said. 4. HURDLING HEROES Noah Tracy (11) and Maxwell Hill (9) jump hurdles in the track and field meet on April 28. The team placed first at the meet against Chesteron and LaPorte. "We get taken aside and do several drills before [we start]. We do a lot of stretching, more than what the other guys do," Tracy said. Photos by: Hannah Sonner







1. Tyler Kramer-Stephens (11) Photo by: Erin Dosen 2. Joseph Schneider (12) Photo by: James Lafakis 3. Michael Dahlkamp (10) Photo by: Hannah

GETTING EVERYTHING TO COME TOGETHER

Exploring the track and field trifecta

All events for track and field fall into three general categories: running, iumping and throwing. These three categories are broken into 16 individual categories, with some team members competing in more than one category.

"There are three different events. Distance, fielding and sprints. Distance is from 800 meters to two miles. Field is throwing and jumping and pole vaulting. Sprints is from 100-meter dash to the 200-meter dash plus all of the relays. The two mile and the mile train their lungs. The 800 and sprints work on [the runners] leg muscles and how to run through lactic acid," Tyler Kramer-Stephens (11) said.

SUCCESSFUL SEASONS FOR SENIORS



"This [was]my second year. [I like] long-jumping, [because] it always strives me to do better."

JARED BENSON (12)



"At our indoor Portage meet, [in the] 4x4, I came in first. Knowing the hard work paid off was a good and rewarding feeling."

NATHAN ZAJAC (12)



"Last meet I took first place in Merrillville. We just ordered a new pole vault pole, and I jumped on it for the first time, and I will probably beat my record on it."

KURTIS MARKIEWICZ (12)

"The whole experience was absolutely amazing for me. When we originally broke the 4x4 record, I was a last minute addition to the relay. All of a sudden, we broke the record and right there we knew something special," Clayton Goldman (11) said.







Jennifer Mohamed 3. THROWING A WIN Kylee Freckelton (10) winds up to throw in the discus event. Along with discus, Freckleton also participated in shot put this season. "Sometimes, there is a lot of pressure on you because it's not only a team sport. It's an individual sport, so you have to perform your [best] for your team," Megan Zajac (12) said. Photo by: James Lafakis 4. JUMPING FOR JOY Etura Williams (12) jumps the hurdle during a meet held at Clark Middle School on April 21. The girls faced off against the Michigan City Wolves and won. "I'm really close with most of the girls. We're really close, so it's fun. We push each other, and in the workouts, we stick together and try to get better every week," Morgan Olson (11) said. Photo by: James Lafakis



"[Track] is a passion of mine. I just kind of have this strong feeling, and I really like competition. It's fun because it's focused on me more than more of the whole team, so I can focus on myself and working to better myself," Katelyn Rusiniak (9) said.

SPRINTING FOR TEAM SUCCESS

Varsity girls hurdle new challenges

PAGE BY: RUTH CHEN, VICTORIA WILKES AND JESSICA WOJTON



his season, the varsity girls track team overcame many obstacles, both mentally and physically, with success.

"It's going good. We're winning a lot, and we're hoping to do good post-season. I think we're doing good. We have a lot of good freshmen who came in this year, and they're really helping us out," Morgan Olson (11) said.

The team's close bond was shown through their performances during the season.

"We're all really close. It's fun. When you're running or practicing, they are always there for you and [are] always helping you," Nicole Verdeyen (11) said.

Other team members weren't the only push they received to improve. There were other contributors to the team's success.

"[The coaches] motivate you. They really push you. Practices are really hard, but we get through them, and we have to know that this is our time to get better. This is our chance to make that extra step during a race," Verdeyen said.

With every season, the team members mature with more responsibilities brought upon them as upperclassmen.

"[Being an upperclassman], you have a little more responsibility. You have to make sure the underclassmen know what drills they're doing and make sure they're doing them right," Zhanae Howard (11) said.

Some freshmen also landed varsity spots this season, an achievement that is accompanied with higher pressure.

"It's really cool because that's been my goal ever since seventh grade. I wanted to make varsity as a freshman. I did and I have respect from people, I guess. People don't see me as 'that freshman' because I have skills," Katelyn Rusiniak (9) said.

Although track can be intense, the team has a constant hunger for success, even when confronted by obstacles.

"The fact that [track is] a mental sport [keeps me motivated]. You have to find your own motivation, whether it's singing to yourself in your head to get through the pain or just knowing that you're trying to better yourself. If you don't push yourself that day, you know that other people around you are pushing themselves, and they'll beat you," Holly Blair (12) said.



Kayla Capshaw (11) Photo by: Jennifer Mohamed

TIPS AND TRICKS FOR POLE VAULTING SUCCESS

"The first step is your run. You have to have speed to have the momentum to propel yourself over the bar," Melanie Stepanovic (11) said.

The second step is the actual plant. [You] plant as in like putting the pole up. So, you're running, and then you have the pole in your hand, and you just plant," Stepanovic said.

"Don't be scared of heights [because] confidence is definitely a really big part [in pole vaulting]," Mariah Contreras (9) said.

SHARING THE LOVE OF THE GAME



"I joined track because all my friends from cross country do it, and I just really like running. I always have"

KELLY SHELTON (10)



"[My favorite part of track is] knowing that at the end of every hard work out, the whole team got better."

DANIELA ZUBIC (9)



"My favorite part about track is that I can do what I love and still have the people I love around me."

KYLEE FRECKELTON (10)



"My favorite part about track is the girls and the friendships we have together. We're all really close"

BROOKE GLOVER (10)



GO THE DISTANCE WITH STEADY PERSISTENCE

SHORT DISTANCE

"I like [running short distance] because it's shorter, it's quicker and more like [an] adrenaline rush. For the shorter ones, like 100 [or] 200, it's just half a lap around the track or a straight away. We do a lot of short, quick training. We go hard in the weight room [to] get stronger. Then, [we do] a lot of squats and training our legs more, training them to go faster."

RENEE DININO (11)

LONG DISTANCE

"Ever since middle school, [I was] in long distance [when] I did cross country. Coming to track, this is what I'm better at because I'm not really good at sprinting. [In] long distance, it's easier to get better. You just go out and run on your own. You have room to get better."

MELISSA SPANIER (12)





VARSITY BASEBALL FOCUSES ON FUTURE PLANS

TEAM GOALS

"[Our future goals are] to win Sectionals and win our DAC games. They matter the most. We have to beat Morton and Munster for Sectionals because they will be our toughest opponents."

JOSEPH GRAZIANO (10)

PERSONAL GOALS

"I would like to be an All-State Academic and be the best player I can be. [To help obtain this goal], I go hitting a couple times a week outside of school, and I work out [with] the travel team."

STEVEN MEYER (11)



PERFECT PITCH WALK-THROUGH

"Stand even with the catcher. Being right-handed and having a lot of movement toward the right, I stand toward the left side of the mound to create an angle going in to make it harder to hit," Bryan Vanderlee (12) said.

The second step is to choose your pitch. "Since I don't throw as hard, I use my change up. I use it to disguise my fastball. If I get a hitter reaching out in front, I can roll over and get a ground out. I know my defense can back me up and make a play for me," Vanderlee said.

The last step is to make sure your head is in the game. "You have to go out there and command the zone for your team no matter who the opponent is. You have to go out there and throw strikes to give your team the best chance to win the game," Vanderlee said.

BASEBALL THROWBACKS



"[My favorite memories are] post season, winning Sectionals and Regionals and playing those big games. It's a great time and great for experience."

ALEXANDER NISLE (12)



"[Baseball] has made me a better person, and it has taught me how to work hard for what I do."

JACK KUEHNER (12)



"My favorite memory would be after we had a bad loss, and Coach Sandor threw a bat up in the air and started yelling at us and [the bat]. It was funny."

JAMES MAYS (12)

BASES LOADED

Swinging through baseball season

PAGE BY: COLLEEN QUINN AND AMBER STEDT

rowds gather and bats clink against the fence. Coaches and players prepare themselves for the start of the game. Baseball, like all other sports, requires time and dedication from everyone involved. Although the season brought many challenges, the players were able to help each other push through.

"Everything with our group is mental. As soon as we overcome [that] and believe that we are our own worst enemies, we're going to be OK. If we don't overcome that, it's going to be a short end to our season," Coach Jeff Sandor, English, said.

The team shared moments of celebration and reflection that helped them build their challenges into something bigger than a high school baseball team.

"My favorite part is being able to play with my friends and having the team atmosphere. We get to go to practice everyday and get to see and bond with everyone. It's kind of like a family. We learn a lot about one another. We know each other's strengths and weaknesses. It's good to be able to pick everyone up and work together to create something great," lan Gifford (11) said.

As new players were brought to the varsity level, the whole team had to work together in order to strengthen any loose ends. There were numerous goals that the team shared as a whole; however, personal goals are just as important.

"Personally, I can improve on throwing more strikes. I was not as sharp as I wanted to be. I want to get a lot of kids out and not walk as many. My goal as a pitcher is to just pitch my game and to get guys out and put our guys in a position to win no matter what," Matthew Litwicki (10) said.

Rather than building specific skills, other players were focused on building skills to become a more well-rounded player on the field and at bat.

"[In order to improve] I try to find my weak points, [such as] fielding, base running, hitting and mentality. I try to find different ways to improve," Christian Mota (11) said.

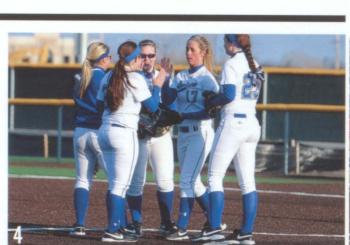
After winning a heated game against Munster in the Sectional rounds, the team faced a loss in the championship against Morton.





"I like playing second base because I get to be in charge of a lot at once and take on two different bases: second and first base. I like doing that," Sarah Banasiak (12) said.

1. EYE ON THE BALL Madison Blythe (10) focuses on the ball and takes a swing. Batting caused mounds of pressure on the players and some found it best to tune out the distractions. "[When I'm up to bat], I concentrate on hitting the ball. I try to clear my mind and focus on what is going on," Blythe said. Photo by: Shannon Hearne 2. PITCH PERFECT Julia Schassburger (11) pitches to her Highland opponent. The new turf field changed how the team practiced and played. "[The new field] takes getting used to. We had to play on it for a while to actually get a feel for it, but I like [the field]," Schassburger said. Photo by: Emily Lisac 3. SWING FOR SUCCESS Ashley Nylen (12) swings her bat and hits a softball into the air. Players on the team felt like they played better offense than defense during the season. "I feel like we are a more aggressive [team this year] because of our practices. We have been practicing more than we usually do and we have new coaching this year than last year," Jayna McDermott (11) said. Photo by: Jennifer Mohamed 4. PEP TALK Team members high-five each other after striking out the opponent. During games, inspirational words helped pick up the team. "[After we get an out, we] go to the circle and say encouraging words, give pep talks and say 'good job' for getting [the other team] out," Paige Carter (11) said. Photo by: Emily Lisac







FRESH FACE ON THE FIELD

Freshman makes varsity appearance first year



"I think it's really cool to be a freshman and be able to play on varsity all the time. I've never played a JV game. I've always worked hard [in softball] and [getting on the varsity team] was one of my goals. I really like [being on the team]. I play on older teams for travel, so I'm used to [being on older teams]. My most memorable part of the season was being able to pitch the first game of the season on the new field. I thought that was really cool. Another part was when I threw a no-hitter against Merrillville. I need to keep working for college because I want to get into a Division I school, [as] one of the top schools for softball. I want to be able to pitch on TV. I need to keep working at [softball], but obviously education comes first."

MADISEN TUCKER (9)

BATTING THE NERVES AWAY



"I usually listen to music before a game just to relax and get some of my nerves out."

CRYSTAL GUZMAN (10)



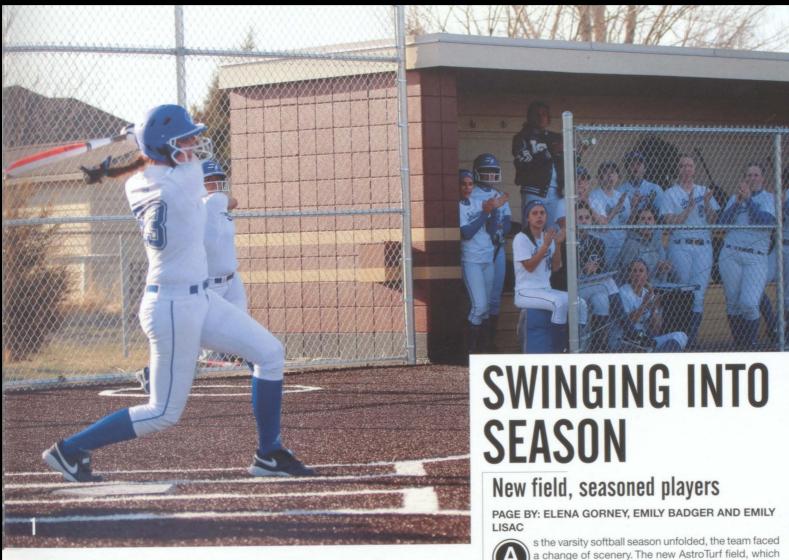
"To calm my nerves before a big game, I just mentally prepare myself [for it] and work on what I need [to improve]."

CIERA NOVAK (11)



"Everyone supports each other, so it calms my nerves when I hear my team cheering me on."

SYDNEY SCHERZINGER (12)





BALANCING WORK AND PLAY

"I try to get my school work done during the school day, so I have time to hang out with friends and do softball after school. I mostly finish homework in my classes, but I aide too, so I try to get some of it done during aiding," Aspyn Novak (12) said.

"I definitely get my softball work, like practicing and going to the batting cages, done before I go out. My social life is usually on the weekends, though," Novak said.

"Some of the softball girls [and I] go to Starbucks and try to get our work done together. I guess that's kind of putting my softball life, social life and school life all in one," Novak said.

SWINGING INTO SEASON

New field, seasoned players

PAGE BY: ELENA GORNEY, EMILY BADGER AND EMILY



s the varsity softball season unfolded, the team faced a change of scenery. The new AstroTurf field, which was finished in January, required some adjustments in the team's game.

"The turf field has affected us a lot because we were so used to playing on the turf for our first home games. When we went away, we [played on] grassy outfields and bumpy infields. Our players were not used to it, so it affected how we felt the ground ball, caught pop-ups and how our game altogether was played," Jayna McDermott (11) said.

Playing on a new field can be tough, but with hard work and practice, the team adjusted well.

"[Even though] it's different playing on a turf field, I like it more [than the old field] because the ball bounces [better], and it is easier to catch ground balls," Ashley Nylen (12) said. The team had 10 upperclassmen players this year, and their experience was beneficial during practices and games.

"We have a lot of upperclassmen, so [the seniors] are showing the underclassmen the ropes. Everyone bonds really well, and everyone gets along," Nylen said.

Eventually, the team found its footing in the competition and continued to move forward, landing them at State. There, the Indians were able to beat two of the three top-ranking teams

"We have won some very big games, and we have lost some games that we wish we wouldn't have. However, we are starting to find our niche right now, and this is the perfect time to be doing that," Coach Jeff Sherman, Math, said.

The girls faced a loss against the Center Grove Trojans, however, with a final score of 6-2. And while this game dashed their hope for the championship, the team is still able to reflect on the impact of their run.

"I think we proved a lot of people wrong in the postseason, and making it to State showed all of the hard work we put into that goal. Even though we didn't win we made a great run and it was an awesome end to my senior year," Sarah Banasiak (12) said.

FUTURE STAR PITCHER OF VARSITY

Freel prepares for some varsity team goals



"[I plan on] trying to make varsity next season. Winning a State Championship [next year] is a goal. [I'm going to] achieve it by working hard in the off-season, having good team chemistry, playing smart baseball and working hard in the weight room. [I] go to pitching lessons and hitting lessons, and I come in [to school] in the mornings to work out [to prepare and reach my goals]. I'm a pitcher. I just try and throw strikes, and I have my teammates to back me up in the infield and the outfield."

KYLE FREEL (10)

MOST MEMORABLE MOMENTS



"I participate in long jump, the 200, and 4x4. I really like long jumping a lot. It makes me feel like a superhero, like Superman."

NOAH WHITNEY (9)



"[I am going to miss] running with the guys during practice [because it] was really fun. [My most memorable win was] beating Munster and Crown point at a meet that was in Munster."

MICHAEL LUCAS (11)



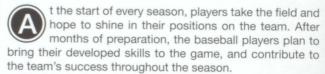
"My most memorable win was when I cleared 10. I thought it was really cool because it was just double digits, and I've never done that before. It felt great, and my coach was excited."

DANIEL MATCHAIN (12)

STEPPING UP TO THE PLATE

Baseball players prep for the future

PAGE BY: MADELINE HIRSCHFIELD, VICTORIA WILKES, RUTH CHEN AND JESSICA WOJTON



"My favorite thing about baseball is just being around the game I love. The hardest part is coming out everyday, and giving 100 percent. It's hard to do that on a day-to-day basis," Douglas Visnack (9) said.

Even though the JV and freshmen teams are different, they do a lot of the same conditioning and workouts to prepare for the upcoming season.

"Sometimes [the] JV [team] and freshmen [team] practice together. We usually have to do field maintenance after it rains, so we lose a lot of practice time. Conditioning is pretty much the same [for both teams]. I think [JV's games] are harder since they have more experience," Ryan Ruberry (9) said.

For any team, it's important to set team goals as well as personal goals to strive for every season.

"I believe our team and personal goals for the season will probably be to win as many games as we can and win the end-of-the-season tournament, which will probably be against Munster," Martin Ewing (9) said.

The team found success throughout the season. They overlooked their mistakes and focused on the things they did well.

"I think one of our best highlights was playing [against] Crown Point. We were down 4-3 and going into the top of the seventh inning. We started batting, [and] I led off the inning with a double [and] then we got a walk. [Then], someone struck out, and Tyler Frank (10) hit a three run home run, and we ended up winning 7-5," Bradley Loden (10) said.

Although the stakes are not as high for the JV and freshman players, they still strive to do their best and improve every game to eventually earn the varsity spot they hope to get in the future.

"It's just fun being around the whole team [because] it's a great group of guys. I just hit and field as best as I can [to contribute to the team's success]. I do what I can do," Logan Carver (9) said.

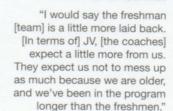
DISTINGUISHING BETWEEN TWO TOUGH TEAMS



"For the freshmen, it's their first time all together, and we're still trying to work together and start to feel more comfortable as a team. JV has been together for a while; they have all been on the same travel [team]."

NICHOLAS SWANSON (9)

JV FIRST BASEMAN



CHRISTOPHER FUNDICH (10)







1. HIT AND RUN Nicholas Bandura (10) bunts the ball before sprinting to first base. Bandura put down the bunt in order to bring in a run. "[My goal] is to win every game [we have left] in the season and to get better as a whole team," Bandura said. Photo by: Camryn Wallace 2. TAKING A TIME-OUT The freshman baseball team talks about their game plan on the pitcher's mound. After taking time to recuperate, they came out strong during the rest of the game. "My favorite part is just seeing everyone play and the team working together," Payton Sanders (9) said. Photo by: Ashley Kralik 3. SLIDING IN SAFELY Colton Rydlewski (10) slides into home plate. The JV baseball team beat the LaPorte Slicers 9-2 on Tuesday, April 28. "We are bonding well and winning all of our games by a lot," Rydlewski said. Photo by: Camryn Wallace 4. IN THE STRIKE ZONE Sam Barnhart (10) throws a pitch. Barnhart pitched six innings against the LaPorte JV baseball team. "[Our season] is going great. We lost [one] game [so far], but you know what, we just [have] to keep plugging ahead," Barnhart said. Photo by: Camryn Wallace











"My most memorable moment was going to the away meets. Even being on JV, I got to go to the varsity meets," Mackenzie Goncher (9) said.

SWINGING INTO MOTION

JV girl athletes stay determined

PAGE BY: MICHAEL CLARK, JENNA CRAWFORD AND GIANNA MILLS

houghout the season, girls spring sports such as track and field, tennis and softball have had teams filled with goals and aspirations.

All teams are in full swing, with JV girls tennis striving to fulfill its team goals.

"Overall, the team is doing really well. Our number one goal is to get number one in the DAC," Hannah Hill (9) said.

Track and field is another spring sport that has set goals for itself.

"The season is going great. A lot of people are getting their [personal records]," Clairese Urchell (9) said.

While the teams have been working toward success, individuals are on their way to improving their performances.

"So far my season is going really well. There's always room for improvement for me. I play doubles. I personally believe that doubles is harder because you have to communicate with your partner who's on the court with you. I ended up playing a singles match and winning it, so that was cool. My personal goal for the season is that I want to win more, especially with my doubles partner because that would be such a great accomplishment for the two of us," Hill said.

With tennis players perfecting their skills, members of track and field are also striving to achieve their goals.

"My personal goal is to hit at least 32 in shot put and about 90 in discus. [The goal for] the team is to make it to Sectionals," Urchell said.

With the end of the year quickly approaching, JV softball players have high hopes for the last few games of their season.

"[Our team goal is] to go to State and Regionals," Rylee Platusic (9) said.

Through each sport, team members have been brought together and have grown closer during the season.

"[My favorite part is] being able to play. We're really a family, everyone on the team. I know it's kind of cheesy to say, but I look at other teams and then at our's, and Lake Central is really like a family," Hill said.



1. Kylee Freckelton (10) 2. Jazmyn Zapata (10) 3. Sarah Spivak (10) Photos

PREPARATIONS FOR TRACK AND FIELD

JV track's insight on events and warm-ups

Track and field has an abundance of events for those who are exploring activities pertaining to endurance and strength. The field events include discuss, shot put, pole vaulting, hurdles, high jump and long jump. When competing on the track, there is a variety of different distances to participate in. Whether a person is competing in a track event or a field event, it is important to stretch and do warm-ups.

"I run [the] 400, 200, 100, 4x100, and 4x400. Before I run, I usually do a-skips, b-skips, and c-skips, and I like to do different stretches and warm-ups. That's pretty much how I prepare," Savanna Spears (9) said.

JV SOFTBALL HAS HIGH HOPES FOR SEASON



"As a team, I think we just want to be able to work together better so we can get a good win."

AMANDA NOBLETT (9)



"[The team wants] to go far in Sectionals. We need to hit better and get more girls on base."

CHEYENNE MATHAS (9)



"We're 15-1 right now in the season, so we just want to keep winning games and improving."

JESSICA KIEFOR (9)



"For the rest of this season, I would like to win the last few games and go out with a good record."

SELENA MICHAKO (9)



SISTERS WHO PLAY TOGETHER STAY TOGETHER

BOND THROUGH BLOOD

"I like [playing in high school] because we're all at about the same level. [My sister and I] do everything together. We're pretty much best friends. [Tennis] is just another thing we do together and both enjoy."

HOPE MARTENS (10)

BOND THROUGH TEAM

"I like [playing at the high school level] because it's a challenge. We all have this bond since we're teammates. [I like playing with Hope] because you're not in this alone. It's fun because we're really close."

SKYLAR MARTENS (10)





since last March and she started this March, so she's been there for a while. When she first started, I was still swimming. I only worked one day a week, so we didn't really talk. Then we started working together. We started talking and I was like 'Oh who's that cute girl, I should probably go talk to her,'" Hires said.

Before Granskog and Hires got their jobs, they had never met each other.

"I had no idea who she was. She did not exist to me before March," Hires said.

Texas Roadhouse is open six hours a day so the majority of their time spent together was at work.

"Most the time we have worked together because everyone works the same hours there. Sometimes we work three hours, sometimes it's six hours a day. Some weeks, we get lucky, and we get the same days off," Granskog said.

With their schedules constantly changing, the couple deals with working different hours.

"Every single week [the schedule] is randomized, so we don't always have the same schedule," Granskog said.

Granskog and Hires manage to make the best out of their situation.

"The thing I like most about working with him is the fact that even though we are working, we can still see each other. It let's us see each other more," Granskog said

Having jobs and being busy with school can take time away from relationships. In Hires and Granskog situation, their jobs have worked into their relationship, bringing them together as a couple.

BALANCING TWO JOBS AND SCHOOL WORK

Neal Broad (11) works at Aspen Cafe and Gino's



Not a lot of students can handle the pressure of one job on top of schoolwork, let alone two jobs. Neal Broad (11) deals with these pressures on a regular basis

"I work five days a week. During the week, I work 5 p.m. to 11 p.m. every day after school at Gino's. On weekends, I usually work 8 a.m. to 4 p.m. at Aspen Cafe, then go back to Gino's at 5 p.m. and work untill 11 p.m.," Broad said.

Despite the stresses of juggling two jobs and schoolwork, Broad makes the best of his situation.

"I've been working at Aspen for a little under a year, and then I've been working at Gino's for about two months. I bus and wash dishes," Broad said.



1. SWEET MONEY While working at Sweet Frog, Sean Meyer (11) cleans and works the cash register. Meyer has worked at Sweet Frog since his freshman year. Meyer is given a free twelve-ounce cup of yogurt after every shift. "My favorite part about working at Sweet Frog is interacting with people most of the time, and I like being able to work at a very popular place," Meyer said. Photo by: Jenna Crawford. 2. WHATEVER RINGS YOUR BELL Victoria McKenzie (11) works at Taco Bell/ Pizza Hut. She was hired at the beginning of September this year. "[I like this job because] I get free food whenever I have a break and I get a lot of discounts," McKenzie said. Photo by: Jenna Crawford 3. LOVIN' IT AT MCDONALDS Amanda Mitcheltree (11) has worked at McDonald's since late February of 2014. Mitcheltree has loved her job and has even made many of the friends she has now from working there. "My favorite part is being at the front because I like being able to interact with the customers and some of the 'regulars' that come in," Mitcheltree said. Photo by: Jenna Crawford



HOW TO HUNT FOR JOBS

"Some of the best ways to find jobs is to look in the newspaper, the internet and to talk to friends," Chase Lowden (12) said.

1 learned that when your interviewer asks to tell them about yourself, say stuff that shows good work ethic," Kyle Massa (11) said.

4 "Apply everywhere. Remain unbiased and remember to keep an open mind because you'll be making money," Jessica Sellers (12) said.



Jessica Sellers (12) Photo by: Darian Smith

DO YOU HAVE A JOB?

poll out of 329 students

DON'T HAVE JOBS

There are two major factors that can determine why 74% of students do not have jobs.

Some students might not have the time in their schedules, while others are too young to apply for a work permit.

DO HAVE JOBS

26% of students are driven to apply for a job, de-

spite their busy schedules. Working outside of school can help a student expand their communication skills and learn responsibility.

26%

CRAMMING CRAZY HOURS OUTSIDE THE CLASSROOM



"This past August, I worked almost every single day, and so far I've worked all holidays except Easter."

DANIELLE NOWAK (12)



"I work four to five days a week and five to six hours a day at Sicilan Joe's. The hours are pretty rad."

IAN LITTRELL (10)



"Last year I babysat my neighbor's kids from 5:40 a.m. to eight at night everyday. I had weekends off though."

ANDREA SCHUSTER (12)



"I work at Rico's pizza in Lansing, and on average I work about 20 hours a week."

JERALD LYDA (11)



"I was a lifeguard over the summer at Deep River. I worked 9 a.m. to 6 p.m. just about every day."

ADAM LECHOWICZ (11)



"I work at Chips and Salsa in Dyer. I work 2 days a week from 4 p.m. to 9 p.m."

NICHOLE HEUSMANN (11)

"I think [working jobs] has to be hurting their academics. They should be going home with four classes a day, that's two hours of homework. If they're working eight hours, that homework isn't getting done. They have to have some study time," Mrs. Joan Loden, Mathematics, said.









1. GAME PLAN Eva Elmalh (11) and Emily Segovia (11) discuss how they are going to assist people. The girls volunteered at the St. Jude Walk to earn volunteer hours for N-teens. "I did a cancer walk, Relay for Life, with my friends. It felt good to give back," Andrea Kowalewicz (12) said. 2. PUSHING THROUGH THE COLD Jeanine Gilbert (11) and Lauren Druzbicki (11) are bundled up for the chilling temperatures during the St. Jude Walk. Many participants in the walk consisted of church members. "I volunteer for church stuff like a children's day. It's pretty fun," Micheal Hemmerling (11) said. 3. MARCHING FOR A CAUSE Walkers make their way through the 1.3 mile course for the St. Jude Walk in Lansing. All of the money collected from the walk went toward St. Jude Children's Research Hospital. "I volunteered at the Munster Humane Society. [Helping] made me feel very confident and happy," Kaitlyn Opperman (10) said. 4. FRIENDS AND FUN Eva Elmalh (11), Maria Moricz (11) and Emily Segovia (11) are laughing and having a good time at the St. Jude Walk. The walk took place on Saturday, Oct. 4. "I like to volunteer at Piefer to see my old teachers and help out," Mohammed Hijaz (10) said. Photos by: Jessica Wojton



STUDENTS STEP INTO COMMUNITY SERVICE



"I volunteered at the St. Agnes Fest in Chicago Heights over the summer. I like to make people smile."

RADIANT SYKES (10)



"There's that feeling of fulfillment doing something good for the community, so that makes it worth it."

RYAN WIEBE (12)



"I gave presents to the homeless people with my church."

KENNEDY KNOX (12)



"I volunteered at a camp over the summer for a week. It's called Silver Bridge Ranch, and it's in Wisconsin."

BROOKE LANTING (10)

HAUNTED BY LOCAL SCREAMS AND SCARES

"I currently volunteer at the Gary food bank, and I've been doing it for four years now. It makes me feel better because I know I'm helping the

community in some way," Parker Danner (10)

Nina Strubing (10) volunteers for haunted house



The Lake Hills Haunted House is a local attraction that takes place from Oct. 3 through

November.

Lake Central students are among those who volunteer to work as actors, makeup artists, and prop and set designers.

"[When I joined,] I was expecting to basically make friends and scare people. It was super fun," Strubing said.

Anyone can go to the haunted house and anyone interested can volunteer. Strubing was inspired to volunteer for the haunted house after experiencing the scare in previous years.

"I went through [the haunted house] a few years prior to working it. My brother worked it, so we would go and support him," Strubing said.

Strubing and numerous other staff members took on the acting role for the haunted house.

"The key is don't be loud and obnoxious and in their face, be more quiet and creepy. It doesn't have to be loud to be scary," Strubing said.

WALKING TO FIND A CURE

Students help at the St. Jude Walk

PAGE BY: SOFIA HAY AND ANNABELLA PIUNTI

he St. Jude Walk took place on Saturday, Oct. 4, in Lansing, Ill. This all-day event included a 1.3 mile walk and fun fair to raise money for St. Jude Children's Research Hospital. Some N-Teens members volunteered to participate in the walk and helped with the fun fair.

"I was getting hours for N-Teens, and I thought it would be fun and easy to do with my friends. It was really cold, but it was fun," Jeanine Gilbert (11) said.

The registration fee was \$5 and a t-shirt was \$20, but all funds were donated toward research for the children.

"I've always enjoyed volunteering, and I think St. Jude's is a great cause," Emily Segovia (11) said.

Many people participated in the walk. The fun fair that followed included bounce houses, face painting, a hoola hoop contest, games, concessions and giveaways. All of the proceeds went to St. Jude's as well.

"It was a good turn out. Almost all of the [Lansing Church of Christ] came to support it and walk," Segovia said.

N-Teens supplies volunteers for programs that need assistance for different events in the community. The club coordinator, Mrs. Kelsey Becich, English, helps organize the students for these occasions.

"Basically I, with help from some other students, provide different volunteer opportunities from many different communitites. What is so great about Lake Central is that we come from many different communities, so there are many different opportunities," Mrs. Becich said.

All the hard work N-Teens members put in does pay off. Along with the general rewarding feeling that volunteering provides, members recieve other benefits as well.

"Based on how many hours [members] save up, they can participate in different social events that we have throughout the year. In the fall we might go to the pumpkin patch, in the winter we go to Chicago, and at the end of the year we do a Six Flags trip," Mrs. Becich said.







HARVEST FESTIVAL FESTIVITIES

N-Teens members volunteer at fairgrounds

One event that members of N-Teens volunteer their time at is the Covered Bridge Harvest Festival. This festival takes place at the Lake County Fairgrounds in Crown Point every year.

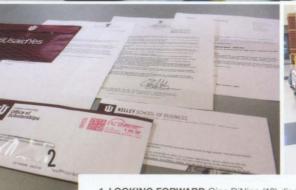
"It's hard to make it to every event. I feel like [The Covered Bridge is] one of the most fun events. Everybody is having fun, and there are lots of little kids. It's a good time," Miranda Anuszkiewicz (11) said.

N-Teens holds various social events for members as well.

"I needed to join a club because I want to be in National Honors Society. [N-Teens teaches] people skills and responsibility," Serene Fakhoury (10) said.

1. Kristen Hecht (10) Photos by: Annabella Piunti









1. LOOKING FORWARD Gina DiNino (12) discusses graduating at semester with Mrs. Brynn Denton, Guidance, while looking at her status with different colleges. DiNino has decided she will work the rest of this year and go to college the next year. "I visited my guidance counselor for my senior meeting, and she taught me how to explore Naviance and college [applications]," Megan Barenie (12) said. 2. ACCEPTANCE FRENZY Students have acceptance letters and scholarships from different colleges. Early admission started in November for most colleges and the Common App. "I recieved my acceptance letter from Indiana University, and I am still anxiously awaiting my letter from my dream college, University of Illinois," Marisa Mendoza (12) said. 3. COLLEGE QUESTIONS Aidan McCambridge (12) talks to the representative from Indiana University Northwest. This booth was set up in Main Street on Nov. 11 to provide answers to curious students. "I wish I had taken the opportunity of looking at the college booths. However, I already knew where I wanted to attend," Jacob Graziani (12) said. 4. COL-ORADO BOUND Michaela Krysinski (12) looks at her acceptance letter to University of Colorado Springs. She applied at the end of October and got her letter in the beginning of November. "When I recieved my first acceptance letter, I was so excited. I knew I would get in, but it was still a nice reassurance," Aaron Ludwig (12) said. Photos by: Hannah Bryner

JOINING THE HOOSIER HYSTERIA

Samantha Copeland (12) commits to dream college in Bloomington



"I applied to four colleges, but my top choice was IU Bloomington. I want to go there for the Kelly School of Business and get a degree in accounting. I got accepted on October 15 while I was sitting in Mr. Smith's room. I am planning on rooming with my best friend. I cannot wait to end my high school career and start a new one in Bloomington. I am excited to meet new people and learn new things. I received a \$4,000 scholarship. I hope to attain more to help my family pay for the expenses. As long as I maintain a 3.0 GPA in college, my scholarship will continue through my years of schooling."



"I have only applied to one college so far, so I am winging it. I am pretty lucky, so I hope to get into Ball State," Kyle Hayes (12) said.

THIRD YEAR IS THE CHARM

Students graduate in three years

PAGE BY: HANNAH BRYNER

n May 29, 2015, when seniors sit in their caps and gowns thinking about the past four years of high school, there will be eight students who only reminisce on three. These three-year students are still considered part of this year's graduating senior class.

"I started researching colleges my freshman year, and I realized I would have enough credits to graduate after my junior year, so I decided to. My mom has played a big part in this because she has planned all of my courses out for me ahead of time," Kaleb Toweson (12) said.

Not all students go away their first year after graduating. Some reap the benefits of staying home an extra year.

"I get a scholarship for graduating a year early, so that scholarship will cover my first year of Purdue Calumet. I'm going to get all of my core classes out of the way. Then after that, I will transfer down to Purdue West Lafayette," Sarah Milzarek (12) said.

Although these students have chosen to sacrifice a year out of their high school careers, some are faced with more responsibilities than ever before.

"It is pretty nice not having a junior year, but it is also very stressful. I have to take four online classes to get all of my credits," Milzarek said.

This handful of students has had to adapt to changes in order to graduate this year. However, the jump from sophomore year to senior year is not one that happens over night.

"I think it is going to be different and a little weird walking with kids who I haven't been in the same class as my whole life. In the long run, I do not think that it will matter that much to me," Morgan Shoemaker (12) said.

Being a senior has plenty of perks, such as hang-out spots and the best seats at football games. These also come with being a three-year graduate, if the student chooses to participate.

"Sitting in the front row at games or standing on the senior wall before school is not really important to me. Most of my friends are juniors. I also hang out with seniors, so I still get the senior experience," Toweson said.



Tiffany Polyak (12) Photo Illustration by: Hannah Bryner

16 APPLICATIONS AND COUNTING

"At first, I researched a lot about medicine because that is what I for sure want to go into. I looked for the top schools and applied to them. I started looking in freshman year, but chose the schools this past summer," Tiffany Polyak (12) said.

"Most of the schools were on the Common App, so I was lucky for that. The only schools that were not, were IU, four schools in California and University of Washington. Besides that, I only had to fill out the Common App," Polyak said.

"I had to write at least six major essays. I had to write around twenty including the personal statements. I filled out all of my information and turned them in. I have been accepted into IU, but none of the Common App ones were sent back yet," Polyak said.

STUDENTS GRADUATING AT SEMESTER

Source: Lake Central

4%

ARE GRADUATING

The last day before Christmas break, Fri. Dec. 19 will be the last day for 4% of the seniors. They

are called "early grads' and complete high school in three and a half years.

ARE WAITING

The other 96% of students are completing high school in four and a half years. They

will come back to school after Christmas break and continue to finish the school year.

PARKING AT ZIG-E'S, PRODUCE DEPOT AND FAGEN-MILLER

- It costs \$150 per semester to park at Zig-E's Funland and students can recieve a \$25 deposit back. There were 40-50 spots sold this year.
- It costs \$125 per semester, including a \$25 deposit, to park at Produce Depot. Students call in to renew or cancel their spots. They sold parking spots to 10 students this year.
- It costs \$1 a day, which is paid in full up front, to park at Fagen-Miller Funeral Home. Students do not need to renew the pass to keep the spot all year. They sold 37 passes this year.



loseph Van Vuren (10) Photo by: Kayla Hallowell



STUDENT DRIVERS

poll out of 330 student

DO DRIVE

37%

These students park in one of the four lots that are offered by Lake Central or any of the other three lots.

DO NOT DRIVE

These students do not park in any lots offered by the school or by the surrounding areas.

63%

TAKING ON THE LONG STRIDE

Student driver explains his parking spot at Zig-E's



"Parking at Zig-E's is all right so far. It hasn't been very cold, but when it does get cold the walk will suck. It's organized well; it's on a first come first serve so it's fair and not crowded. When I get there in the morning, I usually just get right in. I drive three or four other people, including myself. I have to get there by 6:55 a.m. at the latest so that we won't be late after the long walk. I think it's expensive, but it's worth it just because driving to school is convenient. It's pretty easy to get out of the lot after school. I plan on parking there next year if I can't get a parking spot at the school."

MAX BARNHART (11)

PARKING PANIC

Businesses offer valuable parking

PAGE BY: ADRIANNA PORTELA, KAYLA HALLOWELL AND ERIN DOSEN



ach year, a number of students are selected to park their car in four different locations: the school's parking lot, Zig-E's Funland, Fagen-Miller Funeral Home and Produce Depot. The chances

of being rewarded with a spot are slim, so the parking war is pretty hectic.

"[Parking at the school] is more convenient. I park on the side by 41, and it is a much shorter walk than what some other people have to do. I get here early, so I like the first come first serve idea," Michael Flores (12) said.

The school lot is divided into four sections consisting of faculty and senior student drivers. The most common student parking passes are red and the parking spots face Route 41. These spots are first come first served, which offers students who arrive to school earlier the chance to park closer to the school. Other passes, labeled yellow and green, are also given out to student drivers. These passes are for the lot by the academic wing. These are less common for students, as faculty covers most of that section.

"I'm happy about the short distance walk [from Fagen-Miller Funeral Home]. I think the price is okay, and you can get in and out of the lot quick," Madison Schroeder (12).

Fagen-Miller Funeral Home is located south of Lake Central on Route 41, while Zig-E's and Produce Depot are located north of the school near the soccer fields. Although walking distances may vary, each business provides randomly selected students with a paved walkway to enter the school grounds.

"[The walk from Produce Depot] is not too bad. The price is the same as the other places, I think it's well-priced," Nikolas Sambor (11).

Between parking passes administered on school grounds and spots reserved by neighboring businesses, the fight for parking spots wages on at Lake Central. Once construction is completed, there will be- more parking spots available for student drivers.



area. We also could not get parking passes for the year," Patrick said. Photo by: Erin Dosen

FUTURE PLANS OF VICTORY IN PARKING WARS



"[I would like a parking pass] because I have dance after school, and I'd like to drive to dance."

LAUREL GONSIOROWSKI



"I have a job and need a ride. I can get to work on time [if I have a pass]. I'll be pretty [upset] if I don't get one."

JAMES MCINTIRE (11)

"[Parking in the back lot] is a lot easier. I like it because there is not as much traffic," Jessica Ladowski (12) said







BARBERSHOP BEAT TO DEFEAT

Sophomore girls take the stage

PAGE BY: VICTORIA WILKES AND JESSICA WOJTON

here are several barbershop quartets from several schools that compete at the ISSMA (Indiana State School Music Association) competition at the beginning of February, including four from Lake Central. While many of the members of the quartets are toward the end of their high school career, Jenna Buntin (10), Isabella Gomez (10), Kellie Repasi (10) and Hannah Souronis (10) are new to the experience.

"We formed [the group] amongst ourselves. [Ms. Sandra Hobbs, Music,] lets us choose what we want to do for ISSMA, so we chose a barbershop quartet with the four of us because we thought that our voices really meshed together well," Souronis said.

The process of learning a barbershop quartet can take a lot of effort and skill. In other cases, working with your peers can be beneficial. However, for this group, working with friends proved to be distraction at times.

"The hardest part is probably us four actually getting to work when we're together because we don't want to [when] we actually have to learn parts. It's tough sometimes," Gomez said.

Along with the tribulations with working with friends, the group faced many other challenges such as having to learn the song without accompany from the piano.

"[It is] definitely [more difficult to sing without a piano] because you have to stay on pitch the entire time, and you have no help from the background music," Repasi said.

Despite the challenges of performing acappella, the group has enjoyed the experience and hopes to gain a lot from it.

"[The best part of this experience is] getting to spend a lot of time with [my friends.] It's fun learning how to do something different because a barbershop is acapella. It's four completely separate parts, so it's challenging," Buntin said.

In the beginning of February, the quartets traveled to Munster High School to compete at ISSMA.

"ISSMA is a good way to have people have an outlet to still express their talents even if they don't have room in their schedule to [take a musical course]," Souronis said.

1.THE CALM BEFORE THE STORM Kellie Repasi (10), Isabella Gomez (10), Jenna Buntin (10) and Hannah Souronis (10) practice before their performance with the judge. They were awarded a silver medal at the ISSMA competition. "We were kind of disappointed because we didn't do as well as we thought we were going to do and I think our nerves got to us. [But it] wasn't that big of a disappointment because the Trebelaires got a perfect [score]," Souronis said. Photo by: Stephanie O'Drobinak 2. SNAPPING ALONG TO THE SONG Hannah Souronis (10), Jenna Buntin (10), Kellie Repasi (10) and Isabella Gomez (10) practice their facials and choreography for their song, "Java Jive." This was their first time competing as a barbershop quartet. "I think that if we did it again we would know because of the experience we had, we would know that we have to practice more and be focused," Repasi said. Photo by: Jessica Wojton 3. PRACTICE MAKES PERFECT Hannah Souronis (10) and Jenna Buntin (10) practice their facials for the song. The girls gathered in a practice room one last time before they compete. "I feel like we were all hoping for our performance to go better than it did because when we were practicing we had good vibes going, everyone was watching us and it was good to have all of our friends supporting us and encouraging us," Gomez said. Photo by: Jessica Wojton



"[Performing on the field] for the last time was bittersweet. I am very excited for the new field, but it will still be different performing on a brand new field and not on the one where so many memories were made," Samantha Marino (11)

FINAL DOWN ON THE BURIAL GROUND

Football team goes out with a bang during last game at home field

PAGE BY: ERIN DOSEN AND JOSEPH PAVELL

motion and adrenaline were at an all-time high as the varsity football team ran out onto the field for their final time. As the former school building was reduced to rubble last year because of the construction, the football field followed suit.

"It was a great feeling to know that I was part of the senior class that was the last team to ever play a down at the Burial Grounds and to go out with a win made it so much better," Jacob Dulski (12) said. Seniors were not the only ones who were sentimental; freshman took the moments that they were on the field to heart, especially because they were the last class to have their beginning on the Burial Ground.

"It was a special feeling to be the last freshmen team on that field. I'm ready to move forward onto the new field, though," David Markert (9).

Along with trying to be the best they could be this season, many senior players reminisced over the past years playing. However, instead of weeping over the demolished field, the players maintained an optimistic attitude as they spent their concluding moments on the burial grounds.

"I liked the atmosphere of the game before everyone was hyped and it was a cool experience to spend time with friends and just have fun without the stress of dressing up and buying flowers and stuff like that," Brittany Busby (11) said.

The team dominated Chesterton on Oct. 3 with a score of 6-0. Finishing off with a win made walking off the field for the final time an exhilarating

"We tried to keep all the emotions out of our heads during the game and stay focused on football, but after the game it was emotional realizing that was the last time we will play a game there," Dulski said.

Students were also emotionally affected during this memorable game. The student section has been known to come together in support for their team for games, especially those on the home field.

"I had always heard how great it was by the previous seniors, and I was excited about our chance. It definitely lived up to the hype. The game was good and competitive, which gave our student section something to cheer for. There was a great vibe going through the stands, and it felt like everyone knew that this was going to be the last game ever played on that field," Daniel Sanchez (12) said.



1. Matthew Burgess (12) Photo provided by: Matthew Burgess 2. Jan Mays (12) Photo provided by: James Mays 3, Andi Wartman (12) and Alisha an (12) Photo provided by: Alisha Dono

CARRYING ON THE SPIRIT

Students show-off their school spirit

One of the longest-running traditions for homecoming week is the competition for the best costume. This year, the spirit days were as follows: Monday was pajama day, Tuesday was twin day, Wednesday was decade day, Thursday was superhero day, and Friday was blue and white day.

The students competing were instructed to post their photo on Instagram with the hashtag "#LCHOCO2K14". The top two photos with the most "likes" moved forward to the LC News Twitter account. At that point, the photo that recieved the most favorites won that spirit day.

HOMECOMING DANCE DILEMMA - DANCE CANCELLED FOR THE FIRST TIME

3 percent of students said they did care that 97 percent of students said they the Homecoming dance was cancelled.

DON'T CARE

did not care that the Homecoming dance was cancelled.

"The student section was a lot more excited and there were a lot of people there. I felt powerful being a senior and being able to wear pink," JENNIFER EINTERZ (12) said.

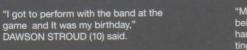
"I was freezing, but there was a lot of I was said excitement [at the game]. I was sad because the Homecoming shirts reminded me that this was the last game on the field,"

EMMA BARNETT (9) said. "I didn't watch the game much. I spent most of the time walking around and being around my friends," MICHELLE BUCKMAN (10) said.





1. THE LAST HOORAH Colin Chenoweth (12) cheers in the student section during the Homecoming game. Chenoweth was the appointed Indian for the 2014-15 school year. "It was bittersweet being the last Indian to be on the original field. I wanted to go out with a bang and be supportive," Chenoweth said. 2. DOWN AND READY Jacob Johnston (12) prepares to hike the ball to commence the play. This was the last game ever played on the original Lake Central field. "[Playing on the field for the last time] was very emotional. There were a lot of people from previous years who played on the field. Everyone was there and it was very good that we won. We went out with a bang and a lot mixed emotions," Johnston said. 3. HOMECOMING ROYALTY Chase Owczarzak (12), Emma Hupp (12), Nicholas Kiepura (12), Veronica Davis (12), Jillian Wilschke (12), Ryan Wiebe (12), Hannah Sonner (12), Jessica Sellers (12) and James Lafakis (12) stand together after Homecoming court was announced. Hupp and Kiepura won Homecoming queen and king. "[Winning homecoming queen] was very exciting. I was standing there not to get my hopes up just in case. Everyone around me was great and I would have been happy for anyone to win. It was crazy," Hupp said. 4. SEA OF BLUE Nikola Tepsic (12) is held up by those in the student section. The student section was widely recognized as one of the best in the area. "I wanted the last 'I Believe' chant to be very special and be the best one that we have had. The night was pretty tight," Tepsic said. Photos by: Hannah Reed



"My favorite part of Homecoming was being with all of my close friends, hanging out with new people and getting to watch the football game," KAYLYNN WARD (10) said.



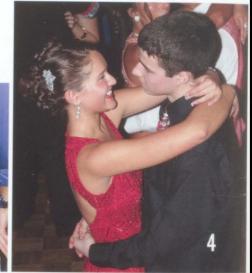


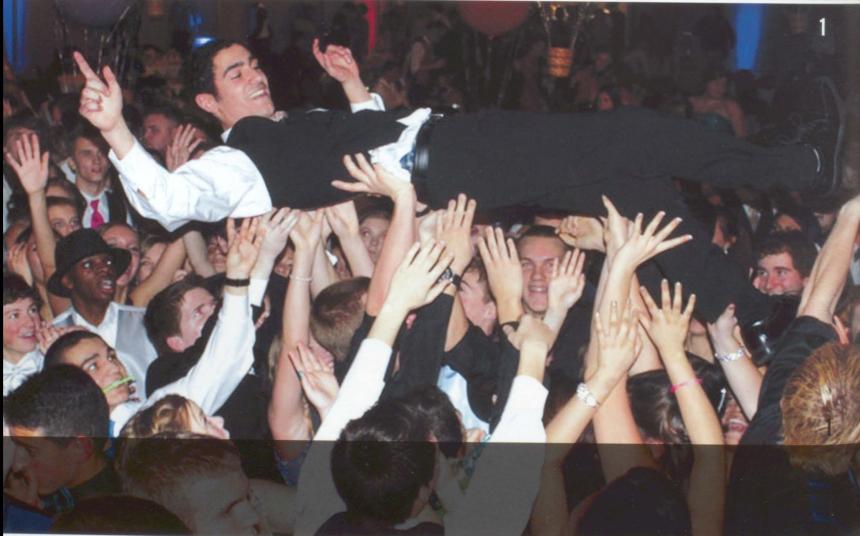
"Everybody was just there having fun, and it felt like everybody was really a community because you knew everybody there. I saw a lot of people I knew, and I had fun and danced with them," Brendan Kelly (12) said.

1. CROWD SURFING Cole Reynolds (11) surfs the crowd at the beginning of the Winter Formal dance. At first, students were hesitant to step on the dance floor, but the fun started when the lights went down. "[My friends] picked me up, and then all of a sudden everybody started pushing me to the center," Reynolds said. Photo by: Shannon Hearne 2. DANCING THE NIGHT AWAY Students form a circle around Eric Ainsley (12) in the middle of the dance floor and take turns stepping inside. This happened numerous times throughout the dance, depending on what type of music was playing. "This formal was the best one yet, and my friends and I had a blast," Rylee Ollearis (11) said. Photo by: Emma DeGroot 3. BELTING THE LYRICS Joshua Barajas (12) sings a verse of the "Fresh Prince of Bel Air" theme song into the DJ's microphone. The DJ returned for his second year of playing music at Formal. "The DJ was really good this year, and the photo booths were really cool with all the props," Elise Jones (10) said. Photo by: Shannon Hearne 4. TAKING IT SLOW Madeline Young (11) and Nicholas Schmitt (11) dance together during a slow song. Only about two to three slow songs played during the dance. "I think a good amount [of slow songs] was played. I think people would like it if they did more, but there was a good variety," Young said. Photo by: Emma DeGroot









THE PERSON BEHIND THE CURTAINS

Winter formal coordinator plans night to remember



"I did this my junior year, and I loved it and thought it was fun. Seeing it in the end and how it all came out and how everyone has fun at it is just pretty cool. We started [planning] in November. I had people come for a Winter Formal [meeting], and we made a group decision on what the theme should be. For the decorations, last year when I did it, I made them all myself, and this year I just hired [people] for the balloons. I knew I wanted balloons [this year] because I wanted to hire someone for it, so I wouldn't have to do it all myself. Paul [Segal] was the DJ this year, and he has really good organization and a big team. He also has the photo booths included, which costs a little bit more but is totally worth it."

KASSIE WOODWORTH (12)





1. Veronica Davis (12) and Nathan Zajac (12) Photo by: Jessica Wojton 2. Alexandra Gomez (11), Jessica McCullough (11), Joseph Pavell (11) and Sean Meyer (11) Photo by: Emma DeGroot 3. Students voting for Winter Formal King and Queen Photo by: Shannon Hearne

FORMAL COURT CLAIMS THE CROWN

Nominated students recognized at dance

At Winter Formal, juniors and seniors were nominated by teachers and students to be on court. At 8 p.m., the court was recognized, and the senior winners were announced. Nathan Zajac (12) and Veronica Davis (12) took home the crowns as king and queen.

"I was really excited when I got nominated because it was pretty unexpected. The most exciting part [about winning] was how my best friend got king, too. That was really cool," Davis said.

AND WE'LL ALL 'FLOAT ON' OKAY

Students attend Winter Formal Dance, based around Modest Mouse song

PAGE BY: MADELINE HIRSCHFIELD

After a long day of planning and pampering, around 850 students from grades 10 - 12 arrived at the Halls of St. George on Saturday, Jan. 24, for Winter Formal. The large room was soon crowded with dancing teenagers, chaperoning staff and colorful balloon decorations.

"I thought it was really fun. There was just a lot of people there, so it was really crowded. It was great. The music was OK, but it was still really fun. I think it's good [that freshmen can't go to Formal] because there is a lot of people in the school, so it should just be for older kids," Devon Kelley (10) said.

Tickets were sold for the dance over a month before the event and were priced at \$35 each. Only single tickets were available due to problems with couples tickets that have arised in the past. On the last day of sales, tickets were completely sold out.

"I was glad that seniors had their own day to go get their tickets. They were pretty cheap, and I prefer standing in line for them [rather than buying online]," Jeffery Scott (12) said.

Although the tickets were sold a month before, N-Teens started

planning ahead much before that. Decisions such as the DJ, theme, decorations and more were decided in the beginning of the year. The theme that was chosen was called "Float On," based on a song by Modest Mouse. Different types of balloon decorations made this theme come together at the dance.

Appetizers such as pizza rolls, egg rolls and unlimited drinks could be enjoyed in-between dancing breaks. Two photo booths were also available in the hallway to take group pictures. The booths were supplied with plenty of props to take pictures with, such as signs with funny sayings, hats, sunglasses and mustaches.

After four hours of music, dancing and fun, "Float On" was played as the last song to wrap up the event and added the perfect touch to the theme. Students then went to their limos and party buses to continue on to their next destination, which was either a restaurant or home.

"[My favorite part] was being around all my friends. We were having a lot of fun dancing. We went to House of Kobe [afterward] and had some food. Then we went to my friends house and chilled," Scott said.

"My favorite part about Formal was dancing and just having a good time with my friends,"

JENNIFER WRIGHT (10) said.

"I thought the theme was really cool. I liked all the balloons and stuff. I think they could have had a little more food [options] though," RYLEE FRIEL (11) said.

"I went [to Formal] with a bunch of people that I knew and talked to occasionally, but never really hung out with. After that night, we were all kind of just friends," RACHEL JENSEN (12) said.

DANCING ACROSS THE UNIVERSE

Students celebrate the closing of the school year with a "big bang" at prom

PAGE BY: SOFIA HAY, CAMRYN WALLACE AND ELIZABETH BUSTAMANTE

With the early month of May comes sunshine, blossoming flowers, and of course, Prom. On Saturday May 2, juniors and seniors of Lake Central gathered in the Halls of St. George to celebrate the last dance of the school year.

Before the dance, couples going to Prom arrived at Lake Central for the Grand March. Many Prom dates had their pictures taken as they walked around the gym for their family and friends to observe.

"I like [the Grand March] because I like seeing everybody's dresses and stuff like that. And walking it is fun," Alyssa Staszewski (11) said. Although every one who went to prom was in the same location, each person had a unique experience.

"It was exciting; I'm ready to graduate, but it was a good way to end the year. [The best part] was going with my best friend for sure and just dancing with everyone there," Alexis Martinez (12) said.

Of the many songs people enjoyed dancing to, some of the hits consisted of "Trap Queen," "Sandstorm" and "Shut Up and Dance."

"The ending with 'Sandstorm' was the best part. It was a good group of people on the floor," Ethan Gomez (12) said.

The Prom activities did not end once the clock struck 10 on Saturday night. For many students, the festivities lasted an entire weekend.

"The dance was a good time, and we went to Steak and Shake after the dance. I went to Chicago with my date the next day," Sarah Heuberger (11) said.

A lot went into making prom the success that it was. The set-up of prom, courtesy of Junior Class Cabinet, took months of planning and hours of preparation.

"We've been planning it for a couple months. On the day of Prom we got there at like 9 in the morning and some of our Class Cabinet members, and they blew up all of the balloons for the balloon drop. We did all of the centerpieces, and when the students started to leave the DJ started to come in with a giant truck full of equipment. We were there for about 13 hours," Ms. Allison Peda said.

The hard work of Class Cabinet members paid off, as students enjoyed their prom experience.

"I thought that everyone was just having a good time and the atmosphere was really fun," Jessica Vrbanoff (12) said.



CROWNING KING AND QUEEN OF THE COURT

PROM QUEEN

"[Winning] was such a good experience. I've never been on court before, and to win Prom Queen my senior year is a great way to end my year. The moment that was the coolest was right before they called my name, when everyone was just screaming my name, and then when they actually did call my name it was cool, like all of the anticipation building up to it. [Joseph Schneider] is one of my good friends so it was really cool to win Prom Queen with him."

ERIN TODD (12)

PROM KING

"Being Prom King was fun. About two years ago when my brother was a senior, he won Prom King, so it felt good. I think I was sweating a little bit when they were doing the [Prom court] announcements, but nothing was really going through my mind. [Erin Todd] has been my friend since freshman year, so it was nice having her as the queen and me king. Our dancing picture turned out nice, too."

JOSEPH SCHNEIDER (12)







Joseph Schneider (12) and Emma Hupp (12) Submitted by: Emma Hupp A promposal involving golf balls Submitted by: Kylie Shoemake (12) 3. Timothy Matthews (11) and Sydney Halfeldt (11) Submitted by: Sydney

STUDENTS PREPARE PERFECT PROMPOSALS

The sky's the limit for students' Prom preparations

Every year, students kick off the Prom season with promposals creative ways to ask one another to prom. While some people keep their promposals simple, others go all out.

"[Joseph Schneider (12)] jumped out of the plane first. We tandem sky-dove, and when I got on the ground he was waiting there with this huge tarp, and that's how he asked me to Prom. He told me it was going to be epic, but I was not expecting that at all," Emma Hupp (12) said.



"Prom was fantastic. My favorite part was the chocolate fountain. I had never been to a [Lake Central] dance, and Prom was top notch,' Brittany Busby (11) said.

1. WATCH ME WHIP Eric Ainsley (12) dances in the middle of a group of his peers at Prom. Students gathered around to watch "dance battles" between other students. "The best part [was] dancing with the guys in a circle, the dance battles and all of that. When the DJ played 'Trap Queen' everybody started going crazy," Ainsley said. Photo by: Sofia Hay 2. THE GIANT DROP Students reach for balloons that were dropped toward the end of the dance ebegan. Junior Class Cabinet members prepared the balloon drop before the dance. "When the [balloons] actually dropped at first, it was really cool and fun. It made everything seem so much more magical," Christi Raichle (12) said. Photo by: Camryn Wallace 3. DANCING THE NIGHT AWAY Joshua Krout (11) and Breanna Powers (12) slow dance together at Prom. The DJ accepted students' requests and played a variety of songs. "[This year's Prom] was probably the best one. The DJ was really good this year," Marina Vasquez (11) said. Photo by: Camryn Wallace 4. CALLING THE COURT The Prom court lines up along the stage as they anticipate the calling of the king, queen, prince and princess. Students attending the dance voted for the court as they entered the hall. "Being up there in front of all of the people was really nervewracking. The anticipation to find out who was going to win was also nerve-wracking. Just the fact I was nominated on Prom court was a high honor," Ronald Lee (11) said. Photo by: Sofia Hay 5. GRAND DEBUT Kelly Matakovic ('14) and Ryan Bertossi (12) stop to pose for a picture at the Grand March. The Grand March took place in the gym for the public to watch. "I went with my best friend so that was a lot of fun. We did the Grand March together, and then we did it again with a guy in a t-shirt and cargo shorts," Alexis Martinez (12) said. Photo by: Camryn Wallace







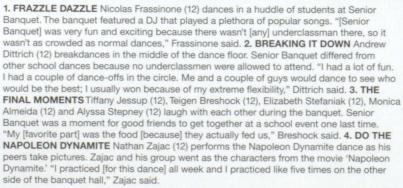














"It was fun, and I loved seeing everyone's costumes. I saw a lot of people I didn't even know were in my grade," JORIE KELLEY (12) said.

"[Winning best costume] was great. I think we won because we stayed in character the whole time," EMIL GOVANI (12) said. "[Senior banquet] was really fun. [My favorite part] was seeing everybody's costumes because it showed everyone's creativity," CANDACE ZUMMAK (12) said.

"My favorite part was when they [announced] the awards. My friends and I would guess who got the certain award before they announced them," ELENA EICKLEBERRY (12) said.

A NIGHT OF "MAGICAL" MEMORIES

Students finish off their final high school year at the annual Senior Banquet

PAGE BY: JOSEPH PAVELL, ERIN DOSEN AND JACQUELINE HOFFMAN

G 1

athering at the Villa Cesare for Senior Banquet on Friday, April 17, the senior class had one thing in mind: to make their last moments together as a class something to remember.

"It was a lot of fun dancing with my friends. [My favorite part was] dancing and seeing everyone all together. Not everyone was with their date [at this dance]. It was more like a big get-together with everyone instead," Hannah Triveline (12) said.

A tradition, Senior Banquet is the last time the graduating class has together, with only seniors present, before graduation.

"I think that [Senior Banquet] was a good experience for all of us. We have all been together since freshman year and we came through this journey together through all of the ups and downs," Eric Ainsley (12) said.

One of the most memorable aspects of Senior Banquet is the costumes students put together for the event.

"I thought that [having costumes] was a great idea. It was cool to see how creative people were with everything. I was John Blutarsky from 'Animal House,'" Jacob Marcinek (12) said.

Instead of serving hors d'oeuvres like other school dances, students were served in a dinner-like fashion with foods such as salad, chicken wings, pasta and green beans.

"I think all the food choices were really good. I love food so I loved it all," Morgan Kelly (12) said.

The theme of the dance was Magical World, though many students felt the theme was not incorporated into the dance.

"I think [the theme] was glossed over. I was part of the making of Senior Banquet, so I think that we didn't incorporate it too well," Kelly said.

Emotions were high for students as the reality of graduation finally began to set in.

"It kind of hit me a little at the end when [the DJ] said, 'We are dancing the last song,' but you know you will always be close with your friends. At the end, you come to the realization that this is the end [of high school]," Jorey Dimopoulos (12) said.







1. Megan Barenie (12), Gina DiNino (12), Abigail Peppin (12), Megan Zajac (12) and Alyssa Born (12) Photo submitted by: Megan Barenie 2. Morgan Kelly (12), Erin Dosen (12), Sydney Scherzinger (12), Erin Todd (12), Sarah Banasiak (12), Jennifer Mohamed (12), Hannah Keith (12) and Hannah Giese (12) Photo Submitted by: Eva Kimberly 3. Ryan Ryba (12), Samuel Willis (12), Kyle Kil (12), Nikola Tepsic (12), Michael Flores (12) and Jorge Trujillo (12) Photo submitted by: Eva Kimberly

COMPETITION OF THE COSTUMES

Students aim to win coveted award

The outfits that students put together for Senior Banquet are the essence of the dance. Each group uses their creativity to form a costume that will give them the chance to stand out.

"[Senior Banquet] was good. My group won best costume," Piotr Parol (12) said.

The winners for the best group costume of this year's banquet dressed up as Barack Obama and the Secret Service. The winner for the best individual costume dressed up as Napoleon Dynamite.

STUDENTS FINISH OFF THEIR LAST YEAR WITH A BANG



"[My favorite part] was seeing the awards that people won. My friend Lauren Markulin (12) won best dressed."

ALYSSA CAMARILLO (12)



"My favorite part was seeing all my classmates I've been with for four years going out for one more dance before Prom."

BRYAN VANDERLEE (12)



"It was different than [dancing] at other dances because it was just seniors, and it wasn't as crowded as other dances are."

HANNAH KEITH (12)

"A lot of people were really creative and funny. I think it was a lot more fun than other dances because the music was better and there was more seniors there," JOELLYN POLASKI (12) said.

"[Senior Banquet] was pretty good. It was really cool to see everybody in their costumes," SAMUEL KIRMANI (12) said. "[Senior Banquet] was alright. It was good. The DJ wasn't that bad either," APRIL KOEPKE (12) said. "The costumes were really funny.
The awards were funny too, and the
people that I voted for actually ended
up winning. The whole thing had a
great atmosphere," SARAH GRIMLER
(12) said.



"My favorite memory would have to be walking into the Freshman Center during summer gym, right before my freshman year. Meeting new people was so much fun," Michael Opperman (12) said.

GRADUATES REMEMBER BEST MOMENTS OF HIGH SCHOOL



"My favorite isn't necessarily one memory, but a collection of memories with a certain group of individuals."

BRENDAN KELLY (12)



"[My favorite memory was] graduating, hanging out with friends and Mr. Bafia's class."

LINDSEY BROOKER (12)





1. Elise Bereolos (11), Parker Danner (10), Alayna Prisby (12) and Brett Balicki (11) Submitted By: Giolas Photography 2. Nina Angus (11) and Alexandra Adams (11) Submitted By: Giolas Photography 3. Zachary Hansen (10), Christi Raichle (12) and Adam Gustas (10) Photo by: Olivia Oster

SOUNDING OFF FOR SENIORS

Band and choir remember senior class

While the graduates had their time onstage as they received their diploma jackets, the Wind Ensemble and the Counterpoints choir also had their time in the spotlight. While some performers were part of the graduating class, others had a special bond with those crossing the stage.

"I felt honored to play for [my sister's] graduation. Just knowing I added a little something special to her special day was an awesome feeling," Alexandra Adams (11) said.

TASSELS WORTH THE HASSLES

Students take their last steps across the stage as high school seniors

PAGE BY: MADELINE HIRSCHFIELD, JOSEPH PAVELL AND ANASTASIA PAPANIKOLAOU

Donning their caps and gowns, students from the class of 2015 packed into the Star Plaza to celebrate what they have been waiting for their entire high school career: graduation.

"We have survived the anxiety of failing an exam we studied extremely hard for. We dragged ourselves to school while trying to hold back tears of a first heartbreak. We desperately tried to hold onto friendships that we knew were slowly fading. We have even said goodbye to some of our classmates who were taken from us too soon but deserve to be sitting here with the rest of us today. We have been through it all," Alexis Morales (12) said.

Mr. Sean Begley, Principal, began the night by congratulating the class of 2015 on its accomplishments as well as the faculty and board members who were present at the event.

"[The class of 2015] is an impressive one. Through their hard work, grit and determination, our class of 2015 will move on to many new and great challenges," Mr. Begley said.

Two speeches given by students were presented, one focusing on

looking back and the other on looking forward. The speeches were given by Karlie VanHouten (12) and Morales, respectively.

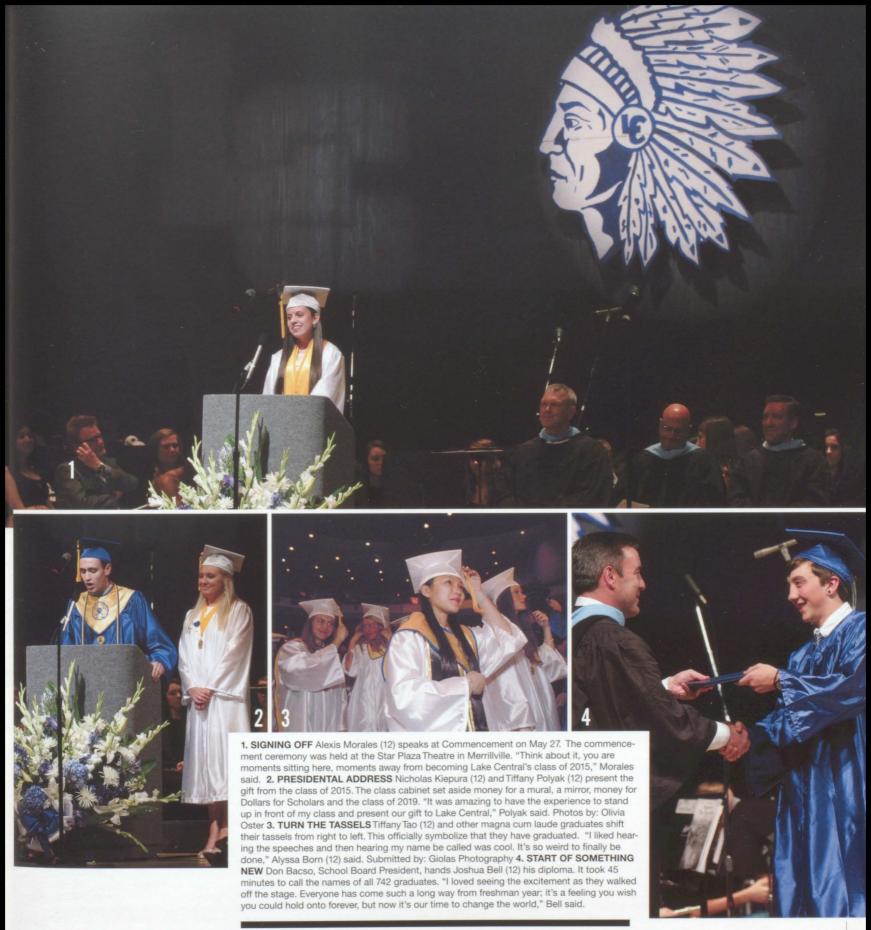
"We will miss Taco Tuesdays and Pasta Wednesdays. We will miss sports updates, morning announcements and dances. We will miss coming home from long days to our parents and [families]. We spent the last four years thinking high school would never end, that we would be stuck walking three flights of stairs every morning. As we look back, we realize [high school] was all really just a blink of an eye," VanHouten said.

The procession of reading the graduates' names began at approximately 7:41 p.m. and ended around 8:26 p.m. After the names were rattled off, the graduates moved their tassels to the left side of their cap, and in that moment, they began their lives after high school, walking away with a diploma in hand.

"[Graduating lifted a] huge weight off my shoulders, but now I have even greater challenges ahead of me. I'm ready to tackle them," Nicholas Kiepura (12) said.

"My favorite part about graduation was the speeches by classmates who condensed our four years at [Lake Central] perfectly," TAYLOR MACK (12) said. "I'm so happy to be graduating but also sad to be leaving my home away from home for four years. I'm excited to be starting a new chapter in my life," CHRISTI RAICHLE (12) said.

"As I walked across the stage, I felt like I was dying. My childhood is over. Although it was heartbreaking, I am looking forward to the next chapter of my life," MONICA ALMEIDA (12) said. "I thought that graduation was nicely done. It went by quicker than I thought," SUMMER MERRIMAN (12) said.



"My favorite part of graduation was seeing the people I care about now or formerly cared about walking across the stage. I was just happy to see that people I care for made it through," JACKSON SPANBURG (12) said.

"The student speakers were excellent, and I am happy I was recognized for my academic achievement," MAXWELL REES (12) said.

"My favorite part of graduation would have to be being able to graduate with all of the people that made high school so enjoyable for me," MICHAEL FLORES (12) said. "Finally graduating felt like saying hello and goodbye at the same time. I really appreciated the ceremony," JULIET JOHNSON (12) said.

BEND AND STRETCH

Students explore the world of yoga

PAGE BY: EMILY LISAC AND ELENA GORNEY

ver the past year, yoga has become increasingly popular among students. Even though interested students all participate in the same activity, they do it for different reasons.

In some sports, yoga can be beneficial for athletes. Because of this, some athletes are required to take yoga classes to improve their performance.

"Our track coach wants our sprinters to start working on their flexibility, so he said we have to start doing yoga about three times a week. That was when I started. [Because of yoga,] I'm not as sore as I used to be after stretching. I guess I'm becoming more flexible," Ethan Gomez (12) said.

While some athletes are introduced to yoga through other sports, some of them take it a step further as a recreational activity.

"I actually used to do softball for the school, and [Coach Todd Iwema, Business,] would teach us yoga. I thought it was really cool because I enjoyed stretching, and it was a mix of stretching, balancing and strength. It just seemed interesting. I think it gives you a sense of self-worth, [which is] basically the reason anyone does any kind of activity or hobby," McKaya Pozzi (12) said.

While some do yoga at home, others choose to take classes at a studio with family and friends.

"[A coupon for hot yoga] was on Groupon, and my mom told our family that we are going to go. The first time I went, I had to sit on the floor for 10 minutes because it was difficult and really hot. My parents get a kick out of it. My mom goes every day of the week, but because my sister is now in college, my whole family only gets to go together about once a month. I could [continue yoga], but probably not hot yoga. Maybe [I'II try] something less intense and more peaceful instead," Joule Tazbir (11) said.

If one sees benefits in doing yoga, it may be something he or she continues for a long period of time.

"I don't really like to think about stopping. I mean it's nothing bad, so [I want to continue] for as long as I am physically allowed to," Pozzi said.

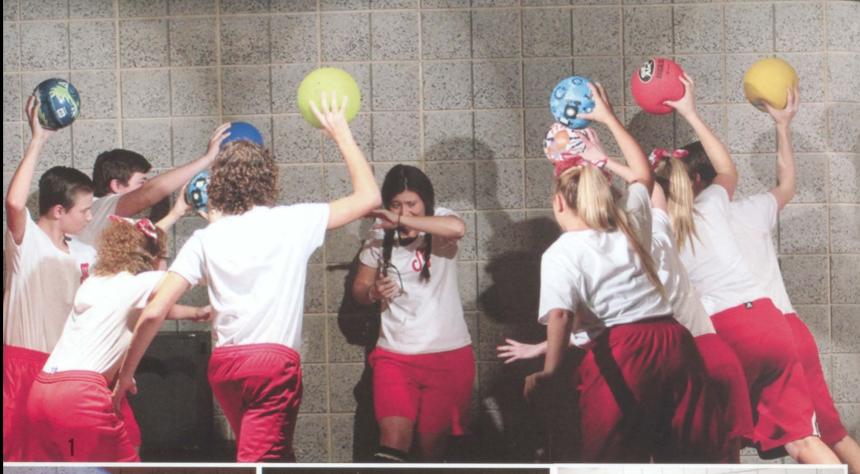






1. STAND TALL Megan Barenie (12) stands tall in standing hand to big toe pose. She took classes at Younique Yoga. "My mom likes [yoga] a lot because she goes all the time. [The instructors] talk to her and she's going to school now to be a yoga instructor," Tazbir said. Photo by: Sara Lisac. 2. REACH FOR PEACE Gabriella Goncher (11) focuses on doing the triangle pose. Goncher started when she was on the swim team and has continued the exercises ever since. "I do [yoga] to release a lot of frustration. It is very peaceful and calming. You can cool down and have no thoughts. My mind goes blank, and I am in a state of peace," Goncher said. Photo by: Elena Gorney. 3. UNWIND YOUR SPINE Taylor Kroon (10) begins to transition into the toe pose. She started doing yoga to have better posture and to be more active. "Personally, I think [yoga] takes a lot of stress off me at the end of the week. When you're doing the yoga poses the right way, it definitely gives you this intense, warm rush feeling of sensation through your body," Kroon said. Photo by: Elena Gorney. 4. PILE POSING McKaya Pozzi (12) does the dancer pose while balancing on a log. Pozzi has been doing yoga at home for about a year. "I have a book about [yoga] that teaches the whole purpose of it and basically how to do it, but I have never been to a studio. I would really like to though," Pozzi said. Photo submitted by: McKaya Pozzi











1. DODGING TROUBLE Anastasia Rauch (11), acting as Emily Book, uses her superpowers to freeze her classmates. The students teased and harassed her in the previous scene. "[Emily] can fly, and she's telekinetic. When she was young, she was bullied a lot, and one day her powers just went out of control," Rauch said. Photo by: Camryn Wallace 2. GOT THE WORLD ON A STRING Nicholas Kiepura (12) dips Anastasia Rauch (11) for his role as the shy, awkward Mr. Christopher in "The Sparrow." This was Kiepura's second role in a play for the year. "I'm Mr. Christopher, a Biology teacher who kind of takes Emily, which is Anastasia, the female lead, under his wing," Kiepura said. Photo by: Camryn Wallace 3. FLY AWAY In this scene, the fliers portray Emily's superpowers. This was caused by Emily's lack of control over her abilities. "[Emily] stops dodgeballs midair, catches a marble before it hits her, flies to rescue a cheerleader and even brings a teacher back to life," Ms. Nicole Raber, Clark Middle School Guidance Counselor, said. Photo by: Camryn Wallace 4. DESIGN DECISIONS Makeup artists, Tabitha Prowse (12) and Samantha Bredar (9), prepare Anastasia Rauch (11) for the last rehearsal before tech week. The makeup team was responsible for the hair and makeup of the entire cast. "I got to get reallty creative with [the designs], it wasn't like what we normally do. I had to do bird makeup, and there was glitter everywhere," Prowse said. Photo by: Sarah Bredar

"I kind of just tell myself that it's OK to be nervous because if you are nervous that means you care," NICHOLAS KIEPURA (12) said.

"[Acting] comes naturally to me. I get a small adrenaline rush before I come on, but I just calm myself down with a cup of hot tea. I've never really got extreme stage fright," PARKER DANNER (10) said.

"We always do shakes or warm ups every show. I always think to myself that it's going to be a great show, and there won't be any problems," BRETT BALICKI (11) said.

WHAT IT'S LIKE TO STAND OUT

"The Sparrow" welcomes a first-time lead



"[Being the lead] is so exciting. I've been in shows before, but I was always smaller characters, and I never thought [being cast as a lead character] would happen so soon. I'm really excited, [but] it's really nerve-racking. I'm the type of person who would get nervous with my smaller roles, so [the cast] is kind of like, 'Take a breath, calm down [and] don't freak yourself out about it, know that you've got everything down and that you won't make a mistake.' I kind of just take that in. So I just stick with them [and] be around the positive energy. I always pray a ton before I go onstage. We also do group games to get our energy up."

ANASTASIA RAUCH (11)

HOW TO PREPARE FOR A SHOW

- "The first step is to choose a cast and set up all of the technical components of the show. "I do a lot of the technical stuff [for rehearsals], and for actual shows, I wear a headset and I'm backstage. I have to know all of the cues for when the actors go onstage and when to know when to turn the house lights on and off," Student Director, Sarah Colby (12) said.
- The second step is the growth period, with the director adding or removing parts from the show. "I have had several long discussions with the cast, crew and technical director about how we can pull off some of the more challenging scenes. As a result, the play has truly been a collaborative effort, not just me calling the shots," Ms. Nicole Raber, Clark Middle School Guidance Counselor, said.
- The third and final step of preparation is tech week. This is the most stressful week of the whole process, with changes almost everyday leading up to the performance. "We decided to use a lot of technology such as lights, voice-overs and even six girls who are essentially playing Emily's super powers during the show," Ms. Raber said.

SOARING INTO SPOTLIGHT

Theater Company debuts "The Sparrow"

PAGE BY: SARAH BREDAR, COLLEEN QUINN, ALAYNA WALLACE AND MADELINE CONLEY

n Oct. 23, the Lake Central Theater Company opened "The Sparrow," the story of the supernatural Emily Book and her return to the small town of Spring Farm for her senior year of high school. The story follows Book's struggle to fit in at school and the people she befriends along the way, including head cheerleader Jenny McGrath and biology teacher, Mr. Christopher.

"The ultimate theme of 'The Sparrow' is accepting someone unconditionally no matter what they may have done or who they may be. I think everyone can relate to that 100 percent. Plus, it's about a girl with superpowers, that alone deserves a few performances," Ms. Nicole Raber, Clark Middle School Guidance Counselor, said.

One major challenge for the cast was the absence of their usual stage in the auditorium. This show had to be performed on a smaller stage in the LGI, which made many scenes of the show difficult to perform.

"In the auditorium we had better lighting, [and] techniques. In the LGI we don't have a lot of that, but we're getting through, and I think it's going to be a good show," Brett Balicki (11) said.

Since the location of this show was unfamiliar to many of the returning cast members, it was not a surprise that several of the performers put a lot of energy into their characters.

"This character is a lot different because normally I'm either playing a student like in Zombie Prom, and over the summer I was the Giver , who's an old man. So it's the first time that I'm actually a middle-aged person, which I think fits me best," Nicholas Kiepura (12) said.

Many aspects of the show that were easier to portray in the old auditiorium became more difficult with the lack of space the cast had available. Although the cast was not accustomed to performing in the LGI, the move proved to be less of an obstacle than anticipated.

"Because we are in the LGI room, it has pushed me to really think outside the box. I have had several long discussions with the cast, crew and technical director about how we can pull off some of the more challenging scenes. As a result, the play has truly been a collaborative effort, not just me calling the shots. That has to be the coolest part of doing such a different show," Ms. Raber said.

"I have a pasta and movie night the night before the show to calm my nerves," DYLAN FOSTER (9) said. "I have no nerves. Once you get out there, you become the character [and] just dive into it," WALTER ALEKSIC (10) said. "Me and the other [girls who played Emily's powers,] we do some stretching, meditation, and we just focus on what we have to do. We know our parts [down] very well and we just have to focus," ERINI COLLAROS (11) said.



"It was really great to do a musical with people I have been friends with for years. We got to make fun of some of my favorite musicals, so performing that was fun," Aaron Cappello (9) said.

STUDENTS TAKE ON LEADERSHIP ROLES IN THEATER



"["Forbidden Broadway"] is the second show in which I am stage manager. It's different from acting, but it presents me with another kind of challenge, so I enjoy it."



"It's redirector of the director of the direct

"It's really fun [to be a student director] in the musical even though I'm not acting or singing. It's inbetween tech and acting, so it's like getting to be a part of both groups."

MADISON FREDERICK (9)

1. IT'S TOO HIGH Ronald Lee (12) plays Jean Valjean in "Les Miserables." The song "It's Too High" poked fun at the pitch of the original song. "It was really challenging [to play Valjean] at first, because it's such an iconic role, and to spoof it up and make fun of it was even harder," Lee said. 2. DANCING QUEENS Alayna Wallace (12), Isabella Gomez (10), Madison Magdziarz (10), Christi Raichle (12), Anastasia Rauch (11) and Brittany Busby (11) strike a pose at the end of the number "Mamma Mia." The girls sang a medley of "Dancing Queen" and "Mamma Mia". "It was so much fun working with the other girls because we really got to know each other, and we worked well together. We harmonized perfectly and made the number on point," Busby said. 3. GOING GREEN Megan Barry (11) plays the pompous Elphaba in the spoof "Wicked." Throughout the song "Defying Subtlety," flying monkeys catered to her every whim. "There was a ton of different ways of doing [the makeup]. It was really intense and a pain to take off, but people said it looked really similar to the one on Broadway. It worked pretty well," Barry said. 4. SO MUCH HYPE Theodoros Karras (9), Hannah Souronis (10), Zachary Hansen (10), Parker Danner (10) and Samantha Bredar (9) express exaggerated distress in "Seasons of Hype," a spoof of "Seasons of Love" from "Rent." Throughout the number, the group thrashed about on the stage, singing of their frustrations. "'Rant' was probably the most exciting [song] to perform because we had to make fun of this group of angst-ridden people, and it was fun because we all love 'Rent,'" Danner said. Photos by: Emily Badger









WHERE PRETTY SONGS DON'T QUITE BELONG

Theater Company leaves audience in stitches with "Forbidden Broadway"

PAGE BY: ELENA GORNEY, EMILY BADGER AND EMILY LISAC



rom March 11 to March 16, Lake Central Theater Company showcased "Forbidden Broadway" in the LGI Room. The musical was a parody of hit Broadway shows such as "Wicked" and "Les Miserables."

"The musical is a revue. It's a spoof on about 20 different musicals, [both] older and more modern. The songs sound the same [as they do in the original productions], but the lyrics are changed to make them funny," Mrs. Pam Neth, English, said.

Because Lake Central does not currently have an auditorium, the theater company dealt with challenges presented by performing in the LGI room.

"Some challenges [of performing in the LGI room] are things like sound. If we had a regular auditorium, the sound booth and all the microphones, transmitters and receivers would all ready be set up. [We had] some staging issues. If we wanted actors to walk through the aisles, there were certain areas they couldn't go to because of the pit or because of chairs set up in the back," Mrs. Neth said.

Over the course of four months, the actors worked on songs, dances and knowing their parts. Meanwhile, technicians designed the set, costumes,

makeup, lighting and sound.

"We rehearsed anywhere from two to four days a week and on various Saturdays. Tech was going on at the same time, so there was a lot happening," Mrs. Neth said.

Although acting and technical work occurred simultaneously, actors and technicians do not collaborate until the final rehearsals.

"Tech and the actors work separately until [tech] has an idea of what they need us to do. Once [tech] has the ideas, they will fit us for costumes and microphones and call us up on stage to see how the lights and sound work. We adjust things to fit them, and they adjust things to fit us. We go hand in hand," Jackson DeLisle (11) said.

Despite the obstacles that the cast and crew had to overcome, the production was a success and sold out almost every night.

"It was really great that two shows sold out and got rave reviews from the audience. I was happy with the [performance], and I had fun with it. It was almost a release just to be silly and fun. It made me want to do more comedies in the future," Mrs. Neth said.



STARS COME AND GO BUT ALWAYS GLOW

LOOKING TO THE PAST

"[Being a senior in the musical] is terrifying. It's just scary knowing I'm going to be leaving in three months. I'm proud that we have so many underclassmen that are so good at theater, and I feel confident that [the seniors] can leave them behind. [The journey] has been crazy. I have so many stories. [Theater] is my whole life, and I try to get along with everyone in it because they are my family."

TABITHA PROWSE (12)

LOOKING TO THE FUTURE

"It's really enjoyable working with upperclassmen and being able to experience working with them before they leave. [In the future], I wouldn't want big roles in a musical because I'm not the best singer, but I'd definitely want to portray someone who is funny. [This year] I've learned how to become a better actor and open up my emotions as a character."

THEODOROS KARRAS (9)







BUSY BEES BEHIND THE SCENES

How technicians contribute to the show

When attending a show, the majority of people pay attention to what happens onstage, but not necessarily to what happens behind the scenes.

"In a [play or musical], the actors portray emotions and the story, but lighting and sound people put everything together so that [the performance] works," Matthew Hughes (10) said.

Costume and makeup designers are vital to the show as well

"Costumes contributes a lot because it puts a good factor into the acting, making people more in tune with their characters." Raquel Rembert (11) said.

"Being alone and focusing on things that aren't what I'm stressing about beforehand helps calm my nerves [before a performance], SARAH HERMANEK (10) said.

"I don't get too nervous before I go on stage because I know that the audience wants the show to go well, and I'm performing with all of my friends. I just go out there and go crazy," ELISE BEREOLOS (11) said.

RDOADWAY

"Usually, I just take a deep breath and do some warm-ups with the rest of the group [to calm my nerves]. We do some voice warm-ups and physical warm-ups, and that's what we do to prepare for a show,"

BRANDON BIANCO (12) said.

"When [the audience laughs] at the jokes, and they actually react how you wanted them to, it's really fun," Vanessa Torres (9) said.

TIPS FOR PREPARING FROM THE PROS

"[Know] your lines. You need to understand your lines off the top of your head. You shouldn't be thinking. You should just be doing," Nichole Heusmann (11) said.

[Have] good chemistry with your coactors. If you don't, you can still act, [but] you're just going to have a really hard time doing it," Heusmann said.

"Don't be nervous. Just be crazy because when you're crazy and you're just up there having fun, the audience will enjoy your performance as well," Elise Bereolos (11) said.



Nichole Heusmann (11) Photo by: Candace Jarzombek





1. Madalyn Kruszewski (9) and Olivia Throckmartin (9) 2. Madalyn Kruszewski (9), Alexis Lawley (9) and Noah Katalinic (10) 3. Theodoros Karras (9) Photos by: Brittany Rabatine

FRESHMEN SHOW OFF SKILLS

Student directors choose silent show

Hannah Scherer (12) and Nicole Guillermo (12) made a daring decision in choosing a silent show for the freshmen to perform, which had never been done before. Because there is no dialogue, the actors put in double the effort to make their show enjoyable for the audience.

"We really, really wanted to try and push it through to see how the freshmen would work with it but also how we would work with it. It's like a whole new learning experience to do something like this," Scherer said.

SPOTLIGHT LANDS ON UP-AND-COMING STARS

Freshmen shows give new thespians a chance to shine without upperclassmen competition

PAGE BY: CANDACE JARZOMBEK AND BRITTANY RABATINE



he Freshmen Shows wrapped up the theatre company's season by allowing the upperclassmen to try their hand at directing all-freshman cast plays.

"The freshman plays are an opportunity for freshmen to experience acting and technician roles with no competition from upperclassmen," Mrs. Pamela Neth, English, said.

Upperclassmen apply to direct by picking a script and creating a portfolio of their costume, sound and lighting ideas. Once four groups of directors are chosen to direct their shows, they hold auditions for the freshmen.

"With the freshmen, it's kind of cool to see them come out. This is their first show that they have the spotlight on them because [they] don't usually have the spotlight on them when they're in a big show," Sarah Colby (12) said.

Although the directors tried to create a low-stress environment for the actors, outside factors, like the school board calling a last-minute meeting during the last technical rehearsal, could not be controlled.

"I'm really nervous about this play, but I know that my directors and that my fellow actors will help me get through it," Timothy Bakas (9) said.

The shortened practice time, along with the limited actors participating in the shows, caused additional challenges for the student directors to overcome.

"There [were] 16 characters [in our show] originally, and one kid was playing nine parts. Just making sure there was timing in between for him to change and add little accessories was probably the hardest [part of directing] because we didn't know if we would make it in time," Raquel Rembert (11) said.

Working with student directors can be easier for the freshmen because they can connect with the people they will be working with for the next three years if they continue participating in theatre.

"[The student directors are] amazing, because they always try to help out, but they're not mean about it like, 'Oh yeah, you suck.' No, they're kind of [giving] constructive criticism like [a] sandwiching kind of thing," Bakas said.

The student directors and actors work mostly on their own, only asking one of the teachers for help when it is absolutely necessary.

"We are more guides in this whole process, and that is what is great about The Freshmen Shows. It empowers the students and gives them experiences they might not have otherwise," Mrs. Pam Neth, English, said.

"I think [acting with freshmen] is fun because you see what other people in your grade can do and how they are compared to yourself," MADISON FREDERICK (9) said. "Not all of [the freshmen] are as skilled [as upperclassmen] but some of them are even more outgoing than some other upperclassmen," MASON CRAWFORD (9) said. "We're still trying to figure out where we belong in the theatre organization, and the upperclassmen all know each other," ALEXANDER VRBANOFF (9) said. 1. BROTHERLY BOND Adam Gustas (10), who plays Timothy Bakas's (9) brother in "Face Forward: Growing Up in Nazi Germany, criticizes Bakas, who plays a member of the Hitler Youth, for not having perfectly shined shoes. Bakas's character was about to advance to the senior Hitler Youth. "[The] show was about these three kids growing up in Nazi Germany and following the story of how different walks of life experienced different things during that time period," Sarah Colby (12), who directed the show, said.

2. PRINCESSES THEN AND NOW Andrew Aardema (9) and Isabella Kowalczyk (9) act out the the differences between the original Disney princesses and today's princesses in the show "Crushed." Both actors played multiple parts as they demonstrated what not to do in a relationship. "I play three characters. I play Maggie [who is] in love with [a] guy, and then I play April, and she's like a tomboy and she loves sports, and then I play princesses one through four," Kowalczyk said. 3. TOUGH DECISIONS Vanessa Torres (9) and Adam Gustas (10), who played German parents in the show "Face Forward: Growing Up in Nazi Germany," discuss the matter of hiding a Jewish family in their home. The play followed the stories of three teenagers living in Germany during World War II. "It's a really fun show, and I'm glad I have amazing directors that can help me get through my first show," Timothy Bakas (9) said. 4. A SILENT CROWD The cast of "Emotional Baggage" crowds around Kassandra Hansen (9) as she tries to convince them to overcome their emotional issues. All of the characters were holding on to their pasts and were reluctant to drop their baggage. "I play the dead-end job, which [is] basically a janitor who hates his job and picks up garbage after people and just hates everything," Madalyn Kruszweski (9) said. Photos by: Brittany Rabatine









A NEW TWIST ON THE SAME OLD SONG AND DANCE

The Trebleaires show choir finishes competing and begins their concert season

PAGE BY: SHANNON HEARNE, COURTNEY KREYKES, AND STEPHANIE O'DROBINAK

hile many students may be familiar with the choir department, they may not know about the different groups that the choir is divided into. The Trebleaires is an all-female group that started in 1978 that has accomplished many things throughout the years. On Feb. 7, the girls headed out to the Indiana State School Music Association (ISSMA) competition to test their skills at the district level

"I am an alto in the group. There are three different sections: soprano, alto [and] second soprano. [Since] I am an alto, I sing the lower part. We got a perfect score at ISSMA. I feel we could have been a bit better in general [by being] louder and more accurate with our notes, but the judges thought it was perfect," Anastasia Rauch (11) said.

The Trebleaires traveled to Munster High School for the ISSMA competition and came home with gold for their ensemble piece.

"Our group piece [for the competition] was called 'Stopping by the Woods On A Snowy Evening.' The Trebleaires won, and all of the kids that had solos and received gold qualified to go down to State on Feb. 16. There were 14 solos and ensembles, which included about 50 to 65 kids," Mrs. Sandy Hobbs, Music, said.

Due to a bad snowstorm, the girls never made it to Indianapolis for State. However, as they began their concert season, the girls received an opportunity to begin singing again and create new melodies to entertain different

"Performing has given me much more confidence. I've made new friends, and I've performed for some wonderful people. We performed [at First Methodist Church in Crown Point] to provide entertainment and good times. We sang a few pieces from The Andrews Sisters such as 'Bei Mir Bist Du Schon', 'Don't Sit Under the Apple Tree', 'Boogie Woogie Bugle Boy' and our ISSMA piece named 'Stopping By the Woods On A Snowy Evening'." Jennifer Alvarez (11) said.

Every year the girls learn new pieces and perform them to new audiences. The mass preparation that is needed for these new productions to take place is both time consuming and tedious. Next season, the girls will be taught new melodies and rhythms to stage their hard work for the anticipating public. Soon, auditions for the next years show choir will begin.



. Zachary Addington (9) 2. Giannoula Tjortjis (10) 3. Kaitlyn Seitz (10) Photos by: Victoria Wilk

TONES THROUGH TECHNOLOGY

Electronic Music classes clash tones

In Electronic Music, students use electronically enhanced instruments to learn how to be able to produce music through technology. The course teaches students to use a programmed called Pro Tools to record. compose and mash-up songs.

"[We are currently working on] our final project which is a video game project. I give them video game trailers and they strip away all of the sound. [Their project is to] write a new sound track," Mr. Dave Nelson, Art, said.



HOW TO BECOME A BEGINNER OF THE BELLS

I USE A SMALL BELL

"[I play bells] anywhere from C-6 to A-5. [If you are just starting bells], I would [suggest getting] some experience before coming to bells, but if you don't it's okay - it's [easy to learn]. [Typically], you're assigned your bells, but if you've played before [you can try to get one you have already played]. I like [the class] so far. I've been in the same spot for plays, so I'm used to where I have been playing."

MAYA TOBIN (10)

I USE A LARGE BELL "[I play] a ten pound bell. [The

most difficult part is] picking it up and ringing it. I have been playing since sixth grade. In eighth grade, we were all taken into a room and the bell choir played for us. [Since then,] I knew I wanted to play. [Advice I would give would be to] practice a lot. The music does get confusing."

SPENCER WISE (11)



"[My favorite about Jazz II class is] mastering new techniques in must It is something I am very passion about," ZACHARY HANSEN (10) said

"[Jazz has] this aspect of creativity where you can be your own unique person. It has a relaxing environment JOSHUA VELAZQUEZ (12) said.

"What I like about Jazz is that you have a freedom to express yourself through improvisation. I love jazz music and I play the alto sax," MATEO MORALES (12) said.

"[Band is nice because] you get to see everyone and get together after concerts and school. It feels pretty great when you're performing in front of people," Jessica Jarach (11) said.



1. THE TREBELAIRE TRIO LeAnn Stutler (12), Breanna Powers (12) and Larissa McBride (11) sing the Trebelaire's show piece titled "Stopping By The Woods On A Snowy Evening." Their performance was held at First United Methodist Church in Crown Point. "I really like the song [and] think our performance went really well. I really enjoyed singing at the church. [As a senior] I am going to miss these performances a lot," Powers said. 2. ATTENTION PLEASE Mrs. Sandy Hobbs, Music, gathers the attention of the audience. Hobbs organized the event a year prior to the performance. "I work at the church [the girls sang at]. I am the organist and pianist. I have been at that church for about eight years and have been in the music ministry for 20 years. They booked us [to sing] a year ago for their fundraiser," Mrs. Hobbs said. 3. BELTING OUT THE BEAT LeAnn Stutler (12) sings the lead in "He Never Failed Me Yet." Multiple singers participated in solos in various pieces throughout the day. "[The piece I sang] was a gospel piece. I really love gospel music and I want to make a career out of it. [The piece] fit me really well because I love adlibbing," Stutler said. 4. THE SONGS OF SIX Anna Samels (10), Jenna Buntin (10), Jennifer Alvarez (11), Anastasia Rauch (11), Hannah Scherer (12) and Lindsey Solan (12) sing the Trebelaires show piece titled 'Stopping By The Woods On A Snowy Evening.' The audience applauded and thanked the girls for singing at their church. "I think the performance went really well. The people enjoyed listening and the piece is really pretty. It was our contest piece," Buntin said. Photos By: Shannon Hearne









FOR THE LOVE OF THE GAME

Athletes participate in travel teams

PAGE BY: ERIN DOSEN

hile there are many sports offered at school, some students find interest in participating in organizations outside of the corporation. There are also some students who are active in school sports, yet still find time to play on another competitive team.

"[I am playing on the] Three Lions United soccer team. I play center-mid, and I've been playing since 2011. I plan on playing with this team for the rest of high school, while I play soccer at Lake Central," Emilie Dunne (9) said.

Students who take part in these teams have the chance to play with and compete against kids from different schools.

"Some people on the team are friends [that I already had,] and others are people from [Valparaiso] that are on the team," Dunne said.

Not every sport requires a team. Kyle West (12) is a part of a summer track program.

"[The summer track program] is all across the country, and I'm in the Midwest region. I'm not featured on any teams. I'm an independent runner. I run track here, too. [The two seasons] overlap a little bit because the track season for school goes a little bit after the school year ends, and State is sometime in June," West said.

Traveling for a sport takes a great deal of dedication. Some athletes carry their skills farther than some may realize.

"I went to an open preseason national tournament in lowa for wrestling. It was open to all the high school kids in the country," Jacob Kleimola (11) said.

For most athletes who double up on sports, the commitment can be exhausting, but new friends can be made throughout the journey.

"I play travel softball for the Orland Park Sparks. I am new [to the team] this year. I like the experience of traveling to different states and meeting new teammates," Jayna McDermott (11) said.

Whether students choose to play for a high school team or a travel team, most teams are formed under a common goal: to bring athletes together in a competitive and encouraging environment where their skills can be exercised.







1. TEAM SPIRIT Jayna McDermott (11) swings her bat at an incoming pitch. McDermott was a new member of the Orland Park Sparks this season. "I think [travel softball] is more competitive, but only because of the travel ball team I am on. People have different opinions depending on how hard the coach pushes you," McDermott said. Photo Submitted by: Jayna McDermott 2. LUCKY NUMBER SEVEN Jacob Kleimola (11) stands for winning seventh place at an open preseason wrestling tournament. This tournament took place in lowa and was open to all competitive wrestlers throughout the nation. "It's a double elimination tournament. I ended up losing my first match of the day, so then I had to win four in a row just to place. I did, and I ended up getting seventh place," Kleimola said. Photo Submitted by: Jacob Kleimola 3. ONE TEAM, ONE GOAL Emilie Dunne (9) and her teammates take a photo for a travel soccer team. The season for this team did not interfere with the Lake Central soccer season. "This year, Three Lions started in the beginning of January. When I played for Lake Central this school year, [the two teams] didn't collide in times, but they may start to next year," Dunne said. Photo Submitted by: Emilie Dunne 4. HURDLING OVER COMPETITION Kyle West (12) competes in hurdles during his summer track program. West started running track before he entered high school. "[I got involved] by track in middle school. I was looking for somewhere else to do it because the school season wasn't very long, and I wanted something a little more competitive," West said. Photo Submitted by: Kyle West







COOKING BY THE BOOKS

Students learn valuable lessons in FACS

Mrs. Chris Mockovak, Family and Consumer Sciences, and Mrs. Vivian Velasco, Family and Consumer Sciences, teach Nutrition and Wellness. The class gives students a chance to work with new equipment and has students work together to make meals, snacks and desserts.

"[My favorite part about Nutrition and Wellness is] mostly associating with a bunch of people and friends," Tabitha Burrink (10) said.

STUDENTS ENROLL IN ACTIVE-LEARNING CLASSES TO GAIN PRACTICAL EXPERIENCE



"I took [Adult Roles] because I thought it would be beneficial to me, so I would learn skills to be a responsible adult."

TAYLOR RUDNICK (10)



"I think [Interior Design] will help me to decorate my house when I'm older and make it more livable and comfortable."

DEVON KELLEY (10)



"[I chose to take Family and Wellness] to learn more about the body because I'm going into nursing, and I thought it would be a great start."

SARA TREMBCZYNSKI (12)

Practical projects help teach students important life skills

PAGE BY: EMMA DEGROOT AND TABITHA PAPPAS



roup projects and labs are helpful for students to fully grasp course concepts and interact with others. Child Development, Nutrition and Wellness,

Adult Roles and Housing and Interior Design are four classes that use projects as their main strategy of learning.

The baby project in Child Development is a hands-on experience that shows students how to take care of a child before parenthood. They are responsible for feeding, clothing, and taking care of the simulation babies as though they were real children.

"[In Child Development] the kids get to take a baby home for the weekend, and they're totally in charge of taking care of it. It makes the kids realize that being a parent is a very big responsibility," Mrs. Kathy Szewciw, Family and Consumer Sciences, said.

Learning how to cook and bake with modern technology is also important for students. It can help them develop the skills needed to excel in high school, college and even in their lives after schooling.

"[In Nutrition and Wellness] we do 13 different labs throughout the semester, using new equipment they've never used before. We have new stoves. We do a microwave unit, and [the students work] with different ingredients," Mrs. Chris Mockovak, Family and Consumer Sciences, said.

Students in Housing and Interior Design get the chance to choose fabrics that they would put in their future houses. Not only does this get them started on thinking about their futures, but it also gives them the chance to tap into creativity with a practical goal in mind.

"Clothes, food, shelter, water and love are definitely components everybody needs. Family Consumer Science covers all of those [needs]," Mrs. Louise Tallent, Family and Consumer Sciences, said.

Students who take these classes and participate in the projects gain important and unique life skills.

"My goal for the kids is to have an overview of a lot of topics that are really important in the whole idea of parenting and development of children," Mrs. Szewciw said.

Family and Consumer Science classes help students understand the responsibilities of child development and adult roles.

TWO PERSPECTIVES ON FAMILY AND WELLNESS

WHAT I TEACH

"I hope [my students] gain life skills about what it takes to be well and recognize and obtain skills that can be applied when people are not well in their homes for themselves or extended family, or in the future, their own wives, husbands or children."

MRS. LOUISE TALLENT, FAMILY AND CONSUMER SCIENCES

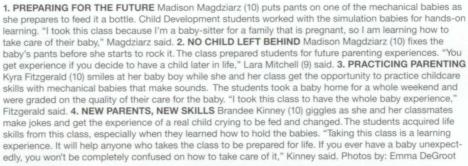
WHAT I LEARNED

"[I learned] the knowledge of CPR, how to take care of your body, how to solve different situations in a medical emergency and how to stay calm.
[Mrs. Tallent] treats everyone fairly."

NICHOLAS TOCCI (12)





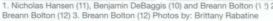












WORKING IN A MAN'S WORLD

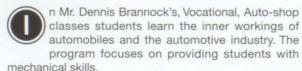
A childhood passion becomes a career

Following her passion for the automotive industry, Breann Bolton (12) has participated in vocational automotive classes for three years. As one of the only girls in her class, she felt like she first had to prove her capabilities to her male counterparts.

"I think that [the vocational auto program is] the greatest opportunity that we could have in high school because a lot of other schools don't have it. I think that anyone thinking about taking it should," Bolton said.

An inside look at a program taking hands-on experience to a new level

PAGE BY: CANDACE JARZOMBEK AND BRITTANY RABATINE



"The vocational classes provide students the opportunity to obtain the necessary hands-on experience to transfer from high school into the workforce or take college level courses at the high school," Mr. Brannock said.

The automotive program consists of three classes: Intro to Automotive Technology, Transportation II and Transportation III. The two higher level courses can be taken for dual credit from Ivy Tech Community College of Indiana.

"The automotive classroom runs like a dealership in that students are trained on the service desk with Ms. [Lisa] Pajkos, [West Lake,] as well as train to be a technician and a mechanic," Mr. Brannock said.

Students learn through demonstration and work mostly in teams for larger projects, but they are tested individually. The real-world problems addressed in the class prepare future mechanics for their careers.

"We've taken out two motors this year, and those were

pretty difficult because of all the wiring and hosing you've got to disconnect and you've got to make sure you get it all done right and not break anything," Tristan Hiduke (11) said.

Even if a student does not plan on pursuing a career in the automotive industry, the program teaches life skills that could be beneficial to any car owner. At least a basic knowledge about vehicles could prove useful.

"I feel that cars are a necessity and I feel like everybody should take [this class] because cars are an everyday part of life," Lauryn Winarski (12) said.

The classes push the students under real life conditions without being completely left on their own. While letting the students solve problems independently, Mr. Brannock provides guidance and support.

"The hands-on learning [is my favorite part] because [Mr. Brannock will] go out in the shop and teach you how to do stuff, like how to change a tire or rotate them, and then you have to do it yourself. He's kind of strict and he'll yell at you, but if you get on his good side he's really nice, and cares and wants everybody to learn and be successful." Winarski said.



"[Mr. Dennis Brannock, Vocational] takes no silly business. He's kind of strict and he'll yell at you, but if you get on his good side, he's really nice and wants everybody to learn and be successful," Lauryn Winarski (12) said.

FROM AT SCHOOL TO IN THE REAL WORLD



"This year is my first year of vocational [auto]. Last year was my first year of intro. [The hardest part of auto] would be when there's a problem with the car you can't seem to fix it, get something to fit right or get a bolt off. I was looking for a better job and my teacher said to apply [to Grimmer's] and I'd have a chance. [I've been working there for] probably four months. It's nice because I'm using a lot of the skills I learn in school; however, I do think I learn a little more at work. At work everything's expected to be done quickly and efficiently. At school that's not as much of a concern, and at school I also have Mr. [Dennis] Brannock, [Vocational,] watching my back and making sure I do things right. At work it's up to me to ask if I'm not doing something

JAMES MCINTIRE (11)

HOW TO MAKE IT IN AUTO



"Respect Mr. [Dennis] Brannock, [Vocational] and listen to him. Don't mess around, then you'll get on his bad side."

ZACHARY STANEK (10)



"[Auto is] a really good class and you learn how to do things hand-on and not having other people do it for you."

MAMIE REISING (10)



"Main colleges aren't the smartest choice. Some community colleges are the better choice for mechanical engineering."

ESAM YACOUB (10)







1. SHOWING HIS SKILLS Alec Glinski (11) examines a car's brake caliper. As a student in the Vocational program, Glinski was helping teach students in the introductory course. "[The auto program is] very hands-on and you learn a lot. You can save money [and] help friends and family," Glinski said. Photo by: Brittany Rabatine 2. ALL IN THE FAMILY Benjamin DeBaggis (10) and Jacob Gibson (10) study a car's brake system. Gibson wanted to learn more about automotive service, so he could help with the family business. "My grandfather happens to have a shop in Lansing, and my dad happens to work there, so I might as well help out," Gibson said. Photo by: Brittany Rabatine 3. CAPTIVATED BY CALIPERS Ty Kullman (11) concentrates on his assignment to learn about brakes. The Intro to Automotive Technology class was studying brake systems and calipers in preparation to replace brakes. "The enviornment's fun, just being in a workshop and working with the tools," Kullman said.

Students get head start on career paths by taking beneficial classes

PAGE BY: RUTH CHEN, VICTORIA WILKES AND JESSICA WOJTON

ome students at Lake Central are taking specialized classes in art, drafting and science to get a head start on their career path.

"If you know what you want to do, then it's good to take as many courses as possible. Especially if you can get dual credit or AP credit, it's great for college when you have to pay less. I am in AP Physics right now and AP Calculus. If I score a 4 or 5 on both tests, I am able to get AP credit for college, and I don't have to take those classes. I'll have a head start of a year, so I can finish college in three years for engineering," David Park (12) said.

Even though some of the students are taking these classes for their career, some choose to take these classes because they have a passion for the subject.

"I don't want to pursue art, but I've always liked it. I've always had a sort of talent for it, and I feel like it's a really good way to express myself. A lot of my art is inspired by my culture, black history and just showing the truth and giving credit where it should have been given," Ugonna Nwannunu (12) said.

Students not only leave classes with skills for their career, but also with life lessons.

"[The benefits of taking Drafting class is] that it helps you learn

creative solutions to problems that you normally would just be like, 'Hey, what do you think?' It lets you think of the solution yourself," Kevin Calderone (12) said.

When taking a closer look, the concepts of art and science classes actually interconnect with each other.

"I think that art has helped me because when you go to college interviews, they don't just ask you about academics and things that will relate to your major, they ask you other things. Art was one of the main things I spoke about. I want to go into biology, so a lot of people don't see the correlations between fine arts and science, but for me, [I see] the detail that you have to notice when you're looking at art or when you're looking at the structure of a DNA helix. You have to appreciate the same things in the two fields. It teaches you certain skills that you will use in college," Nwannunu said.

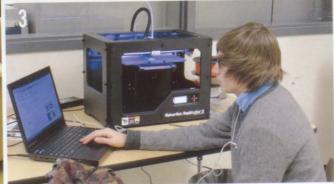
Although getting ahead is not necessary in high school, it allows students to dip their feet into the real world.

"If you think you want to do something now, and you take that class, maybe you'll find out you do like it [or] you don't like it. Without the cost of college and without wasting college years on that, you can do it here," Joseph Grzybek (10) said.



1. WORKING WITH WHEELS Austin Chekaluk (11) centers the clay on the wheel. Without the clay centered, it would not have been made properly. "[Art is] just a good way to calm down from school," Jennifer Einterz (12) said. Photo by: Kristina Plaskett 2. STUDYING SCIENCE Kenneth Wolfrum (11) and Jack Larson (11) mix a copper sulfate solution for a lab in ACP II Chemistry Honors. Mr. David Harnish's, Science, classes did a spectrophotometric experiment involving a solution in water. "[To prepare for my career, I'm taking] tons of science and math, but definitely [focusing] on science, AP [Biology], AP [Chemistry, and] things like that, but just stocking up on those two," Joseph Grzybek (10) said. Photo by: Shannon Hearne 3. PRINTING PROCESS Chase Owczarzak (12) prints from the 3D printer. Using the 3D printer is a common occurrence in Mr. Garrett Gray's, Vocational, Drafting class. "I recommend taking Drafting because you learn to use a lot of programs that professionals use for that career," Owczarzak said. Photo by: Victoria Wilkes





160 SOME ACADEMIC PROJECTS SCAN PAGE FOR VIDEO

STUDENTS DISCUSS REASONS BEHIND THEIR PASSION FOR SCIENCE



"I like how you can help people out by [going into the medical field,] and I'm interested in how the body works."

GEORGE BESHARA (11)



"[What I like about science is that] it compasses life, and that it can be used to explain a lot of things that have happened."

MARC MERTSCHING (12)



"I like [the medical field] because it's really logical, and it makes sense."

LAUREN GRANSKOG (11)



"I'm good at science and math classes, so I thought it is best for what I would do [as a career]."

TIMOTHY GIAZZON (12)



"There's a really big future in [genetics.] I get to manipulate DNA, and possibly cure genetic diseases,"

SARAH HERMANEK (10)



"I grew up with computers, and I've been using computers since I could read. [Computer Science] is something that I'm good at."

JACOB ZAK (10)

DISCUSSION ABOUT DRAFTING

Teacher describes importance of engineering



"Basically [Drafting class] is a hands-on, problem-solving class that's projectbased. So, students are going to be involved in hands-on projects and solve problems, which may be different than typical classes in high school. It's a different classroom where we can do those hands-on projects. It's more out in front of you, something that you can touch and work with rather than in a book. I think it's a great class for any student. The engineering world has so many opportunities out there. If you can graduate after high school with some type of engineering degree, you're going to have a high-paying job somewhere. So, I really recommend it for anybody. I think it's a really fun class for students that like to engage and like problem-solving activities [and] group activities."

MR. GARRETT GRAY, VOCATIONAL

FINE ARTS FIASCO

poll out of 330

57%

ART CLASS

More than half of Lake Central students took an art class to get their Fine Arts

credit. Some art classes include 2D or 3D Art all the way to Theater Arts.

MUSIC CLASS

These students fulfilled their required Fine Arts credits by choosing a music-related class. Some music classes include Choir, Jazz Ensemble, Concert Band, Color Guard, Hand Bells and Electronic Music.

"I like [Sports Marketing] because it has helped me get a lot stronger, and it helps me with the sports that I play," Kylee Freckelton (10) said.



SAVING LIVES 1,2,3 STEPS AT A TIME

"First, you should see if the person is breathing and if they have a pulse. Then, you should immediately call 911 and return back to the victim," Rachel Frieling (10) said.

2 "If there is no pulse or breathing, then start giving them chest compressions. Tilt their head back and lift their chin. For every 30 compressions, give the victim two breaths," Frieling said.

3 "Check if they are breathing again and if they have a pulse. If they do not, repeat steps 1 and 2 until help comes," Frieling said.

STRETCHING SCHOOL HOURS FOR SPORTS

Fitness Training offers athletes extra practice time



"Fitness Training helps with me with baseball because it helps us get our lifts in during school so that after school we can go straight to practice. During the class, we do our lifts, and then if everyone wants to do extra stuff, we will do abs as a team and do stuff more team-oriented. Fitness Training is more for people who are in sports where Leisure Sports is more for people who want to be active, but are not in a sport. My coach put me in the class. The only final we have is when we test for our body weight. We have to do a certain amount of weight for each lift."

BRYAN VANDERLEE (12)

LEISURE SPORTS HAS STUDENTS LOVING CLASS



"Leisure Sports is very fun. It gets competitive sometimes because kids like to take things a little too far, but other than that, I think it's a really good class."

MARCO DOMINGUEZ (12)



It's a good class for senior year because you can have fun during the day and not be stressed out about classes."

ALEXANDER NISLE (12)



"Coach [Andrew] Gurnak, [Physical Education], has a point system, so we will have a champion of Leisure Sports."

RYAN WELLS (12)



"[Leisure Sports] is pretty intense. The sports are really fun, and you make a lot of friends."

JOREY DIMOPOULOS (12)



"You play a bunch of different sports that get everyone interacting. I like it a lot. It keeps me active, and everybody fits in because we do a lot of different sports."

RYAN FIFE (11)



"We do a basketball unit in Leisure Sports, and it is a lot of fun for everybody."

NATE EDVARDSEN (10)









1. ACTING IT OUT Sean Reddy (11) and Nicholas Brandner (12) rehearse their scripts for their Six Flags project in their Sports Marketing class. The Six Flags project was a commercial competition that Ms. Terri Budlove's, [Business], Sports Marketing classes completed during second semester. "The Six Flags project is a great marketing experience because it allows us to act as a real-world business marketing department," Reddy said. 2. TEAMWORK Sam Barnhart (10), Kobe Cook (10), Walker Brummett (10), and Manual Brooks (10), work together on a project during Ms. Budlove's fourth hour class. The Sports Marketing class did many group projects. "Group projects are the way I perfer learning. It allows me to delegate work between classmates," Nicholas Brandner (12) said. 3. SLAPSHOT Cailee Wilkinson (10) shoots into the "Clark" net during class on Feb. 20. The hockey net was used for a fundraiser organized by the Sports Marketing class. "You pay money, then shoot the puck. All the money went to the food drive, and then kids would get a lollipop for participating. Ultimately, it was to raise money for the food drive. We separated it so that each class period did their own competition. We sold T-shirts, phone cases and came up with a lot of different ideas on how to raise money," Marisa Mendoza (12) said. 4. INDEPENDENT WORK Brett Guffey (11) works independently during fourth hour on Feb. 24. Although the class did a lot of work in groups, there was time set aside for solitary work. "We do a lot of independent work to help us learn about marketing companies in the real world," Jerald Lyda (11) said. Photos by: Annabella Piunti.

SAUDIS WARKTING PUNGES NIO UE

How Sports Marketing incorporates everyday business experiences in the classroom

PAGE BY: ANNABELLA PIUNTI AND OLIVIA OSTER



s.Terri Budlove's, Business, Sports Marketing class is a specialized marketing course that allows students to apply the principle of marketing to sports, recreation and entertainment.

"[The class] teaches us how to handle people [and] how to approach situations involving business. We do a lot of presentations, so we know how to talk in front of people," Alyssa Staszewski (11) said.

The class often goes on field trips, including attending a Chicago Bulls game and a Chicago Wolves hockey game. They go to these games to observe examples of how advertising and marketing are used locally.

"During the games, they do a lot of advertising for other companies. That really involves sports marketing because they are advertising at a sporting event," Nikola Tepsic (12) said.

The class is not just field trips, though. The sports marketing class is currently working on a project about Six Flags Great America. For this project, students are creating videos.

"The Six Flags project is a commercial competition. Six Flags has a marketing and business day, and they create the guidelines for the commercial contest. Then we meet those guidelines, develop the commercials and send the commercials in ahead of time. When we go to Six Flags, there is a presen-

tation. The president of marketing for Six Flags meets with the students in the Pictorium, and he goes over some basic fundamental marketing concepts. Then they show the six finalists. Last year was the first year we entered the competition, and Lake Central won first place," Ms. Budlove said.

Teaching style varies from classroom to classroom. Ms. Budlove tends to treat her students as adults more than as high school students.

"I really enjoy the class. I think Ms. Budlove does an amazing job. She doesn't act like a teacher. She acts like a manager towards us. She treats us like employees, rather than students," Nathan Pasyk (11) said.

This class is hands-on, and students do a lot of projects that help them prepare for real-world marketing and entertainment.

"[We do] a lot of hands-on projects and group work [and] have a lot of higher level projects. We don't do a lot of worksheets, and we are always talking about the levels of learning and understanding. Before I assign projects, I make sure that the students have the correct information that they need. Then we finally talk about the foundations. We also have projects that go hand-in-hand with what they are learning. They do a ton of presentations in class because in marketing it is so important that they have good communications and presentation skills," Ms. Budlove said.

WHAT MAKES FRENCH APPEALING TO YOU?



"I didn't want to go the same route that everybody goes with Spanish. I think it's really cool to learn about [France's] heritage as well as their language."

WILLIAM KRUZAN (10)



"I have a French uncle, and I went to visit Paris over the summer. I really liked the city, so I wanted to learn more about it."

HELANA ZAKHER (10)



"What compelled me to take French was that I was planning, after I graduated culinary school that I would travel to France to specialize in pastries."

SERENA MORTON (11)



MICHAEL BESHARA (9)



"Spanish kind of seemed like everybody was taking it, so I wanted to take French just because it would be different. I've kind of always wanted to learn it."

NOAH TRACY (11)



"I think [French] sounds really fancy, and it's pretty easy compared to English. I didn't want to take Spanish, because I took it in middle school."

SARAH BENEDICT (12)



THE NEW GIRL IN TOWN

Jessica Wolowicz (11) shares about her struggle to fit in as a foreign exchange student.



Transferring to a new school is always a difficult task for any teenager. However, coming to a foreign country can make the change even harder. Every new student has fears about making friends and fitting in at school, but being a foreign exchange student creates unique obstacles.

"I came here [from Germany] and I did not know anyone. My first day was awful because the school is huge, and I didn't know anyone. The guys were nice to me, but the girls, when I asked them where can I go [or] where my next class is, they didn't help me. I signed up for cheer, and I found friends. It's been better since [then]. Lake Central is huge. At my school we have 800 [students] in the whole school, and we don't have stuff like school sports or a pool."



1. Mrs. Leslie Iwema, World Language 2. Lauryn Winarski (12) 3. Jack

GIVING THE GIFT OF LANGUAGE

German III class takes time to teach students at Watson Elementary School

The German III classes have a very diverse learning experience. Not only do the students get the opportunity to immerse themselves in the German language and culture, but they are also able to share the knowledge they have acquired with the next generation. Students, during their matrix period, travel to elementary schools to teach some of the children a little bit of German and hopefully make a lasting impact. This is not only a great opportunity for the children, but also for the students experiencing the view from the other side of the classroom.

SHODEN KERTONNOHIEWORD

Students experience cultures from around the globe in various language classes

PAGE BY: SARAH BREDAR AND JOVANA DODEVSKA

anguage is the glue that holds together communications worldwide. The three foreign language classes are French, German and Spanish provide fundamental knowledge, allowing students to immerse themselves in the world outside of Northwest Indiana. Taking a language class for at least two years is a graduation requirement, so every single student has the opportunity to learn another dialect and another culture.

"I was actually born in Germany, but I am not fluent in the language, so I decided to learn it. It definitely gives you the opportunity to socialize with people of that country, in their native language and other German speaking countries," Eric Rasmussen (11) said.

Learning a new language is not an easy task. Not only does a student have to learn how to form ideas in another language, they also have to explore the culture of the language. From Mardi Gras to Cinco De Mayo, there are endless opportunities for a student to engross themselves in what seems like another world.

"[My Spanish class] does a project on Mexican or Spanish culture every quarter and then sometimes we watch different TV shows that are popular

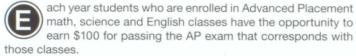
in Spanish-speaking countries," Alyssa Panczuk (9) said.

Understanding another language not only increases a student's knowledge of the world, but it also helps him or her with standardized exams. Spanish and French are Latin based, which really helps students decipher complex words on tests like the SAT and the ACT. Employers tend to hire workers who have worldly knowledge. Being bilingual, trilingual or even a polyglot, one who speaks four or more languages, can open many doors in the future.

"I think [learning a language] taps into a different part of the brain, and I think it helps students understand English grammar a little bit better because English grammar and German grammar are very similar. I think it makes you more sensitive and also more appreciative of what we have here in the United States. The students are always shocked to learn that, for example, a driver's license is so much more expensive in Germany than it is in the United States, and when they learn that students from Germany can't wait to live here, that blows their mind," Mrs. Leslie Iwema, World Language, said.

Students learn advanced placement classes eventually pay off

PAGE BY: MADELINE HIRSCHFIELD



"If you pass a test, you get a [monetary] grant. So, if you get a 3, 4 or a 5, you get \$100," Kristen Kaiser (12) said.

A few classes that qualify for this grant are AP English Language and Composition, AP English Language and Literature, AP Chemistry, AP Biology, AP Statistics and AP Calculus BC. Social studies classes, such as AP Psychology or AP U.S. History, do not qualify for this grant.

Students who earn these grants use the money in a variety of different ways. There is no limit or restriction on what the students put their money toward. Some popular ways to spend the cash include shopping or saving the money for different costs in college.

"I took AP Chem last year and AP Calculus AB and got \$100 for each [test]. I used some of [the money] to help pay for my biddy ball, and some of it I just used for [other stuff]," Ryan Palkon (12) said.

This money is also a way to encourage students to enroll in AP classes and study for the exams. A student can earn money per test they pass, so more classes and passed tests equals more money for the student.

"I think it's a good idea because it motivates kids to study for their AP tests and do well on them instead of just blowing it off because then they have a reward for doing well," Kaiser said.

The opportunity to receive the grant also motivated some students and helped them make decisions about their class schedule in the future

"I do think [the grants] are a good idea because they definitely encouraged me to take some AP classes this year to get \$100 and spend it on whatever [I] want," Palkon said.

English, math and science exams are of no cost to students, so most are expected to take the exams. AP exams take place at the end of the school year in May.



COMPARING POPULAR AP SCIENCE CLASSES AP BIOLOGY AP CHEMISTRY

"I really like the teacher, and the atmosphere. It's really interesting too because it pertains to your life. I dislike the tests. They are really hard, and it's a lot of taking what you learned and applying it."

ADARE PITCHFORD (11)

"The class is probably the hardest thing that I've taken throughout my entire high school career. The homework is online, and it gives you pretty much a good overview of what your test is going to look like."

ANDREW VOSS (12)



HAVE YOU EVER TAKEN AN AP CLASS?

TAKEN AN AP CLASS Lake Central High School offered 22 Advanced

Placement classes in the 2014-2015 school year. Some of those classes include AP Psychology, AP Calculus AB and AP Computer Science A.

NOT TAKEN AN AP CLASS

While some students choose not to take AP classes, they

do take the honors and regular courses that are available. Some of these classes include Statistics, Advanced Lifesaving and Computer Programming I.



"I am in an AP Art class right now. [I took this class because] I wanted to find out more of what I could do with my art skills." Nicholas Mazon (12) said.

ADVANCED PLACEMENT CLASSROOM ENGAGEMENTS



[My favorite AP class is] probably AP Physics. I like how hard it is. [It's good] career wise for engineering.

TAKODA POTTS (11)



I am in AP Macroeconomics. I like AP classes because it's a smaller class size.

DARIA POMIOTLO (11)



[I am in] AP Government. I like the stuff we talk about. I like politics and government [because] I think it's interesting.

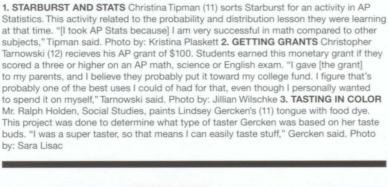
CODY MCCALL (12)



I am in AP Psych. It was year-long, and I felt like I would get more out of it than just the regular Psychology class.

JACOB MAVITY (12)







PAYING PRINCESSES

Working while playing the part

PAGE BY: ANASTASIA PAPANIKOLAOU AND CATHRYN CEARING

igh school is usually the time for teenagers to find their first jobs. These can include anything from flipping burgers to stocking store shelves to bussing tables. Some students, however, have found a more magical means of earning money.

"The company I work for is Once Upon a Celebration. A friend I have from Munster, who also works for the company, told me about it. I was able to interview, and I got the job," Elise Bereolos (11) said.

Once Upon a Celebration is a company that provides actors and actresses for events like brunches and birth-day parties to play cartoon characters, princesses and superheroes.

"I've been working there since November, and it's the best job in the world. Depending on how long the party is, I take pictures with everyone, sing whatever song the princess I'm playing sings, dance with the kids, sing happy birthday and if we have time, we play a game," Bereolos said.

Some employees at Patti's All-American also have experience of playing princesses, which has required them to brush up on their fairy-tale knowledge.

"Sometimes the girls will recognize you and you have to think on your feet and convince them that you're not who they think you are. Also, you really have to know your movie because the kids want to know all the answers to the movies and why you did what you did in the movie," Brittany Busby (11) said.

While some students like Bereolos and Busby earn money as part of a company, others have taken initiative to earn money by dressing up on their own time.

"It's actually a funny story. I work for [a] little girl's mom, and we were just supposed to go to [her] party, but because of the snow, the princesses canceled. She asked if I would dress up, [and] of course I said yes. My friend, [Jennifer Wright (10)] looks like Elsa, so she decided she would dress up too. We sang the songs and played with the kids. They actually thought we were them. A mom from the party asked if we would do her kid's party too," Anna Pinkus (10) said.

Whether on-the-spot or planned ahead of time, dressing up for the job is a new way to find balance between work and play.

"I've always wanted to be a Disney princess. The look on the faces of all the little girls when you walk into a party dressed like their favorite princess is priceless. I just love it," Bereolos said.







1. PRINCESS PARTY Elise Bereolos (11) plays a game with children at a party with a "The Little Mermaid" theme. Bereolos had to dress up as Ariel for the event. "It's the best job in the world," Bereolos said. Photo submitted by: Elise Bereolos (11) 2. FROZEN FUN Elise Bereolos (11) dresses up as Princess Anna from Frozen for a birthday party. Bereolos has gotten to dress up as a range of characters for her job. "I've played Ariel, Tinkerbell, Anna and Elsa," Bereolos said. Photo submitted by: Sarah Miller 3. ROYAL ROUND-UP Alexandra Majchrowicz (Andrean 11), Mary Langdon (11), Meaghan Ehlert (11), Madeline Young (11), Brittany Busby (11) and Renn Arvanitis (11) show off their costumes at an event. Busby and the other girls dressed up for their jobs at Patti's All American. "We do all sorts of camps and fun stuff for the kids, and the coordinator of the camps kind of picks us by who we can believably be and if we could pull off a princess," Busby said. Photo submitted by: Brittany Busby (11) 4. SNOWMAN MEET-UP Madeline Young (11) dresses up as Princess Anna from "Frozen" for a camp at Patti's All American. Previous camps have featured workers dressed up as Cinderella, Rapunzel and other Disney princesses. "When you first walk in the room, [the kids are] just frozen. They can't believe they're in the same room as you,"

Brittany Busby (11) said. Photo submitted by: Patti's All-American





1. STORY TIME Gabrielle Frigo (12) listens as Matthew Protsman (9) tells a story at the first Best Buddies meeting of the year on Sept. 29. The first meeting included activities that helped members get to know each another. "I love being Matt's buddy. Matt and I have gotten along really well ever since the beginning, and it's nice because I go and visit him at his house. It's probably one of the most fulfilling things I have ever done," Frigo said. 2. BEST FRIENDS AT BEST BUDDIES Jacob Kiefor (11) and Christian Huber (12) hang out at a Best Buddies meeting. The meetings provide an opportunity for members to socialize with each other. "[At the meeting,] we got our Buddies matched up. [My favorite part about Best Buddies] is meeting people," Huber said. 3. THE ART OF LAUGHTER Amie Goulet (11) and Taylor Barchi (12) laugh while coloring pictures at the Best Buddies meeting on Nov. 10. The two were paired up to be buddies for the year at the meeting. "[Taylor is] really nice, and we get along really well. She's always happy and smiling with me," Goulet said. 4. GIGGLES AND GREETINGS Kiera Schultz (12) and Ali Raja (11) laugh together while getting to know each other at a meeting. The beach ball had questions written on it such as "What is your favorite movie?" "[Ali is my buddy]. He's kind of shy, but I like being able to get him to open up and talk, Schultz said. Photos by: Sofia Hay

CLASS CABINET CRASH COURSE

- FRESHMAN CLASS CABINET: Freshman Class Cabinet is run by Mrs. Robin May, Guidance. The goal of Freshman Class Cabinet is to raise money by selling class t-shirts, sweatshirts and sweatpants. Members of class cabinet help design and choose the logo for these items.
- 10 SOPHOMORE CLASS CABINET: Sophomore Class Cabinet is run by Ms. Carrie Wadycki, English, and Mrs. Sarah Verpooten, English. Sophomore Class Cabinet does not plan any dances, but members participate in decorating for Homecoming and making the Sophomore class's banner.
- JUNIOR CLASS CABINET: Junior Class Cabinet is run by Miss Stephanie Sivak, English, and Miss Allison Peda, English. The Junior Class Cabinet is in charge of planning Prom. Members choose a theme, pick a DJ and put up decorations for the dance.
- SENIOR CLASS CABINET: Senior Class Cabinet is run by Mrs. Joan Loden, Math. Senior Class Cabinet plans Senior Banquet by picking a theme, choosing a DJ, choosing meals and more for the event. The members also choose awards that are voted on to be given out at the banquet.

Students form friendships with others in Westlake program

PAGE BY: SOFIA HAY AND ELIZABETH BUSTAMANTE

tudents come together and form friendships that stretch beyond the classroom through the Best Buddies program. Best Buddies is a non-profit organization which assists students in creating relationships with people who have intellectual and developmental disabilities around the world.

"Best Buddies is a great club that helps unite a peer buddy with a buddy with differing abilities. I see everybody as being very talented in their own way." Ms. Cynthia Hoffman, West Lake, said.

Every other Monday, students involved in the club gather at meetings for various activities. Many of the activities include holiday parties, movies and ice breakers, which are games that help students get to know each other.

"[At one meeting,] we were writing on this poster about Thanksgiving [and] what we would do on Thanksgiving. [We also] just talked about what we would do if we hang out with our buddies," Christian Huber (12) said.

Usually each member is paired with a buddy for the year, but every-

one is encouraged to be friends with each other. With overwhelming interest and support this past year, there were members left without a buddy

"I'm glad that I'm a part of Best Buddies because I'm not only working with students with special needs, but I'm also making new friends," Brooke Lanting (10) said.

Not every program is perfect, but students and staff are putting forth much effort to make Best Buddies the best it can be.

"We have a quickly growing program that has been hard for all of us to get the experience, but we have a lot of heart and a lot of enthusiasm," Ms. Hoffman said.

Best Buddies continues to impact students in various ways.

"For the student with a developmental disability, [Best Buddies is] an opportunity for them to have role models and interact because they can learn far more from someone who is participating in the general education program. They get help and encouragement from them," Ms. Hoffman said.

BETHING

INSIDE SCOOP ON STUDENT COUNCIL

Former Lake Central student returns as a teacher to take over Student Council



"[Being back at Lake Central] is very interesting. I'm working with teachers that I used to look up to, and now they're my colleagues, so it's very different. As for Student Council, it really helps that I have some really great officers that help out a lot with Student Council. It's very enjoyable. Student Council has to put together the Homecoming dance, and we're in the process of trying to establish a dance marathon here at the high school to help with Riley Children's Hospital, so that's a lot of work. We are also in charge of fundraising in general. Once we get the auditorium, we will also be doing the talent show again. Student Council has a great group of kids. They do a lot of things for the school and for the community. [Being head of Student Council] just seemed like a great opportunity."

MS. STEPHANIE VILLARREAL, ENGLISH







 Kristen Hecht (10) Photo by: Annabella Piunti 2. Eva Kimberly (11) and Jeanine Gilbert (11) Photo by: Kayla Hallowell 3. Anna Hallowell (10) and Nicole Geer (10) Photo by: Candace Jarzombek (10)

N-TEENS TAKES INITIATIVE

Students help their school and community

N-teens is a club run by Mrs. Kelsey Becich, English, that encourages members to volunteer their assistance throughout the school and community.

"I like to help around the school and community and getting others involved with volunteering. The events are always so much fun to be at," Anna Hallowell (10) said.

Students sign up to work at events such as charity walks and festivals. N-teens is also in charge of planning and working at Winter Formal. Members are encouraged to volunteer a total of 40 hours throughout the school year. Those who reach 40 hours of volunteer time are rewarded with a free ticket to Six Flags.



"What's fun about [Science Olympiad] is that [when] you know somebody's down, you pick somebody up and you say, 'OK, you didn't do real well today but next week is another one, and you can redeem yourself," Mrs. Mary Joan Martin, Science, said.



Eva Kimberly (11) Photo by: Anastasia Papanikolaou

STEPS TO SPELL BOWL

This club is run by Mr. Jack Moorhouse, English. "[Students have to] go to [Mr. Moorhouse] and tell him that you want to join," Eva Kimberly (11) said.

In order to be in Spell Bowl, students have to do some paperwork. "Fill out the permission forms for going to the competitions," Kimberly said.

After that, Spell Bowl becomes just like any other club. "Attend the meetings, go to the competitions and study the words you receive," Kimberly said.

WISE BEYOND THEIR YEARS

W.I.S.E. students prepare for the future



"W.I.S.E. is [an acronym] for Women in Science and Engineering. It's just a club that tries to initiate the women at Lake Central into science and engineering, to build their own awareness of opportunities, as well as a kind of a support group for the women who are going in the direction. Engineering and science are great opportunities overall. For the W.I.S.E. side of things, I mean, I'm a man, and it is pretty easy for the boys at school to find role models who are scientists or are engineers, and I think it is a little more difficult for the women. When they join W.I.S.E., then they're going to be exposed to former students or other women who are successful in the science and engineering community, and maybe they can develop some contacts. These women can serve as role models for the freshmen and sophomores,"

MR. KENDAL SMITH, SCIENCE

WHEN KARDWORK WEEKS PLAY

Academic clubs can help students learn skills that will benefit them in the future

PAGE BY: ANASTASIA PAPANIKOLAOU, ABIGAIL HINES AND ASHLEY KRALIK

fter school clubs and activities have many benefits. Some clubs, such as Spell Bowl, W.I.S.E. and Science Olympiad, can help students when applying to colleges, receiving leadership opportunities and acquiring skills that can help students in the professional world.

"I needed more clubs and after school activities, and I thought that [Spell Bowl] would be a fun academic one to do. It's pretty straightforward," Eva Kimberly (11) said.

These clubs give students the opportunity to expand their skills. Members can be taught skills for practical and intellectual use, such as learning how to work with others on a team and managing time for good study habits.

"[Science Olympiad] teaches me how to study and work with the team, to let loose and have fun at the same time," Rachel Kozel (10) said.

Spell Bowl is an after-school club where students learn different words and compete in a competition by spelling as a team. This club

introduces students to different words and their uses.

"[Being in Spell Bowl] helps with my memorization skills a lot because you just have to memorize the words. That kind of helps me through my study skills for my regular classes," Kimberly said.

Science Olympiad is a club that gives students hands-on opportunities to learn about all things science, from engineering to meteorology to mathematics.

"[Science Olympiad] allows me to go more in depth with my academics and study more to actually know what I want to be. I'm thinking about being an electrical engineer or a chemical engineer, so being in this club will help," Kozel said.

W.I.S.E., or Women in Science and Engineering, is a club that teaches female students to appreciate science and engineering as a future career.

"[W.I.S.E.] is a club that teaches students to build their own awareness of opportunities, as well as [being] a support group for the women who are going in [that] direction," Mr. Kendal Smith, Science, said.













1. A W.I.S.E. COLLABORATION Tiffany Tao (12), Taylor Duffy (11) and Jocelynn Cheese bourough (11) discuss dates for their upcoming trip to the Field Museum. Tao was the head of W.I.S.E. club. "Most students don't know what opportunities are available in engineering and science," Mr. Kendal Smith, Science, said. Photo by: Ashley Kralik 2. SCRAMBLER IN MAKING Raymond Pollalis (12) helps Nicholas Applegate (12) and Joyce Cometa (10) fix their device. Applegate and Cometa competed in an event called "Scrambler." "I joined [Science Olympiad] because [when] my brother was in it, I saw he made a lot of great friends and had lot of fun doing it," Raymond Pollalis (12) said. Photo by: Stephanie O'Drobinak 3. SCIENCE SKILLS Taylor Duffy (11), Megan Gabe (11) and Madelyn Ackerman (11) meet to find a spring break date for a W.I.S.E. trip to the Field Museum. Students who joined W.I.S.E. learned to appreciate science. "[Students] started the mentor program at Lake Central where we match up freshmen with seniors so that they can get guidance regarding what courses to take [and] what to think about if you want to go into science and engineering," Mr. Kendal Smith, Science, said. Photo by: Ashley Kralik 4. MISSION POSSIBLE Tiffany Tao (12) and Robert Belzeski (12) work against the clock together. Tao and Belzeski competed in an event called "Mission Possible." "[Science Olympiad members] all get along, and it's a family. They tease each other, pick each other up and by doing all that, that's the reason we have had success. They all respect and understand what everybody's capabilities [are], " Mrs. Mary Joan Martin. Science, said. Photo by: Stephanie O'Drobinak 5. PROJECT PROJECTILE Raymond Pollalis (12) shoots a ball into a target for Science Olympiad. Pollalis successfully managed to shoot the ball to the target. "Running the 'Air Trajectory' experiment was an exhilarating experience, firing the ball five to seven meters," Pollalis said. Photo by: Stephanie O'Drobinak

BREAKING DOWN THE OLYMPIANS IN SCIENCE OLYMPIAD



I want to be a doctor. Even though it's a lot of work, the competitions are fun,"

JAY CHOPRA (11)



You make a lot of friends and you use things that you learn and apply them out of school,"

SARAH HERMANEK (10)



"[Science Olympiad] lets me use my intellegence in a competitive way. It's always nice to show that you're smarter than someone,"

AUSTIN KUNIS (12)

Interact offers students a unique opportunity to build houses for veterans

PAGE BY: SARA LISAC, SHANNON HEARNE AND COURTNEY KREYKES

nteract club, sponsored by Mr. Tom Clark, Social Studies, has organized many life-changing projects throughout the year. From the Thanksgiving Food Drive to March of Dimes, their efforts are aiming to make a difference.

"[I like Interact because] we all come together and help out as much as we can. We get to spend time with Mr. Clark and learn a lot about what is going on in the world. In school, [teachers] talk about situations across the seas, but you get to find out more when you talk about it with people. [Another project we do is] Habitat for Humanity, and that helps out a lot," Dyanna Munoz (12) said.

Aside from the events that they conduct each year, Interact also supports the local Veterans of Foreign Wars organization and volunteers time to the Habitat for Humanity project.

"[Samantha Marino's (11),] mom is part of the organization, so she

came in and explained to us what it is and what to do [if we were interested]. We build houses in the less fortunate neighborhoods," Duaa Hijaz (11) said.

Interested members have been gathering information on what time specific builds would be and forming volunteer groups to help make the missions happen.

"We have [volunteered with Habitat for Humanity] in past years. We constantly have a link up on Mr. Clark's board where you can sign up, do all of the volunteer activities and get general information about Habitat for Humanity. [When you are volunteering], you basically build houses for people who are financially in need. [Building takes place] on the weekends, and you spend eight hours or so working and helping. It's really fulfilling and an experience that nothing else can replicate," Ryan Wiebe (12) said.



1. Jennifer Popiela (12) 2. Mrs. Maureen Yaeger, Art 3. Julie Popiela (9) Photos by: Shannon Hearne

DISCOVERING DEPTH AND NEW SKILLS

Art Club gathers to craft geometric drawings

On Jan. 23, members of the Art Club assembled to construct their monthly project. The project consisted of students tracing overlapping shapes to create an original geometric piece.

"I chose that project because I wanted to show [the students] that they can add depth and visual space to a drawing. A lot of my Art Club students can draw, but I wanted to show them things they could do to bump up their skills just a notch. I had a student return yesterday and finish, and it turned out nice," Mrs. Maureen Yaeger, Art, said.

HOW TO PREPARE FOR A PERFORMANCE

"[It takes] a lot of running over things in your mind, if you have any duets. Normally do a pickup rehearsal right before [to] rehearse things that you might have had problems with before."

1 "It is a little different for each show, but since it's a musical, [I am] constantly spot checking [to see] if there are any notes that I am not too sure about. I'll give somebody else my script and have them looking at my lines as I say them to make sure I have them right."

3 "Backstage there is not a lot that goes on. Especially when we are in the LGI, we have to keep the volume level down because it will carry through. Backstage it's just getting out of peoples way if they need to get on stage, setting up [and] giving props to people," Zachary Hansen (10) said.



Megan Barry (11), Hannah Souronis (10), Nichole Heusmann (11) and Vanessa Torres (9) Photo by: Madeline Conley



"I like Interact because they give us different opportunities to volunteer. I volunteered for setting up for Winter Formal. It was super fun seeing the transformation throughout the day," Rachel Frieling (10) said.

FUTURE MEDICAL PROFESSIONALS GET CLOSER LOOK AT CAREER INTERESTS



"We call in surgeons or nurses from different medical fields, so you find out a lot more for your career path."

NIJI SHAH (11)



"You get to see all the different professions and learn more about the different specialties they have"

PAYAL BHATT (10)



"I'm already looking into the medical field, so [Future Medical Professionals] is telling me more about the process."

NICOLE GEER (10)



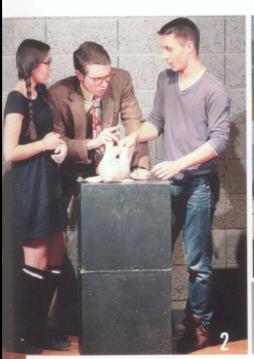
"[Speakers] have given us information on what to do in high school and what to look for towards college."

ANDRIA TALAVERA (11)



"[The speakers] give really good tips about how to get into medical school or what you're going to do once you're a doctor."

TIFFANY POLYAK (12)







1. SCARY FACES Mrs. Maureen Yaeger, Art, shows Art Club members the project that they will be working on for that month. The meeting took place on Oct. 28. "The projects in Art Club aren't too challenging for the students. I get most of it done. Even if [you] don't, you can take it home and finish it," Anna Hallowell (10) said. Photo by: Emma DeGroot 2. PIG PROPORTIONS Anastasia Rauch (11), Nicholas Kiepura (12) and Joshua Krout (11) dissect a pig in Lake Central Theater Company's "The Sparrow." The show was about a high school girl with magical powers. "I love my character. I feel like I actually don't have to act because the 'awkward teacher' is kind of exactly what I am, so it's really easy and also makes it really fun to be on stage," Kiepura said. Photo by: Camryn Wallace 3. INTERACTING Alejandra Meraz (12) and David Park (12) listen to the presidents of Interact Club discuss possible upcoming events. The meeting took place on Jan. 14. "I wanted to get involved in school somehow, and doing [Interact], you feel good because you're helping out your community," Mitchell Nickolaou (12) said. Photo by: Shannon Hearne 4. SPEAKING UP Ryan Wiebe (12)speaks to Interact Club about possible volunteer opportunities. Interact Club planned to help build houses with Habitat for Humanity. "Me and my friends are trying to get a group together for Habitat for Humanity. I really want to do it this year," Duaa Hijaz (11) said. Photo by: Shannon Hearne









 Justin Price (11), Ariana Bulett (12) and Kara Guinn (12) Photo submitted by: Mrs. Jackie Ruiz, Science 2. Water basin made by Environmental Club Photo by: Emma DiPasquo 3. Container of bottle caps used for projects Photo by: Emma DiPasquo

SPREADING AWARENESS

Environmental club puts recycling to use Environmental Club meets once a month and works to better the environment.

"We have a couple goals [to] make Lake Central, as a school, students and staff more aware. Also we are trying to work in the community more and participating in Earth Day activities," Mrs. Jackie Ruiz, Science, said.

The club has focused its attention on projects that use recycled materials to promote recycling and encourage others to care for their home.

"Our projects so far have consisted of a recycled Christmas tree, which is now on display at the Dunes Learning Center, and next we are decorating a rain barrel to compete in a contest at the Porter County Fair," Mrs. Ruiz said.

LOOKING TOWARDS THE FUTURE

DFS helps students with college preparation



"Dollars for Scholars is a club where students can volunteer to do community service hours, and their senior year, they can complete a profile. Being in Dollars for Scholars gives them eligibility for different scholarships, and they can put those activities that they volunteered for in their profile. The more you put in there, the more eligible you are for different types of scholarships. Dollars for Scholars is in charge of the Grand March decorations, and we promote all kinds of volunteering opportunities,"

MS. ASHLEY KLINE, GUIDANCE

CLUB INVOLVEMENT MAKES AN IMPACT

Environmental club members strive to make the school a cleaner, better place

PAGE BY: EMMA DIPASQUO AND JESSICA MCCULLOUGH



tudents have the opportunity to choose from nearly 30 clubs to be involved in. Environmental Club offers its members the chance to learn about and care for their surroundings.

"I joined Environmental Club because it's really good on college applications. When I joined the club, it seemed pretty simple, but I grew to really enjoy it," Justin Price (10) said.

Environmental Club strives to make an noticable impact by being aware of the environment and making the school a cleaner, better place.

"We [clean] our wetlands and pick up garbage around the school," Ariana Bulett (12) said.

Environmental Club does a number of activities with the common goal to improve the environment and raise awareness throughout the school.

"We promote awareness, collect caps, try to make a difference and keep our school clean," Bulett said.

During the winter months, when the club cannot do outdoor activities, they do what they can inside to prepare for the spring and summer months.

"We can't do any activities outdoor at the moment, but we still try to volunteer. Everything we do must be inside [for now]," Carlos Salas (12) said.

In the fall, the club created a project that is displayed at the Dunes Learning Center in Chesterton, Ind.

"We made a mural out of recyclable material to raise awareness about recycling. Recycling is an easy thing you can do that can really make a difference," Price said.

Club members planned a project for spring activities that also involved arts and crafts.

"[For] our next project, we are making a mural for Earth Day out of painted recycled bottle caps. The mural is going to say Earth Day," Price said.

NHS SCHOLARS STEP INTO COMMUNITY SERVICE



"I volunteered at a thrift store in Crown Point for five hours, and I helped out my grandpa a lot because he can't be alone."

ABIGAIL PEPPIN (12)



"I work swim meets, baseball camps [and] go to the Humane Society. I also worked a walk for cancer."

JACK KUEHNER (12)



"I volunteered at a place in Lansing for disabled men and women, and I volunteered to work at different cancer walks."

ERIN TODD (12)



"You have to maintain a high GPA [to be a member of National Honor Society]. [NHS] involves a lot of volunteering. It focuses mainly on leadership."

NATHAN BOWDISH (12)



"Through the hockey team, we did a thing similar to Toys for Tots where we wrapped presents for families for Christmas."

RYAN WIEBE (12)



"I wanted to join because I felt it would be a good experience. I looked forward to volunteering my time and bettering myself."

MEGAN BARENIE (12)





1. PREPARING FOR COLLEGE Christopher Shell (12), Kyle Vlcek (12) and Noelle Matasovsky (12) sit at a Dollars for Scholars meeting. Meetings were held once a month in the LGI Room or the cafeteria and were run by Ms. Ashley Kline, Guidance. "[Dollars for Scholars] gives you a lot of volunteering opportunities to help in the community to get scholarships when you're a senior," Sarthak Aggarwal (11) said. Photo by: Hannah Pratt 2. FINANCING FOR THE FUTURE Gurleen Khatra (12) and Reetam Mander (10) listens to Ms. Kline, Guidance, talk about upcoming volunteer opportunities. Dollars for Scholars is a club designed to offer students scholarship opportunities for their senior year. "We should be very thankful for what we have because other people have to work hard to support their families during the holiday season, and that one thing you can give can help so much," Mander said. Photo by: Hannah Pratt 3. LEARNING FROM ELEMENTARY SCHOOLS Gabrielle Rangel (9) helps organize supplies at Protsman Elementary School for Camp Kindergarten Literacy Night. Students who volunteered earned service hours to go toward different clubs. "I joined [Dollars for Scholars] for scholarship opportunities in the future," Tyler Krachenfels (9) said. Photo by: Jessica McCullough 4. EARTH AND THE ENVIRONMENT Julie Popiela (9) signs her name on a sheet of paper for Environmental Club. Mrs. Jackie Ruiz, Science, passed out the sheet to make a club roster. "We meet every other Wednesday, and we come up with new ways to raise awareness about environmental issues," Alyssa Graves (12) said. Photo by: Darian Smith

HOW TO CONSTRUCT A CONVENTION WORTHY COSPLAY COSTUME

- "You need to choose what you're going to cosplay and know what your skill level is. If you're just starting out, you'll want to start with something simple," Kimberly Hainsworth (11) said
- 2 "You have to get your materials together, whether you're doing it by hand or modifying what you already have," Carlie Mikuly (12) said.
- a "After you get the entire costume part done, the most important part is putting it all together [along] with doing proper makeup and a [wearing a] wig," Hainsworth said.



Noah Miller (12) Photo by: Candace Jarzombel

Students expand interests and skills through a variety of after-school activities

PAGE BY: CANDACE JARZOMBEK AND BRITTANY RABATINE

magine entering an alternate universe where it is possible to travel anywhere in an instant, get an early experience in the business world, see the Eiffel Tower without leaving home, hear another's opinion on the world and meet creatures from your wildest fantasies. Book Club, Business Professionals of America, French Club, Debate Club and Anime Club provide these opportunities.

"[Anime Club is] so unique. It makes you question everything, and it makes you question life. I was put here for a purpose, and you see what can happen when you find out that purpose in life and act it out. It's the same thing in anime where you see the characters fulfill their destiny," Emily Barnes (9) said.

Clubs open doors and offer a place to escape from the rest of the world, even if only for a short time.

"I got to meet a lot of really interesting people who have a similar interest in anime like I do," Jacob Mavity (12) said.

The learning environment within clubs works to give students new perspectives without the pressure of grades.

"[I joined French Club] just for the experience [of learning] more about French culture and hanging out with other people interested in that as well," Madelyn Ackerman (11) said.

Some may say that the key to a full high school experience is doing every possible activity, but finding a single club that fits one's personality can be just as fulfilling.

"I would really suggest joining Book Club because it's very constructive and leads to amazing conversations," Gabrielle Frigo (12) said.

Certain clubs such as BPA, Debate Club and French Club can prepare a student for higher employment jobs with the skills they endow.

"I like how we, as a [debate] team, get to discover new topics along with their pros and cons. I get to dive into information that I've never even heard of, which I end up enjoying. I believe that Debate Club is an excellent club to participate in for those who want to gain more knowledge. [It] has helped me improve my speaking skills and offered me a better way to defend my beliefs," Spero Vrehas (10) said.









1. GETTING CRAFTY French Club members put together ornaments at their holiday meeting. They met once a month to learn about French culture. "I just thought it would be a fun experience [to] learn more outside of school in French Club and about France," Madelyn Ackerman (11) said. Photo by: Darian Smith 2. BIG BUSINESS Nikola Tepsic (12) looks over paperwork at a BPA meeting. The club helped prepare students for careers in the business field. "I liked [BPA] just because I'm really into business. I thought it'd be a good firsthand experience," Tepsic said. Photo by: Sarah Bredar 3. DEVELOP-ING DEBATES Maria Moricz (11) reads papers from the Debate Club call out meeting. Many students have joined the club to improve their communication skills. "My friend and I thought it would be a good idea [to join] something different because we're already in a lot of clubs," Moricz said. Photo by: Hannah Bryner 4. RAVENOUS READERS Gabrielle Frigo (12) contributes to a conversation about Truman Capote's "In Cold Blood." The Book Club picked a murder mystery theme for this school year. "We all get to pick the books together on our mutual interests, and it creates a lot of interesting discussions about them," Frigo said. Photo by: Jeannine Toth

BUSINESS PROFESSIONALS OF AMERICA PREPARES STUDENTS FOR FUTURE



"It's something I can put on my college resume. It teaches me about responsibility."



"It's a fun way to win awards but also meet new people."

MICHELLE BUCKMAN (10)



"It gives a perspective on how different business fields work."

BRENDAN KELLY (12)



"I feel like if you go into the business field, it really helps."

KYLE HOLMAN (10)



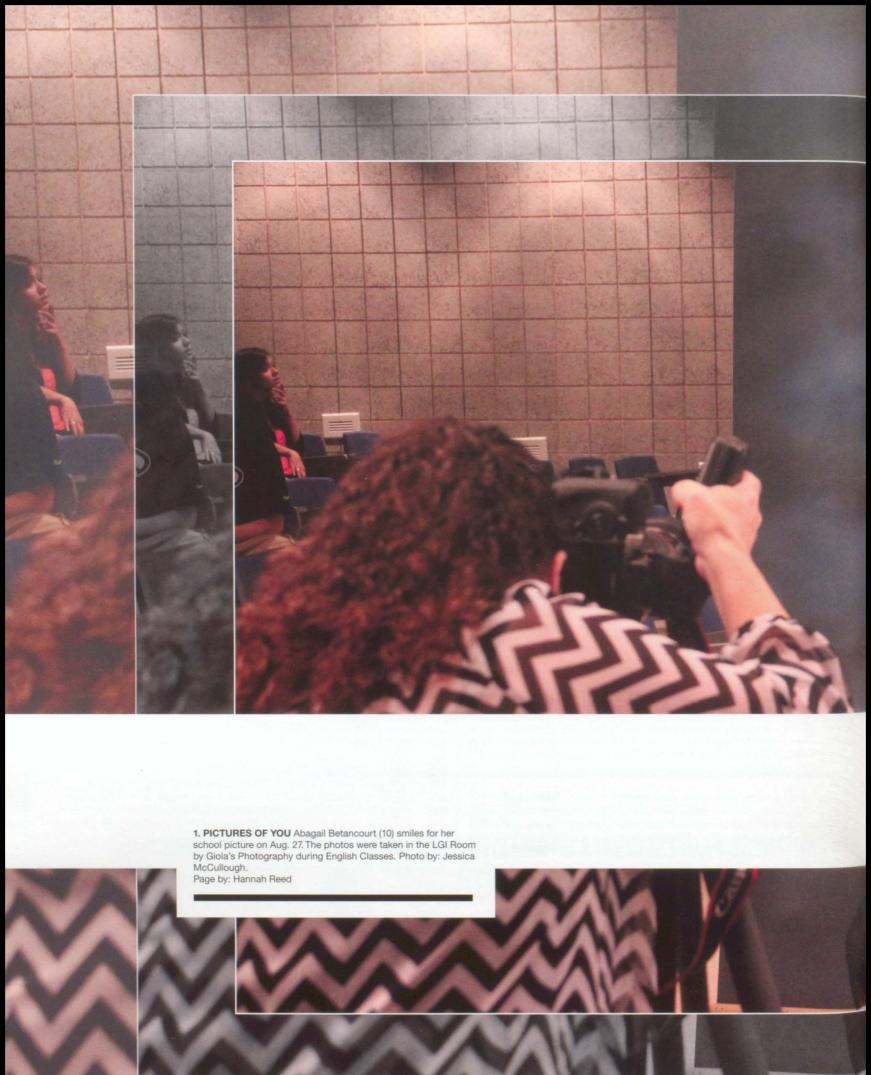
"It's just a really good experience hanging out with fun, smart people."

ANDREW RING (12)



"It helps you with technology and how to work with technology."

SARTHAK AGGARWAL (11)





ONE



ehind every activity at Lake Central, there is one person managing it all. From making new ID cards for students to planning graduation, Mrs. Lori Brumm, Secretary to the Principal, ties the school's staff together.

Q: What is your job?

A: I am [Mr. Robin Tobias', Principal] secretary and I am the office manager. I help all of the other assistant principals as well. I do daily announcements, work permits and [the] payroll.

Q: What are your responsibilities?

A: My major job is graduation. Graduation is my baby, [but] of course I do payroll and other various jobs here. I do a little bit of everything.

Q: Why is your job important?

A: I would think that all of the secretaries' jobs are important. All of the girls up there in all of the offices are important. I do not think that one is more important than the other. Combined together it's the force, it's the glue that holds the office together, and the school.

U: How long have you been at this job, and what have you learned?

A: This is my 25th year. It's not what I have learned, it's how I have always wanted to be. I wanted to be a source that people could get their information from cheerfully, politely and informatively, and if I didn't know it, I could direct them to someone who did. I always [imagine] myself as the other person that's calling, and that's very important to me.

STORY BY: ANASTASIA PAPANIKOLAOU AND EMMA RITCHIE PHOTO BY: ANASTASIA PAPANIKOLAOU



DISTRICT ADMINISTRATORS

Don Bacso, School Board
President
George Baranowski,
Semester 1 School Board
Sarah Castaneda, Director of
Secondary Education
John DeVries, School Board
Secretary
Al Gandolfi, Assistant
Superintendent
Rebecca Gromala, Director of
West Lake

Rob James, Director of
Business Services
Bill Ledyard, Director of
Facilities
Sandy Lessentine, Semester
2 School Board
Janice Malchow, School
Board Member
Howard Marshall, School
Board Vice President
Larry Veracco, Superintendent























FACULTY

Jaclyn Alessandri, Math Amanda Allen-Breski, Math Pam Anderson, Technology Karen Arehart, Physical Education Joe Bafia, Social Studies Tim Bannon, Business















Erin Novak, English Caryn O'Hara, Physical Education Angela Ohlenkamp, Math Richard Ohlenkamp, Math Ray Palasz, English Allison Peda, English Adam Pieters, West Lake Jereme Rainwater, Vocational Gabrielle Rapin, Science Jeff Rhody, Science Terry Richardson, Vocational Andrea Rodovich, West Lake Amy Rokita, West Lake Brianne Rubesha, Science Jackie Ruiz, Science Lisa Schilling, English Amanda Schuyler, Social Studies Jeff Sherman, Math Julie Shupryt, Science Stephanie Sivak, English Kendal Smith, Science Todd Smolinski, Social Studies Bryan Szalonek, Social Studies Kathy Szewciw, Family and Consumer Science Louise Tallent, Family and Consumer Science Rachael Thomas, Science Nancy Tilka, World Language Brian Tomson, Social Studies Jim Tonkovich, Physical Education Rachel Underwood, Social Studies Marc Urban, Physical Education Vivian Velasco, Family and Consumer Science Dustin Verpooten, Science Sarah Verpooten, English Stephanie Villarreal, English Carrie Wadycki, English Darrell Wierzal, English Amy Wilkins, Social Studies Patrick Winters, English Maureen Yaeger, Art

Rhonda York, English Teresa Zentz, Social Studies



r. Joe Fox, Math, is commonly known as an Algebra II Honors and AP Statistics teacher. Not many people know that beyond the classroom, he also takes on the responsibilities of a farmer. Farming has become a lifestyle for Mr. Fox and has helped him in various aspects of his life.

U: When did you start farming?

A: I was out with the livestock when I was one to two years old, and I was driving a tractor when I was six, so I've been doing it for a long time.

Q: What do you farm? Or what is on your farm?

A: Crop-wise there is corn, beans and hay. Livestock-wise, we have hogs and cattle.

Q: What are the positives of farming?

A: I enjoy being outside a lot. It's totally different from [teaching], where I'm inside the whole time. When I go home, I'm outside, so there's kind of a contrast. [Here] you're inside a room, whereas [at the farm], I'm outside in the 40 below [weather], [and] I'm outside in the 100 degree heat doing things. It also really helps developing a sense of family [and] the act of doing work together.

Q: Have you ever disliked having a farm?

A: Growing up when I was [a teenager], I wasn't a big fan of it because I didn't get to go places. I can't remember the last time I've taken a vacation because we couldn't find someone to take care of things. There were responsibilities where we had to do morning chores [and] afternoon chores. When the crops are being put in and taken out, you're doing that. The weather dictates a lot of what you have to do. It's really all about responsibility. If we were in harvest or planting season, that was our priority. There were fun times though, too.

STORY BY: SOFIA HAY AND ANNABELLA PIUNTI, submitted photo.

BUILDING ADMINISTRATORS AND GUIDANCE













Laurel Bankroff, Guidance Tony Bartolomeo, Athletic Director Ed Beck, Assistant Principal Sean Begley, Freshman Center Principal Karen Bowman, Guidance Erica Churilla, Guidance













Martin Freeman, Assistant Principal Robin May, Guidance Stacey Mills, Homeschool Liaison Richard Moore, Assistant Principal Melissa Rettig, Dean of Counselors Jamie Rodgers, Guidance









Nicole Satterfield, Guidance Melissa St. Clair, Guidance Brett St. Germain, Assistant Athletic Director Robin Tobias, Head Principal

















FRESHMEN

1. Olivia Barnes (9) Photo by: Megan Helfers 2. AshleyTodd (9) Photo by: Camryn Wallace 3. Michael Bikos (9) Photo by: Jillian Wilschke 4. Theodoros Karras (9) Photo by: 5. Jazmyn Zapata (9) and Faith Cooper (9) Photo by: Emily Badger 6. Zachariah Wittenhagen (9) Photo by: Sofia Hay 7. Freshman football players Photo by: Sofia Hay 8. Olivia Throckmartin (9) Photo by: Madeline Conely PAGE BY: SARA LISAC AND EMILY LISAC



Andrew Aardema Samantha Abbasi Christina Abbassi Muaath Abdeljaber Christopher Abrinko Logan Adams Bahaa Al-Abed Rachel Albright

Chantal Almazan Natalie Almazan Angelo Altieri Kolbie Amptmeyer Cade Anderson Matthew Anderson Noah Anderson Tea Andrade

Jendryk Andrews Justin Andrews Madeline Andrews Alivia Angotti Hanna Anthony Jessica Antonakopoulos Sahin Apalak Amanda Aponte

Erika Araujo Christina Arevalo Adam Artman Rebecca Ashby Spencer Ashby Nathan Augustino Nicholas Augustino Timothy Avelar

Haya Azzam Nicholas Bacso Bianca Badillo Jackson Bais Timothy Bakas Hunter Balazs Blake Balcazar Jessie Balka

Michael Bandura Christian Banfield Lisette Barajas Emily Barnes Olivia Barnes Emma Barnett Kyle Barnoski Morgan Barton

Benjamin Basem Sydney Batinick Samantha Bednarek Michael Beemsterboer Jon Beilfuss Michael Bellar Hailey Benko Samuel Berg

Nickolas Bernal Michael Beshara Haley Betten Dakota-Travor Bettis Michael Bikos Westen Black Corinne Blastick Ian Blaze

Nicholas Blevins Emily Blink Sophia Boeckstiegel Ryan Bogie Hannah Bohlin Josef Botkin Laney Bouck Jason Boutcher Brian Brackins Michael Bradich Mia Brann Christian Brazzale Jacob Brazzale Samantha Bredar Jasmine Brennan Timothy Breshock

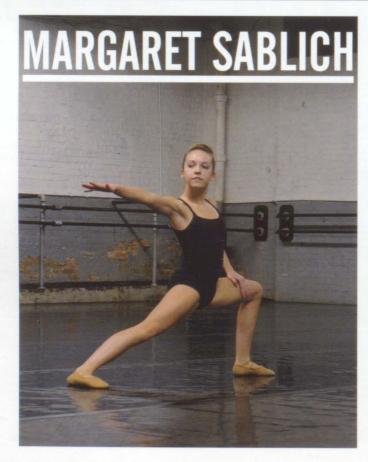
Destini Briggs Ryan Bronecke Hanna Brown Dana Brownewell Kaitlin Broz Lindsey Buchler Lauren Bulf Jenna Bunner

Robert Burney Maruel Caduco Rachel Cain Tyler Caird Breeanna Campbell Joseph Cano Sydney Cantrell Gavin Cantu

Nicole Capestany
Aaron Cappello
Audrey Capps
Courtney Carlson
Matthew Carper
Anthony Carter
Logan Carver
Julia Casner

Ashley Castillo
Christian Cavanaugh
Kayla Cavazos
Ryan Cetnar
Taylor Chandler
Jakob Chatel
Alicia Chavez
Caroline Chavez





ince the age of three, Margaret Sablich (9) has been mastering the skills of dance, which include movement, performance and technique. Currently, she competes on the Visceral Studio Company directed by Nick Pupillo ('97), a former Lake Central student.

U: Why do you dance? Why do you keep it up?

A: I feel like I couldn't survive without dancing. Whenever I have a break, I basically go crazy. Dance is the way I express myself, and it's also like therapy on a bad day. Without it, I'd be lost.

Q: What do you focus on when you are dancing?

A: In the studio, I focus on thinking about corrections and just making it the best I can make it, but also trying to explore new ways to do it. While I'm on stage, I don't focus on anything at all. I just dance.

Q: Where do you perform?

A: We do shows, but we also compete. The shows [have] a lot of benefits like Dance Chicago, Chicago Youth Summit and then Chicago Dance for Life. Then, we go to a lot of different competitions. Some of those are Star Power [and] VIP Dance. We go to those every year.

Q: What do you love most about dancing?

A: When you're performing - the feeling you get while performing. That's why I dance. I get chills even though I'm sweating and it's the best feeling ever.

STORY BY: CANDACE JARZOMBEK AND BRITTANY RABATINE PHOTO BY: JENNIFER MOHAMED



Victoria Chavez Ashley Chess Tyler Childress Mark Chmielewski Michael Christensen Hope Ciarrocchi Lydia Ciarrocchi Bartlomiej Cias

Kayli Cinko Garrett Clark Brianna Clyde Michael Coll Jennifer Companik Maeve Companik Meghan Conner Mariah Contreras

Jessica Cook Brenden Cooper Faith Cooper Joseph Copeland Louis Covelli Dylan Cox Mason Crawford Danka Cucuz

Kacey Cummins Hayley Curran Jack Curtin Kailie Czerniawski Tyler Czernoch Jillian Dahlkamp Michael Dahlkamp Reid Dahlkamp

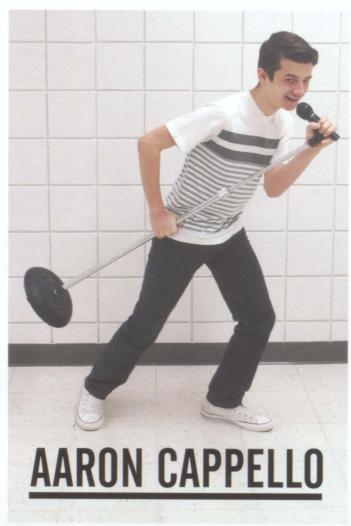
Jessica Daniels
Jeffrey Davids
Lauren Davidson
Edward Davies
Robert Davis
Luis Degollado
Joshua DeJarlais
Guadalupe Del Rio

Amy Denton Ariana Desiderio Nathanial Diaz Noah DiDonato Sydney Dinan Morgan Dines Mia DiNino Samantha Dittrich

Elyssa Djordjevich Petar Djuric Nicholas Dobias Amanda Dobos Brice Doescher Servando Dolores-Ramirez Sara Donohue Collin Doogan

Jillian Downs
Nicholas Doyle
Sydney Dragos
Ashlynne Dransoff
Devin Drlich
Kaitlyn Dross
Jack Drosset
Nicole Dubish

Evan Dudy Ryan Dunn Emilie Dunne William Düszynski Taylor Dwyer Nathan Eagle Megan Earl Alaysha Earving



hile some students have trouble deciding the career path they will pursue when they are done with high school, Aaron Cappello (9) does not. In middle school, he decided that a career in the performing arts would become his path, and he has been on the track to make this dream a reality ever since.

Q: What made you want to become an actor?

A: I wasn't good at anything else. When I was younger, my family would put on plays for our parents.

Q: What theater groups have you been involved in since you took this interest in theater?

A: The school theater wasn't enough at the time, so I just wanted a more intense [experience]. I started at Kolling [Elementary School] and after that was L'arc en Ciel. [After that] was Clark [Middle School] theater, then the Towle Theater, and now the Lake Central [Theatre Company].

U: How has being involved in theater affected your social life and how would your life be different if you hadn't started theater?

A: I met all of my friends in theater, and without theater, I would be friendless and bored.

U: What advice would you have to give anyone interested in trying theater for the first time?

A: Have an open mind about any of the aspects you would want to be involved in. Any experience is a good experience when you are starting out, and work harder and you will get what you want.

STORY BY: SARAH BREDAR AND JOVANA DODEVSKA PHOTO BY: JOVANA DODEVSKA

Rachel Eder David Edmond Latashyana Edwards James Egnatz Ayah Eid Brandon Elea Demiana Elgendi Amanda Elkins

RoseMary Elmalh
Natalie Elrod
Paityn Emro
Natasha English
Alexa Enriquez Sosa
Zachary Ericksen
Elysia Escobedo
Miranda Escobedo

Juan Estrada
Joshua Eubanks
Martin Ewing
Karlie Faberbock
Jacob Farner
Logan Feldman
Riley Fieldhouse
Britney Fijut

Hannah Fionda Kathryn Fiorio Jessica Flores Joshua Flores Sebastian Flores Matthew Florida Mia Flory Autumn Flynn





Zion Fondren Ricardo Fonseca Tyler Forajter Paul Forjan Mark Formella Dylan Foster Connor Fox Morgan Foy

Michael Frassinone Madison Frederick Marty Freeborn Brianna Frenden Angelo Frigo Nicoli Fushi Alize Futrell Angel Futrell

Dino Gagliano Samantha Gallas James Ganser Dayanne Gaona Brian Garcia Vesna Gasic Aaron Gatlin Madison Gawlinski

Erik Geile Kole Geiser Taylor Gella Gavin Gescheidler Emily Gibson Taylor Gibson Taylor Gleason Alyssa Glinski

Tiffany Glinski Jenna Golfis Mackenzie Goncher Valeria Gonzalez Jack Good Tyler Good Emily Gora Tyler Gorczynski

Andrew Gordon Taylor Gordon Thomas Gorski Justin Graciano Lindsey Graham Giana Grahovac Justin Graves Dominick Grgic

Samuel Grimler ZJ Grino Claire Gronek Elly Gross Hannah Gross Morgan Grudzien Jaclyn Gruver Quentin Grzesik

Joseph Guarino Amanda Guerrero Jake Guglielmo George Gundelach Tyler Gut Diego Guzman Kaitlyn Hahney Alyssa Hammond

Eric Hampton Kassandra Hansen Michael Harmon Katelyn Hasley Bryce Hatfield Blair Haugh Blake Hawthorne Andrew Hegan Kaylee Hegyi Andrew Hermanek Alex Hernandez Aylin Hernandez Gisselle Hernandez Kiersten Hess Raymond Hilbrich Hannah Hill

> Maxwell Hill Chase Hinchman Joseph Hintz Kaylee Hirchak Mateo Hitchcock Nathan Hjertquist Colby Hoffman Conner Hoffman

Haley Holbrook
David Holechko
Briana Holley
Michael Hollingsworth-Madsen
Zachary Holmes
Jacob Hoover
Hannah Hopkins
Kaela Horan

Elexi Horvath Lucas Hough Brittney Howell Megan Hraban Noah Hrebenyak Zh'ane Hubbard Faith Huenecke Brandon Hupp

Brandon Hurtt Brandon Hussey Emma Hutchings Malik Ibrahim Marissa Ippolito Joshua Irving Jomei Ishii David Isom

Gabriel Ivezic
Daniel Jacobo
Brian Jacobs
Mercedes Jacques
Joseph Jakubowicz
Murell James
Nicholas Janich
Carley Jansky

Samantha Janusz Kristina Jasnic Nicholas Jessup Karyme Jimenez Dallon Jones Ian Jones Matthew Jordan Philip Jurek

Alexis Kaczmarzewski
Nicole Kalinowski
Valerie Kalmar
Nicole Kaminsky
Lauren Kamykowski
Joseph Kane
Theodoros Karras
Andrew Kasper

Jaskiran Kaur Joel Kazmierski Bailey Kearschner Chad Keleman Bryan Kelly Tyler Kerrick Jessica Kiefor Claire Kijewski





Hailey Kitchell Taylor Klemoff Joshua Klocek Kyle Kloppenburg Ashley Knerler Zacharry Kolisz Kailey Korczykowski Raymond Kosinski

Paige Kotecki Maja Kovacevic Isabella Kowalczyk Nicole Kowalewicz Tyler Krachenfels Brendan Kraska Madalyn Kruszewski Trevor Kubiak

Kyle Kujawa Alicia Kulik Jonathon LaBelle Mackenzie Lacheta Lauren Ladowski Danielle LaGreco Megan Lamont Ryan Langland

Dylan LaRock Kendall Larson Luke Larson Alexis Lawley Kelly Lawson Elijah Lea Angela Leber Jasmine Ledet

David Lee Niyelle Lee Kelly Lindholm Johnathon Lindsay Kyle Litwicki Xinyu Liu Andrae Lockett Jackson Long

ooming down a race track at 85 mph is not the average high school student's idea of an after-school activity. For Katelyn Rusiniak (9), drag racing is a big focus in her life.

Q: How did you get started drag racing?

A: My dad used to race a lot, and we used to go to big events. There they had displays of little kids there with their dragsters, so I asked my dad if I could get into it, and we did.

Q: What is your first memory of drag racing?

A: I remember [the first time my dad ever took me out] to [US 41Dragway], and it's kind of a lower-class race track. The first time ever I was really scared, so I didn't really hit the gas that hard. I remember I was so excited.

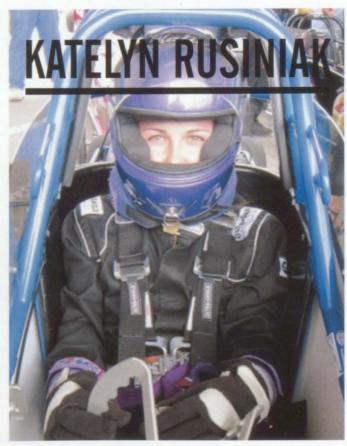
U: What about drag racing do you find fun?

A: Well, [drag racing] involves a lot of science and math. It's competition, and I'm a big competitor. And it's also a challenge to me. Even if you're really good at drag racing you don't always win because there's a lot of luck in it, too. So I'm always up for a challenge, and I'm really mechanical, so I enjoy that.

Q: Can you tell us about your car?

A: It's purple; it's called the Purple People Eater. The body is a wedge shape and the engine is in the back and there are two big tires, which we call slicks and they don't have any treads on them. It goes seven seconds in the eighth mile or 85 mph. It has a lawn mower engine with a clutch.

STORY BY: ELIZABETH BUSTAMANTE AND ADRIANNA PORTELA, submitted photo.



Angel Lopez Carling Louden Cameron Lowe Daniel Lowery Jada Lubotina Brent Lucka Lucas Lucka Monica Luna Sebastian Luna Taylor Lush Delayna Macak Tyler Mack Joshua Macki William Maddy Estela Madrigal Jakub Makowski Vincent Malan **Emily Mannino** Samantha Mantoan Ayanna Manyweather Marcos Manzano Haley Marcinkovich Rigo Marin David Markert Morgan Markulin Kaylee Marovich DiShaina Marshall Kiyah Marshall Kyron Marshall Lauren Martello Amber Martin Jenna Martin Kayla Martin Carlos Martinez Cecilia Martinez Julianna Massa Mathew Matakovic Camille Matasovsky Cheyenne Mathas Ryan Mathews Madilynn Mathison Andrew Matthews Caitlin Mavity Morgyn McAllister Maya McCants Thomas McClain Noah McClellan Jackson McCleskey Gavin McCoy Patrick McDonald Daryn McElroy Karly McKinney Megan McLaughlin Joshua Melgoza Eric Mender Jesus Meraz Austin Meredith Abigail Meseberg Cameron Meyers Gray Michael Selena Michko Hannah Mickelson Alexis Miestowski Marina Mikhail Mercedies Mikler Michael Mikler Faith Mikolajczyk

Melanie Milbrath
Dylan Miller
Samuel Miller
Timothy Miller
Mitchell Mills

aving good health is sometimes taken for granted, but for Faith Huenecke (9), it is a blessing. At a young age, Huenecke was not the example of ideal health; she was diagnosed with cancer.

U: When were you diagnosed and what cancer did you have?

A: When I was four, I was diagnosed with Leukemia. I don't really remember much of it, I just know I went to University of Chicago, and I think I had chemotherapy and I was finally able to say I was cancer-free when I was six, and now I am eight years cancer-free.

Q: How do you think your family helped you through your treatment?

A: I think they helped since I was so little, every single time I went to the hospital or something, they got me a new toy. So, I think it also encouraged me to be like, 'Yeah I'll go,' and they were just always there for me. If I ever was upset or anything or I was in pain or something I could go to them, and they could help me out and stuff.

U: What was the best part of the Bump Out Cancer night?

A: [I think the best part was] to see all the people that were there to support and all the people that just came to say that they are here for the people that have cancer or had it. I thought it was really nice that they did that, and I think it was a really nice idea to say that you support people who had cancer or have it now.

Q: What do you think is the most important thing for people that have cancer to know or keep in mind?

A: [I would say to] just try to stay positive and think for the best. Just keep looking forward like you know you can do it. Just keep telling yourself that you can do it, that you'll get through it.

STORY BY: BREANNA DOBOS, KRISTINA PLASKETT, AND MEGAN HELFERS PHOTO BY: JOSEPH PAVELL





Marko Milutinovic Rachel Miotke Kristen Mirabelli Lana Miramontes Michael Miranda Cailee Mitchell Lara Mitchell Rheena Molina

Albert Montanez Christian Montgomery Ja'Lin Montgomery Mason Montgomery Luke Moran Benjamin Morris Melanie Mosher Alexis Munoz

Trevor Murphy Malak Musleh Blake Myers Colton Myers Kyle Mytnik James Naccarato Blake Nagy Jawad Nammari

Adrianna Naumoski Tatiana Newell Michael Nickolaou Joelle Niemzyk Alexis Nikolovski Amanda Noblett Dawson Nolan Codi Nolen

Sarah Noles Chase Noorlag Damen Nowak Megan Nunnery Ekenechukwu Nwannunu Shannon O'Brien Megan O'Donnell Michael O'Donnell

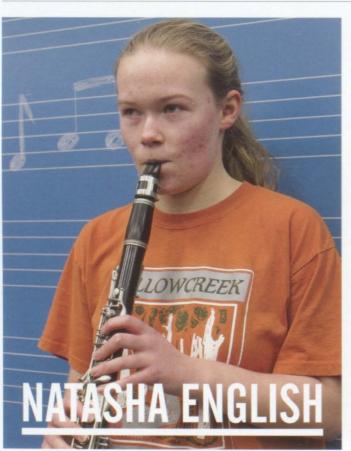
Madison O'Drobinak Joseph O'Hara Gabrielle O'Keefe Madison Oakes Larz Oakley Colette Oboy Jason Okorie Nova Olejnik

> Natalie Olenik Justin Olesek Jeremiah Olesen Ryan Oljace Jordan Olson Kyle Orciuch Noah Osearo lan Otic

Andrew Owczarzak
Anthony Paganelli
Maya Palomo
Megan Paluszak
Joshua Pama
Alyssa Panczuk
Geralynn Panozzo
William Panozzo

Gianna Paolilli David Paredes Vincent Pascale Holly Pasko Katelyn Pass Casey Pederson Natalija Peles Jessica Pena





ne aspect of freshman year is adjusting to the differences between middle school and high school. Natasha English (9), however, had to adjust to a bigger change.

Q: When did you move from England to the United States?

A: I moved here when I was seven.

Q: Was the transition from England to the U.S. hard for you?

A: Not really because everyone wanted to hear my English accent.

Q: What instrument do you play?

A: I play clarinet and saxophone.

Q: How long have you been playing them?

A:The clarinet I've been playing since fourth grade, and then saxophone,

Q: Do you do any out of school activities with your music?

A: I go to the Chicago Merit Music School. You have to audition to get in and they have three different bands there. I am in the band that includes all the instruments, a clarinet choir, which has 30 clarinets, a clarinet technique class, which has four clarinets, and I also take a music theory class.

I've been playing since sixth grade, so that's another three [or] four years.

U: Do you see yourself playing music as a future career?

A: I like it a lot, and something in my future will probably be related to music. I don't know if I will make it a career or just a side hobby, but I like it and definitely want to stick with it.

STORY BY: VERONICA DAVIS PHOTO BY: SOFIA HAY



Alejandro Perez Michael Perich Emily Peters Kory Peterson Katerina Petreska Joseph Petrungaro Everett Peyton Andrew Pfeiffer

James Pickle Aliah Pimentel Alexa Pinarski Lidia Pineda Caleb Pisowicz Rylee Platusic Michael Plaut Erin Plenus

Bryce Plessinger Mitchell Polaski Lindsey Polito Tyler Pollert Julie Popiela Mya Poulos Madison Powers Ishika Prakash

Nathan Previs Brandon Price Thomas Pritchett Matthew Protsman Adam Pruett Jack Quinlan Collin Radick Madeleine Radowski

Taylor Rae Lordes Raguindin Whitney Rains Anni Rajput Raymond Ramirez Naazneen Rana Kenneth Randell Gabrielle Rangel

Kendell Ransom Nolan Ray Alyssa Raymond Angel Reed Xiomara Regalado Isabella Reifinger Nicole Reitz Adam Reyes

Jasmine Reyes
Haley Reynolds
Courtney Rhomberg
Trinity Rhyne
Mitchell Ridder
Austin Riese
Brian Ring
Joel Rivera

Nikolas Rivera Michael Rizzo Rachael Robards Vanessa Robles Joseph Robustelli Kevin Rodda Diana Rodriguez Elizabeth Rodriguez

Melicah Beatriz Rodriguez Cuahutemoc Rodriguez-Lara Olivia Rogers Preston Rohde-Humphry Sioux Romer Tara Rosenwinkel Ryan Ruberry Grace Rudnick



any students think that learning an insturment is all about learning to read notes and sheet music. While that may be true for most, Andrew Kasper (9) learns to play music by listening.

Q: What is learning by ear?

A: [Learning by ear is] being able to listen to a song and by trial and error learning to play what you hear.

Q: How is this talent unique compared to other musical talents?

A: Most people think that you have to look at music. I think that this is the most effective way simply because you get a better understanding of what the song is about.

Q: How did you discover your talent?

A: It was around the summer going into 6th grade, and there was a lot of stress going on in my life, like parent problems and bad grades, and there was no way to really relieve stress, so in a way, I needed something to take it out. When sports failed, I realized, 'Hey, I should give this a try,' and it worked. It wasn't just a past time for me. It was more an escape from reality.

Q: How do you learn a song?

A: I would learn a song by listening to it and learning it section by section, learning a few minutes at a time. After analyzing, I eventually try and put it on a keyboard through trial and error. I mess up a few times I will eventually find the right notes. It usually takes me 15 minutes to learn a song.

STORY BY: ANASTASIA PAPANIKOLAOU AND EMMA RITCHIE PHOTO BY: ANASTASIA PAPANIKOLAOU

Diego Ruiz
Diego Ruiz-Avila
James Rushing
Katelyn Rusiniak
Elizabeth Russell
Zachary Russo
Justin Ryan
Kailey Ryan

Margaret Sablich
Hannah Sako
Jacob Sako
Noah Salazar
Lukas Samano
Jason Sambor
Jonathan Samsel
Michael Sanchez

Brooke Sanders
Payton Sanders
Sarah Santana
Madison Sarkey
Brianna Sarkisian
Tabitha Sauls
Anthony Scanlon
Justin Scasny

Bailey Schalk
Aaron Schassburger
Jared Schassburger
John Schelling
Harrison Schmitt
Steven Schnurlein
Drake Schreiber
John Schuberth





Charles Schuler Brady Schutt Zack Seliger Skyler Sell Keon Sellers Sneha Shathish Brandon Shaw Nicholas Shell

Michael Shepherd Shebin Shibu Tariq Shkokani Jacob Shumylo Alec Sikora Nicolus Sills Marisa Skertich Savannah Skievaski

Hayley Skrezyna Elizabeth Slager Ashley Smith Holly Smith Meghan Smith Olivia Smith Robert Smith Sydney Smith

Lauren Smolen Alyssa Smyers Todd Sobczak Alexa Spasevski Savanna Spears Kaitlyn Spiegel Eliana Sprehe Emily Spriggs

Joseph St. John Lauren Stearns Jacob Stefaniak Alyssa Stewart Terry Stewart Molly Stokes McKenna Strayer Christopher Stroh

Nicole Stulgate Kyle Stutler Debra Sukalo Gillian Suroviak Nicholas Swanson McKenzi Swarthout Samantha Szewczyk Gina Szymborski

Mohmmad Taharwah Nathaniel Tamez Ryan Tancos Vivianne Tartareanu Sarah Tellas Christina Terrazas Kyle Terry Drew Testa

Teresa Thomas Kylie Thomsen Olivia Throckmartin Kyle Tobin Ashley Todd Rebecca Todd Camille Tolentino Brianna Tolle

Conner Tomasic Colm Tomaszewski Vanessa Torres Shania Townsend Kendal Travis Jonathan Trichak Matthew Trinkle Milan Trivunovic

Jacob Trosper Kendall Trosper Jonathan Tsakopoulos Olivia Tsuetaki Ethan Tucker Madisen Tucker Samantha Tugman Steven Tulsiak Jared Turngren Albab Uddin Hannah Urbani Clairese Urchell Mary Valente Samuel Van Denburgh Garret VanDerNoord Jacob VanGundy Andrew VanMilligan Makayla VanVleet Angel Vargas Matthew Vargo Shelby Vendl Ryan Verhoeve Jessica Villegas

Ethan Vogt Abigail Voss Ryan Voss Alexander Vrbanoff Stevan Vuckovic Nicole Vusak Kyle Wagner Tyler Wagner Samantha Walker

Chase Wardian Ashley Wasserman Seth Weber Anna Weir Hayley West Cameron Westerman Savannah White Noah Whitney

> Jennifer Wiechart Brandon Wilking Joshua Williams Anastausia Willis Cole Willis Kristy Willis Logan Winder Kaylee Wisniewski

Lauren Wisniewski Zachariah Wittenhagen Harmony Wojciechowski Adam Wolfrum Joy Wozniak Alan Wright Sadie Wright Luke Wydrinski

> Truman Yahne Colin Yugo Alexis Zachary Zoe Zachocki Hunter Zahorsky Caleb Zapata George Zapata Jazmyn Zapata



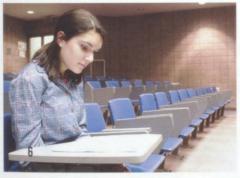
















SOPHOMORES

Dianne Cometa (10) Photo by: Camryn Wallace 2. Jennifer Crague (10) Photo by: Breanna Dobos
 Richard Larson (10) Photo by: Anastasia Papanikolaou 4. Austin Atkins (10) Photo by: Jeannine Toth 5.
 Jenna Buntin (10) Photo by: Shannon Hearne 6. Hannah Souronis (10) Photo by: Candace Jarzombek 7. Mrs.
 Maureen Yaeger, Art, Jessica Rogers (10) and Anna Hallowell (10) Photo by: Emma DeGroot 8. Joseph Graziano
 (10) Photo by: Jennifer Mohamed
 PAGE BY: JOSEPH PAVELL

Jenan Abdelhamid Lena Abdelqader Malak Abudayyeh Andrew Ackerman Matthew Adams **Emily Agresta** Luis Aguilar Walter Aleksic Bianca Alessia Justin Ali Alexander Allison Kristina Almeida Jacob Amft Marlene Anaya Macey Anderson Matthew Andrews Patrick Andrews Raychel Anoe Katlyn Arndt Rachel Arnold Samantha Arnold John Babick Brian Bader Emily Badger

Gavin Baisa Michael Balcazar Aaron Balka John Banaag Nicholas Bandura Evan Bane Christopher Baranowski Rachel Baranowski

Zyanya Barnes
Dakota Barnett
Sam Barnhart
Kenneth Barsic
Hannah Barton
Urangoo Batchuluun
Emily Bates
Morgan Bates

Jordan Bathurst D'Andre' Beard Caleb Beasley Brian Beeks Donald Bender Brittany Benedict Aaron Benninghoff Cody Benson

Joshua Benson Brian Best Abagail Betancourt Payal Bhatt Jordan Bibbs Hannah Biegel Jenna Bishop Matthew Blair

Nathan Bland-Brtva Eric Blankenship Colin Blaze Madison Blythe Kailey Bodell Jordyn Boecker Diana Bolanos Alexandra Bolivar

> Elijah Bonhama Allison Book Steven Booth Olivia Born Jack Bosold Anthony Bossi Torrence Bradley Matthew Brady



any freshmen spend their time memorizing which hallway is which and getting accustomed to their new school. However, Matthew Litwicki (10) spent part of his freshman year becoming accustomed to a new school that wasn't Lake Central, but Indiana University Bloomington, where he was offered a scholarship for his baseball skills once he completes high school. **1**: How long have you been playing baseball and how does it affect your life?

A: I have been playing since I was nine or 10. I play for Apex Baseball and am a pitcher. I've been clocked out at 93 [mph]. It doesn't really interfere with my social life too much. I normally condition in the morning and then have time after school for friends, family and homework. In season, it gets a little more tough because there are around three to four games a week. Other than that, it is not too demanding.

Q: How did Indiana University find out about you and start to contact you? **A:** My team had a tournament in Louisville, and [IU] saw me pitch and called me because they were interested. I went down [to Bloomington] and they toured me of the campus.

Q: What was the experience you had while touring IU?

A: They showed me all of the areas around campus, including the football field. I stayed in the dorms. At the end of the tour, they offered me pretty close to a full-ride. All I have to do is pay for my dorm the first year. I committed at the end of the trip.

Q: How has this decision affected you?

A: It was kind of weird accepting this offer because I am only a sophomore. They started talking to me when I was a freshman. It is crazy to think about the fact that they were interested in me.

STORY AND PHOTO BY: HANNAH BRYNER





Noah Brassea Emily Bratcher Breanna Bray Kristofer Brokop Manuel Brooks Samantha Brosseau Brett Brown Jack Browne

Walker Brummett Parker Bryant Danielle Buckley Michelle Buckman Rhys Buckmaster Cameron Bugg Ethan Bukowski Alyssa Bulic

Jenna Buntin Tabitha Burrink Elizabeth Bustamante Alex Caird Morgan Calligan Kayla Camarillo Lily Camilleri Christina Camp

Alyssa Carter DeMarco Caruso Jessica Cary Denise Castaneda Aaron Chadd Ellie Chandos Samantha Chapa Jennifer Chavarria

Madison Chelbana Ruth Chen Zachary Chess Aisha Choudhry Michael Cialdella Angela Cistaro Morgan Clapman Michael Clark

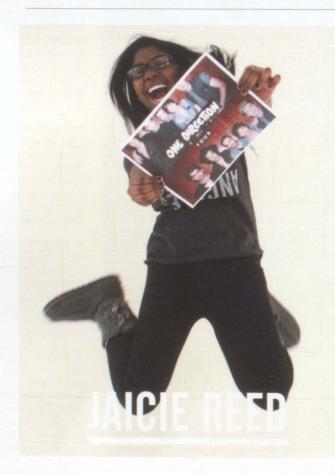
Taylor Cleeton Tyler Cline Jillian Cloghessy Cesily Coffman Dennis Collier Sarah Combis Dianne Cometa Joyce Cometa

Kayley Cook Kobe Cook Nicholas Cook Stephen Cook Tyler Copak Jennifer Crague Keith Crawford John Crawley

Cayla Cress Miya Cruz Anthony Crylen Alexis Curatolo Adam Cymerman Brock Cyrek Braden Czerwinski Ezra Daehn

Jack Daniels
Parker Danner
Ryan Davidson
David Davis
Benjamin DeBaggis
Nina Decker
Ryan Decker
Emma DeGroot





aicie Reed (10) had an opportunity that One Direction super fans dream of; she was able to meet the band's members Niall Horan and Louis Tomlinson. Reed has been a fan of One Direction since she was in 7th grade, and this unexpected event brought her closer to the band.

Q: How did you receive the opportunity to meet Louis and Niall?

A: I won a contest back in September I had to go on the Today Show in New York to compete against these four girls and answer trivia questions and whoever wins gets to go to [Florida] to the opening of [One Direction's] new album.

Q: What was your reaction when you discovered you won the contest?

A: I didn't think I was going to win, so we really didn't expect it. Then, the day before we had to go, they called and told us that we were leaving in the next 24 hours, and we had to get our stuff ready.

Q: What did you do when you met Louis and Niall?

A: They did this thing where they shut down [Universal Studios] and they could be at the rides, but you don't know where they would be.

Q: Where did you find them?

A: Niall was inside a candy store; he was dressed as an elf, and he was passing out candy at the cash register and right before you went on the Harry Potter ride, Louis came out and acted like the person who checks your seat belts.

STORY BY: AMBER STEDT AND SARA LISAC PHOTO BY: AMBER STEDT



Zachary DeJoris Mikenzie Delia Elizabeth Delis Brendan Demantes Jacob Denson Douglas DeVries Daniel Diaz Isabella Diaz

Rico Diaz Ryan Dittmer Erin Diviney Jacob Dobias Ryan Dobkowski Rade Dobrijevich Daniel Dodig Alex Dolata

Enrique Dominguez Lacey Doyle Nemanja Drezga Dylan Drlich Joshua Drosos Marcus Drzewiecki Phoebe Duke Joshua Dulski

Ljiljana Duvnjak Jeffrey Dykstra Nate Edvardsen Megan Eierman Grant Eisenhut Bradley Elder Jacob Engels Keontae Engram

Emily Erickson Ethan Erickson Makayla Erickson Matthew Ernst Sara Erwin Ramez Eskandar Ferris Esposito Kylie Extin

Reilly Fagan Serene Fakhoury Nicole Farag Lauren Farmer Zachary Farmer Michael Faso Hunter Fedora Kylie Fehrman

Mark Ferguson Jacob Ferrell Jacob Fiorio Ryan Fischer Kaitlyn Fisher Kyra Fitzgerald Angel Flores DeVonte Flowers

Ian Flynn
Ryan Fowler
Tyler Frank
Kylee Freckelton
Kyle Freel
Rachel Frieling
Anthony Frolik-Ramirez
Rachel Front

Christopher Fundich Rachel Furmanek Guiseppe Fushi Zachary Futch Cameron Gabouer Ljubomir Gacevic Samantha Gagliardi Olivia Ganser

CALEB BEASLEY



aleb Beasley (10) is not an average sophomore. Beasley struck a job opportunity when he stepped foot inside Lakeshore Public Media and the production manager offered him a callback. Knowing only how to hold a microphone, Beasley was thrown in front of the camera to cover the Crown Point vs. Lake Central football game.

U: Do you have your own TV show?

A: No, [Lakeshore Public Media] has this TV show called "Pro Football Report" that airs during the fall on Thursday and Friday nights. Friday, they go live. Thursday is a prerecorded show. So I don't have my own TV show, I'm just the star of a TV show.

U: Where did your interest in being on TV come from?

A: When I was younger, my grandmother used to watch "Meet The Press" and all these political shows and the cool music in the background would just attract me to the show, so I would always watch it. Then I watched tapes from Sept. 11, 2001, with the terror attacks and how the people relied on them for information. It just gave me a feeling and I got kind of addicted to it.

U: Do you plan on making a career out of this?

A: Yeah, definitely. I want to be a news anchor or a late night talk show host. It could be called, "Nightly News with Caleb Beasley" or "The Tonight Show with Caleb Beasley."

Q: What is your favorite part about being on TV?

A: The adrenaline that you get before going on live TV is the coolest thing ever. Once the director says, 'Stand by. Five, four, three, two, one.' Everything goes away. All of the stress in life. All of the anxiety. All of everything just goes away. It's just me and the camera and I'm just telling the story.

STORY BY: JODIE HODGES AND DARIAN SMITH, submitted photo.

Anthony Garcia
Tyler Garrison
Jenna Garza
Nicole Geer
Christopher Genovesi
Kaitlin George
Justin Gereg
Bradley Gerlach

Alexis Gerstner
Justin Gerstner
Jayden Getz
Jacob Gibson
Anthony Giles
Christopher Gillespie
Charles Gist
Kaelynn Givens-Coley

Kennedy Givens-Coley
Gage Glista
Brooke Glover
Cameron Godinez
Carly Godshalk
David Golden
Samuel Goldman
Christina Gomez

Isabella Gomez Kara Gonnella Kayla Gonnella Antonio Gonzalez Gina Gonzalez Jacob Gorman Elena Gorney Samantha Gorton





Neal Govani Rachel Graan Brianna Graf Joseph Graziano Alexis Griffin Nathan Grimmer Lucas Grkinich Lauren Gronek

Leah Gross Jordan Gruthusen Joseph Grzybek Erica Guevara Ryan Guilfoyle Jacob Gurney Adam Gustas Jade Gutierrez

Keith Gutierrez Dominic Guttillo Nyia Guy Crystal Guzman Marco Haddad Camryn Halfeldt Anna Hallowell Brandon Hamby

Kara Hamilton Hope Hamner Kayla Hans Zachary Hansen Madison Hardy Nicholas Harris Haley Harvey Mary Hauter

Sofia Hay
Debra Hayes
Thomas Hayes
Jessica Hearne
Hannah Hecht
Kristen Hecht
Megan Heflin
Sarah Hermanek

Brandon Hernandez Donna Hernandez Nataly Hernandez Kristyn Herrera Joseph Hess Hannah Hestermann Alexandra Hickey Abigail Hiestand

Kallie Higgins Mohammed Hijaz Abigail Hines Samantha Hmurovich Tyler Hoevker Hoff Hannah Hoff Jacqueline Hoffman Kyle Holman

Jack Hopkins Raven Horneman Jessica Howell Austin Huber Darius Hughes Matthew Hughes Sarah Hunsley Drake Hunt

Owen Hunt Samuel Hupp Isaiah Huppenthal Kiana Ibarra Alexandra Idalski Kalie Ingram Jennifer Iragana Jacob Irvin

Dalia Isa Abigail Ispas Austin Ivin Tristin Jackowski Kennedy Jackson Nathan Jackson Nathaniel Jackson Morgan Janik Elaine Januchowski Candace Jarzombek Andrea Jimenez Maria Jimenez Jessica Jinkerson Michael Johnson Robert Johnson Natalye Johnston Elise Jones Marcus Jones Kelly Joy Madeline Jurek Jacob Jurkovic Marc Kanosky Noah Katalinic Quinn Kaurich Grace Kawalec Alex Kaye Ellie Keith Devon Kelley Joelle Kelley Alexis Kelly Olivia Kelly Ryan Kilinski Jared King Maxwell King Brandee Kinney Megan Kirby Joshua Kisela John Kish Alyssa Klapkowski Perry Klee Collin Knaley Vera Kohut Nikko Kolintzas Anthony Konopka Michael Kopack Frances Kornelik Marisa Kostecki Dara Kovacevic Rachel Kozel Stefan Krajisnik Ashley Kralik Nicholas Kritikos Steven Kruk William Kruzan Andrew Kurzeja Christine Kutka Jesse Kwiecinski Peter Ladowski Maura Lake Jeannie Lam Jason Lamont Cameron Lane Austin Langwinski Brooke Lanting Carl William Laput Brianna LaRock Richard Larson

Rachel Laughlin Mark Layne Natalia Lazic Loan Le Solomon Lea



Evan Leatherman Ryan Leatherman Charles Lee Madeline Lenting Peyton Lessentine Kyle LeVan Ashley Linares Tia Lingvay-Guardiola

Jason Lionberg Ryan Lionberg Emily Lisac Nathan Little Ian Littrell Matthew Litwicki Dasia Lockett Lenoire' Lockett

Bradley Loden Madelyn Long Alexis Lopez Alicia Lopez Amanda Lopez Sean Gregory Lopez Katrina Lozanoski Nicholas Lucas

Hanna Lutz Hung Ly Mark Lydick Jordan Lykowski Carl Lyza Dylan MacLagan Justin MacNeill Caitlyn Magdziak

Madison Magdziarz Nadia Magnabosco Lucas Mago Jonathon Makowski Faith Maldonado Reetam Mander Anthony Mangan Isabelle Marino

igh school is a busy time for students. Mohammed Hijaz (10) participates in a soccer club with 18-year-olds to add to the stress.

Q: How long have you been playing soccer?

A: I've been playing soccer since fifth grade and I've started going into higher competitive teams throughout the years until I came to Lake Central two years ago.

Q: Is there a difference playing with older team members?

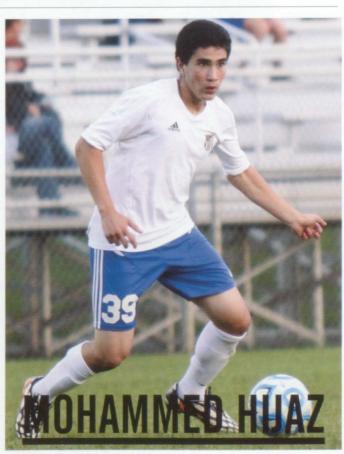
A: When I am playing with kids my age I feel more relaxed because I know they are probably going through the same stuff I am going through. But when I play with older kids, it forces me to step up my game so I can prove to them [that] I deserve to be on the team.

U: What is it like to play on F.C. Revolution with seniors?

A: When I'm playing alongside older people it raises the bar of skill I need to be at. I always need to improving so I can keep up with them and one day be who the younger kids on the team look up to.

Q: Do you have advice for anyone struggling with sports or academics? **A:** Make sure that you still have time to give yourself a rest. Being in sports and high academic classes gets a college's attention but if you are too busy [to the point] where your academics fall behind it would be better to reduce your schedule to make sure your grades do not go down.

STORY BY: SARAH BREDAR, JOVANA DODEVSKA AND JESSICA MCCULLOUGH PHOTO BY: JILLIAN WILSCHKE



Abby Markowski Denisse Marrufo Jacob Marshall Samantha Marshall Hope Martens Skylar Martens Anahi Martinez Karina Martinez Miles Mathis Maxim Maximtsev Jacob Maynard Michelle Maynard Keith Maynie Rachael Mazon Teagan McCormack Conner McCoy Darby McGrath David McKinney Gunnar McKinney Nicholas McManimen Anthony Mejia Maxwell Meseberg Noah Meyer Andrea Michael

Samuel Michniewicz Andrijana Mihajlovic Hunter Mihalic Samantha Mikrut Cory Mikuly Nicole Milaszewski Emma Millard Bianca Miranda

Matthew Mireles
Adam Miskus
Haroon Mohiuddin
Jessica Montella
Benjamin Moredich
Brett Morris
Darby Morris
Tory Morris

William Morris Linda Morton Liana Motel Shannon Mulvihill Joseph Munsie Matthew Murphy Marisa Nadon Autumn Napiwocki

Marcus Naranjo Isaac Nash Anthony Navarro Joseph Nelson Andreas Nicolaou Ethan Niewiadomski Benjamin Nisle Madelyn Nohos

Cassidy Nordyke
Daniel Nowak
Justin Nowak
Rilee O'Day
Kevin O'Donnell
Stephanie O'Drobinak
Nkem O'Gonuwe
Kristal Ochoa

Aaron Ooms Samuel Opacic Kaitlyn Opperman Kelly Orze Bailey Oski Jeffrey Osmulski Olivia Oster Harley Padin



ancing can usually range from Ballet, Jazz, Hip-hop to Contemporary, but Payal Bhatt (10) has found a whole new outlet to express herself. Her dancing is intertwined with her culture; it is Bollywood dance.

! How long have you danced and who does it with you?

A: I do Indian dancing, Bollywood dancing, and I've been doing it since I was in fifth grade. Before it used to be taught, but now we just do it with our own group, and we choreograph it by ourselves too. [I dance with] this high school group. There's this group called Hum, and in Hum there are different groups. You can form different groups and do dances with them. It's kind of like you can just do it with your friends, and there's a lot of freedom to it.

Q: Why do you like Indian dancing?

A: [I like dancing] because it's fun, and you can get to know your culture better, and you can do it with your friends. It's really fun, and it's just something different.

U: When and where do you perform?

A: We perform for Diwali, which is one of our biggest holidays and is usually in November. And there's also the Hum Night which high schoolers are all invited to and that's in May. We perform at IACC, it's called the Indian American Culture Center, and it's in Merrillville.

U: What do you wear for your performances?

A: We wear traditional Indian outfits, and it kind of depends on the type of dance you're doing. If you're doing Garba, you wear the very traditional skirt and everything, and then if you're doing more of a modern [performance] then you would wear a different type of dress but it's kind of like pants, and a top, but it's a different kind.

STORY BY: BREANNA DOBOS, KRISTINA PLASKETT AND MEGAN HELFERS, Submitted photo





Erik Palm
Tabitha Pappas
Alex Paredes
Myranda Parker
Cameron Parkinson
Falyn Parnell
Corbyn Parnell-Humphrey
Derek Pass

Maxwell Pattison Kyle Paul Antonio Pavloski Jered Pawlak Madison Payne Monet Payne Halle Pederson Michael Pena

Paige Pennavaria Benjamin Perez Michael Perez Thalia Perez Hannah Peters Francesca Pezzuto Matthew Pharazyn Hailey Phelps

Daniel Picioski Tyler Pilackas Anna Pinkus Julian Pinon Annabella Piunti Brandon Piunti Alexis Pivovarnik Daniel Ponce

Brandon Porras Adrianna Portela Rebecca Poulter Madeline Price Luke Prince Andrew Pruitt Abdul-Rahim Qader Sarah Qader

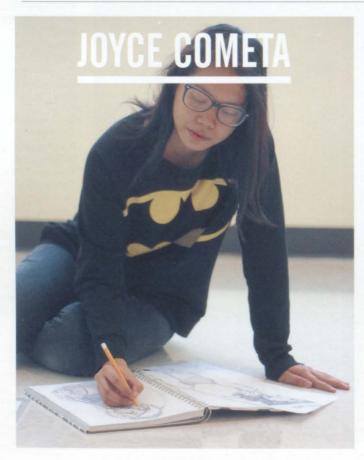
Maxwell Quandt Anahi Quezada Jacob Quijas Ryan Raeck Colin Rafalski Joshua Ramirez Inna Maraine Ramos Sara Ramos

Victoria Ramos Nerville Rance-Cox Halas Randell Alyssa Ranieri Ayanna Ransom Hunter Rattray-Elizondo Justin Ratulowski Jasmin Ray

> Anthony Rea John Reato Logan Rechlicz Alexander Reed Jaicie Reed Tyler Reel Mamie Reising Ruby Reising

Kellie Repasi Lucas Rhone Autumn Richards Gunnar Richardson Adrian Rinconeno Nathan Risse Justin Ritter Jessica Rivera





oyce Cometa (10) is not the average doodler. Cometa practices art every day for herself and for contests, like the one for Indiana Foreign Language Teachers Association.

Q: How did you get started with drawing?

A: I don't really remember all that much, but I'm sure I started at a young age when I wasn't even living here. I was probably still in the Philippines. Usually what I did was I drew spontaneous things. I don't really draw from the reality.

Q: What is the Indiana Foreign Language Teachers Association poster contest?

A: It was a poster contest in which it promoted to learn a language universal language. It could be any language; it just promotes a person to learn a language, so I created a poster for that and expressed many things into there. My main idea of the poster was to promote world language by exploration of the world. It would be more fun to understand people that you meet there while you explore the world.

Q: What was your design of the poster and what did each part represent? **A:** [The poster is] a giant globe, but I separated [it] into latitude and longitude. Each square in it has a certain picture of a place, so you'll see a tiny picture of Paris. There's one of London. There's one of the pyramids. I surrounded the globe with a series of greetings in different writings and languages. In 3D block letters, it says 'Learn a Language,' and on the bottom it says 'Explore the World.'

STORY BY: KAYLA HALLOWELL AND CAMRYN WALLACE, PHOTO BY: CAMRYN WALLACE



John Rizzo Morgan Roach Ayanna Robertson Jack Rogers Jessica Rogers Elizabeth Romero Jade Rosario Rafael Rosario

Victoria Ross Nicholas Rossi Randa Ruder Taylor Rudnick Jennifer Ruiz Samantha Rusch Samuel Ruzga Colton Rydlewski

Cora Sakal Jonathon Salazar Marcela Salazar Michael Salazar Mohammed Saleh Anna Samels Raul Sanchez Austin Sandoval

Hannah Sarkey Ashley Sarsfield Thomas Sarsfield Kylie Sauls Ashley Scanlon Isabelle Scarnavack Brooke Scartozzi Gavin Schalk

Nicholas Schallmo Allison Schuch Dylan Schwader Cara Scott Emily Scott Abigail Sebahar Madison Seehausen Kaitlyn Seitz

Ashley Sencaj Megan Serratore Michael Shanks Hanan Shatat Naseem Shatat Logan Shaw Zeeshan Sheikh Kelly Shelton

Donovan Shields Michael Sinchar Emily Sixtos Brandon Slater Amanda Slavich Anthony Smierciak Jazzmyne Smiley Norell Smith

Shannon Smyth Cody Snoreck Jacob Snyder Audrey Sobolewski Courtney Solis Hannah Souronis Kimberly Spindler Sarah Spivak

Caitlyn Squire
Jasmine Stachelski
Sydney Stanek
Zachary Stanek
Dylan Steliga
Joseph Stevens
Desiree Stoces
Jenna Stockman



sabella Gomez (10) was inspired by her teacher in the first grade to sing, act and perform. She has sung and performed for her school choirs since the fifth grade. In the summer of 2014, she decided to take a trip to Tennessee to audition for "American Idol."

Q: What made you go and try out for American Idol?

A: I can't really see myself doing anything else besides something with performing. I figured even if I didn't make it, it was just a good experience for me and if I did make it, even to at least the Hollywood Week, then I could get my name out there.

U: Can you summarize the process of your audition day?

A: I went online and registered and then I brought my information and papers they told me to have to the audition. I went there to wait in line at 6 a.m. People in line got wristbands depending on if they were auditioning or with someone who was auditioning. I was then handed song lyrics to learn for the commercials. Then from the line I walked to a patio area with other contestants to wait to get into the stadium. When you walked in, there were five tables set up with curtains separating each one. Producers were sitting behind the tables and called me and four others down by our numbers. We each sang for them for about 30 seconds, they then had only one person, maybe none, stay back.

Q: Would you ever consider going back even though you didn't make it?
A: Yeah, well if it was a closer audition, probably cause they have bus audtions where it's an audition for the producers. But I audtioned for "The Voice" in Chicago too, and I'd do that again.

STORY BY: TABITHA PAPPAS, EMMA DEGROOT, AND ASHLEY KRALIK, submitted photo.

Rachel Streck
Dawson Stroud
Nina Strubing
Sameh Subuh
Sarah Sukalo
Makayla Sullivan
Marko Suvocesmakovic
Karli Swanson

Radiant Sykes
Brett Szabo
Alexa Szatkowski
Joseph Szydlo
Paige Szymczak
Naser Taharwah
Jorge Tapia
Lauren Tatina

Erin Taylor
Joshua Taylor
Michael Taylor
Aleksandar Tepsic
Meghan Teumer
Isabelle Thomas
Emily Thompson
Kaitlyn Thompson

Eva Throckmartin Joseph Tigges Giannoula Tjortjis Maya Tobin Jesus Torres Melissa Torres Micheal Townsend Anh Tran





Andrew Trinidad Sandra Tsakopoulos Mia Tucker Ashlee Turnbough Zeeshan Uddin Benjamin Uram Kaitlyn Vander Laan Sydney Vandersteeg

Noah VanderZanden Jacob Van Deursen Lauren Van Drunen Joseph Van Vuren Nemanja Vasic Andriana Vasquez Rosalinda Velasquez Nathaly Velazquez

Victoria Venturelli Katherine Veronesi Everardo Vicente Maja Vidovic John Michael Villanueva Michael Villarreal Kollin Vos Spero Vrehas

Kayla Vujisic Anna Wachowski Matthew Waddell Kate Walker Camryn Wallace James Waller Maegan Walton Kaylynn Ward

Alexys Watkins Derrick Watkins Seth Wayner Emily Weber-Brokke Nara Welcher Noah Wells Ryan West Ciana White

Jacob Widowfield Jake Wiggins Alexis Wilkes Victoria Wilkes Cailee Wilkinson Arttenaej Williams Mhejhana Williams Tyler Winiecki

Michael Winker Jaime Winquist Windy Witt Jessica Wojton Alyssa Woods Jennifer Wright Esam Yacoub **Christopher Young**

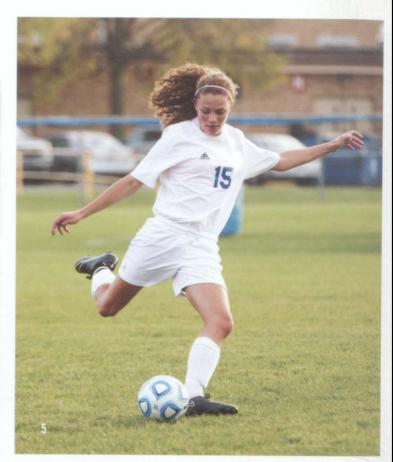
Jacob Zabrecky Jacob Zak Helana Zakher Ana Zanza Veronica Zappa Violett Zappa Jacob Zasada Ryan Zega

















JUNIORS

Brett Balicki (11) Photo by: Camryn Wallace 2. Trevor Williams (11) Photo.by: Ashley Kralik 3. Allison Onest (11) Photo by: Camryn Wallace 4. Breanna Zeller (11) Photo by: Samantha Bernardy 5. Rachel Inglese (11) Photo by: Camryn Wallace 6. Griffin Taylor (11) Photo by: Madeline Conley 7. Nichole Heusmann Photo by: Tabitha Pappas 8. Cole Easterday (11) Photo by: Gianna Mills PAGE BY: JENNA CRAWFORD



Allissa Aardema Nathan Aaron Michael Abramowicz Madelyn Ackerman Alexandra Adams Sarthak Aggarwal Ona Ahmed Mia Ainscough

Alexandra Alcantara Brandon Alder Andrew Alexander Samuel Almaguer Jasmin Alvarado Jennifer Alvarez Leah Alvarez Kelsey Andersen

Ellery Anderson Samantha Anderson Nina Angus Miranda Anuszkiewicz Nathan Aponte Marianne Apuyod Isaac Araujo Miranda Armstrong

Joshua Arreola Renn Arvanitis Hannah Aulinskis Francisco Ayala Elizabeth Ayersman Ammar Azzam Summer Bakker Brett Balicki

Max Barnhart Sydnee Barrins Nicolas Barron Megan Barry Kendall Bartochowski Natasa Beader Ryan Beckwith Anthony Bednarek

Jacqlene Beemsterboer Matthew Beemsterboer Kaitlin Behrens Hailey Bell Rachel Bell Samantha Bell Matthew Bellar Elizabeth Bellis

Desiree Benavides Dutch Benedict Randy Benko Ryan Bereda Elise Bereolos Bianca Bernal Samantha Bernardy Zha'rece Bertollini

Madison Berumen George Beshara Alexander Bielawski Isaiah Billot Emily Birkmann Alec Bisone Sierra Black Austin Blake

Alyssa Blevins Ashley Bloom Jadon Bloom Stephen Bodine Jessica Bodnar Gavyn Boeckstiegel Jenna Boller-Smith Meghann Borowski Jacob Boshears
Hannah Bougher
Nathan Boyle
Kaitlin Brack
Cory Brackett
Sarah Bredar
Madison Breford
Neal Broad
Melanie Brokke
Craig Bronson

Melanie Brokke
Craig Bronson
Elysse Brown
Jakob Brown
Katrina Brownewell
Jordan Buckmaster
Jaquon Burns
Emily Burvan

Brittany Busby Neal Buss Annette Caban Rebecca Cain Alexa Campbell Abby Cappello Ksenija Capshaw Paige Carter

Sabrina Castillo
Paul Centanni
Matthew Chapski
Allison Chavez
Jocelynn Cheesebourough
Austin Chekaluk
Savreet Chhokar
Savannah Childress

Jay Chopra
Hangene Chung
Jamey Church
Trevor Cieslak
Alexandra Clark
Anthony Clark
Samuel Clark
Elise Classen

Alexander Cody
Amber Cole
Erini Collaros
Casey Conner
Hunter Conner
Morgan Conner
James Cook
Michael Couture

Kendall Cowling
Jenna Crawford
Hannah Crilley
Reyna Crothers
Cynthia Cruz
Katelynn Culbertson
Jonathan Culver
Brandon Cure

Jessica Czajkowski
Patrick Dahl
Walter Dahlkamp
Nathan Daliege
Elizabeth Daly
John Damarjian
Blake Dancer
Tara Dangerfield

Gabriella Danko
Ethan Darter
Alyssa Davids
Cj Deckinga
Tara DeGrauwe
Jaime Del Real
Salvador Del Real
Dana DeLaurentis



hile most students buy their clothes, shoes and gifts from retail stores, Melanie Sanchez (11) spends her free time making them herself. Sanchez takes on projects ranging from painting phone cases to sewing fabric onto Nike Roshe Run shoes, making the items one of a kind. After growing up around art, Sanchez plans on continuing her interest in art and possibly pursuing a career in the field.

Q: Where did your interest in art come from?

A: [It] probably [came from] my mom's side. I have always been doing it as a kid. Everyone knew that I was going to be artistic growing up. It was a thing in my family.

Q: What projects or crafts do you do?

A: I've customized shoes and painted on them. I've just painted and done sketches. I've done henna tattoos on the side. I would paint on shirts. I have even painted on my ukulele. I've painted on phone cases, socks, just weird things. I'll buy stuff from the thrift store and paint on it or cut it up and turn it into something that is more new.

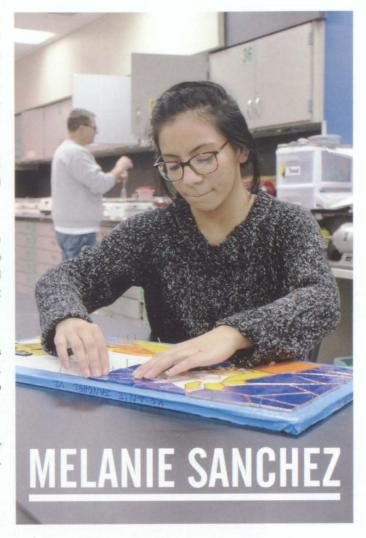
Q: Why do you craft?

A: I feel like when you have certain pieces that no one else has, like the shoes that I made myself, no one else is going to have those, and it makes you unique. I usually give my friends shoes for their birthdays, and it's something that no one else has and it makes them feel special.

Q: Do you plan on pursuing art in the future?

A: Definitely; I plan on going to the Art Institute of Chicago and go further with that. I'm not sure what I'm going to do. I'm looking into fashion merchandising.

STORY BY: SARA LISAC AND EMILY LISAC PHOTO BY: EMILY LISAC





Jackson DeLisle
Julia DelSangro
Alexander DelValle
Kyle DeMichael
Cosmo Demir
Tyler Dernulc
Cecelia Desiderio
Vivian Diaz

Sean Diehl Frank Dijak Renee DiNino Emma DiPasquo Sarah Diviney Breanna Dobos Jovana Dodevska Elijah Doggett

Trevor Doogan Anthony Doreski John Dosen Marissa Douglas Cassidi Doyle Lauren Druzbicki Eric Duffey Eamonn Duffy

Taylor Duffy
Gino Duggan
Brittany Dunbar
Chandler Duncanson
Andrew Dunn
Evelyn Duran
Michelle Duran
Anthony Dye

Jacqueline Eader Cole Easterday Patrick Echlin Dijon Edwards Meaghan Ehlert Joseph Ehlin Andrew Elkins Luke Elliott Noah Elliott Jocalyn Ellison Eva Elmalh Margaret Elton MacKenzie Emerson Morgan Ericksen Jocelyn Estrella Mackenzie Evers Donovan Ewing Kai Fair Nathan Fallon Sydney Farmer Courtney Fastabend Skylar Feldman Andrew Fernandez Ryan Fife

Samuel Fioretti
Alec Fiorio
Emily Fiorio
Clifford Fitch
Nicholas Flahive
Alejandro Flores
Hector Flores
Sydney Flores-Cuadrado

Stephanie Foster Francis Fredrickson Katherine Freeman Rylee Friel Emma Frye Samantha Fuscaldo Megan Gabe Danielle Gaines

> Alexis Gallegos Amaris Gallegos Jacob Galvan Antoneia Galvin Jordan Garcia Marc Garcia Marina Garcia Nicholas Garcia

Victoria Gard Ethan Gardenhire Victoria Gardenhire David Garibaldi Matthew Garton Casey Garvey Ivano Garza Alexia Geenen

> Michael Gella Lindsey Gercken Benjamin Geyer Russell Gibbs Ian Gifford Jeanine Gilbert Alec Glinski Umang Godhani

Clayton Goldman Alexandra Gomez Julissa Gomez Gabriella Goncher Laurel Gonsiorowski Kaitlyn Gonzalez Nicholas Good Jeremy Goodale





Megan Gora Harrison Gordon Michael Gosnell James Gotch Amie Goulet Brandon Grabarek Michael Grahovac Lauren Granskog

Jarod Green-Moore Sean Griffin Rachel Gross Julia Gruver Brett Guffey Niklas Gustafson Caroline Haddad Kimberly Haddad

Brandon Haddon Kimberly Hainsworth Edward Halbe Sydney Halfeldt Brandi Hall Krystian Hameen Adam Hanchar Emily Hansen

Nicholas Hansen Talia Harman Sean Harper Thomas Harrington Joseph Haskins Clayton Hatfield Patrick Haugh Kara Hawkins

Kamren Heady Joseph Hearne Shannon Hearne Daniel Heinrikson Megan Helfers Micheal Hemmerling Amber Hemphill Gabriel Henderson

Crystal Hernandez Michelle Hernandez Kayla Hestermann Sarah Heuberger Nichole Heusmann James Hickey Tristan Hiduke Duaa Hijaz

Jenna Hinchman Jace Hirosky Madeline Hirschfield Jodie Hodges Michael Hoff Andrew Hoffman Desirae Hoffman Morgan Horgash

Michael Horvath Zhanae Howard Autumn Huber Jorge Huicochea Kevin Huicochea Marcellus Hunt Zachary Hupp Kristina Ilic

Sreysar Ing Rachel Inglese Matthew Irving Gina Irwin Marvin Ishii Ahmad Ismail Anes Issa Sarah Issa



any students take part in the musicals at school. Madison Breford (11) goes beyond the Lake Central stage to perform in other choirs, musicals and get special recognition.

Q: Is there a big difference between Lake Central Theatre Company and other community theaters?

A: [There is] not a huge difference. It's just that there are different age ranges in community theater, and once the cast is set, people aren't necessarily competitive [about being better in their parts] any more. It's all love. You get that with LCTC too, but it takes a bit more time for the competitive spirit to wear off.

Q: Do you have a favorite moment from playing Dorothy?

A: It sounds cliche, but singing "Somewhere Over the Rainbow" every night [was my favorite moment.] I also enjoyed the goodbye scene where Dorothy clicks her heels. That was an iconic scene and I was beyond honored to perform it.

U: Can you explain the award you won?

A: The [Northwest Indiana Excellence in Theatre Foundation] awards are presented at an annual gala, and there are people called viewers who watch all of the shows going on in the community. They also look for people who they think stand out and two years ago, I was in a show at Crown Point Community Theater called "You're A Good Man Charlie Brown" and I played Sally. I got nominated for Best Featured Actress in a musical. I didn't win, but it was still really cool to have been nominated out of a bunch of adults, and I was only fifteen. I got nominated for the NIETF for Best Principal Actress in a Musical [for Dorothy, too.] I didn't win, but it was still crazy to have been nominated two years in a row.

STORY BY: CATHRYN CEARING AND EMMA DIPASQUO, submitted photo.

Christian Ivezic Brittany Jacinto Taylor Jackson Ashley Jadernak Casey Jamrock Sabrina Janosz Jessica Jarach Ronald Jessen

Leonardo Jimenez
Jayla Jones
Raphael Jones
Jessica Joy
Matthew Jumonville
Sydney Jureczko
James Juscik
Kelsey Kallen

McKayla Karagias
Rayyan Karim
Adam Karr
Emily Kassie
Peter Katsiris
Roger Kaufman
Veronica Kazmierski
Amber Keichinger

Abigail Keith Erica Keleman Madison Kelly Ryan Kenny Collin Keylor Brianna Khoury Jacob Kiefor Casondra Kilburn





Eva Kimberly Madison King Michael King Benjamin Klebs Jacob Kleimola Natalia Klekotko Alyssa Klootwyk Anthony Kludka

Kyle Koehler Kameron Konopasek Jacob Koontz Matthew Korneck Samuel Koster Mikala Kotecki Timothy Koutropoulos Emma Kowalik

Tyler Kramer-Stephens Courtney Kreykes Michael Krga Jasmine Kroninger-Mackey Joshua Krout Matthew Kruszewski Julia Kruzan Logan Kulinski

Ty Kullmann Alexandra Kurivial Natalia Kuzbiel Phillip Ladd Brandon LaGreco Sagar Lalla Samantha Lane Mary Langdon

Taylor Langwinski Jack Larson Alexia Laurisch Aaron Lawson Adam Lechowicz James Lee Kaitlynn Lemus Cody Leonhardt

Jessica Lewandowski Hannah Leyba Sarah Livingston Gerardo Llano Anthony Lloyd Heather Loeffler Sara Logan Jessica Lopez

Leslie Lopez Luzila Lopez Mia Lopez JaVonte Loving Michael Lucas Brian Ludke Nicholas Luecke Milos Lukic

Lauren Lutes Jerald Lyda Cameron Macak Tyler Maciejewski James Macis Katherine Maddy Trevor Magiera Walkere Mago

Clare Majchrowicz Monserrate Maldonado John Mamelson Jacob Mantel Anthony Mantoan Martha Mapes Morgan Marchi Samantha Marino

Abigail Marra Rachel Martens Cody Martin Justice Martin Kyle Massa Morgan Massei Tyler Mathas Kayla Mathews **Timothy Matthews** Randall Maxie Paul Maywald Larissa McBride Noelle McBride Michael McClelland Samantha McCormick Samantha McCuaig Jessica McCullough

Jayna McDermott
Aaron McDonald
Samuel McFarland
James McIntire
Emmanda McKenzie
Victoria McKenzie
Solange Medeiros

Joe Mekhael Anthony Meneghetti Dominic Meneghetti Ashley Merath Grace Mercado Sean Meyer Steven Meyer Corey Meyers

Matthew Mickelson Olivia Middleton Emily Miklusak Aleksandra Miladinovic Michael Miller Brianna Mills Gianna Mills Victoria Mink

Pablo Miranda
Daniel Mishevich
Megan Misirly
Amanda Mitcheltree
Benjamin Moore
Haley Moore
Kennedy Moore
Alexander Morgan

Brittany Mori Maria Moricz Cassandra Morris Joseph Morsovillo Serena Morton Devin Moseley Christian Mota Brandon Mueller

Samer Musleh David Nathansen Nathan Neal Timothy Nebel Brandon Neff Emma Nelson Robert Nevarez Kara Newell

Cassidy Niewiadomski Logan Nippert Kayla Norris-Center Ciera Novak Elizabeth Nunez Nwamaka Nwannunu Nickolas Nykiel Samuel O'Connor-Thompson





Monique Ochoa Joseph Okwara Adeola Oladeinde Joshua Olesen Monica Oljace Rylee Ollearis Morgan Olson Allison Onest

Lauren Oparah Alexis Orseske Antonio Ortiz Oscar Ortiz Bernardo Oseguera Kalie Ostapchuk Nicholas Pachowicz Miguel Palacios

Zachary Palaggi Katie Palmer Michael Palomo Tyler Paluszak Brianna Panici Anastasia Papanikolaou Tristan Pappas Riley Parks

Sydney Pasternak Nathan Pasyk Breanna Patrick Daniel Paulauski Joseph Pavell Payton Pawelski Ashley Payne Emma Pellegrini

Bailey Perez Manuel Perez Nicholas Perez KC Perry Brandon Peterson Nicole Peterson Logan Pettenger Jenna Pfeiffer

ack Larson (11) has gone skydiving around five times in the past two years. He dives with groups of people, sometimes in tandem, where a rope is attached to everybody.

Q: Why did you decide to start skydiving?

A: I already was a scuba diver, so I thought, 'if I'm doing it underwater, why not do it in the sky?' On the spur of the moment, I was kind of like, 'Are there any skydiving places around?' There was something going on at the Lansing Airport.

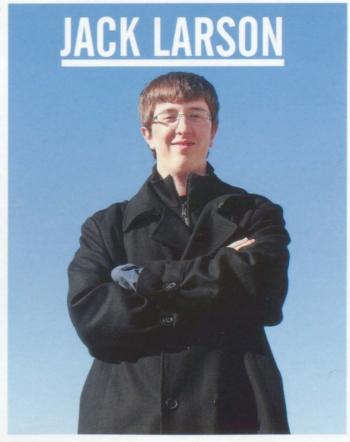
U: How do you know when to pull your parachute in order to land?

A: [Knowing when to pull the parachute] depends on a couple things. In cases of heavy wind, if you're out there jumping and an updraft picks up, they usually tell you a height to pull it at. You don't want to pull it near the ground because when you pull the parachute, it jerks you up because the wind is catching.

U: Were you afraid to jump out of the plane the first time you skydived?

A: [When it was time for me to jump] I had that one thing where rationality kicks in, and you start seeing people filing out of the plane, and your first thought is, 'Wait, I'm jumping out of this?' So it wasn't really a fear, it was more of an uncertainty. It's that worst-case scenario going through your head, but eventually you walk up and put your hand on the plane wing. On the count of three, if you don't jump, they'll push you. I jumped.

STORY BY: EMILY BADGER AND ELENA GORNEY PHOTO BY: EMILY BADGER



Kymberly Pierce Lucious Pilate Sienna Pinskey Tristan Pintor Adare Pitchford Kristina Plaskett Paige Plaut Hailee Poe Nicholas Pokropinski Daria Pomiotlo Amber Poortenga Sara Potkonjak Takoda Potts Joshua Prather Nathan Pratl Hannah Pratt Nicholas Presta Maggie Previs Justin Price David Prince Cameron Prisby Tyler Pritchett Derek Pruett Nathan Puch Jeremy Putnam Sarianne Pyzik Colleen Quinn Lexis Quiroz Lauren Rademacher Katarina Radoja Kayla Radtke Maxmilian Radziejeski Ali Raja Angie Ramirez Bryant Ramos Khiyah Ransom Eric Rasmussen Antonio Ratliff Gage Ray Tanner Rechlicz Xochitl Regalado Alexis Reichart Raquel Rembert **Emily Res Emily Rey** Matthew Reyes Reanna Reyes Cole Reynolds Dallas Richards Michael Ridder Krysta Rietveld Emma Ritchie Edgar Rivera Jesus Rivera Livan Rivera Samantha Robinson Kaylee Rodell Eliasart Rodriguez Migdalia Rodriguez Tyler Rodriguez Brianna Roethler Lawrence Rogers Shea Rogers Dylan Rouhselang Vinayak Roy Antonietta Ruffolo Haley Rugis Ryan Ruthrauff Joseph Ryder Matthew Sabatino Daniel Sadural Cristian Sahagun



Kady Salapatas Cassie Salgado Brendan Salus Nikolas Sambor Alberto Sanchez Jennifer Sanchez Melanie Sanchez Opal Sanchez

Stephanie Sanders Anthony Santiago Eric Santiago Matthew Sarkisian Gillian Saternus Alyssa Scanlon Julia Schassburger Kylee Scheidt

Nicholas Schmitt Chelsey Schmock Troy Schneider Jennifer Schnurlein Dakota Schreiber Jeccika Scialabba Aaron Scott Connor Scott

Noah Sebenste Edwin Seehausen Emily Segovia Frank Sek Brandon Serba Niji Shah Mariam Shatat Haylee Sherlund

Spencer Shipman Justin Shock Malek Shuaibi Nicholas Sikora Mariam Silman Haley Skinta Damon Sklivas Kristina Skvarek



ften people strive to go beyond what is expected of them, and what they personally expect from themselves. Sean Meyer (11) is that type of person, especially after he joined SLYCE, or the South Shore Leadership Youth for Community Engagement program.

Q: What is the South Shore Leadership Youth for Community Engagement Program?

A: At SLYCE, there [are] about 50 kids from 25 high schools across the region. We listened to different influential speakers, visited different towns and we were all assigned a service project that took five months to complete.

Q: Since the club is focused on leadership skills, how has it helped you to take charge in your own life?

A: I learned many different skills that I can apply to everday life, to help [myself and my peers] in both social and educational situations.

Q: As a junior, how has SLYCE helped you better prepare for your future after high school?

A: SLYCE has helped me network with many influential businessmen and women from across the region. I'm also able to apply these [new] skills to college applications and job interviews. SLYCE was a great opportunity and it helped me realize that there are so many opportunities to help [develop] one's leadership skills.

STORY BY: SARAH BREDAR AND JOVANA DODEVSKA PHOTO BY: HANNAH BRYNER

Riley Slegers
Elise Smith
Robin Smith
Skyler Smith
Tyler Smith
Christopher Smolen
Gino Solis
Logan Sommer

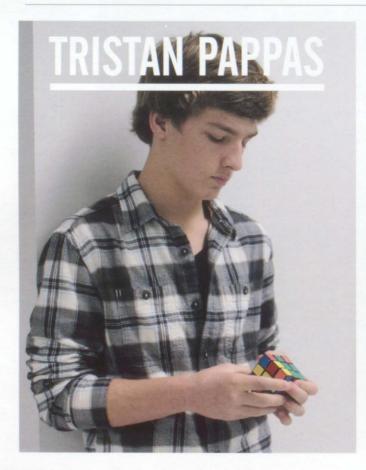
Toni Soria Brooke Sotelo Chelsie Spiegel Romel Spight Stephanie Spigolon Haley Spindler Conrad Spizewski Victoria Springman

Danielle Sprouse Brittany St. Germain Joshua Stancik Anja Stanic Stefan Stankovic Alyssa Staszewski Amber Stedt Melanie Stepanovic

> Joshua Sterne Milan Stojanovic Erin Stovall Emma Strohacker Colin Studer Hannah Studer Malik Suleiman Steven Sweeney

> > Jason Swetlik Brian Sytsma Randy Tadros Andria Talavera Jacob Tano Matthew Tao Austin Taylor Brittany Taylor





ristan Pappas (11) has the unique talent of being able to solve a Rubik's cube in a short amount of time. He began by solving the standard three by three, then advanced to a five by five. He can also solve the final steps of a standard Rubik's cube with a blindfold on.

U: When did you start learning how to solve a Rubik's cube?

A: I started doing this eighth grade year. [I looked things up] at first, then I started memorizing the patterns. Pretty much after that, it was just repeating the same thing over and over and getting faster and faster at it.

Q: What's the secret to solving a Rubik's cube?

A: [The way to solve it is] called algorithms. They're a sequence of movements to get to the next step in the sequence. It's like a giant equation.

Q: What is your record time and what are your goals?

A: [My goal] is to get a faster time. A three by three is a standard Rubik's cube and I can get that done in a minute twenty. I can do it no problem. I got a five by five last year for Christmas. I haven't totally learned how to do that one yet. I can only get a few sides.

Q: How do your friends view your talent?

A: My friends think it's kind of weird because nobody can really do that. It's something that you can just do in a crowd of people. I've taught other people how to do it before. I taught Alex Morgan (11) and my one friend who lives in Austria how to do it. It's just something cool to be able to do.

STORY BY: GIANNA MILLS, MICHAEL CLARK AND JENNA CRAWFORD PHOTO BY: JENNA CRAWFORD



Griffin Taylor Matthew Taylor Joule Tazbir Jonathan Teumer George Theodore Samuel Thomas Alyssa Tieri Christina Tipman

Alyssa Todd Michael Toler Samantha Torres Jeannine Toth Noah Tracy Allison Tragnitz Aidan Trevino Celeste Trevino

Emily Trichak Anthony Tugman Bryan Tunis Zachary Turnbough Richard Tuttle Alexandria Tyler Versilis Tyson Tori Ulloa

Haley Urbani Danielle Usak Hilary VanderVelde Nicole Vanek Rachel VanGundy Marina Vasquez Jerimiah Velazquez Dustin Venditti

Nicole Verdeyen Anthony Verduzco Kelsie Verhoeve Brianna Vidaurri Jelena Vranic Milica Vranic Nikola Vuckovic Gwendolyn Wachowski

Alyssa Wagner Donald Wagner Brandon Walton Trey Wardian George Wascher David Watkins Geena Wauchop Justin Weinand

Emma Weissbeck Griffin Welch Brian West Merrick Westerfield Malik Whitaker Jeremy White Tyler White Sabrina Wiater

Cory Widing
Anthony Williams
Jayzhonna Williams
Trevor Williams
Trevor Williams
Edwin Wilson
Veronica Wing
Thomas Winker

Rheanne Wippo Spencer Wise Brianna Wisniewski Jake Wisniewski Jessica Wisniewski Stephanie Witkowski Jacob Witry Michael Wojcik

Kenneth Wolfrum William Wyatt Matthew Wydrinski Lauren Yacono Khalid Yacoub Rachel Yorek Madeline Young Daniel Zahorsky

Christopher Zaikos Cynthia Zatlokowicz Chris Zeheralis Breanna Zeller Autumn Zendzian Christopher Zielinski Olivia Zlatic Julia Zlotkowski



































ime management can be a challenging concept, especially in high school. However, Alyssa Scanlon (11) pulls off participating in several different extracurricular activities, while balancing AP and Honors homework.

U: How many different activities are you involved in, including during school and out of school?

A: I'm in Dollars for Scholars, Academic Letterwinners, Young Life, Advance, and I tutor after school.

Q: How many students do you tutor?

A: Just one student out of school, but I am in Peer Tutoring, and I am directly responsible for about eight freshmen.

 $oldsymbol{\mathbb{Q}}$: How do you handle playing soccer, attending youth group, tutoring the students, managing AP classes and baby-sitting?

A: I always have about an hour and a half before I start tutoring to get some homework done. Soccer is only for two seasons, and during the season, I have two practices a week plus games to worry about. I'm only in two AP classes, so the work load isn't horrible as long as I can get some of it done at school, and as long as I can get the kids I baby-sit to bed at a reasonable time, I can get my homework done.

Q: Do you have any tips for those who have trouble managing schoolwork, clubs and sports? Which category should be their number one priority and which should be last?

A: Put your schoolwork first, that should be your number one priority and clubs and sports come later. If you can't decide whether to put clubs or sports second, I recommend choosing which one would help you in the future.

STORY BY: SARAH BREDAR JOVANA DODEVSKA PHOTO BY: SARAH BREDAR







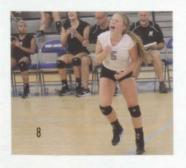












SENIORS

1. Colin Chenoweth (12) Photo by: James Lafakis 2. Teigen Breshock (12) Photo by: Sofia Hay 3. Christopher Tarnowski (12) Photo by: Madeline Conley 4. Student Section Photo by: Jeannine Toth 5. Lindsay Kusbel (12) Photo by: Camryn Wallace 6. Krista Vos (12) Photo by: Sara Lisac 7. Kiera Schultz (12) and Ali Raja (12) Photo by: Sofia Hay 8. Alyssa Born (12) Photo by: Madeline Hirschfield PAGE BY: MADELINE HIRSCHFIELD

Andrea Abramowicz
Demitra Adams
Eric Ainsley
Olivia Alexander
Aaron Ali
Monica Almeida

Gabrielle Aloia Guadalupe Alvarado Hannah Anderson Carolyn Andrews Gabriella Angellotti Matthew Applegate

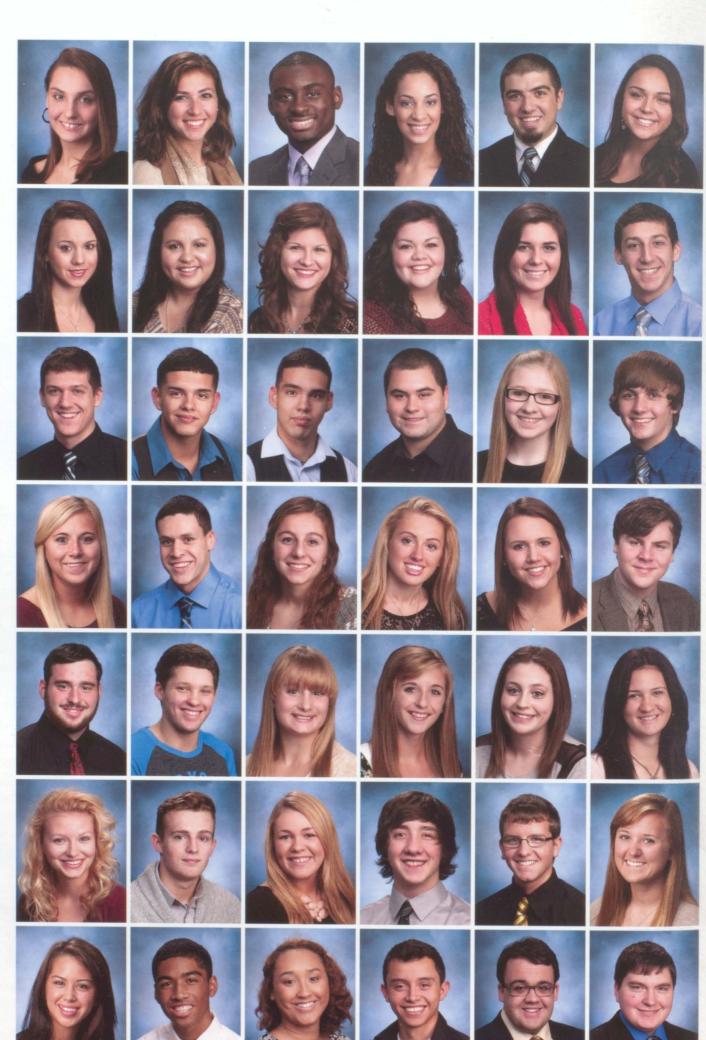
Nicholas Applegate Anthony Arenas Christian Arenas Charles Badillo Emily Baginski Alex Baker

Sarah Banasiak Joshua Barajas Teresa Baranowski Taylor Barchi Megan Barenie Logan Barnes

Derek Barnett Nicholas Barrera Gabrielle Barrett Jocelyn Bathurst Nicole Batres Alison Beck

Taylor BeDuhn Zachary Beemsterboer Lauren Behrens Joshua Bell Robert Belzeski Sarah Benedict

Cheyenne Benko Jared Benson Myiah Bermingham Nikolas Beushausen Brandon Bianco Nicholas Biegel















Emily Birlson Holly Blair Brandon Blanchard Austin Bodell Victor Bolivar Alyssa Born











Samantha Born Ana Boulas Nicole Boulazeris Nathan Bowdish Grant Bradtke Ashley Brandner





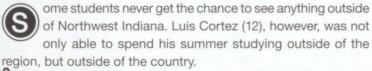








Nicholas Brandner Kevin Brandt Teigen Breshock James Broad Lindsey Brooker Devonte Brooks



Q: How long were you in Spain, and what was it for?

A: I was there for seven weeks. It was through IUHPFL, which is a high school study abroad program through IU. They have program sites in Spain, France, Germany, Chile, Mexico and China.

U: What made you choose to study in Spain?

A: I just felt that there was more history, more places to see [and] it's safer and [there is] the opportunity to learn the most there. I've also always wanted to go to Europe.

Q: What was your favorite part about the trip?

A: Probably living with my host family. There were about 30 other kids that went to the same city that I did. Each of us had our own family. I had a mom and a dad and a six-year-old brother.

Q: What did you do during the trip?

A: During the week, we had school. We took culture, literature, communication and grammar. On the weekends we traveled around the rest of Spain. We went to Granada, Cordoba, Toledo and Madrid. Any free time we had we would hang out with our families or with the group friends.

Q: If you had the chance to do something like this again, would you?

A: Yeah, of course. I hope to study abroad again in Spain in college.

Q: How did you get involved with this program? What do you have to do to be able to participate?

A: I heard about it from my Spanish teacher. You must have three years of a foreign language to be eligible. If you pass, you are invited to take a placement test. If you pass that, you fill out an application. After my app got accepted, I got called in for an interview that was half in Spanish, half in English. A week after, I was accepted into the program and had to attend an orientation at IU in May to meet everyone.



STORY BY: ERIN DOSEN, submitted photo.

Sara Brooks Kayla Broussard Kevin Brown Kelly Browne Hannah Bryner Ariana Bulett Matthew Burgess Maria Bushey **Emily Bustamante** Brian Butler Alyssa Camarillo Alyssa Cardinal Courtney Carlson Frank Cary Brianna Cassidy Maritza Castaneda Jonathan Casto Cathryn Cearing Guadalupe Cervantes Joseph Chatel Colin Chenoweth Lorenzo Childs Christine Chung

Alexandria Christensen

Joseph Cinko Marissa Clark-Debutch **Emily Classen** Hannah Classen Adam Cobban Sarah Colby

Madeline Conley Samantha Copeland Reese Coros Justin Cortez Luis Cortez Cassidy Coyle

Ryan Dahlkamp Concetta Dalsanto Jack DalSanto Laura Danesean Alexandria Davids Veronica Davis



ollin Gillespie (12) has lived his whole life with epilepsy. He was diagnosed at a three years old, and when he was a freshman, he had to give up the thing he loved most: football.

U: How did you find out you were diagnosed with epilepsy?

A: It started when I was six months old. I had a seizure and couldn't stop shaking. I kept having them, and then [my family] took me to the doctor. They found out that at the age of three I had epilepsy. They did a bunch of tests and found a scar that couldn't be cured. My freshman year, I had 10 tests to find out that I had a tear in my brain, and surgery was the only way to fix it. I went to see the surgeon, and he gave me only a week to prepare, and then he did surgery.

Q: What were some obstacles, and how did you face them?

A: I wanted to play football, but they told me I couldn't anymore. At first it was hard, but my brother had knee surgery and couldn't play either, so he helped me. Faith was a big part of getting through it. I was told there were better things than football, and I just went on.

Q: How long did you play football before high school?

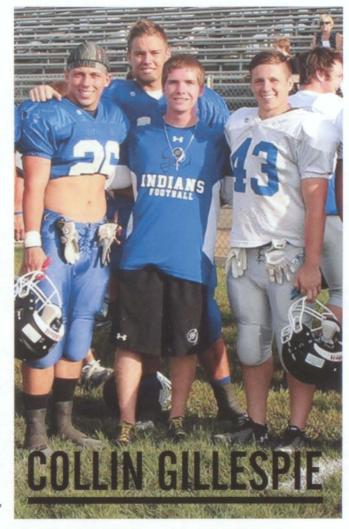
A: I played 10 years for Tri-Town.

U: How do you feel overcoming this has helped you?

A: [Overcoming being told I can't play] has helped me become a better man.

Q: Do you do anything with the football team now even though you can't play on it?

A: I have helped out since sophmore year. I helped out with [Coach Brett St. Germain] with whatever he needed to be done, kind of like a manager. STORY BY: TABITHA PAPPAS, EMMA DEGROOT AND ASHLEY KRALIK, submitted photo.





Haley Decker Margaret Delis Ryan Delis Taylor Devine Stephen Diamantos Jorey Dimopoulos

Sarah Dingman Gina DiNino Andrew Dittrich Matthew Djordjevich Jillian Doan Chase Doescher

Taylor Doetterl Alisha Donovan Kristina Donovan Jeffrey Dorsch Erin Dosen Brianna Dougherty

Autumn Dransoff
Jacob Dunn
Joshua Dunn
Taylor Eagle
Hayley Edgcomb
Courtni Edmonds

Jennifer Einterz Danielle Ellis Taylor Ellis Brady Extin Delaney Fagan Kaitlyn Fassoth

Ashley Ferguson Meridith Fionda Ryan Fisher Katelyn Flanagan Michael Flores Nicole Flores

Sean Flynn Emma Ford Dominic Foushi Justin Fox Nicolas Frassinone Zachery Fredrickson



































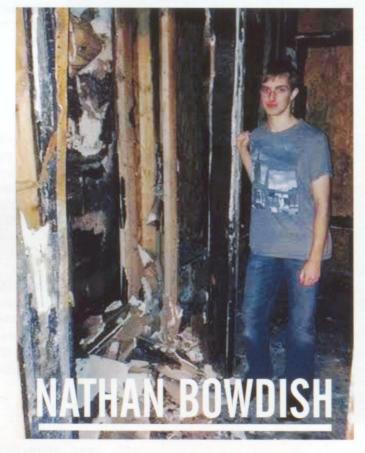












t three o'clock in the morning on Oct. 14, Nathan Bowdish (12) was woken up by his mother, not any smoke detectors, with the news that their house was on fire.

Q: During this whole situation, what was the scariest part?

A: I walked around to the back of the house and I [thought], If I had woken up in the middle of a blazing room, that would have been the most terrifying thing. But, my most terrifying experience [was] hearing the curtains fall. You hear a crash, then that's another curtain falling. You can see the flames coming up and eating up the curtain and it crashes.

Q: Who helped you through this situation?

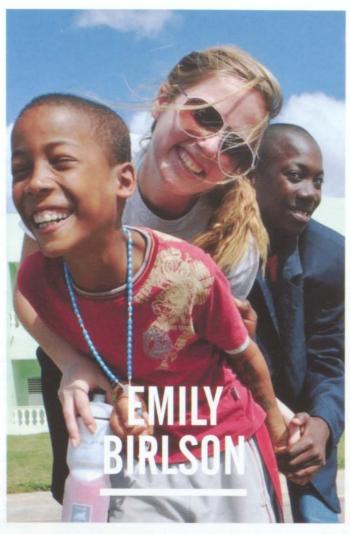
A: Our neighbors were so helpful. I woke them up after mom was calling [911]. Our neighbors brought out coats and shoes. Our neighbors were so generous. That same day we called some friends. They had a guest bedroom, the mother and daughter were away so we each had our own room. I had my room, my sister had her room and then my parents had their own room. We didn't even have to struggle with fighting over space.

Q: How severe was the damage?

A: They got the fire out, but by then it had almost wiped out the sunroom, the kitchen was nearly destroyed and the living room had severe damage. Everything else was smoke damage. We had a cat, but I'll be honest, I would much rather have my sister be okay than my cat. A cat can be replaced my sister can't.

STORY BY: BREANNA DOBOS, KRISTINA PLASKETT, AND MEGAN HELFERS, submitted photo.





hrough her church, Emily Birlson (12) had the opportunity to volunteer on a mission trip for the first time. She and about 25 others spent a week in the Dominican Republic, where they worked at an orphanage and helped rebuild the community around it. After Christmas, Birlson will return to the same area to reconnect with the children she fell in love with during the week she was away.

U: What did you do while you were in the Dominican Republic?

A: We stayed at an orphanage and we volunteered there and played with the kids. [We] helped build different buildings around the orphanage. Then we went out into the community, and we helped build a house there because it was all rundown. It was [a] super, super poor [area].

Q: What was that experience like for you?

A: It was like nothing else. It wasn't anything I expected. I knew I was [going to] see poverty, but I guess I didn't realize how bad it really is until [I was] actually there.

U: How has it influenced who you are today?

A: I don't take anything for granted, like the fact that I live in St. John and have a nice house and my parents have jobs. It makes you really realize and be thankful for what you have.

Q: What was your favorite part about the trip?

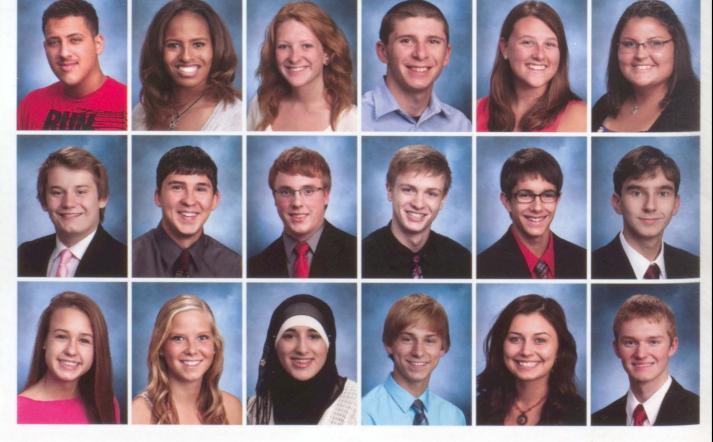
A: I loved playing with the kids because they don't have parents. They just have each other. All they really want is to be loved and to hold your hand. I fell in love with this little boy, and he would hold my hand wherever we went. He was only like seven. Leaving him was really hard because I got onto the bus, and we said goodbye. Then I hear my name being called, and he's out there with his hand reaching for me to touch it.

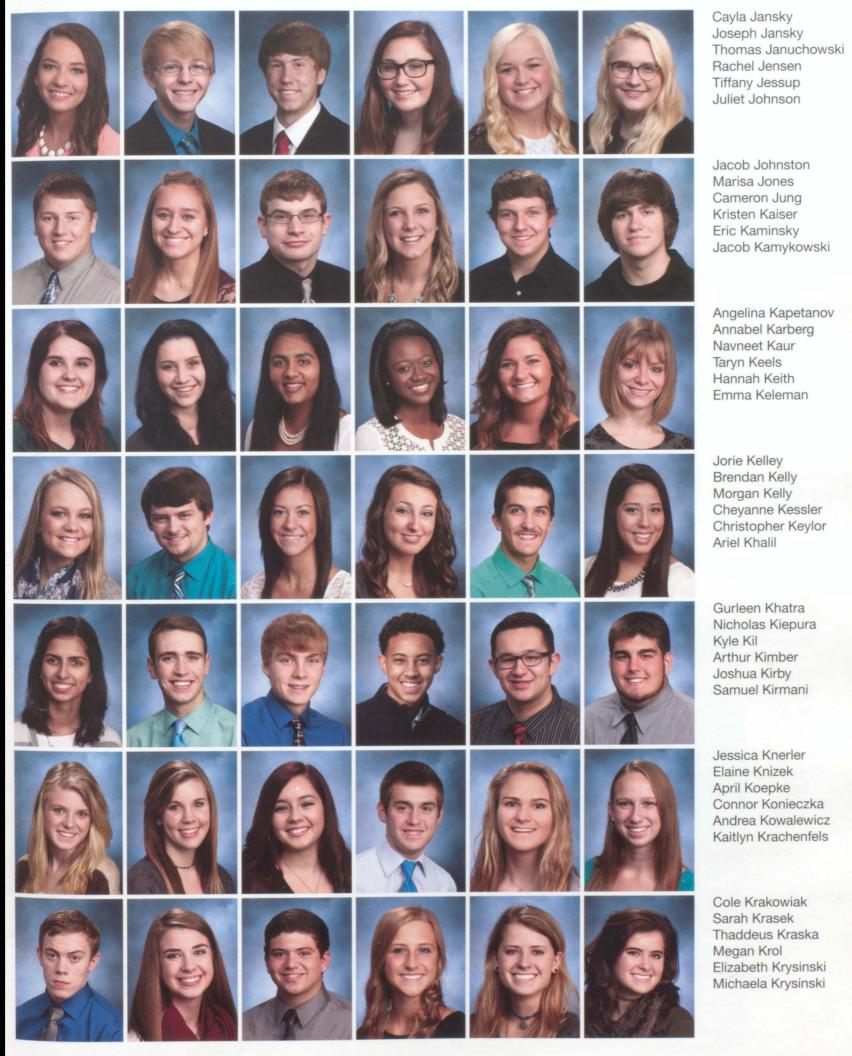
STORY BY: CASSIDY NIEWIADOMSKI, submitted photo.

Omar Hamed Kayla Harris Rebecca Hasley Kyle Hayes Alexandra Hecht Alexis Hernandez

Tyler Hires Jason Holechko Joseph Holman Connor Homans Christian Huber Ethan Hunt

Emma Hupp Andrea Hynek Kawthar Issa Ty Jacobson Taylor Jagiella Jacob Jakubowicz





Jack Kuehner Lindsay Kusbel Jessica Ladowski James Lafakis Logan Lambert Alyssa Langwinski Ariel Lara Ronald Lee Austin Lessentine Laura LeVander Jennifer Lindholm Sara Lisac Gianni Lockhart Johan Londono Brandon Long Chrissa Lopez Isabel Lopez Yunuen Lopez Chase Lowden Aaron Ludwig Ryan Lulich Alejandro Luna Jesus Luna Monica Luna Sara Lunsford Samira Lyons Nicole Maciolek Taylor Mack Adam Madouros Krista Magurany Jeremy Maluchnik Carmela Marciano Jacob Marcinek Alyssa Marcinkovich Ilija Marinkovic Kurtis Markiewicz

Lauren Markulin Brett Marovich Brianna Martin Ian Martin Alexis Martinez













Noelle Matasovsky Daniel Matchain Samuel Matchain Kyle Mathews Charles Matlon Jacob Mavity

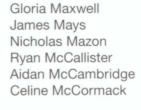
























Kyleigh McCoy Lainautica McCoy Mariah McGee Ian McGrath Marlee McGrath Riley McGrath





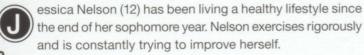








Taylor McKeller Miranda McNeiley Marisa Mendoza Aleiandra Meraz Jose Merced Jaren Mercer



Q: What is the most difficult aspect of living a healthy lifestyle?

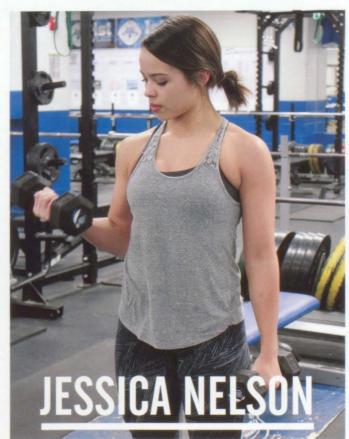
A: [The hardest aspect is] the comparing part. You're in the gym and you see people that look better than you, and you're constantly comparing yourself no matter what. There is always going to be someone better than you. It all comes down to your mindset, and you have to overcome those thoughts.

Q: What are your ultimate goals?

A: In the future, I would like to compete either in body-building or powerlifting. I would just like to compete and not even more for the fact of winning. I mean, it would be nice to win, but more for the fact of feeling the accomplishment of getting that far.

 $oldsymbol{\mathbb{Q}}$: Do you have any words of advice for those who want to start working out and living a fit lifestyle?

A: Don't be afraid to lift; that is the biggest thing, especially for girls. They're terrified to lift. They think it's going to make them manly, but it won't. Just lifting a little bit of weight is not going to make you big. Don't go to extremes with your eating. It restricts you from life and from family. Learn to enjoy it. Don't work out because you hate your body, work out because you love your body and want to make it better.



Summer Merriman Marc Mertsching Cassidy Michau Bailey Micka Benjamin Migliorati Carlie Mikuly Nikola Mileusnic Noah Miller Ashley Millette Sarah Milzarek Jennifer Mohamed Alexis Morales Mateo Morales Danielle Morang George Morris Makayla Morris Hailey Mueller Dana Mularski



Blake Newell Brooke Neyhart Mitchell Nickolaou Alexander Nisle Michael Norcutt Aspyn Novak

Mara Nunez Ugonna Nwannunu Ashley Nylen Gage O'Connor Amanda O'Drobinak Quinn O'Keefe

Ashley O'Malley Michael Opperman Chelsea Oprea Anthony Osorio Ryan Palkon Mathew Palm



yan Jones (12) spent the past year playing for the Lincoln Stars in the USHL junior hockey league. This summer, he has been invited to the Chicago Blackhawks Combine on June 8th-10th.

!: When did you start playing hockey and what inspired you to play?

A: I started playing hockey when I was 6 years old. My brothers were the main reason I started playing the sport. I would always watch them play and began to fall in love with the game.

Q: What do you like most about playing hockey?

A: The thing I like most about playing hockey is winning. It is the greatest feeling knowing you did whatever it took to make sure your team won. Also everyone on the team is happy so it's always agood time in the locker room.

Q: What position do you play and what does your position do?

A: I play defensemen and the main objective for me is to do anything in my power to keep the opposing team from scoring. It's a tough task, but you become better and it gets easier the more you work at it.

Q: How has your highschool hockey experience been like and what sacfrices did you have to make to continue your journey to the Leauge?

A: My high school experience has been a wild one. I was at Lake Central as a Freshman and a Sophmore. Junior year I moved down to Fishers, Indiana to play for a team I knew would be able to help my pursue my career even further. My senior year, I moved to Lincoln Nebraska to play in the best junior league in the United States. I knew in my heart I couldn't pass up this opportunity, so I pursued it. It has been a crazy experience so far living with different families that at first were complete strangers to me. I would never go back and do anything differently because these have honestly been the best years of my life.



STORY BY: NATHAN ZAJAC, submitted photo.



Ashlyn Plants Tyler Platusic Kevin Plenus Andrew Pluskis Austin Polak Joellyn Polaski

Raymond Pollalis Taryn Pollert Tiffany Polyak Jennifer Popiela Madelyn Potucek Nicholas Poulos

Breanna Powers Ryan Powers McKaya Pozzi Austin Praski Antonio Presta Alayna Prisby

Tabitha Prowse Dillon Pryszcz Michael Pryszcz **Brittany Rabatine** Samuel Radjenovich Christi Raichle





























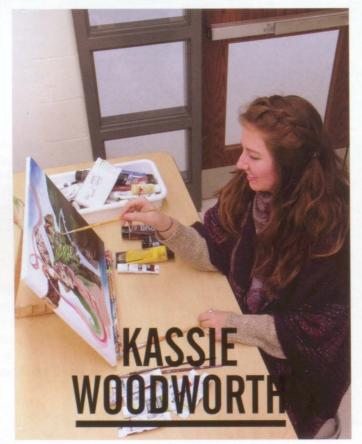












ith all of the stress that comes with being a senior, Kassie Woodworth (12) finds solace in her artwork. Woodworth has been interested in art since she could hold a pencil, and she plans on continuing her work in her future.

U: How did you first become interested in art?

A: Ever since I was little, my mom always kind of did art. [She did] not really draw, but she was always creative. I was always creative, and I learned about the AP program. I was suggested, kind of nominated, to do it so I got into that.

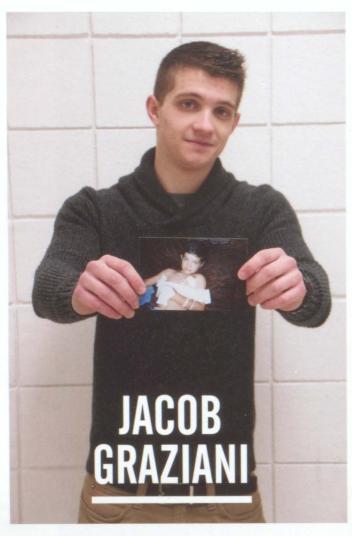
Q: Do you plan on pursuing art in the future? What brought you to this conclusion?

A: I plan on double-majoring at IUPUI in art and forensic science because I'm not going to be a starving artist. I'm not going to do just art. I wanted to do something else, and I took the [Forensic Science] class here last year, and I was really interested in that.

U: What type of projects are you interested outside of the classroom? A: I actually just did this project with burning a canvas and stitching it back together. Out of school, I kind of experiment with things and not only just paintings. I do a lot in my sketchbook. I cut layers and layers of the sketchbook to where, when you close the sketchbook and you open the first page, it's a picture but everything's cut out.

STORY AND PHOTO BY: NOELLE MCBRIDE





lenty of people at Lake Central believe that they have "heart." Jacob Graziani (12), however, brings a whole new meaning to the phrase. When he was young, he had surgery to implant a pacemaker into his heart.

gery to implant a pacemaker into his heart. **Q:** How old were you when you had the surgery?

A: I was six. Water triggered [the issue] for me, like swimming in cold water. I had Long Q.T., which is a type of irregular heart rhythm, so caused by the water, it would trigger the irregular heart rhythm.

Q: What kinds of symptoms do you remember having?

A: At the time I didn't know [I was having symptoms at all.] I was just a kid playing in the water. I would just start seeing lights and would pass out. I wouldn't even notice [I was having problems.] I would wake up after the fact like nothing even happened [while] my parents would be freaking out.

Q: How does having a pacemaker affect you now?

A: Some of the things are that magnets trigger it. I can't be around strong magnets or weak magnets. You're not supposed to hold a phone near it, or like when you go into stores and they have the beepers, you're not supposed to stand near those. When I go through customs [at the airport,] I can't go through the metal detector. I have to get the pat-down.

Q: Do you think there are any misconceptions about having heart surgery or having a pacemaker?

A: Some people think that [pacemakers] are for older people or like people who are close to death, which I mean I was [before I got it.] I mean, I'm pretty far from that now. I'm not going to a retirement home anytime soon.

STORY AND PHOTO BY: CATHRYN CEARING

Joseph Schneider Madison Schroeder Collin Schuler Kiera Schultz Nicholas Schulz Ryan Schulz

Brandon Scott
Jeffery Scott
Jessica Sellers
Kaitlin Sheets
Sherry Shibu
Kylie Shoemake

Morgan Shoemaker Scott Sievert Jazmyn Sills Shane Smelser Courtney Smith Darian Smith



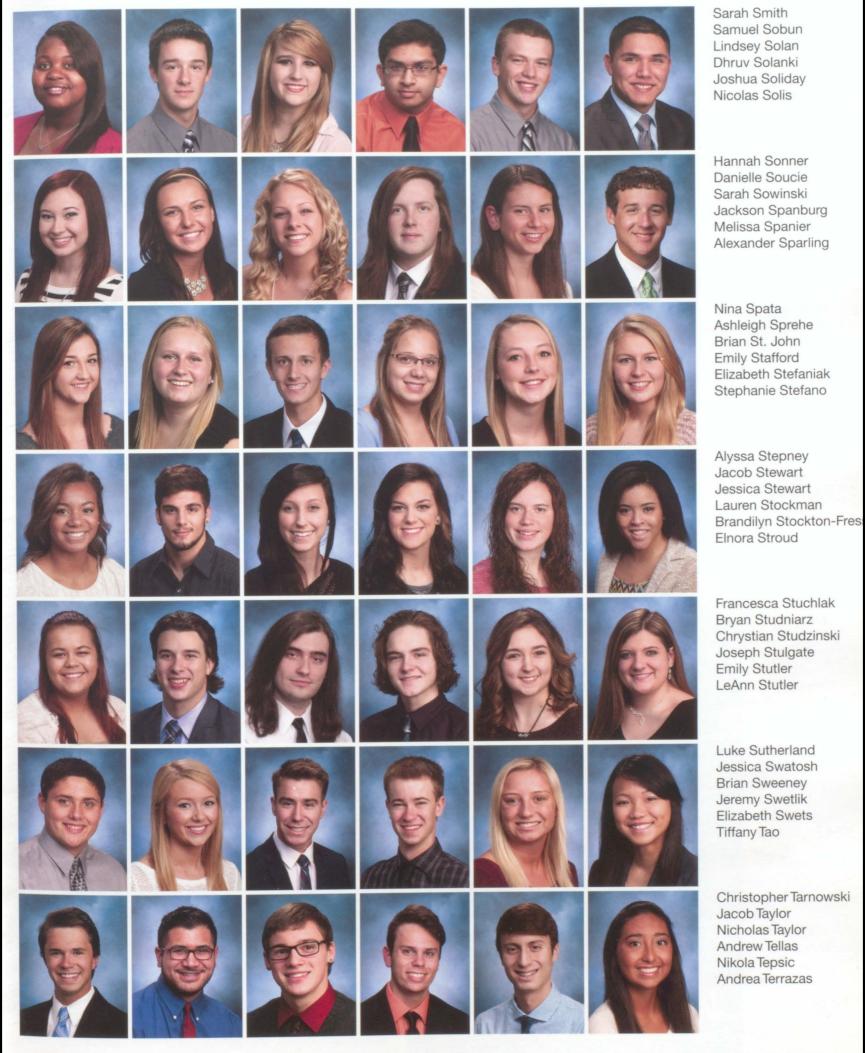










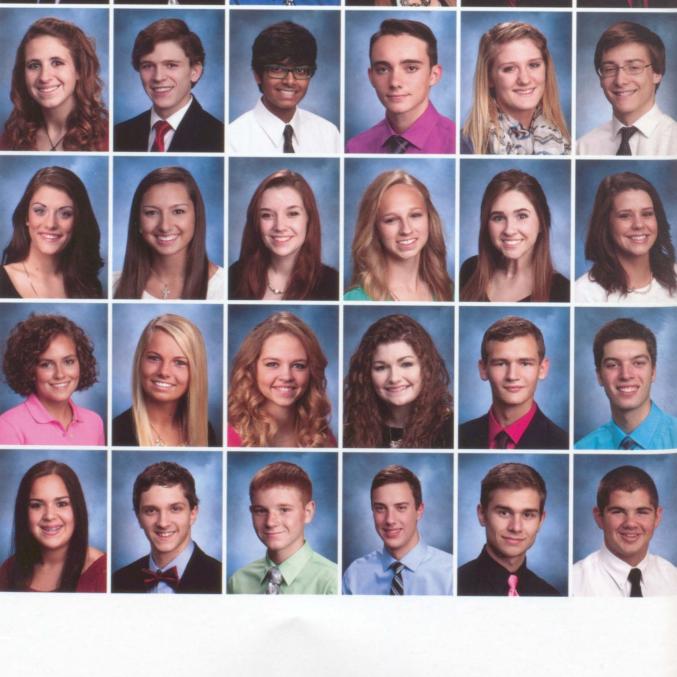


Joseph Testa Michael Tiller Nicholas Tocci Erin Todd **Daniel Torres** Kaleb Toweson Raygen Travis TaShara Travis Sara Trembozynski Hannah Triveline Sarah Triveline Branden Truver Kazimierz Trybunia Andrew Van Denburgh Bryan Vanderlee Allyson Vanek Jesse Veloz Evan Vendl Emalie Vernengo Jacob Vervlied Surya Vezhavendan Kyle Vlcek Krista Vos Andrew Voss

Jessica Vrbanoff Michaela Vuckovic Emma Waddell **Emily Wagenaar** Alayna Wallace Gabrielle Wallington

Kathryn Walsh Andi Wartman Michelle Weber Schyler Weiss Joshua Weissbeck Ryan Wells

Erin West Kyle West Collin Westerman Nicholas Widlowski Ryan Wiebe Joseph Wiechart















Etura Williams Samuel Willis Sandra Willoughby Rachel Willy Jillian Wilschke Jamiere Wilson













Jarea Wilson Lauryn Winarski Amber Winborn Karl Wing Elayne Wisniewski Anthony Wojcik



















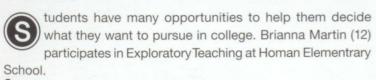








Eustina Zakher Vincent Zamora Amanda Zendzian Tara Zlotkowski Mia Zubeck Candace Zummak



Q: What made you choose to participate in exploratory teaching?

A: I was undecided in my major for college and my counselor, Ms. [Melissa] St. Clair, told me that she thought I was really good with kids and thought teaching would be a good option for me so she recommended this program.

Q: Do you enjoy your time during exploratory teaching?

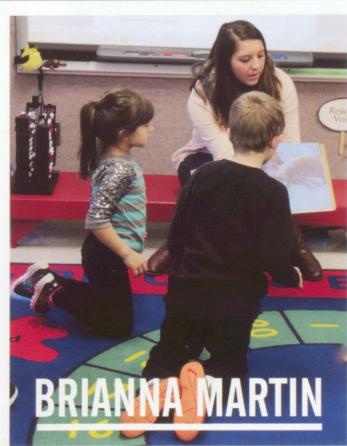
A: I love it. There is definitely many different personalities for being in kindergarten. You would think it is easy, but there actually is more to it than just playing games all day. There is a lot of learning for myself from kids and teaching them as well.

Q: What's the best part about being a part of this program?

A: My favorite thing is that I get to spend my whole day with the kids. Whatever I do with college and the rest of my life, I would like to be surrounded by kids. It might just be because I consider myself a big kid.

U: Now that you have had this experience, do you plan to pursue teaching in college?

A: As much as I like it here I would say that I am still undecided just because there are a lot of things that I want to have my options open for. Education was my second option after applying undecided everywhere.



AUSTIN PRASKI



Thank you for the wonderful memories you have given us. We are very proud of you and your accomplishments! Love you more each day! Dad, Mom and Trenton

MARIA BUSHEY



to our wonderful daughter. We are so proud of you. Always love life, work hard, follow your dreams and enjoy the journey. We love you to the moon and back. Mom and Dad





RYAN BERTOSSI

Ryan, you are and have become an amazing person, as demonstrated through your perseverance, compassion, dedication and independence. We have no doubt that your journey through IUB will exceed your dreams and expectations. We are over the top proud of you! Love.

Mom and Dad Sorry about the dog

KYLIE SHOEMAKE



don't let anything hold you back! You have an exciting future ahead of you! We are so proud of you and all vour accomplishments! Good luck at Valpo! Love, Mom. Dad and Hannah

BRADY EXTIN



I am so proud of you, Brady! You amaze me every day! Remember to always give 100% in all you do, and you will go far in life. Love you! Love.



Taylor, we cannot be more proud of you. You have had a plan for your life and never faltered. As you continue your journey through college (GO PURDUE) just know that we will always and forever be here to support you. Stay the strong princess you are.

Our beautiful daughter

Love always, Mom, Dad and Nicole

TAYLOR DOETTERL

FRANCESCA STUCHLAK



I are very proud of you. Your smile and ability to make us laugh is a blessing. You have worked hard and now you have to take your next big step. There will always be obstacles, road blocks and detours in your way. It is how you handle those situations that makes you the person you will become. Never give up fighting for what you believe in. We both love you very much and want the best for you.

Francesca, your father and

ANTHONY AND Love Mom and Dad

JACOB STEWART



guy, but are SO proud of who YOU have become. Congratulations on this milestone in your life. Follow your dreams! Love you, Mom, Dad, Alyssa and Oreo

JACOB GARZA



Proud of you my Lil Monkey! Love you! Mom



To my first born, my double bundle of Joy. We are proud of all you have achieved. Follow your dreams toward accomplishing the goals you have set. May God continue to bless you and direct your path. We love you dearly, Mom and Dad

ALYSSA CARDINAL



You have truely been a blessing in my life. I am proud of you everyday. Love, Mom. I am very proud of you. Looking forward to vour future achievements. Love, Dad.

MADISON SCHROEDER





It's hard to believe you are graduating high school... when it feels like just yesterday we were bringing you home from the hospital. We are so proud of the young woman you've become and can't wait to see what the next chapter in your life will bring. The moment you entered the world was the moment we began to realize our role here, for although we may hold many titles, none trump that of "parent." Thank you for the great ride Madison, you are truly an incredible person who is bound

for further greatness... We thank God for you everyday.





Kyle,
Wow senior year. You
have grown up right
before our eyes from a
wild, crazy little boy to
the most caring, funny,
loving man. Follow your
dreams and reach for
the stars. We love you
to the moon and back.
Love Always,
Mom, Al, Kayla and
Kaitlyn

KYLE MATHEWS





be a great success at Ball State! Your future's so bright, you gotta wear shades! Keep smiling, enjoy the ride and don't forget to pack your sippy cup! Love.

You'll always be our cool,

blue-eyed baby girl! We're

very proud of all your hard

work and we know you'll

Mom, Dad, Corinne, and Max (Woof!)

JILLIAN WILSCHKE

TIFFANY POLYAK







Tiffany, There has been nothing better than watching you grow from a beautiful child to a beautiful young woman. We are excited to see where your path leads you. We love you very much!

Mom and Dad





Brittany, it seems like yesterday that we were blessed with you. You have a kind and generous heart. You have a bright future ahead of you. Keep your sense of wonder and never forget who you are. Stay true to your heart. Love, Mom and Dad

BRITTANY RABATINE





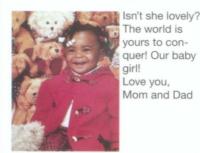
Kelly,
How quickly our beautiful has baby grown to be such an amazing young woman. We truly admire your focus and drive in all you do, and know you can do anything you set your mind to. Always know how much we love you and are so proud of you. Above all, stay happy and be true to yourself.
Love, Mom and Dad

KATELYN **FLANAGAN**



Katelyn, I am so very proud of you. You are a beautiful young woman and have accomplished so much, yet so much more awaits! I love you. Mom

KAYLA HILL



The world is vours to conquer! Our baby Love you, Mom and Dad

We are so proud of the beautiful young woman you have become. Your achievements continue to amaze us. We wish you an abundance of love, happiness and success in whatever the future holds. Continue to reach for the stars!

Dad, Mom, Lauren and Mia



GINA DININO

Congratulations Christi! We could not be more proud of the beautiful young woman you have become. As you begin the next chapter of your life, remember the sky is the limit! Always follow your heart and reach for the stars! We love you beyond words. Love, Mom and Dad



CHRISTI RAICHLE





Your energy, free spirit and sense of humor make you a special person and a wonderful son and brother. Stay true to your faith, do your best. Success and happiness will be your reward.

You are an amazing young

man who has made us so

proud in many ways.

We love you very much! Mom, Dad and Luke

QUINN PAPROCKI

MEGAN KROL



Megan, it wasn't too long ago you were excited to start school and now you are graduating. We are so proud of you always giving 100% in academics and athletics. We have thoroughly enjoyed watching you all these years as you have excelled in whatever you put your mind to. As you move forward into the next phase of your life, always be confident and determined and you will achieve great success and happiness. We wish you the best of life, Meg, and love you with all our hearts. Mom and Dad



MORGAN SHOEMAKER



We wish you the best of luck as you say goodbye to LC and hello to IU... Enjoy every memorable moment! With love and pride, Mom, Dad & Bri

RAYMOND **POLLALIS**



Raymond, May you achieve all of your dreams. We are are proud of you. Love, Mom and Dad





Joseph, we're so very proud of the young man you have become and everything that you have accomplished in your four years at Lake Central. Good

Luck in college even though WE KNOW you will be successful in whatever

Love you Forever... Mom, Dad, Andrew, Carley and Bella.

JOSEPH JANSKY

DEVONTE BROOKS









Congratulations. A good attitude and positive thinking will help you achieve your future goals. Continue working hard and success will find you. May your graduation from school be the beginning of a bright future. Love, Mom and Manuel





MARITZA CASTANEDA

We are so proud of the smart young lady you have become. You always strive for perfection in all you do. We have no doubt that you'll be successful in whatever you choose to pursue. Enjoy your college experience and create your own special memories! We Love YOU! Mom and Dad





EMILY BUSTAMANTE

Emily, we are so proud to call you our daughter. You have amazed us over the last 17 years and continue to amaze us every day with your confidence, strength and determination. You truly are a beautiful person inside and out. We look forward to watching your success at IU and everything thereafter. Love, Mom, Dad and the kids.

JENNIFER MOHAMED









Jennifer,
We were so excited to
welcome our baby girl
into our lives 18 years
ago. It seems like only
yesterday we carried
you around while
waiting tables at our
restaurant. Now you

are an independent young woman about to start a new adventure. We are so proud of all your hard work and your dedication to school. We know you will do just as well in college and beyond. Remember to take the time to enjoy your youth and have fun while you pursue your goals. Chúc con thanh công va hanh phúc. Congratulations from your family!





HANNAH GIESE

Hannah, it has been an absolute joy to watch you grow into such a sweet and caring young lady. You have a bright future ahead of you, so do what you love and follow your dreams. Remember, time passes quickly, so live life to the fullest, be smart and enjoy each moment. We are so proud of you and love you so much! Mom, Dad and Rachel





ERIN DOSEN

Our Erin! How time has flown!! We can't say enough about how much you've grown these past four years or how much we're going to miss you. Never be scared to take a leap of faith and follow your heart. You deserve all the world has to offer! Mom, Dad and Ryan



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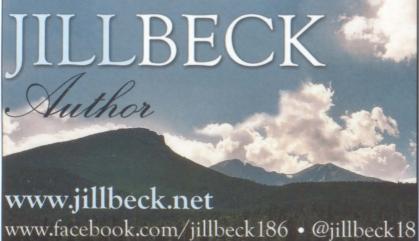
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DELANEY FAGAN



Delaney, We are all so proud of you as you finish this chapter in your life! So many wonderful new things await you! You are going to do amazing things!

MATTHEW DJORDJEVICH



Matthew (Peanut), We are so proud of you! You have grown into such a wonderful young man. Make all of your dreams come true. Love You, Dad and Mom



Meeshe, the world became a better place the moment you were born...And since then, you've made each day better than the last. You've brought so much joy into our lives and we can never express how proud we are and how much we love you. Mom and Dad

MICHELLE WEBER

BREANNA POWERS



Congratulations
Breanna! We are
so proud of the
smart, beautiful
and loving young
lady you have
become. You
have had music
in your heart from
the very beginning, and we

have enjoyed every one of your performances. Always follow your dreams! We love you, Mom and Dad

LINDSEY SOLAN



Linny,
Do not go
where the path
may lead you,
go instead
where there is
no path
and leave a
trail...
All our Love,
Mom and Dad



Congratulations Aspyn! We could not be more proud of the young woman you've become. You are such a beautiful person inside and out. Continue to work hard, believe in yourself and follow your dreams! We are all so excited for your future at the University of Dayton! We love you!

ASPYN NOVAK

ALAYNA WALLACE



Alama

Alayna,
Keep your face always toward the sunshine—and shadows will fall behind you.
--Walt Whitman



What an incredible journey these 18 years have been! We are proud of you for your many accomplishments but mostly for the beautiful, smart, caring young woman you have grown up to be. Now you are poised to begin your next chapter at IU, where so many excellent adventures and life-changing experiences await you. May God bless you with sunny days and the courage to believe in yourself and live abundantly. We love you so much!

AUTUMN Dransoff



As you head out on your next big adventure, may your future continue to be bright, and may your life continue to be full of loving friends. We are so proud of you. Good luck and God bless in the future.

Love Mom, Dad and Ashlynne

KAYLA HARRIS



So proud of the young woman you have become. May all your dreams come true, and even the ones you didn't dream. Aim high never give up!! Love, Mom & Morgan

KAITLYN FASSOTH



Kaitlyn, we are so proud of all you've accomplished! We know you'll be AWESOME at everything you do and we LOVE YOU LOTS!!!!! Good luck, Kaitster!!!!!!!!! --Dad, Mom, Alyssa

JUSTIN & LUIS CORTEZ



Justin & Louie, we are so proud of you. We love you! Mom and Dad

JOSEPH HOLMAN





Joey-How quickly the last 18 years have gone by. From the moment of your birth, life has often been challenging, but you have persevered and made this day a reality. Congratulations on your graduation! Enjoy this happy time in your life. You have grown into an amazing young man! We are so proud of you and look forward as the next chapter in your life unfolds. We will always be here for you. Aim high and follow your dreams! Love Mom and Dad





Where have the years gone? You are quite the young lady. Stay focused in college and keep up the good work. I'm proud of you. Love, Dad

ELIZABETH STEFANIAK





My dear Lexi, we are so proud of the wonderful young lady you are today! You are so dedicated and hardworking in all you do! Keep up the good work, and you will succeed in all you do!

Love Dad, Mom, Ashley and Alleigh

ALEXIS HERNANDEZ

JOREY DIMOPOULOS







You are a wonderful son! We're so proud of the intelligent, hardworking, loving and handsome young man you've become. From a shy little boy to a fierce competitor... from your academic success to being a great athlete, you have always exceeded our expectations. You have the biggest heart of anyone we know. As long as you remain that way, great things

will happen! We know that anything you set your mind to, you will succeed. Good luck at college "J." Thank you for all the wonderful memories. We will always be proud of you!

Love you, Mom, Dad and Jenna





Congratulation Sianek!

Before you were born we dreamed about who you would become. You have turned out even better than our greatest dreams! We love you very much! Mom & Dad

CHRYSTIAN STUDZINSKI





Words cannot express the joy that you have brought to my life and the lives of so many others. Alexis, I am so proud of you and the young lady that you are becoming. I am so excited to see what other amazing things you will accomplish!

ALEXIS MARTINEZ

VICTOR BOLIVAR



Victor, I just want to say thank you for tickling my soul and filling my heart with love. You're the first best thing that's happened to me. You're my SUN!

Your first love, Mom

SAMUEL WILLIS



gratulations.
We know you'll
make better
choices and
choose the right
path. You have
a chance for a
great future.
We love you,
Mom, Tom, Zoe
and Kylie



Elayne, you are an amazing young lady and we are so PROUD to say you're our daughter! You've already achieved things most people will never do in a lifetime, and we look forward to the next chapter in your life. We love you more than you'll ever know! Mom and Dad

ELAYNE WISNIEWSKI

ZACHARY RETSKE



We're proud of the caring, funny and loving young man you have become. Good luck with everything you do. We love you. Mom, Alan, Allison, Alyssa and Katherine

CAROLYN ANDREWS



You got turnt before it was cool. So very proud of you! Love you very much.



August 19, 1997, is the day you changed my life. You entered this world and made me a mommy. You are such a gifted, talented, smart, caring and funny young lady. I remember this chubby face as if it were yesterday.

Love, Mom and Dad

JAREA WILSON



We are very proud of the determination and commitment you've put into successfully graduating high school. Love Mom and Dad. "Trust in the Lord with all your heart and lean not on your own understamding: in all your ways acknowledge Him, and He will make your paths straight." Proverbs 3:5-6

KRISTEN KAISER



The years go by so quickly. My beautiful little girl is all grown up and on her way out into the world.

I love you always, Mom

LAINAUTICA MCCOY



You go, girl. I'm extremely proud of you. You can be anything you want. Just have faith. I love you with every breath in me. You go, girl. Love, Mommy

YUNUEN LOPEZ





Kurtis~ I thank God I'm your mom. It's been great watching you grow up - from a baby going out to breakfast with Meme and I, to seeing you fly over the bar in pole vaulting. As always - have fun, be safe, do your best!!

Love~ Mom, Dad, Ericka, Alyssa and Jake

KURTIS MARKIEWICZ

MCKAYA POZZI



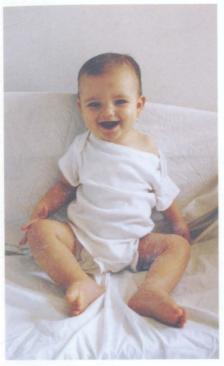
Can't wait to see what's on the horizon for you. The world is yours. Enjoy it! Love you McKaya Callie Pozzi. Mom, Dad and

NICOLE BATRES



been amazing watching you grow from a shy little girl into a very compassion ate and determined young lady. We are very proud of you and hope all your

dreams come true. Love, Mom and Dad







C.E.O. Chase Everett Owczarzak, thank you for sharing your love of life and that GREAT smile with us for the last 18 years. We love you! Love, Mom, Dad, Marlo and Ingrid

CHASE OWCZARZAK

HANNAH BRYNER









Hannah, WOW. Last year you were a sophomore, and now you are putting on the cap and gown! It seems like it was just yesterday God blessed us with you. We are so proud of you!! We love your energy, your enthusiasm, your creativity and your sense of humor. You add so much flare and joy to our family. We know you will do remarkable things in life. Remember when life gets crazy to take one thing at a time and BREATHE! We love you dearly...Look out world, here comes our beautiful Hannah! Love, Mom and Dad





Tyler, we are so proud of you! We could not have asked for a better son than you! You have such a caring heart and amazing personality! Have no regrets in life. Stay true to yourself and you will go far! We love you, Mom and Dad

TYLER PLATUSIC





Cathryn, we are so proud of the beautiful and intelligent young woman you have become. College will be such an exciting time for you, but we will miss you so much! Reach for the stars, darling Cat, they are all within your reach!

Love you always, Mom and Dad

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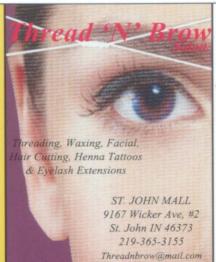
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KRISTEN KAISER







Our beautiful "Granddaughter" Kristen, there are not enough words to tell you how very special you are to us and how very proud we are of all you have accomplished. When you were born the pride we felt embraced our hearts with more love than you can imagine. Through the years you have brought so much

love, fun, and happiness to all of our lives that it is unimaginable to think that you are no longer that spunky little girl in grade school, but yet a young lady getting ready to embark on her futurwork around it. They say beautiful girl.

Love, Grandma & Grandpa

ANDRES RAMIREZ





God had blessed us with a wonderful son/brother like you. You have given us so many reasons to be proud of the young man that you have become. Take pride if



how far you have come, and have faith in how for you will go. It's har to believe that you will be off starting your new journey in college. Best of luck in all your studies. You are good to people, always stay that way. Congratulations on all your achievements, you've earned them! We will forever and always be there for you. We love you more than you can possibly ever know. Love, Mom & Dad & Suzy

ERIN NAVARRO







My favorite redhead, You have been a surprise and wonder since the day you were born. I think back to my sweet, curly-haired baby girl and see you now as the amazing, young woman you have become. I can only feel how blessed I am to have you as my daughter. You

carry with you so many of Dad's traits: his compassion, kindness and unconventional outlook of life. The strength and determination to make your own path, to lead and not follow, will bring you the success you desire. I love you and am so proud to be your mom!





Tara,
You have been our pride
and joy since you were
born. There has never been
a dull moment with you,
and you have been a source
of excitement in our lives
since the day we brought
you home. Now we could
not be any more proud of
the beautiful young lady you
have become. You know

your Mom & Dad will always be here for you. We wish you the absolute best in college.

Love you baby girl ~ Mom, Dad & Julia

TARA ZLOTKOWSKI





Congratulations Jake! We are so proud of you and your success in high school. We cannot wait to see what your future holds but have no doubt you will accomplish great things. We love you!

We love you! Dad, Mom and Mitch-

JACOB JOHNSTON





CONGRATULATIONS
SARAH! We are so proud
of you and can't wait to see
what you accomplish in this
next stage of your life. You
have grown up to be such
a beautiful, loving, talented
young woman. Believe you
can do anything you set
your mind to and never give
up on your dreams. We are
here to love and support

you every step of the way. Love, Mom, Dad, Sam, Sawyer, Simon, Scott, Summer, Sullivan and Sheri

MADELINE CONLEY

Congratulations Madeline! Your family is so very proud of the poised, confident and successful young woman you've become. As you take this next step on life's journey, know you possess every quality and ability necessary to achieve any goal you set. Love,

Mom and Dad

SARAH GRIMLER





Dearest Gurleen,
We will always see you as
the little girl who could not
put together "it is snowing" into words. You have
become such a creative,
beautiful young lady. We
wish you all the best in life.
Always listen to your heart,
try your best, and follow
your dreams. We will always
support you. You are truly a

blessing who brought happiness into our world. Words cannot express how much we love you. Congratulations!

With lots of love, Dad, Mom and Ami

GURLEEN KHATRA





LIZ,
We are so proud of
you and everything you
have accomplished!
Best of luck on all your
future endeavors. You
have a bright future
ahead of you and we
will always be there to
support you through it.
Love Dad, Mom and
Ashley

ELIZABETH SWETS

DANIELLE MORANG



be our baby girl! Love, Mom and Dad Our time at Lake Central is finished! It seems it went by fastest with you! You have made us both so proud with all you have accomplished! You will always

NICHOLAS KIEPURA



Nick, words cannot express the joy you bring to our lives. You have made parenting a breeze. We cannot be more proud of the incredible and caring person you have become. Love you,

Mom, Dad, Zak and Reggie



JimmyCongratulations as you
graduate! It has been a
sincere pleasure watching
you grow into the wonderful
young man that you have
become. We wish you all
of the best as you begin
the next exciting chapter of
your life in college.
Love, Mom and Dad

JAMES LAFAKIS

GRANT BRADTKE



Congratulations, you made it!! Wishing you the best of luck in college and a wonderful journey as you move through life. Love, Mom, Dad and Trevor

NIKOLAS BEUSHAUSEN



Nikolas, We are so proud of you and love you beyond words. You have the whole world ahead of you. Remember your attitude determines your altitude. We love you forever, mom and dad



We are so proud of the lovely young woman you have become. You have given us so much joy throughout these years, and we are so proud of everything you have accomplished. Enjoy this next phase of your life. We know you will be successfull

Mom and Dad

GINA RUBINO

NOELLE MATASOVSKY











Noelle,

Congratulations, we are so proud of you! We can't believe that your high school years are almost over, and you are moving on to college. It seems as if you were so young and little just yesterday. Our house is going to be very quiet soon, and we will be missing you. We admire your hard work, dedication and desire to learn new things even if the going is rough. Your ability to look for the positive side of things will serve you well. Remember to always smile, laugh at the silly things and question the unbelievable. Words can't capture how excited we are for you to venture out into the world and begin to make your mark. We are looking forward to seeing what the future has to offer you. We are your biggest cheerleaders! We love you so very much!!

Dad, Mom and Camille

Oh, we almost forgot to remind you: Make good choices!

TARAH HAMBY



Tarah,
You have made us very
proud over the past 18 years!
We recognized your ambition
early on... You started talking
at 6 months... Then started
walking (or running) at eight
months. We always knew
you'd be focused and goaloriented. As you embark on
this next chapter of your life,
we know you'll tackle it with
the same fervent passion.
We wish you happiness in all
that you do.
Love, Mom and Dad









ASHLEY O'MALLEY

Ashley, we are so blessed to have you in our lives. You bring joy, laughter and pride to us. We admire your drive and competitive nature on and off the court. You have worked so hard, and we are so proud of you. May all your dreams come true because you deserve success and happiness. Love always, Mom and Dad.





You are the best son any mother can wish for, from never having been late to school and only missing two days since grade school to being there after all my chemo treatments! I can only hope your life after high school is as amazing as you.

Love you, Mom and Dad!

ERIC VARGAS

NICOLE PELC



Wherever your journey leads,
May you make good choices,
Be kind, fair and compassionate.
May you be respectful, humble
and grateful,
Offer patience, kindness and
empathy to others.
Be persistent. Make a difference.
It is our hope that you find peace,
happiness and love.
And at the end of your journey,
may you have no regrets.

You truly are one of a kind. A blessing. A gift.
We are proud to call you daughter.
We love you. <3
Mom & Dad





We are so proud of you. You have grown up to be such a beautiful young lady. Your smile lights up the room, and you have a big heart. Follow your dreams, and you will go far. We love you! Love, Mom, Dad, Tyler, Laura, Sean and Colton

MARGARET DELIS





Gabby,
We have been lucky
enough to watch you
grow into a beautiful
young woman. You are
such an important part of
our lives. We are incredibly proud to be your
parents. Our wish for you
is happiness throughout
your lifetime.
We love you more!

GABRIELLE GOMEZ

Mom, Dad and Nanny



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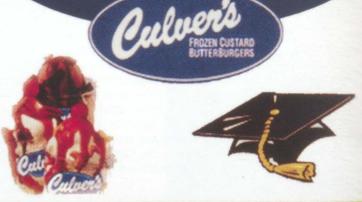
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NICHOLAS BARRERA



I am so proud of the young man that you are. Always think big and follow your dreams. Make vour mark on the world! My love always, Mom

JOCELYN BATHURST



Jocelyn. am so proud of you and what you have accomplished in the last 18 years! Best of luck at Fox College and your future! Love, Mom, Jessica. and Jordan



It is unbelievable to think that you are graduating. You've become an intelligent and loving daughter. As you graduate, we just want you to know how proud you have made us. We know you will continue to grow as you head on to college. Love, Mom, Dad, Michael

and Zack

ANDREA ABRAMOWICZ

ERIC KAMINSKY



remarkable young man with a bright future. Congratulations on all your accomplishments. Enjoy the journey and don't lose sight of your dreams.

Mom, Dad and Jessica

MELISSA SPANIER



watched you grow from an adorable baby to a beautiful young woman. We are so proud of you. We love you very much! Love, Mom,

Dad, Matt. Amanda



We are so proud of the wonderful young man you have become. We know you will excel in college as you did in high school and are looking forward to the great things you will accomplish in the future! Love.

Mom, Dad & Tony

JOSEPH SCHNEIDER

HAILEY MUELLER





Congratulations Hailey! We are extremely proud of the beautiful, intelligent and determined young woman you have grown to become. Whatever your future holds, we know you will be successful. Believe in yourself, follow your dreams, and enjoy all that life has to offer. May your life be filled with much love, happiness, and success!

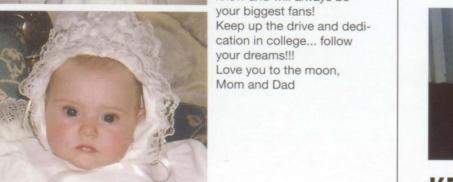
We love you more than you know and will always be your biggest fans!





Nicholas, Our Amazing, Remarkable Son, As you start your new journey in life, we want you to know that our love will forever be by your side. You're the pride, joy, and memory maker in our lives. You're loving, giving, forgiving, and priceless with your heart of gold. We love you! Mom and Dad

NICHOLAS BIEGEL







KRISTA MAGURANY

Wow, the moment is finally here and we couldn't be more proud of you! You are truly the biggest blessing in our lives. Remember to always stay true to yourself and the rest is in God's hands. We love you to the moon! Stay golden!

Love always, your family

BRIANNA MARTIN



Congratulations on finishing this chapter in your life! We are so proud of you. You are a bright, compassionate young lady, and we have no doubt that you will accomplish great things. May your dreams be big and your worries be small.

We Love You!

Mom, Jerry and Marley









Good Luck Brooke. We are all proud of you. You are going to do great things!!! Love, Mom, Dad, Eric and Blake

BROOKE NEYHART





"Some people want it to happen, some wish it would happen, others make it happen." ~Michael Jordan Nick,

We are so proud of the young man that you have become. Always remain that kind, loyal, compassionate and honest person that we are blessed to know

and love. We are confident that whatever you want in life, YOU WILL make happen. Congratulations!

All our love,

Dad, Mom and Mya

NICHOLAS POULOS







Love, Mom, Dad and Nicole

Jack,
Seems like yesterday we were signing
you up for pre-school. Now we're celebrating your high school graduation. We
are very proud of the young man you've

As you travel this rocky road, follow your heart. Never be afraid to make a mistake because even the best fall down sometimes. Love, Laugh, Live. See the good in others as well as in yourself. Work hard. Shoot for the moon. Spread your wings and fly. This is our wish for you. Never forget we've got your back and that you have our love and support.





The transition from schoolgirl to young adult is both exciting and frightening. I know you can't wait to spread your wings and fly and sweetheart --- you will soar! Laura, you possess intelligence, creativity, ambition and compassion. You own the ability to create a

spectacular life for yourself. Keep believing in that and know you have a loving family who will always be there to support you. Love you, Mom and Regina

LAURA LEVANDER





Congratulations! It has been an honor to watch you grow into the beautiful young woman you are today. Your hard work and dedication are beyond impressive. Continue to strive for the very best. May your future have as much joy as you have given us. We are so incred-

ibly proud of you and look forward to watching you reach your goals and

ANDREA KOWALEWICZ

MARISSA GRANTHAM







Marissa, we are so proud of you! You have learned a good balance between working hard, playing hard and studying hard. Keep it up and that law degree will be yours. Remember, while the world truly does revolve around you right now, you must always think of others first and consider the consequences of your decisions. Choose your words carefully and stand up for what you believe in. Be a leader, not a follower. We all love you and are always here for you. Love. Mom, Dad, Brittany, Jackie, Jeff and baby Michael





Joey, this time has really gone by like the blink of an eye. Little did we know that our little bundle of joy would turn into an AMAZ-ING grown man so quickly. We are blessed to have such an intelligent, strongwilled, witty and charming son.
With Love,
Mom and Dad

JOSEPH CINKO





Dear Ronny,
We are so very proud of
the young man you have
grown to be. You warm our
hearts with your beautiful
smile. You are adventurous
and fun-loving and rarely
give us a dull moment in
your life! Smile and be
happy!
Love and hugs,
Mom and Dad

RONALD LEE

TIMOTHY GIAZZON







May all your dreams come true. Love, Mom, Dad & Anthony

Timothy, you have grown from a toddler taking your first steps and saying your first words to a preschooler writing your first words and making new friends to a teenager that has accomplished so much. You are not only a talented musician but an outstanding scholar, and we are proud of all your accomplishments. We wish you the best in your future and love you always.

RICARDO SALGADO



Ricky
Congrats! We
love you! We are
so proud of you!
You achieved an
important step
in your life. We
will support you
toward your success.
Mom, Dad,
Sandra, Michelle

ELIZABETH STEFANIAK



Congratulations,
Bethie-Boo! I'm so proud of all you've accomplished thus

far. You're a very intelligent, fun-loving person. It's been a joy to watch you grow into such a beautiful, young woman. I know you will be successful in whatever path you choose in life. I love you!





We could not be more proud of the fine young man you have become. You have so much to offer the world. We know that whatever you set your mind to, you will accomplish. We have been and will always be your biggest fans. Love, Mom, Dad, Corey and

COLLIN WESTERMAN

LORENZO CHILDS







Davon, We are so proud of the wonderful young man you have become! What a blessing you have been to our lives and the missing puzzle piece to complete our family. We love you more than anything and know that you will continue to find your way and be successful in all that you do!

With love to the moon and back. Uncle Jeff, Aunt Gena, Malaysia and Lailah

Jeremiah 29:11 - For I know the

plans I have for you declares the Lord, plans to prosper you and not to harm you, plans to give you hope and a future.





MORGAN KELLY

We are so very proud of you! Eighteen years ago we were blessed with our second beautiful daughter! We can't believe how fast time has gone by. You have grown into a beautiful, sweet fashionista! As you enter the next stage of your life we hope you always stay true to yourself and keep up all your hard work! Morgan Taylor, follow your dreams...Sky is the limit!

Dad, Mom, Shauna and Madison



Nicholas -- Cannot believe that you are graduating high school already. Didn't Dad and I just bring you home? We want to take this opportunity to let you know just how proud we are of you, not only academic-wise but as a whole person. You have exceeded our expectations of who you would become and we couldn't be prouder. Also, just wanted to thank you for letting us be your parents. This ride has been a blast and looking forward to the future. Remember you can achieve anything you put your mind to and always reach for the stars. Love you always, Dad and Mom.

NICHOLAS TAYLOR

MELIA GONZALEZ







Dad and I are so proud of you! God has truly blessed us. You are an amazing daughter and sister with such strong values, leadership, compassion, intelligence and generosity. The bond you have with your brother is so special and rare. Always keep that. We love hearing you laugh and acting so silly, dancing and making beautiful choreography, coming home from the gym and making us always feel your muscles, lol. You take so much pride in the things you do. Melia you have an energy that everyone gravitates too. People love you and enjoy your company. You make

people laugh. I believe that your future is so bright and no matter what, you are going to be a very successful person. Always believe in yourself and never give up. "We can do all things through Christ who strengthens us." Dad, Antonio and I will always and forever be here for you. We love you so much. We are looking forward to sharing the next chapter of your life with you. Our reward as parents is looking at you! W.L.Y.M.T.H....

Love Dad, Mom and Antonio xoxoxoxoxo





You are a wonderful daughter! It has been a privilege watching you grow from a baby into the loving, beautiful young lady that you are today. You make us proud every day. We look forward to all the great things you are going to accomplish in college and beyond. Enjoy it all! We wish you a lifetime of love, faith, happiness and success! Love Mom, Dad and Trey xo

TAYLOR JAGIELLA



HANNAH ANDERSON Love, Your family

Hannah We are so proud of the person you have become. As you move in on life's journey, remember these things. Follow God. Experience Nature. Listen as much as you speak. Relax. Laugh often. Work hard. Believe in yourself. Set goals. LOVE with all your heart. Take risks. Embrace your crazy.

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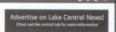


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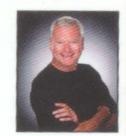




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Nathan and Megan,

Dad and I miss the little ones you were and are very proud of the young adults you have become. Going through the pictures helped us remember all of the great moments as you were growing up. Praying for you both for all of the very best in your future as you graduate from high school and enter a new chapter in your

Lots of Love, Mom and Dad

NATHAN AND MEGAN ZAJAC



This picture reflects how dad and I feel about you growing up so fast. It's time to let you begin your adult life and blossom even more! You will continue to do your best in everything you do... you always have and always will! We adore and cherish

We are extremely proud of the young men you have

Stay true to yourself and continue to be men of character and honor.

I love you forever, I'll like you for always as long as I'm living and even in heaven my babies you'll be. Love Dad.

VERONICA DAVIS



It seems like just yesterday you were graduating from preschool and here you are already a senior. As you continue to write your life's story, always remember to believe, achieve, and challenge yourself; but most importantly continue to stay true to who you are. And your story contin-

Love you forever, Mom, Dad, Brad

NICHOLAS GERLACH

KYLIE RICHARDSON



proud of all vour accomplishments and of the young woman you have become. You are our blessing. Welcome to the next chapter.

We are so

DANIEL AND SAMUEL MATCHAIN

Dad and Stepmom (Mom)

BLAKE NEWELL



pride in how far vou've come Have faith in how far you can go. But don't forget to enjoy the journey - M. Josephson. Love, Mom, Dad, & Tatiana

LINDSAY KUSBEL





Lindsay, We are proud of you and all you have accomplished in your tenure here at LC! You have achieved both academically and athletically, and we could not be happier. You have grown into a beautiful, thoughtful, and loving young woman. We are so excited for you and your future! We are truly grateful for the big sister you have been to Mackenzie. Thank you for all your hard work and we wish you health and happiness as you begin your future. Always pursue your dreams and never fear, cause your lifeguard walks on water. Love, Mom, Dad, and Mackenzie





The best kid a parent could ever ask for! It has been a joy to watch you grow into a beautiful, smart, young lady! We are incredibly proud of you! God has amazing plans for you and you will do great! Have fun in college! Love, Mom and Dad

RAINA ROLAK





You'll leave high school with great memories, and meaning many things to many people. You're a man of "Pure" heart and great character who knows WHO blessed you with your talents. We are very proud of you. Pray hard, play hard, and spread your joy!

Love,

Dad, Mom, and London

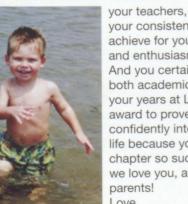
IAN MARTIN

LOGAN LAMBERT





Logan, You've matured into an amazing young man. You're kind, thoughtful, wise and strong, with a quiet determination. You are admired by your friends,



your teachers, and others because of your consistent effort to do your best and achieve for yourself while showing humility and enthusiasm for the success of others. And you certainly have achieved, admirably, both academically and athletically during your years at LC - and you don't need an award to prove it! Keep God first and move confidently into the next chapter of your life because you wrote your high school chapter so successfully. Congratulations, we love you, and we're so proud to be your parents!

Love, Dad & Mom



all of your future endeavors. We love you very much! Mom & Dad

Jennifer,
It is amazing how fast
time goes by. It seems
like it was just yesterday
that you were in preschool. You have grown
into such a beautiful
young lady. We are so
proud of your accomplishments and many
talents. We wish you all
the best in college and

JENNIFER WOJCIK





Jenny,
Time has flown by so
quickly over the years!
We have enjoyed
"cheering" you on at
every event! You have
made us extremely
proud of your many
accomplishments--in
cheerleading and academics alike! Always
believe in yourself and

remain the dynamic, level headed young lady that you have evolved into. Love Always, Mom, Dad, and Kelly

JENNIFER LINDHOLM



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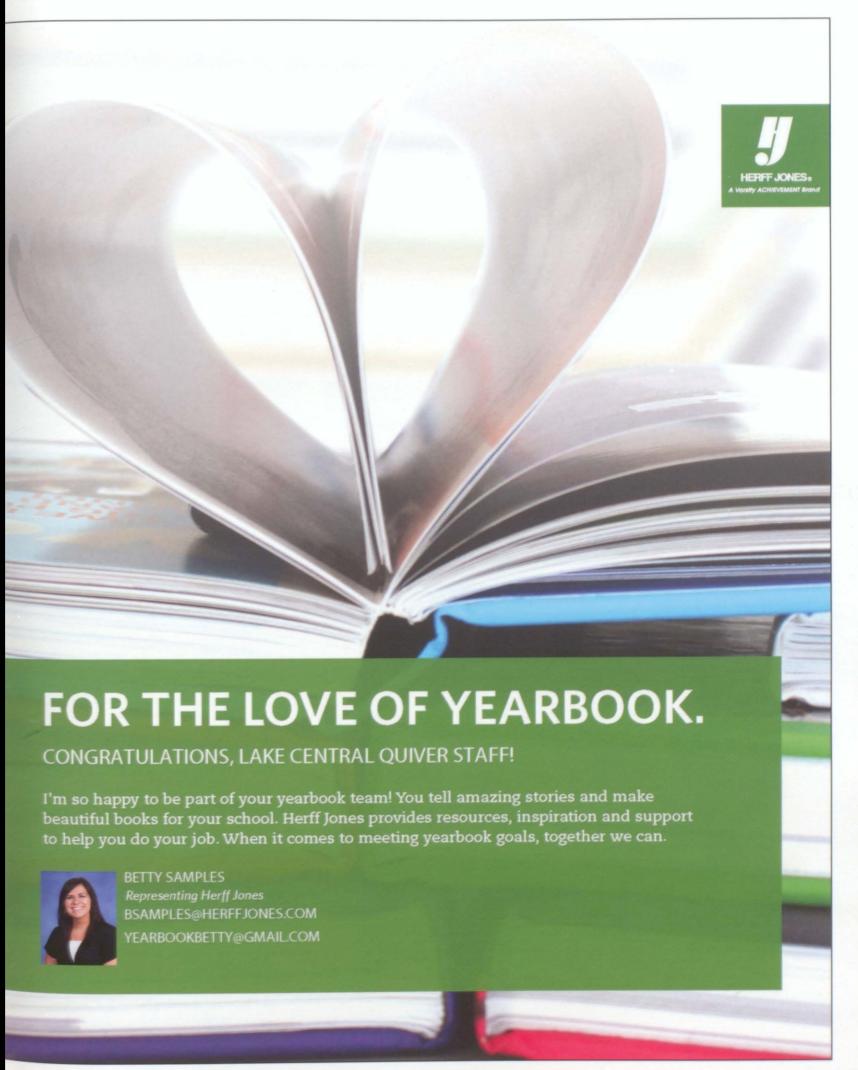
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ELNORA STROUD



Congratulations, Ellie! You have grown up to be an amazing young woman and have such a promising future! We are so proud of you! Love, Mom and Dad

CONNOR KONIECZKA



Connor, we're very proud of you and what you've accomplished as you end your high school journey and begin college. Stay true to who you are! Love, Mom and Dad

BRANDON BLANCHARD



Brandon, we're very proud of you and what you've accomplished in high school. We wish you all the best as you begin life's journey! Love, Mom & Dad

NICHOLAS WIDLOWSKI



Congratulations, Nick! We're so proud of our little miracle. Remember that with hard work and determination, you can achieve

anything. We wish you love, laughter and success. Love, Mom & Dad

MICHAEL TILLER







Michael, Congratulations! It is unbelievable that we have already reached this important milestone in your life. Words can't describe how proud we are of you. Watching you grow into a wonderful young man has been amazing. You are smart, talented and have a huge heart. We have enjoyed all

your activities like youth group, band and of course baseball. As you start your journey into college, may God continue to watch over you and guide you. Continue to work hard and stay focused as you accomplish your goals. We will always be here for you and we love you very much!

Love, Mom and Dad

KYLE WEST









Kyle, your mother and I are so proud of the young man you have become. I still remember frantically driving to the hospital the day you were born as clear as yesterday. There are just so many incredible memories to cherish from your childhood. Good luck in your years in college. I am certain you will do well. We look forward to seeing what lies ahead in your future. Love, Mom and Dad

JOELLYN POLASKI



Josie, you are simply amazing, and you make us proud every single day. You are the hardest-working person we know, and yet your accomplishments thus far are only the tip of the iceberg. Your gorgeous smile and sense of humor light up a room, and we will all miss you terribly when you go off to college (yes, even Mitch!) We are really and truly blessed to have you for a daughter. Love always, Mom and Dad





RYAN EMERY



Ryan, it seems like yesterday you were starting your first day of school and putting on your first pair of skates...and now in a blink you are graduating and finished your varsity high school hockey career. Words can't express how proud we are of you and all that you have accomplished. You are an amazing young man and we are so excited for you as you move on to Purdue, and we can't wait to see what your next accomplishments will be! Love, Mom, Dad, Marissa... Indy, Tommy, Chip









RYAN DAHLKAMP

You have always made us proud and amazed us with your scholastic achievements. The hard work, determination and motivation you put towards all you do is inspiring! We are truly blessed and we'll always be here with support and love. "Go IU" All our love.

Mom, Dad and Reid





You have become this extraordinary young man that has truly blessed our lives. We are so proud of the person you have become and your accomplishments, both academically and on the baseball field. Dream big, work hard and **ENJOY THE JOURNEY!** Love, Mom and Meghan

BRYAN VANDERLEE

HANNAH SONNER







Hannah Ruby, your birth in July of 1996 brought us so much joy and happiness. You were a beautiful, happy baby that loved to giggle and smile. There were some things you didn't like though, like Mommy leaving the house to run errands, or being left with a babysitter (not good.) You loved going to Bakers Square with Dad to have chicken nuggets and Dino-Tots. You showed early creativity by endlessly drawing stick-figure families and

creating your own "recipes." You developed an impish little smile in preschool that will never be forgotten. Your eyes lit up with joy when you got your puppy and we let you name her. None of us will ever forget, "I want to name her Donut." Now, you're a fierce, Ninja-like shopper with Mom and a great fan of Butler Basketball with Dad. You became strong-willed, yet endearingly shy. Over the past four years your confidence has grown, your talents and leadership skills have blossomed and you've displayed great resolve while being a good citizen. You've excelled in the classroom and are ready to take that to an even higher level. We are so proud to be your parents. We hope we've been great parents to you. Can't wait to see what impact you will have on the next, even larger, stage. We love you so much, Mom and Dad





CHELSEY SCHMOCK

Chelsey, You have grown into an intelligent, beautiful and compassionate young woman. Academically, you have exceeded every expectation. It is impossible to put into words how much respect we have for you and how proud we are to be your parents. We will love you forever. Mom & Dad





Ashley, we are so blessed to have you in our lives. You bring joy, laughter and pride to us. We admire your drive and competitive nature on and off the court. You have worked so hard, and we are so proud of you. May all your dreams come true because you deserve success and happiness. Love always, Mom and Dad.

VARSITY FOOTBALL



Front row: Brett Morris, Joshua Drosos, Jose Merced, Kyle Mathews, Michael Pena, Nathan Pasyk, Jacob Dulski, Quinn Paprocki, Logan Lambert, Daniel Diaz, Michael Kopack, Keith Gutierrez Row 2: Paul Centanni, Radiant Sykes, Brandon Scott, John Villanueva, Jerimiah Velazquez, Quinn Kaurich, Jakob Brown, Nicholas Lucas, Michael Norcutt, Tyler Dernulc, Derrick Watkins, Luke Sutherland, Jillian Doan, Robert Pawlak Row 3: Lucious Pilate, Khalid Yacoub, Gage Glista, Anthony Garcia, Christopher Gillespie, Joshua Bensen, Aaron Benninghoff, Jackson Long, Kyle Paul, Walker Brummett, Dylan Schwader, Aaron Chadd, Andrew VanDenburgh Row 4: Hunter Rattray-Elizondo, Joseph Szydlo, Jaquon Burns, Victor Bolivar, Tyler Platusic, Joseph Schneider, Nicolas Solis, Dakota Barnett, Jacob Johnston, Kobe Cook, Kenneth Singleton, Antwan Davis, Samuel Kirmani, Eric Ainsley, Gino Solis, Charles Sykes, Matthew Kruszewski Row 5: Jacob Irvin, Joshua Soliday, Damon Sklivas, Kyle Freel, Timothy Matthews, Michael Taylor, Anthony Lloyd, Matthew Djordjevich, Andrew Pruitt, Alexander DelValle, Austin Chekaluk, Christopher Fundich, Sam Barnhart, Isaiah Huppenthal, Michael King, Derek Pass Row 6: Matthew Ernst, Daniel Heinrikson, Austin Atkins, Austin Kunis, Michael Dahlkamp, Walter Dahlkamp, Joshua Prather, Anthony Williams, Ethan Darter, Ryan Bereda, Collin Knaley, Ammar Azzam, Christopher Genovesi, Tyler Frank, Cody Schultz, Colin Studer, Ryan Decker Back row: Madison Kelly, Jennifer Ruiz, Brianna Roethler, Coach Scott Winters, Coach Pat Hilyard, Coach Nicholas Johnson, Coach Tom Halterman, Jeff St. Germain, Coach Brett St. Germain, Coach Joe Lauerman, Mark Hidalgo, Collin Gillespie, Head Athletic Trainer Chris Hall, Assistant Athletic Trainer Lydia Morgan, Maegan Walton, Megan Kirby

MUNSTER 24-21 L EC CENTRAL 49-13 W PORTAGE 14-6 W CROWN POINT 27-13 W LAPORTE 20-13 W MICHIGAN CITY 35-29 W

 CHESTERTON
 6-0 W

 MERRILLVILLE
 28-7 W

 VALPARAISO
 28-7 W

 LAFAYETTE JEFF
 41-6 W

 MERRILLVILLE
 21-7 L

VARSITY BOYS SOCCER



Front Row: Jorge Trujillo, Diego Ruiz-Avila, Bernardo Oseguera, Nikko Kolintzas, Joshua Ramirez, Christopher Baranowski, Eric Santiago, Michael Bikos, Jason Lionberg Second Row: Michael McClelland, Enrique Dominguez, Joshua Dulski, Nathan Puch, Miguel Palacios, Daniel Picioski, Jacob Galvan, Naser Taharwah, Juan Zambrano Back Row: Nikola Vuckovic, Anthony Doreski, Samuel Willis, Chandler Duncanson, Nikola Tepsic, Clayton Goldman, Michael Flores, Kyle Kil, Benjamin Klebs

ANDREAN	3-0 W
CROWN POINT	1-0 L
SOUTH BEND	1-0 L
HIGHLAND	1-0 L
MICHIGAN CITY	2-0 W
PORTAGE	0-0 T
SOUTH OLDHAND	1-1 T
HENRY CLAY	3-1 L
GREEN WOOD	1-0 W
LAPORTE	1-0 W

CHESTERTON	1-1	
MUNSTER	2-0 L	
VALPARAISO	2-1 W	
BROWNSBURG	4-2 L	
EVANSVILLE NORTH	1-0 W	
MERRILLVILLE	3-0 W	
HIGHLAND	1-0 W	
GRIFFITH	4-0 W	
MUNSTER	1-0 L	

FRESHMAN FOOTBALL



Front row: Rigo Marin, Martin Ewing, Tyler Wagner, Eric Mender, William Panozzo, Thomas McClain, Luis Degollado Row 2: Alejandro Perez, Joshua Williams, Jon Beilfuss, Ryan Ruberry, Ryan Oljace, Michael Hollingsworth-Madsen, Michael Shepherd, Brandon Price, Mark Formella, Everett Peyton Row 3: Nicholas Blevins, Murell James, Mitchell Mills, Edward Davies, Brenden Cooper, Cole Willis, Bryan Kelly, Dakota-Travor Bettis, Brenden Cooper, Anthony Carter, Evan Dudy Row 4: Ryan Voss, Gavin Cantu, David Markert, Casey Pederson, Garrett Clark, Chase Hinchman, Jack Drosset, Andrew Owczarzak, Brian Brackins, Nathan Hjertquist, Trevor Murphy Back row: Coach Jeff Sherman, Coach Brian Tomson, Coach Scott Freckelton

 MUNSTER
 21-8 L

 KANKAKEE VALLEY
 29-14 W

 PORTAGE
 31-8 L

 CROWN POINT
 33-0 L

 LAPORTE
 39-7 W

 MICHIGAN CITY
 33-20 W

 CHESTERTON
 38-8 L

 MERRILLVILLE
 32-18 W

JV BOYS SOCCER

Front Row: Diego Ruiz-Avila, Nicholas Shell, Mohammed Hijaz, Cuahutemoc Rodriguez-Lara, Jack Quinlan

Second Row: Jacob Galvan, Michael Zubeck, Damian Navarro, Justin MacNeill, Alexander Reed, Bernardo Oseguera, Juan Zambrano Back Row: Noah Osearo, James Egnatz, Colton Myers, Chandler Duncanson, Nikola Vuckovic, Miguel Palacios, Daniel Picioski



CROWN POINT W
MICHIGAN CITY W
PORTAGE W
LAPORTE W

VALPARAISO MERRILLVILLE

W

VARSITY/JV GIRLS SOCCER



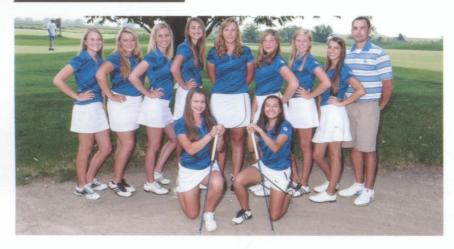
Front row: Teresa Baranowski (12), Cara Scott (10), Madison Sarkey (9), Cailee Wilkinson (10), Morgan Clapman (10), Lauren Bulf (9), Madeline Jurek (10), Kathryn Fiorio (9), Kristina Jasnic (9), Kiersten Hess (9)

Middle row: Coach Mary Dunlap, Sara Noles (9), Meghan Teumer (10), Alexis Munoz (9), Tarah Hamby (12), Clare Majchrowicz (11), Gillian Suroviak (9), Ashley Scanlon (10), Alexia Laurisch (11), Hannah Triveline (12), Sarah Triveline (12), Emilie Dunne (9), Darby McGrath (10), Sienna Pinskey (11)

Back row: Coach Shawn Thomas, Brianna Dougherty (12), Alexia Geenen (11), Abigail Peppin (12), Madison Berumen (11), Emily Blink (9), Sydney Dragos (9), Jillian Doan (12), Lindsay Kusbel (12), Abigail Meseberg (9), Jessica Hearne (10), Rachel Inglese (11), Tabitha Burrink (10), Alisha Donovan (12), Rebecca Todd (9), Coach Alexandra Graves

CROWN POINT	W 2-1	GRIFFITH	W 8-0
NORTHWOOD	W 4-0	LAPORTE	W 8-0
NORTHRIDGE	W 5-0	CHESTERTON	L 2-3
MICHIGAN CITY	W 11-0	CONCORD	L 1-3
HIGHLAND	W 4-0	VALPARAISO	W 3-0
PORTAGE	W 2-0	PENN STATE	L 2-6
MUNSTER	T 1-1	MERRILLVILLE	W 2-1
ANDREAN	W 2-0		

GIRLS GOLF



Front row: Alexis Miestowski (9), Christina Terrazas (9) Back row: Allison Onest (11), Kylie Shoemake (12), Megan Serratore (10), Kaitlyn Thompson (10), Julia Beggs (12), Kaitlin George (11), Stephanie Sanders (12), Brooke Scartozzi (10), Coach Christopher Rossiano

LAFAYETTE JEF-	W 174-184	MCCUTCHEON	1st Place
FERSON DUAL		INVITE	
CHESTERTON	L 182-174	CROWN POINT	1st Place
MICHGAN CITY	W 151-227	INVITE	
CROWN POINT	W 168-186	KANKAKEE VAL-	1st Place
MERRILLVILLE	W 156-253	LEY	
VALPARAIS O	W 165-176	DAC INVITE	2nd Place
LAPORTE	W 159-213	IHSAA SECTION-	1st Place
PORTAGE	W 148-173	AL	
LAFAYETTE JEF-	1st Place	IHSAA REGIONAL	1st Place
FERSON INVITE		IHSAA STATE	7th Place
LC INVITE	1st Place		

BOYS TENNIS



Front row: Keith Crawford (10), Jacob Navarra (12), Nicholas Mazon (12), Mathew Matakovic (9), Steven Tulsiak (9), Chase Owczarzak (12), Douglas DeVries (9) **Back row:** Coach Joshua Wiersba, Marko Milutinovic (9), Richard Larson (10), John Mamelson (11), Kollin Vos (10), Michael Hemmerling (11), Raymond Pollalis (12), Coach Ralph Holden

WHEELER	W 3-2	LAPORTE	L 0-5
MUNSTER	L 0-5	MICHIGAN CITY	W 5-0
HIGHLAND	W 3-2	MERRILLVILLE	L 1-4
CROWN POINT	L 1-4	MACY INVITE	4th Place
PORTAGE	W 4-1	LAFAYETTE	8th Place
CHESTERTON	L 1-41	INVITE	
LOWELL	W 3-2	DELTA INVITE	4th Place
VALPARAISO	L 0-5		

VARSITY VOLLEYBALL

Front row: Mackenzie Evers (11), Rylee Ollearis (11), Rachel Gross (11), Alyssa Born (12) Middle row: Alyssa Stepney (12), Julia Zlotkowski (11), Stephanie Spigolon (11), Brianna Mills (11) Back row: Coach Tina Tinberg, Samantha Anderson (11), Victoria Gardenhire (11), Jacqueline Eader (11), Alexandria Davids (12), Julia Kruzan (11), Coach Bill Gray

CHESTERTON	W 22-25,	PORTAGE	W 25-10,
	18-25, 25-23,		25-17, 25-17,
	20-25, 15-9, W		W 25-10,
	25-15, 25-14,		25-10, 25-13
	25-23	MICHIGAN CITY	W 25-22,
CROWN POINT			25-12, 19-25,
	20-25, 25-14,		25-13
	25-15, W	VALPARAISO	L 23-25,
	22-25, 25-16,		25-19, 16-25,
	25-22, 26-24		18-25
MERRILLVILLE	W 25-15, 25-8,	LAPORTE	W 25-21,

25-14



JV VOLLEYBALL

Front row: Caitlyn Magdziak (10), Mia DiNino (9), Olivia Oster (10) Middle row: Nicole Milaszewski (10), Andrijana Mihajlovic (10), Rachel Furmanek (10), Frances Kornelik (10) Back row: Kelly Orze (10), Natasa Beader (11), Linda Morton (10), Kaylee Marovich (9), Jenna Garza (10), Coach Jennifer Fandl

CHESTERTON W 25-7, 25-18, LAPORTE W 25-19, 25-24,

W 25-9, 25-17 W 25-14, 17-25,

25-17, 25-18

CROWN POINT L 21-25, 25-21. 15-11

6-15, W 25-12, VALPARAISO W 25-22. 25-19

23-25, 15-10, W PORTAGE W 25-14, 25-10, 25-17, 25-16

W 25-16, 25-18 MERRILLVILLE W 25-4, 25-8,

MICHIGAN CITY W 25-13, 25-20, W 25-9, 25-12

25-22, 25-9

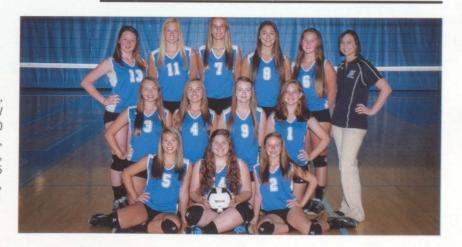


FRESHMAN VOLLEYBALL

Front row: Lauren Stearns (9), Faith Huenecke (9), Kaitlyn Dross (9) Middle Row: Olivia Rogers (9), Courtney Rhomberg (9), Meghan Smith (9), Rebecca Ashby (9) Back row: Madilynn Mathison (9), Rachael Robards (9), Nicole Dubish (9), Lana Miramontes (9), Jessie Balka (9), Coach Jamie Rodgers

CROWN POINT W 25-19, W CHESTERTON W 25-23, 25-13, 25-14 25-16, W PORTAGE W 25-17, 25-12, 25-10 25-24,W 25-16, VALPARAISO W 25-21, 25-15, W 25-24, L 23-25, 25-12, 8-15 25-15, 23-25, **LAPORTE** W 25-17, 25-24, 15-11 MICHIGAN W 25-20, W 25-10, 25-21 CITY 24-25, 15-9, W

25-4, 25-7



BOYS CROSS COUNTRY



Front row: Anthony Smierciak (10), Cosmo Demir (11), Kameron Konopasek (11), Cole Easterday (11), Gavin Baisa (10), Joseph St. John (9), Zachary Ericksen (9) Middle Row: Matthew Garton (11), Nathan Previs (9), Casey Garvey (11), Zachary Hupp (11), Cole Reynolds (11), Tyler Kramer-Stephens (11), Joseph Copeland (9), Brandon Long (12), Mitchell Polaski (9) Back row: Head Coach Jeff Rhody, Aaron Balka (10), Ryan West (10), Brian St. John (12), Jacob Koontz (11), Justin Price (11), Steven Sweeney (11), Michael Lucas (11), Takoda Potts (11), Matthew Blair (10), Ryan Lionberg (10)

RUDY SKORUPA	2nd	SECTIONALS	2nd
HARRISON	7th	REGIONALS	3rd
LOWELL	3rd	SEMI-STATE	5th
NEW PRAIRIE	2nd	STATE	14th
CULVER	9th		
DAC	3rd		

JV CHEER



Front row: Jasmine Stachelski (10), Emily Mannino (9), Morgan Grudzien (9), Ashley Sarsfield (10), Emily Scott (10), Hayley Curran (9) Middle row: Lauren Tatina (10), Madeline Price (10), Hope Martens (10), Skylar Martens (10), Zh'ane Hubbard (9), Alexis Morris (9), Alyssa Klapkowsk (10), Jenna Golfis (9) Back row: Skyler Sell (9), Taylor Dwyer (9), Darby Morris (10), Samantha Janusz (9), Madison Powers (9), Kristy Willis (9), Kayli Cinko (9), Lindsey Graham (9), Samantha Mikrut (10)

PURDUE "GET ON TRACK"	1st
BISHOP DWENGER INVITE	1st
INDIANA STATE CHAMPIONSHIPS	4th
LINCOLN-WAY NORTH POLE INVITE	1st
MIDWEST CHEERFEST	1st
LAKE ZURICH INVITE	1st

GIRLS CROSS COUNTRY



Front row: Sydney Vandersteeg (10), Joule Tazbir (11), Nicole Farag (10), Jasmine Reyes (9), Teresa Thomas (9), Jeannie Lam (10), Sarah Hunsley (10), Melanie Milbrath (9) **Middle Row:** Rachel Albright (9), Nova Olejnik (9), Ellie Keith (10), Melissa Spanier (12), Elizabeth Ayersman (11), Autumn Huber (11), Emily Bustamante (12), Sara Ramos (10) **Back row:** Coach Karen Arehart, Jennifer Crague (10), Hannah Keith (12), Joellyn Polaski (12), Dana Mularski (12), Maritza Castaneda (12), Kelly Shelton (10), Megan Zajac (12), Loan Le (10), Sara Erwin (10), Coach Ann Downey

RUDY SKORUPA	2nd
HARRISON	4th
LOWELL	1st
NEW PRAIRIE	3rd
CULVER	10th
DAC	2nd

SECTIONALS 1st REGIONALS 1st SEMI-STATE 2nd STATE 13th

VARSITY CHEER

Front row: Taylor Devine (12), Karlie VanHouten (12), Jennifer Lindholm (12) Middle Row: Makayla Sullivan (10), Kayla Camarillo (10), Abby Cappello (11), Molly Stokes (9), Kennedy Moore (11), Brooke Glover (10) Back row: Megan Hraban (9), Brittany Jacinto (11), Jayna McDermott (11), Olivia Middleton (11), Kelly Lindholm (9), Alexandra Gomez (11)

PURDUE "GET ON TRACK"	1st
BISHOP DWENGER INVITE	1st
INDIANA STATE CHAMPIONSHIPS	2nd
LINCOLN-WAY NORTH POLE INVITE	1st
MIDWEST CHEERFEST	1st
LAKE ZURICH INVITE	1st
CHEER SPORT NATIONALS	2nd



VARSITY GIRLS BASKETBALL



Front row: Megan Krol (12), Gina Rubino (12), Ashley O'Malley (12), Rachel Bell (11), Emily Miklusak (11), Tara Zlotkowski (11), Faith Maldonado (10), Jayla Harvey (12) **Back row:** Nicholas Rossi (10), Coach Andy Gurnak, Lauren Ladowski (9), Kylie Fehrman (10), Lindsay Kusbel (12), Coach Marc Urban, Victoria Gard (11), Alyssa Todd (11), Coach Brianne Rubesha, Lindsey Polito (9)

CHESTERTON	W 79-50
MERRILLVILLE	W 55-41
MICHIGAN CITY	W 78-36
CROWN POINT	W 54-37
LAPORTE	W 59-45
PORTAGE	W 58-42
VALPARAISO	W 55-45

JV GIRLS BASKETBALL



Front row: Crystal Guzman (10), Faith Maldonado (10), Cheyenne Mathas (9), Kylee Freckelton (10), Kylie Extin (10), Makayla Erickson (10) Back row: Hannah Sarkey (10), Rachael Robards (9), Coach Brianne Rubesha, Lauren Smolen (9), Lauren Ladowski (9)

CHESTERTON	W 42-35
MICHIGAN CITY	W 64-13
CROWN POINT	W 41-21
MERRILLVILLE	W 48-11
VALPARAISO	W 45-31
PORTAGE	W 34-22

FRESHMAN GIRLS BASKETBALL



Front row: Jessica Villegas (9), Carley Jansky (9), Ashley Todd (9), Gabrielle O'Keefe (9), Alexis Miestowski (9), Sarah Tellas (9), Alaysha Earving (9), Alexis Zachary (9) Back row: Coach Karen Arehart, Anna Weir (9), Jenna Bunner (9), Madisen Tucker (9), Nina Zochalski (9), Courtney Carlson (9), Samantha Walker (9), Kacey Cummins (9), Coach Scott Freckelton

CROWN POINT	W 49-12	LAPORTE	L 25-16
PORTAGE	W 30-14	MICHIGAN CITY	W 32-9
CHESTERTON	L 33-25	PORTAGE	W 47-29
VALPARAISO	W 46-12	MICHIGAN CITY	W 36-14
CROWN POINT	W 46-11	LAPORTE	W 25-16
VALPARAISO	W 36-25	CHESTERTON	W 35-34

VARSITY BOYS BASKETBALL

Front row: Sean Griffin (11), Amir Ransom (12), Marcellus Hunt (11), Coach Andrew Locke, Coach Dave Milausnic, Coach Eric Speer, Eric Ainsley (12), Joseph Bannister (12), Gage Ray (11) Back row: Skyler Smith (11), Nate Edvardsen (10), Norell Smith (10), Frank Dijak (10), Ethan Darter (11), Ian Martin (12), Ryan Bereda (11), Austin Atkins (10), Joseph Graziano (10)

LAPORTE W 52-48
PORTAGE W 61-56
VALPARAISO L 59-50
CHESTERTON L 56-53
MERRILLVILLE W 48-46
MICHIGAN CITY L 56-26
CROWN POINT L 71-46



JV BOYS BASKETBALL

Front row: Ryan Davidson (10), Bradley Gerlach (10), Marcellus Hunt (11), Coach Andrew Locke, Coach Dave Milausnic, Coach Eric Speer, Eric Ainsley (12), Joseph Graziano (10), Brandon Serba (11) Back row: Jack Browne (10), Nate Edvardsen (10), Norell Smith (10), Guiseppe Fushi (10), Austin Atkins (10), Nicholas Bandura (10), Antonio Pavloski (10)

CHESTERTON L 39-37
CROWN POINT W 48-29
PORTAGE W 72-44
MICHIGAN CITY W 51-27
VALPARAISO W 33-30

VALPARAISO L 53-50 MERRILLVILLE L 38-36 CROWN POINT W 45-44



FRESHMAN BOYS BASKETBALL

Front row: Truman Yahne (9), Joseph Hintz (9), Raymond Hilbrich (9), Jack Good (9), Conner Tomasic (9), Jack Curtin (9), Ryan Ruberry (9), Justin Graves (9), Erik Geile (9) **Back row:** Coach Brian Tomson, Keon Sellers (9), Caleb Pisowicz (9), Justin Graciano (9), Nicoli Fushi (9), Adam Reyes (9), Justin Olesek (9), Garret VanDerNoord (9), Westen Black (9), Coach Brett Summers

CROWN POINT	W 40-32	CHESTERTON	L 38-37
PORTAGE	L 25-23	VALPARAISO	W 40-24
MICHIGAN CITY	W 36-30	LAPORTE	W 48-46
MERRILLVILLE	L 35-30	CROWN POINT	W 53-35
CHESTERTON	W 47-44	MICHIGAN CITY	L 45-43
PORTAGE	W 47-24	MERRILLVILLE	L 34-33
		CROWN POINT	W 39-28
		VALPARAISO	W 41-32



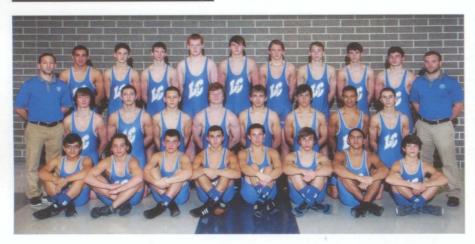
VARSITY WRESTLING



Front row: Anthony Osorio (12), Antonio Presta (12), Nicholas Taylor (12), Tristan Pappas (11), Tyler Pilackas (10) Middle row: Joseph Szydlo (10), Kodie Christenson (12), Luke Sutherland (12), Tristan Pintor (11), Jacob Stewart (12), Quinn Kaurich (10) Back row: Coach Ryan Alb, Walker Brummett (10), Romel Spight (11), Brett Brown (10), Jacob Kleimola (11), Russel Gibbs (11), Austin Langwinski (10), Branden Truver (12), Coach Luke Triveline

MICHIGAN CITY	W 57-18	DAC	4th
VALPARAISO	W 33-31	HARVEST CLASSIC	4th
CHESTERTON	W 38-37	SUPER DUALS	5-0
CROWN POINT	L 55-14	COUNTY TOURNAMENT	2nd
MERRILLVILLE	L 42-27	CHICAGO SECTIONAL	2nd
PORTAGE	L 66-9	CALUMET REGIONAL	5th
LAPORTE	W 48-27	MERILLVILLE SEMI-STATI	E 6th
		STATE	44th

JV WRESTLING



Front row: Everardo Vicente (10), Joshua Taylor (10), Brett Morris (10), Andreas Nicolaou (10), Nickolas Nykiel (11), Thomas McClain (9), Antonio Gonzalez (10), Thomas Pritchett (9) Middle row: Coach Ryan Alb, Anthony Konopka (10), Logan Rechlicz (10), Nicolus Sills (9), Cody Martin (11), Francisco Ayala (11), Michael Sanchez (9), Cory Mikuly (10), Jacob Gurney (10), Coach Luke Triveline Back row: Austin Taylor (11), Maxwell King (10), Michael Mikler (9), Charles Hayes (11), Christopher Genovesi (10), John Rizzo (10), Matthew Taylor (11), Ryan Lionberg (10), Jason Lionberg (10)

CROWN POINT W
DUAL MEET RECORD 6-4
DAC RECORD 3-4

BOYS SWIMMING & DIVING



Front row: Gavin Baisa (10), James Ganser (9), Jacob Brazzale (9), Ryan Kilinski (10), Drake Hunt (10), Michael Sinchar (10), Michael Perich (9), Stevan Vuckovic (9) Second row: Zachary DeJoris (10), Cameron Westerman (9), Marcus Naranjo (10), Ivano Garza (11), Troy Schneider (11), Christian Cavanaugh (9), Aaron Schassburger (9), Christopher Keylor (12) Third row: Tyler Forajter (9), Bartlomiej Cias (9), Alexander Morgan (11), Jamiere Wilson (12), Nathan Jackson (10), Brian Garcia (9), Kyle Massa (11), Matthew Applegate (12), Alexander Bielawski (11), Colby Hoffman (9) Back row: Coach Jeff Kilinski, Tyler Childress (9), Logan Nippert (11), Brandon Walton (11), Coach Tommy Slivka, Connor Homans (12), Joshua Barajas (12), Micheal Townsend (10), Coach Dale Ramsey

VALPARAISO	W	MICHIGAN CITY	W
MUNSTER RELAYS	2nd	CHESTERTON	L
MERRILLVILLE	W	CROWN POINT	W
PENN	L	MUNSTER	L
LAPORTE	W	PORTAGE	W
HIGHLAND	W	SECTIONALS	2nd
HIGHLAND INVITE	2nd	STATE	20th

Front row: Hannah Leyba (11), Stephanie Stefano (12), Ashley Castillo (9), Ashley Knerler (9), Chantal Almazan (9), Tatiana Newell (9), Jordan Rosenwinkel (12), Gabriella Goncher (11), Megan Earl (9) Second row: Rachel Graan (10), Sarah Diviney (11), Kallie Higgins (10), Mary Valente (9), Hailey Garlich (12), Maura Lake (10), Jennifer Wright (10), Rachel Albright (9), Angel Futrell (9), Alejandra Meraz (12), Destini Briggs (9) Third row: Julianna Massa (9), Tori Ulloa (11), Savanna Spears (9), Kaitlyn Krachenfels (12), Kaylee Hegyi (9), Faith Cooper (9), Gianna Paoliili (9), Marina Vasquez (11), Sara Erwin (10), Erin Plenus (9) Back row: Margaret Elton (11), Paityn Emro (9), Camryn Halfeldt (10), Coach Emily Tobias, Coach Tommy Slivka, Coach Todd Smolinski, Coach Stephen Schindler, Coach Abby Homans, Victoria Springman (11), Ana Zanza (10), Hanna Anthony (9)

PORTAGE	W	HIGHLAND INVITE	3rd
VALPARAISO	W 109-77	CHESTERTON	L 133-53
HIGHLAND	W 133-22	CROWN POINT	L
MERRILLVILLE	W 148-36	MUNSTER	L 110.5-75.5
PENN	L 107-78	DAC	3rd
LAPORTE	W 121-62	SECTIONALS	3rd
MICHIGAN CITY	W 127-58	STATE	30th

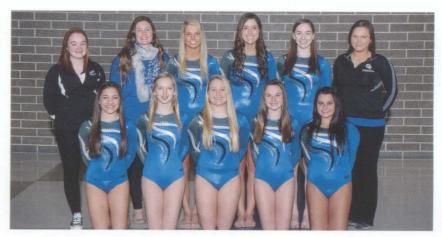
GIRLS SWIMMING & DIVING



GYMNASTICS

Front row: Maya Tobin (10), Madison O'Drobinak (9), Megan Gora (11), Morgan Markulin (9), Lauren Markulin (12) Back row: Manager Elise Smith (11), Coach Myra Lolkema, Andi Wartman (12), Lauren Druzbicki (11), Lauren Davidson (9), Coach Lydia Morgan

VALPARAISO	L	LOWELL	W
PORTAGE	L	CHESTERTON	L
MERRILLVILLE	L	HOBART	W
VALPARAISO	L	LAPORTE	W
CROWN POINT	L	DAC	L
MICHIGAN CITY	L	SECTIONALS	L



VARSITY CENTRALETTES

Front row: Allyson Vanek (12), Michaela Vuckovic (12), Amanda Roberts (12), Emma Hupp (12) Middle row: Megan Helfers (11), Alyssa Carter (10), Reyna Crothers (11), Nicole Vanek (11), Emma Strohacker (11) Back row: Kristina Plaskett (11), Gina Irwin (11), Madeline Andrews (9), Sydney Stanek (10), Jessica Lewandowski (11), Abby Markowski (10)

MILWAUKEE HIP HOP	1st	HOMESTEAD JAZZ	1st
MILWAUKEE JAZZ	1st	LCDI HIP HOP	87.13
MARION HIP HOP	2nd	LCDI JAZZ	91.53
MARION JAZZ	1st	REGIONALS HIP HOP	1st
KAHLER HIP HOP	1st	REGIONALS JAZZ	1st
KAHLER JAZZ	1st	NATIONALS HIP HOP	7th
CHICAGOLAND HIP HOP	1st	NATIONALS JAZZ	1st
CHICAGOLAND JAZZ	1st	STATE HIP HOP	1st
CLARK HIP HOP	1st	STATE JAZZ	1st
CLARK JAZZ	1st		



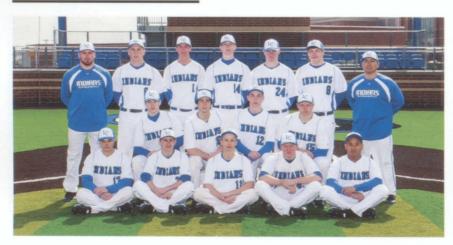
FRESHMAN BASEBALL



Front row: Martin Ewing (9), Justin Graves (9), Nicholas Janich (9), Jakob Chatel (9), Hunter Zahorsky (9), Middle Row: Douglas Visnack (9), Raymond Hilbrich (9), Ryan Ruberry (9), Payton Sanders (9), Nicholas Swansor (9), Jared Schassburger (9), Back Row: Coach Matt Skura, Logan Carver (9), Conner Hoffman (9), Kyle Litwicki (9), Conner Tomasic (9), Jeffrey David (9), Coach Brian McNamara

HIGHLAND	W 12-2	CHESTERTON	W 16-3
HIGHLAND	W 15-0	LOCKPORT	W 14-4
CROWN POINT	L 6-5	CROWN POINT	W 3-1
PORTAGE	W 11-1	PORTAGE	W 6-0
VALPARAISO	L 8-5		
HOBART	W 4-2		
MUNSTER	W 11-0		
LOWELL	W 19-0		

JV BASEBALL



Front row: Coach Anthony Olund, Christopher Fundich (10), Nicholas Bandura (10), Jason Lamont (10), Kyle Freel (10), Sam Barnhart (10), Coach Mark Escobedo, Middle row: Bradley Loden (10), Maxwell Pattison (10), Hunter Mihalic (10), Colton Rydlewski (10), Back row: Noah Wells (10), Tyler Winiecki (10), Marcus Drzewiecki (10), Jack Bosold (10), Dennis Collier (10)

BISHOP NOLL	W 18-0	MERRILLVILLE	W 23-0
MORTON	W 14-3	MICHIGAN CITY	W 14-2
MORTON	W 14-3	LAPORTE	W 9-2
MUNSTER	W 9-3	CHESTERTON	W 6-0
HIGHLAND	W 4-2	WHITING	W 10-0
FENWICK	L 2-5	LOCKPORT	L 6-7
FENWICK	W 16-5	CROWN POINT	L 3-7
CROWN POINT	W 9-6	PORTAGE	W 11-1
PORTAGE	W 15-3		
HANOVER	W 14-1		

W 11-1

VALPARAISO

MICHIGAN CITY

VARSITY BASEBALL



Front row: Christian Mota (11), Jarrett Lopez (10), Steven Meyer (11), Ian Gifford (11), James Mays (12), Middle row: Zachary Turnbough (11), Jake Wisniewski (11), Jack Kuehner (12), Joseph Graziano (10), Bryan Vanderlee (12), Ryan Ruthrauff (11) Back row: Coach Jeff Myzack, Colin Studer (11), Benjamin Nisle (10), Ethan Darter (11), Coach Jeff Sandor, Tyler Frank (10), Alexander Nisle (12), Matthew Litwicki (10), Coach Brett Summers

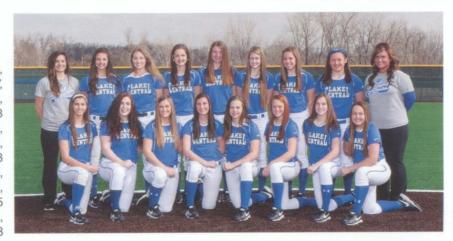
BISHOP NOLL	W 5-0	LAWRENCE CENT	RAL W 6-4
DEKALB	W 11-0	LAWRENCE CENT	RAL W 12-1
DEKALB	W 12-1	LA PORTE	L 5-4
ILLIANA CHRISTIAI	N L 3-2	PORTAGE	W 9-0
MUNSTER	W 17-7	SECTIONALS	W 5-3
CROWN POINT	L 2-0	SECTIONALS	W 3-1
MERRILLVILLE	W 12-1	SECTIONALS	L 6-1
VALPARASIO	1 9-6		

W 9-0

Front row: Sarah Santana (9), Sydney Dinan (9), Alyssa Ranieri (10), Gina Szymborski (9), Amanda Noblett (9), Jessica Kiefor (9), Cheyenne Mathas (9), Olivia Smith (9), Back row: Coach Melissa Magdos, Rylee Platusic (9), Kristen Hecht (10), Hayley Skrezyna (9), Alexa Pinarski (9), Morgan Dines (9), Madisen Tucker (9), Selena Michko (9), Coach Rachel Weaver

CHESTERTON	W 22-25,	PORTAGE	W 25-10,
	18-25, 25-23,		25-17, 25-17,
	20-25, 15-9, W		W 25-10,
	25-15, 25-14,		25-10, 25-13
	25-23	MICHIGAN CITY	W 25-22,
CROWN POINT	W 25-22,		25-12, 19-25,
	20-25, 25-14,		25-13
	25-15, W	VALPARAISO	L 23-25,
	22-25, 25-16,		25-19, 16-25,
	25-22, 26-24		18-25
MERRILLVILLE	W 25-15, 25-8,	LAPORTE	W 25-21,
	25-14		25-17, 25-18

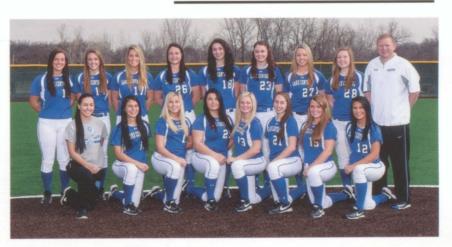




VARSITY SOFTBALL

Front row: Reanna Reyes (11), Ciera Novak (11), Sarah Banasiak (12), Julia Schassburger (11), Jayna McDermott (11), Crystal Guzman (10), Paige Carter (11), Aspyn Novak (12) Back row: Sydney Scherzinger (12), Ashley Nylen (12), Natalye Johnston (10), Alexandra Hickey (10), Annabel Karberg (12), Madison Blythe (10), Emily Thompson (10), Haylee Sherlund (11), Coach Jeff Sherman

MUNSTER PENN HIGHLAND KIMBERLY (WIS.) LOWELL CHESTERTON	T 5-5 L 5-3 W 9-0 W 11-5 W 9-0 W 10-0	MERRILLVILLE PENN LAPORTE CHESTERTON CROWN POINT PORTAGE	W 10-0 W 5-2 W 5-0 W 5-0 W 9-0 W 5-0	
ELWOOD	W 5-1	MERRILLVILLE	W 16-1	
MADISON GRANT	W 5-0	SECTIONALS	1st	
FRANKLIN CENTRAL	L 10-5	REGIONALS	W 2-1	
INDIANAPOLIS	W 16-13	SEMISTATE	W 4-3	
MCCUTCHEON	W 16-5	SEMISTATE	W 7-2	
VALPARAISO	W 8-3	STATE	L 6-2, 2nd	



BOYS GOLF

Left to right: Tyler Good (9), Benjamin Uram (10), Jordan Lykowski (10), Andrew Hegan (9), Anthony Bossi (10), Ryan Wells (12), Coach Christopher Rossiano, Ryan Dahlkamp (12), Tyler Copak (10), Jack Good (9), Alex Kaye (10), Nicholas Good (11), Reid Dahlkamp (9)

HARRISON	2NDPLACE/332	LA PORTE	170
INVITE		LEBANON	12TH/340
TRIANGULAR-	151	ULEN INVITA-	
MUNSTER/		TIONAL	
HIGHLAND	7TH/324	CHESTERTON/	154
DON DICKEN		MERRILLVILLE	
CLASSIC		SECTIONALS	2nd
		REGIONALS	7th



BOYS TRACK & FIELD



Front row: Joshua Pama (9), Noah Whitney (9), Tyler Dernulc (11), Cole Easterday (11), Nathan Previs (9), Mitchell Polaski (9), Antonio Ortiz (11), Zachary Hupp (11), Casey Garvey (11), Maxwell Hill (9), Michael Pena (10), Ryan Fife (11), Keith Crawford (10), Kameron Konopasek (11), Jordan Bibbs (10) Second Row: Dakota-Travor Bettis (9), Gavin Gescheidler (9), George Zapata (9), Samer Musleh (11), Jared Benson (12), Noah McClellan (9), Nicholas Lucas (10), Aaron Balka (10), Anthony Giles (11), Joshua Benson (10), Noah Tracy (11), Nicholas Mazon (12), Takoda Potts (11), Noah Anderson (9), Michael McClellan (11) Third Row: Chase Owczarzak (12), Nathan Jackson (10), Shane Smelser (12), Kyron Marshall (9), Ryan West (10), Gavin Cantu (9), Michael Lucas (10), John Dosen (11), Collin Keylor (11), Jacob Boshears (11), Matthew Blair (10), Ethan Tucker (9), Ethan Gomez (12), Charles Sykes (12), Adam Lechowicz (11) Back row: Coach Garrett Gray, Head Coach Jeff Rhody, Tyler Kramer-Stephens (11), Joseph Copeland (9), Timothy Matthews (11), Walter Dahlkamp (11), Samuel Matchain (12), Michael Horvath (11), Jacob Koontz (11), Anthony Williams (12), Brian St. John (12), Clayton Goldman (11), Daniel Matchain (12), Antonio Pavloski (10), Michael Dahlkamp (9), Joseph Schneider (12), Kurtis Markiewicz (12), Coach Paul Volk, Coach Derell Tinner

CROWN POINT	L 63-60	LAPORTE	Tie
LC INVITE	1st	VALPARAISO	W 69-6
MUNSTER AND	2nd	PORTAGE	L 76-56
PORTAGE		DAC OUTDOOR	3rd
CROWN POINT	W 71-61	CHAMPIONSHIPS	
MERRILLVILLE	W 69-63	SECTIONALS	2nd
MICHIGAN CITY	W 73-50	REGIONALS	5th
CHESTERTON	W 69-63	STATE	8th

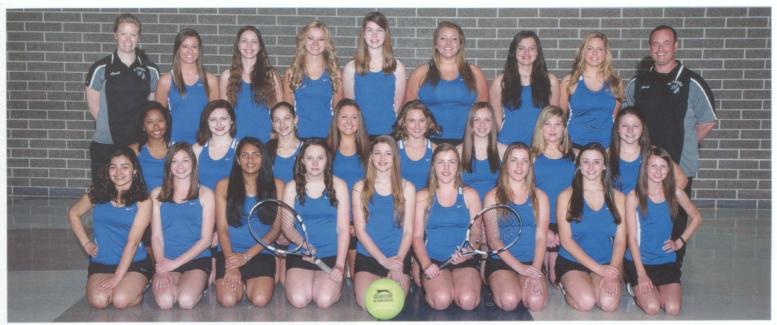
GIRLS TRACK & FIELD



VALPARAISO	W 85-47	LA SALLE LEG-	1st
PORTAGE	W 96-36	ENDS CLASSIC	
CHESTERTON	W 89-43	LAKE MICHIGAN	2nd
LAPORTE	W 100-32	INVITE	1st
MICHIGAN CITY	W 106-17	CONFERENCE	1st
MERRILLVILLE	W 91-41	SECTIONALS	1st
CROWN POINT	W 89-43	REGIONALS	1st
LA SALLE	1st	STATE	43rd

Front row: Jessica Gerling (12), Megan Zajac (12), Emily Bustamante (12), Melanie Stepanovic (11), Kylee Freckelton (10), Sarah Heuberger (11), Autumn Huber (11), Kendal Travis (9), Loan Le (10), Sarah Hunsley (10), Teresa Thomas (9), Alaysha Earving (9), Samantha Dittrich (9), Olivia Barnes (9), Sydney Vandersteeg (10), Brooke Glover (10) Middle row: Jocelynn Cheesebourough (11), Rachel Miotke (9), Savanna Spears (9), Kelly Shelton (10), Abigail Hines (10), Laura Schoonmaker (12), Morgan Olson (11), Renee DiNino (11), Sarah Scheub (12), Emily Blink (9), Nicole Verdeyen (11), Etura Williams (12), Victoria McKenzie (11), Jennifer Crague (10), Sydnee Barrins (11), Zh'ane Hubbard (9), Sarah Spivak (10), Katelyn Rusiniak (9), Jazmyn Zapata (9), Zhanae Howard (11), Emma Weissbeck (11) Back row: Sarah Martinez (12), Sara Ramos (10), Samantha Bell (11), Alexandria Tyler (11), Melanie Gurney (12), Kimberly Haddad (11), Jaclyn Gruver (9), Clairese Urchell (9), Mackenzie Goncher (9), Kelly Joy (10), Melissa Spanier (12), Holly Blair (12), Nova Olejnik (9), Kelly Lindholm (9), Ksenija Capshaw (11), Alexxa Sutton-Schifo (12), Daniela Zubic (9), Morgyn McAllister (9), Jasmine Reyes (9), Morgan Clapman (10)

VARSITY/JV GIRLS TENNIS



Front row: Tatiana Newell (9), Lauren Gronek (10), Navneet Kaur (12), Emily Gora (9), Claire Gronek (9), Hope Martens (10), Skylar Martens (10), Katrina Lozanoski (10), Rachel Eder (9) Middle Row: Anastausia Willis (9), Hannah Hill (9), Sydney Batinick (9), Jeannine Toth (11), Kristina Tinsley (10), Holly Pasko (9), Kaitlin George (10), Anna Wachowski (10) Back row: Coach Katelin Ellis, Elayne Wisniewski (12), Michelle Buckman (10), Amber Stedt (11), Colette Oboy (9), Colleen Quinn (11), Amanda Guerrero (9), Emily Birlson (12), Coach Bryan Szalonek

MORTON	W 5-0	VALPARAISO	W 3-2
GRIFFITH	W 5-0	PORTAGE	L 3-2
LOWELL	W 5-0	MUNSTER	W 3-2
EAST CHICAGO	W 5-0	CHESTERTON	W 5-0
HANOVER	W 5-0	CROWN POINT	L 4-1
HIGHLAND	W 5-0	MERRILLVILLE	W 5-0
HOBART	W 4-1	MICHIGAN CITY	W 3-2
WHITING	W 5-0	LAPORTE	L 2-3
		SECTIONALS	L 2-3

JV CENTRALETTES

Front row: Stephanie Foster (11), Autumn Napiwocki (10), Alexa Szatkowski (10), Alexis Curatolo (10), Laurel Gonsiorowski (11), Kelsie Verhoeve (11) Middle Row: Marisa Skertich (9), Elly Gross (9), Corinne Blastick (9), Elexi Horvath (9), Paige Kotecki (9), Macey Anderson (10) Back row: Tara Rosenwinkel (9), Carling Louden (9), Hannah Urbani (9), Hailey Benko (9), Lauren Wisniewski (9), Hannah Mickelson (9)

MILWAUKEE	1st	MUNSTER	1st
MARION	1st	CLARK	1st
KAHLER	1st	LCDI	1st
CHICAGO	1st Hip-Hop,	REGIONALS	1st
	2nd Jazz	STATE	1st



TABLETOP CLUB

Front row: Sarah Dingman (12), Andrew Dittrich (12), Joseph Kane (9), Carlie Mikuly (12), Shelby Vendl (9) Middle row: Chrystian Studzinski (12), Jonathon LaBelle (9), Nathan Bowdish (12), Justin Fox (12) Back row: Michael Nickolaou (11), Joseph Paulas (12)



SCIENCE OLYMPIAD





NATIONAL HONOR SOCIETY

Front row: Hannah Classen (12), Robert Belzeski (12), Danielle Morang (12), Megan Barenie (12), Emily Birlson (12), Kristen Kaiser (12) Second row: Andres Ramirez (12), James Lafakis (12), Madeline Conley (12), Alayna Wallace (12), Christopher Keylor (12) Third row: Jessica Vrbanoff (12), Dana Mularski (12), Gurleen Khatra (12), Maritza Castaneda (12) Back row: Ryan Wiebe (12), Nicholas Kiepura (12)



NATIONAL HONOR SOCIETY

Front row: Amanda Roberts (12), Jennifer Mohamed (12), Sinai Valdez (12), Brandilyn Stockton-Fresso (12), Aspyn Novak (12), Alexis Morales (12) Second row: Alison Beck (12), Yunuen Lopez (12), Kayla Hallowell (12), Hannah Sonner (12), Ugonna Nwannunu (11) Third row: Taylor Doetterl (12), Alexis Martinez (12), Abigail Peppin (12), Tiffany Polyak (12) Back row: Nicholas Brandner (12), Alex Baker (12), Courtney Smith (12), Emily Classen (12), Andrea Kowalewicz (12)



ANIME CLUB



Front row: Emily Barnes (9), Ashlyn Plants (12), Kimberly Hainsworth (11), Tara Dangerfield (11), Carlie Mikuly (12) Second row: Alyssa Smyers (9), Andrew Dittrich (12), Lauren Rademacher (11), Brittany Rabatine (12), Bailey Kearschner (9) Third row: Justin Fox (12), Richard Tuttle (11), Jonathon LaBelle (9), Isaac Araujo (11), Jessica Czajkowski (11) Back row: Michael Nickolaou (9), Noah Miller (12), Chrystian Studzinski (12), Jacob Mavity (12)

FRENCH CLUB



Front row: Mary Hauter (10), Sarah Diviney (11), Duaa Hijaz (11), Kristina Ilic (11) Middle row: Mariam Silman (11), Breanna Zeller (11), Eva Elmalh (11) Back row: Sarah Bredar (11), Jovana Dodevska (11), Madelyn Ackerman (11), Leslie Lopez (11)

ACADEMIC SUPER BOWL



Front row: Etura Williams (12), Guadalupe Cervantes (12), Eric Gonsiorowski (12), Roger Kaufman (11), Vinayak Roy (11) Middle row: Mathew Matakovic (9), Laura LeVander (12), Ryan McCallister (12) Back row: Austin Bodell (12), Brandon Grabarek (11)

QUILL AND SCROLL



Front row: Madeline Hirschfield (11), Hannah Sonner (12), Jennifer Mohamed (12), Anastasia Papanikolaou (11) **Middle row:** Madeline Conley (12), Alayna Wallace (12), James Lafakis (12), Cathryn Cearing (12), Cassidy Niewiadomski (12) **Back row:** Ms. Carrie Wadycki, Mrs. Sarah Verpooten

BEST BUDDIES



Front row: Zachariah Wittenhagen (9), Cameron Jung (12), Alec Bisone (12), Taylor Barchi (12), Carl William Laput (10), Sara Logan (11), Olivia Zlatic (11), Tristin Jackowski (10), Nicholas Rossi (10) Second row: Christian Huber (12), Zachary Chess (10), Jack Rogers (10), Elizabeth Bellis (11), Michelle Gergets (12), Kyle Kujawa (9), Krysta Rietveld (12), Renn Arvanitis (11), David Watkins (11) Third row: Brandon Porras (10), Rachel Gross (11), Pablo Miranda (11), Austin Huber (10), Matthew Protsman (9) Back row: Haley Reynolds (9), Kaitlyn Fassoth (12), Robert Burney (9), Jacob Kleimola (11), Elijah Doggett (11), Jacob Taylor (12), Lucas Phillips (12)

WIND ENSEMBLE



Front row: Carmela Marciano (12), Demitra Adams (12), Joseph Jansky (12), Alexandra Hecht (12), Jennifer Chavarria (10), Kelly Browne (12), Madison Payne (10), Christine Chung (12), Haley Skinta (11), Andrea Terrazas (12) Second row: Mateo Morales (12), Ethan Hunt (12), Nicholas Sanfratello (12), Matthew Beemsterboer (11), Ana Boulas (12), Madelyn Potucek (12), Celine McCormack (12), Courtney Smith (12), Sarah Benedict (12), Jennifer Wojcik (12), Marlee McGrath (12) Third row: Andrew Ackerman (10), Stephen Diamantos (12), Ryan Leatherman (10), Jesse Veloz (12), Sean Flynn (12), Christian Ivezic (11), Jered Pawlak (10), Christopher Tarnowski (12), Adam Cobban (12), Maxwell Rees (12), Dana DeLaurentis (11) Back row: Alexander Sparling (12), Benjamin Cash (12), Timothy Giazzon (12), Marc Mertsching (12), Shea Rogers (11), Benjamin Guzek (12), Brian West (11), Andres Ramirez (12) Not Pictured: Abigail Keith (11), Bianca Bernal (11), Samantha McCuaig (11), Matthew Tao (11), Jesus Rivera (11), Alexandra Adams (11), Madelyn Ackerman (11), Nicholas Schulz (12), Nina Angus (11), Madison Schroeder (12), Rebecca Cain (11)

JAZZ ENSEMBLE



Front row: Neal Buss (11), Erin Todd (12), Anthony Panozzo (12), Griffin Taylor (11), Leslie Lopez (11), Celine McCormack (12) **Second row:** Christopher Tarnowski (12), Benjamin Moore (11), Christian Ivezic (11), Michael Johnson (10), Eliasart Rodriguez (11), Robert Pawlak (12), Ethan Hunt (12), Evan Vendl (12) **Third row:** Kenneth Wolfrum (11), William Wyatt (11), Shea Rogers (11), Nicholas Schulz (12), Mateo Morales (12), Nicholas Perez (11) **Not Pictured:** Clifford Fitch (11), Eamonn Duffy (11), Alexander Sparling (12), Kyle West (12)

JAZZ ENSEMBLE II



Front row: Trevor Williams (11), Joseph Jansky (12), Kylie Thomsen (9), Joelle Niemzyk (9), Elysse Brown (11), Ethan Vogt (9), Elizabeth Slager (9), Jasmine Reyes (9), Natasha English (9), Madison Payne (10), Maya McCants (9), Second row: Samantha Szewczyk (9), Connor Fox (9), Brice Doescher (9), Joshua Velazquez (12), Michael Clark (10), Tyler Paluszak (11), Zachary Hansen (10), Michael Shanks (10), LeAnn Stutler (12), Maxwell Hill (9), Blair Haugh (9) Third row: Gabriel Ivezic (9), Kenneth Singleton (12), Ethan Erickson (10), Matthew Adams (10), Nicholas Kritikos (10), Michael Rizzo (9), Chase Wardian (9), Jered Pawlak (10), Robert Pawlak (12), Noah McClellan (9), Tyler Kerrick (9) Back row: Nathan Little (10), Kenneth Barsic (10), Benjamin Cash (12), Timothy Giazzon (12), Philip Jurek (9), Casey Pederson (9), Alan Wright (9), Matthew Waddell (10), Ryan Leatherman (10) Not Pictured: Jessica Rivera (10)

SYMPHONIC BAND



Front row: Samantha Bednarek (9), Alyssa Panczuk (9), Faith Huenecke (9), Halle Pederson (10), Michael Beshara (9), Dianne Cometa (10), Bailey Schalk (9), Mary Kirkland (10) Second row: Anastausia Willis (9), Jawad Nammari (9), Eric Vargas (12), Noah Salazar (9), Andrae Lockett (9), Lauryn Winarski (12), Alexys Watkins (10), Patrick McDonald (9), Nathaniel Tamez (9), Madison O'Drobinak (9), Alexis Lopez (10) Third row: Angel Lopez (9), Makayla VanVleet (9), Julia Casner (9), Ryan Fowler (10), Christian Brazzale (9), Kristofer Brokop (10) Matthew Hughes (10), Clairese Urchell (9), LeAnn Stutler (12), Teagan McCormack (10), Jenna Bunner (9), Alexis Murphy (12) Fourth row: Kaylee Hegyi (9), Jessica Jarach (11), David Davis (10), Kyle Stutler (9), Ryan Tancos (9), Kyle LeVan (10), Anthony Mangan (10), Joshua Klocek (9), Andrew Dittrich (12), Zachary Chess (10), Alayna Prisby (12), Justin Andrews (9), Chrystian Studzinski (12), Nathan Aponte (11), Brandon Haddon (11), Bryce Plessinger (9), Brian Ring (9), Austin Langwinski (10), David Edmond (9), Angel Reed (9), Jasmine Ledet (9)

PERCUSSION



Front row: Raychel Anoe (10), Niyelle Lee (9), McKenzi Swarthout (9), Liana Motel (10), Monica Luna (9), Hannah Peters (10), Kaitlyn Seitz (10) Second row: Amber Poortenga (11), Niklas Gustafson (11), Gabriel Ivezic (9), Brady Schutt (9), Neal Buss (11), Nadia Magnabosco (10), Madelyn Nohos (10) Third row: Noah Whitney (9), Griffin Taylor (11), Anthony Panozzo (12), Dawson Stroud (11), William Wyatt (11), Alec Book (12), Joshua DeJarlais (9) Last row: Kole Geiser (9), Philip Jurek (9), Ian Otic (9), Jacob Boshears (11)

VARSITY CHOIR



Front row: Sara Logan (11), Samantha McCormick (11), Hannah Hoff (10), Joy Wozniak (9), Gabriella Goncher (11) Second row: Giannoula Tjortjis (10), Troy Schneider (11), Nicholas Rossi (10), Savannah Childress (11), Isabelle Thomas (10), Amber Hemphill (11), Haley Reynolds (9) Third row: Desiree Stoces (10), Ronald Jessen (11), Caleb Zapata (9), Joshua DeJarlais (9), Emily Bratcher (10), Rachel Arnold (10) Back row: Kaitlynn Lemus (11), Tia Lingvay-Guardiola (10), Justin Cortez (12), David Paredes (9), Brandon Bianco (12), Kaitlyn Opperman (10), Tara DeGrauwe (11), George Gundelach (9) Not Pictured: Danielle Usak (11), Kayla Vujisic (10)

HAND BELLS II



Front row: Hilary VanderVelde (11), Eva Kimberly (11), Kara Guinn (12), Ashley Gayton (12) Second row: Marissa Grantham (12), Marisa Jones (12), Katlynn Grace (12), Samantha Lane (11), Savannah Childress (11) Third row: Emily Baginski (12), Nicole Batres (12), Lauren Rademacher (11), Jennifer Alvarez (11) Last row: Ashley Ferguson (12), Elizabeth Arnold (12), Breanna Powers (12), Katherine Freeman (11) Not Pictured: Concetta DalSanto (12), Danielle Gaines (11)

HAND BELLS I



Front row: Macey Anderson (10), Hannah Hestermann (10), Katherine Veronesi (10), Angie Ramirez (11) Second row: Lisette Barajas (9), Ashley Gayton (12), Lauren Tatina (10), Maya Tobin (10), Isabella Kowalczyk (9) Third row: Katlynn Grace (12), Danielle Sprouse (11), Katherine Znavor (10), Jaime Winquist (10), Jennifer Alvarez (11) Last row: Samantha Mikrut (10), Kaitlyn Thompson (10), Madison Magdziarz (10), Madison Powers (9), Katherine Freeman (11) Not Pictured: Concetta DalSanto (12), Tara DeGrauwe (11), Spencer Wise (11)

SENIOR TREBLE



Front row: Elnora Stroud (12), Mikenzie Delia (10), Chelsea Barzycki (11), KC Perry (11), Jennifer Sanchez (11), Marisa Nadon (10), Danielle Buckley (10) Second row: April Koepke (12), Payton Pawelski (11), Mariam Shatat (11), Ashley Jadernak (11), Morgan Massei (11), Dasia Lockett (10), Antonietta Ruffolo (11), McKayla Karagias (11) Third row: Desiree Stoces (10), Monique Ochoa (11), Vivian Diaz (11), Stephanie O'Drobinak (10), Lauren Yacono (11), Isabella Gomez (10), Hannah Souronis (10), Kellie Repasi (10), Jenna Buntin (10) Last row: Jessica Wisniewski (11), Tia Lingvay-Guardiola (10), Alexandra Idalski (10), Kaitlyn Vander Laan (10), Ona Ahmed (11), Christi Raichle (12), Anastasia Rauch (11), LeAnn Stutler (12), Emily Bratcher (10), Maegan Walton (10), Anna Samels (10)

JUNIOR TREBLE



Front row: Rachel Miotke (9), Karly McKinney (9), Mercedes Jacques (9), Maegan Walton (10), Vera Kohut (10), Kristal Ochoa (10), Christina Terrazas (9), Amanda Elkins (9) Second row: Caitlin Mavity (9), Lauren Kamykowski (9), Hannah Hoff (10), Lidia Pineda (9), Erin Plenus (9), Claire Kijewski (9), Ayanna Ransom (10), Tatiana Newell (9) Third row: Autumn Flynn (9), Miranda Escobedo (9), Rachel Albright (9), Emily Bratcher (10), Jazzmyne Smiley (10), Madison Frederick (9), Lara Mitchell (9), Kaitlin Broz (9), Dana Brownewell (9), Maija Nieves (9) Last row: Estela Madrigal (9), Kaitlyn Vander Laan (10), Alexis Lawley (9), Samantha Bredar (9), Lauren Wisniewski (9), Megan McLaughlin (9), Sneha Shathish (9), Kassandra Hansen (9), Madison Powers (9), Amanda Aponte (9), Taylor Lush (9), Jessica Flores (9) Not Pictured: Amy Denton (9), Jessica Rivera (10)

CONCERT BAND



Front row: Camille Matasovsky (9), Hannah Gross (9), Maya McCants (9), Nicole Pelc (12), Shelby Vendl (9), Emily Spriggs (9), Samantha Dittrich (9), Alyssa Smyers (9), Miya Cruz (10), Jayla Jones (11) Second row: Xochitl Regalado (11), Julissa Degollado (12), Erica Guevara (10), Celeste Guevara (12), Michael Kulik (9), Colm Tomaszewski (9), Sean Harper (11), Joelle Niemzyk (9), Haley Jeneske (10) Third row: Alize Futrell (9), Megan Gabe (11), Alexis Hernandez (12), Savannah White (9), Emmanda McKenzie (11), Christian Banfield (9), Michael Harmon (9), Nikolas Rivera (9), Taylor Duffy (11) Fourth row: Trevor Williams (11), Clayton Hatfield (11), Bailey Kearschner (9), Michael O'Donnell (9), David Isom (9), Alexis Murphy (12), David Golden III (10), Lindsey Buchler (9), Ian Jones (9) Fifth row: David Nelson, Robert Belzeski (12), Nickolas Bernal (9), Michael Villarreal (10), Antoneia Galvin (11), Megan O'Donnell (9), Rachel Cain (9), Ciana White (10) Sixth row: Hayley West (9), Hannah Sako (9), Britney Fijut (9), Mateo Hitchcock (9), Austin Riese (9), Jonathan Samsel (9), Elise Classen (11), Hannah Classen (12), Vincent Malan (9) Seventh row: Brian Best (10), Noah DiDonato (9), Brice Doescher (9), Benjamin Moore (11), Mathew Palm (12), David Lee (9), Christopher Abrinko (9) Back row: Colin Yugo (9), Anthony Bednarek (11), Jonathan Tsakopoulos (9), Carlos Martinez (9), Joseph O'Hara (9), Nathan Little (10), Erik Palm (10), Jacob Denson (10), Nathan Augustino (9)

CONCERT CHOIR



Front row: Payton Pawelski (11), Deamontria Robinson (12), Elnora Stroud (12), Roger Kaufman (11), Christi Raichle (12), Alayna Prisby (12), Hannah Scherer (12), Jennifer Alvarez (11), Megan Seibert (12), Aaron Cappello (9), Ashley Jadernak (11) Second row: Breanna Patrick (11), Zachary Hansen (10), Lauren Druzbicki (11), Kristina Donovan (12), Spencer Wise (11), Jadon Bloom (11), David Paredes (9), Madison Breford (11), Blake Hawthorne (9), Montes Pirtle (12) Third row: Breanna Powers (12), Kaitlynn Lemus (11), Chelsea Barzycki (11), Anastasia Rauch (11), Michael Krga (11), Christina Tipman (11), Sydney Farmer (11), Lindsey Solan (12), Olivia Froelich (10), Toni Cribari (12), Andrew Kasper (9) Last row: LeAnn Stutler (12), Elise Bereolos (11), Megan Barry (11), Ty Kullmann (11), Ryan Powers (12), Justin Cortez (12) Brett Balicki (11), Parker Danner (10), Timothy Bakas (9), Michelle Duran (11), Adam Gustas (10), George Gundelach (9) Not Pictured: Jackson DeLisle (11), Larissa McBride (11)

LCTC

Front row: Jackson DeLisle (11), Aaron Cappello (9), Christi Raichle (12), Brittany Busby (11), Sarah Hermanek (10), Katherine Veronesi (10), Isabella Gomez (10), Stephanie O'Drobinak (10), Brandilyn Stockton-Fresso (12) Second row: Sarah Colby (12), Madison Frederick (9), Adam Gustas (10), Cathryn Cearing (12), Anastasia Rauch (11), Alayna Wallace (12), Makayla VanVleet (9), Candace Jarzombek (10), Erini Collaros (11) Third row: Megan McLaughlin (9), Ronald Lee (12), Amanda Aponte (9), Brett Balicki (11), Madeline Conley (12), Brandon Bianco (12), Elise Bereolos (11), Megan Barry (11) Back row: Ryan Wojcik (12), Aidan McCambridge (12), Nicholas Kiepura (12), Alexander Vrbanoff (9), Raquel Rembert (11), William Kruzan (10), Nichole Heusmann (11), Parker Danner (10)

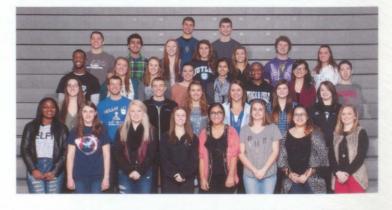


DOLLARS FOR SCHOLARS



Front row: Natasha English (9), Jennifer Mohamed (12), Sinai Valdez (12), Emily Mannino (9), Gianna Mills (11), Makayla Sullivan (10), Rachel Eder (9), Kayla Broussard (12) Second row: Katrina Lozanoski (10), Nicole Geer (10), TaShara Travis (12), Alyssa Scanlon (11), Madeline Hirschfield (11), Niji Shah (11), Eustina Zakher (12) Third row: Navneet Kaur (12), Katarina Radoja (11), Jillian Wilschke (12), Gabriella Danko (11), Jasmin Alvarado (11), Jeanine Gilbert (11), Duaa Hijaz (11) Third row: Sherry Shibu (12), Ashley Scanlon (10), Breanna Zeller (11), Sean Meyer (11)

DOLLARS FOR SCHOLARS



Front row: Courtney Smith (12), Samantha Szewczyk (9), Tiffany Polyak (12), Amanda Roberts (12), Helana Zakher (10), Taylor Doetterl (12), Guadalupe Cervantes (12), Ms. Ashley Kline Second row: Hannah Classen (12), Robert Belzeski (12), Brandon Long (12), Joellyn Polaski (12), Megan Barenie (12), Katelyn Pass (9), Rachel Streck (10) Third row: Romel Spight (11), Colleen Quinn (11), Sarah Bredar (11), Jovana Dodevska (11), Gurleen Khatra (12), Etura Williams (12), Maria Moricz (11), Eamonn Duffy (11) Fourth row: Jacob Kleimola (11), Jay Chopra (11), Julia Kruzan (11), Kaylee Rodell (11), Nicole Vanek (11), Noah Miller (12), Andrea Abramowicz (12) Back row: Ryan Wiebe (12), Justin Price (11)

THESPIANS



Front row: Candace Jarzombek (10), Jackson DeLisle (11), Stephanie O'Drobinak (10) Halle Pederson (10), Brandilyn Stockton-Fresso (12), Emily Badger (10) Second row: Megan Barry (11), Adam Gustas (10), Cathryn Cearing (11), Anastasia Rauch (11), Matthew Hughes (10) Third row: Ronald Lee (12), Brett Balicki (11), Madeline Conley (12), Craig Bronson (11) Back row: Erini Collaros (11), Nicholas Kiepura (12), Raquel Rembert (11), Nichole Heusmann (11), Brittany Busby (11)

INTERACT



Front row: Niji Shah (11), Jeccika Scialabba, (11), Rachel Eder (9), Alexis Morales (12) Second row: Peyton Lessentine (10), Jeanine Gilbert (11), Duaa Hijaz (11) Third row: Shannon Hearne (11), Jovana Dodevska (11), Nicole Peterson (11), Lauryn Winarski (12), David Park (12) Third row: Jacob Mavity (12), Ryan Wiebe (12), Nicholas Poulos (12), Sarah Bredar (11), Maria Moricz (11)

W.I.S.E.



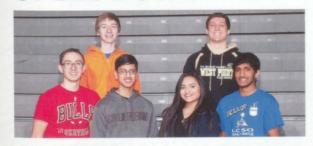
Front row: Jaime Winquist (10), Megan Gabe (11), Hannah Peters (10), Tiffany Tao (12), Riley McGrath (12) Middle row: Madelyn Ackerman (11), Sherry Shibu (12), Mary Hauter (10), Navneet Kaur (12) Back row: Taylor Duffy (11), Samantha McCuaig (11)

B.P.A.



Front row: Michelle Buckman (10), Camryn Wallace (10), Rachel Kozel (10), Brendan Kelly (12), Nicholas Biegel (12), Jordan Buckmaster (11) **Middle row:** Joseph Jakubowicz (9), Joseph Grzybek (10), Neal Govani (10), Ethan Hunt (12), Brandon Long (12) **Back row:** Andrew Ring (12), Jay Chopra (11), Jacob Jakubowicz (12), Surya Vezhavendan (12), Sarthak Aggarwal (11)

SPELL BOWL



Front row: Raymond Pollalis (12), Rayyan Karim (11), Niji Shah (11), Faiq Quadeer (12) Back row: Micheal Hemmerling (11), Nicholas Applegate (12)

RUNE



Front row: Heather Loeffler (11), Hannah Miskell (12), Sarah Pramuk (12), Emily Erickson (9) Back row: Kassie Woodworth (12), Victoria McKenzie (11), Summer Bakker (11)

STUDENT COUNCIL

Front row: Rachel Gross (11), Madeline Hirschfield (11), Niji Shah (11), Andria Talavera (11), Duaa Hijaz (11) Second row: Michael Zubeck (10), Mohammed Hijaz (10), Breanna Zeller (11), Sean Meyer (11) Third row: Taylor Doetterl (12), Taylor Rudnick (10), Kaylee Rodell (11), Maria Moricz (11), Cassidy Niewiadomski (11) Fourth row: Brandon Grabarek (11), Joseph Grzybek (10)



N-TEENS

Front row: Bailey Schalk (9), Eva Kimberly (11), Nicole Geer (10), Anna Hallowell (10), Gianna Mills (11), Jessica Howell (10), Rachel Eder (9), Ruth Chen (10) Second row: Diana Bolanos (10), Alexis Kelly (10), Ishika Prakash (9), Madeline Hirschfield (11), Kayla Hallowell (12), Duaa Hijaz (11), Niji Shah (11) Third row: Sean Meyer (11), Eva Elmalh (11), Samantha Tugman (9), Emily Segovia (11), Sarah Combis (10), Audrey Sobolewski (10), Karli Swanson (10) Fourth row: Maria Moricz (11), Joseph Grzybek (10), Kassie Woodworth (12), Courtney Smith (12), Taylor Doetterl (12), Breanna Zeller (11), Jay Chopra (11) Last row: Kaylee Rodell (11), Sarah Bredar (11)



FUTURE MEDICAL PROFESSIONALS

Front row: Eva Elmalh (11), Madeline Hirschfield (11), Niji Shah (11), Andria Talavera (11), Nicole Geer (10), Anna Hallowell (10) Middle row: Samantha Torres (11), Maria Moricz (11), Nkem O'Gonuwe (10), Breanna Zeller (11), Emily Segovia (11), Rachel Gross (11) Back row: Mr. William Keep, Jay Chopra (11), Joseph Grzybek (10)



ACADEMIC LETTER WINNERS

Front row: Navneet Kaur (12), Niji Shah (11), Duaa Hijaz (11), Hannah Sonner (12), Jennifer Mohamed (12), Alexis Morales (12) Middle row: Amanda Roberts (12), Mohammed Hijaz (10), Madelyn Ackerman (11), Sean Meyer (11), Rachel Gross (11) Back row: Taylor Doetterl (12), Sarah Bredar (11), Gurleen Khatra (12), Maria Moricz (11), Alayna Wallace (12) Last Row: Brandon Grabarek (11), Jay Chopra (11)



LCTV



Front row: Alexis Morales (12), Max Barnhart (11), Grant Bradtke (12), Kayla Hallowell (12), Eva Kimberly (11) **Middle row:** Paul Centanni (11), James Lafakis (12), Caleb Beasley (10), Joey Schneider (12), Madeline Conley (12), Kristina Skvarek (11) **Back row:** Anthony Dye (11), Nathan Zajac (12), Christopher Zielinski (11), Dylan Anderson (12), Brandon Long (12)

SOPHOMORE CLASS CABINET



Front row: Joseph Grzybek (10), Nicole Geer (10), Ms. Carrie Wadycki, Mrs. Sarah Verpooten

JUNIOR CLASS CABINET



Front row: Rachel Gross (11), Eva Kimberly (11), Madeline Hirschfield (11), Niji Shah (11), Emily Segovia (11), Gianna Mills (11) **Middle row:** Noelle McBride (11), Breanna Zeller (11), Samantha Torres (11), Sean Meyer (11), Eva Elmalh (11) **Back row:** Maria Moricz (11), Jay Chopra (11), Cassidy Niewiadomski (11)

SENIOR CLASS CABINET



Front row: Tiffany Polyak (12), Abigail Peppin (12), Ugonna Nwannunu (12), Jennifer Mohamed (12), Sinai Valdez (12) Middle row: Megan Barenie (12), Kristen Kaiser (12), Morgan Kelly (12), Courtney Smith (12) Back Row: Robert Belzeski (12), Maritza Castaneda (12), Nicholas Kiepura (12), Ashley Richards (12), James Lafakis (12)

DEBATE



Front row: Sean Meyer (11), Niji Shah (11), Maria Moricz (11), Jay Chopra (11)

COLOPHON

editors and advisers



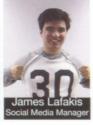


























staff and team leaders



been one rough year of hard work, but our publications staff produced one amazing book this year. I may have created the theme extremely late and stressed out Wad and VP, but once the theme was born, the staff began the journey of finishing this book.

Pub has taught me so many lessons in the last three years. In math or english class, you can sit next to the kid you don't like and not have to work with him, but in pub, chances are Wad or VP will find a way to make everybody work with each other at least once. That's the biggest lesson I've learned. In the real world, not everyone will like you, and there won't always be a person there to hold your hand and tell you that you can do it.

To put it simply, Pub is not a blow-off class. Amazing products are created, and everybody gains

BOOK INFORMATION

selves. I'd like to thank all of you for putting in the time and effort to help create this year's yearbook. Most importantly, I'd like to thank Hannah Reed for being an amazing design editor. I don't think I could have gotten along with anyone else, and the dream team will be one to beat.

My best advice is to remember that life is arbitrary, but it's yours for the taking. Some people will be difficult to deal with and some will be friends that might last a lifetime.

High school isn't like a movie at all, people don't always like each other, and classmates don't sing together to make a situation better. In real life, people will yell at each other, cry from frustration, and struggle with finding solutions to seemingly impossible situations. Pub definitely consists of these real life situations.















JENNIFER MOHAMED

YBK EIC 2014-2015

Quiver Volume 49, Every Some One, was printed by Herff Jones, 2525 Midpoint Drive, Edwardsville, KS 66111, with the assistance of Customer Service Adviser Kristi Templeton, Technical Support Adviser Debbie King and Sales Representative Betty Samples. This book has a press run of 1,500, featured on 100 lb. paper. During early orders at registration, the book cost \$50, while end-of-year orders in March reached \$70. All page layouts were created using Adobe InDesign CS4 and Adobe Photoshop CS4.

Our staff photographers shot thousands of digital images using Canon Digital 50D, 60D and T3i. Giolas Photography in Merrillville shot all underclass, senior and group photos. All the text in this book is set in Helvetica CE 55 Roman, Alternate Gothic 2 BT, and HelveticaNeue LT 65 Medium.

Quiver Volume 48 was awarded many Harvey Awards and ranked Superior by the Indiana High School Press Association.

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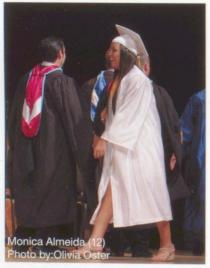


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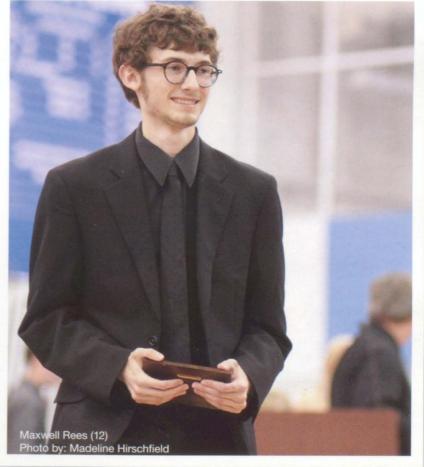
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SENIOR AWARDS

BEST DRESSED

Jorge Trujillo, Lauren Markulin

BEST HAIR

Andres Ramirez, Reem Nammari

BEST SMILE

Jacob Vervlied, Jennifer Mohamed

BEST EYES

Timothy Giazzon, Michelle Weber

BEST LAUGH

James Mays, Alyssa Born

BEST PERSONALITY

Nathan Zajac, Megan Barenie

BEST CAR

Jorey Dimopoulos, Amanda Roberts

BEST BODY

Joseph Schneider, Jessica Nelson MOST STRESSED OUT

Jaren Mercer, Jennifer Mohamed

MOST ATHLETIC

Charles Sykes, Jillian Doan

MOST INTELLIGENT

Tiffany Tao, Yousaf Abughofah

MOST ARTISTIC

Jacob Graziani, Kassie Woodworth

MOST DRAMATIC

Matthew Burgess, Marisa Men doza

MOST GULLIBLE

Jacob Dulski, Sarah Banasiak

MOST PHOTOGENIC

Lucas Sanchez, Taylor Ellis

BIGGEST FLIRT

Colin Chenoweth, Aspyn Novak

BIGGEST REBEL

Gavin Basile, Paige Chelbana

BIGGEST KLUTZ

Antwan Davis, Elizabeth Stefaniak

WORST DRIVER

Samuel Willis, Joshua Barajas, Sarah Banasiak

WORST CASE OF SENIORITIS

Marcus Garcia, Alisha Donovan

ULTIMATE SUPERFAN

Devonte Brooks, Danielle Morang

TEACHER'S PET

James Lafakis, Holly Blair

COUPLE THAT SHOULD HAVE BEEN

Nathan Zajac, Karlie VanHouten

MOST LIKELY TO GET MARRIED

Alexander Nisle, Sydney Scherzinger

CLASS SNOOZER

Justin Fox, Tabitha Prowse

CLASS CLOWN

Quinn Paprocki, Megan Barenie

BIGGEST AIRHEAD

Jacob Dulski, Sarah Banasiak

LIFE OF THE PARTY

Jacob Dulski, Gabrielle Gomez

ONE-IN-A-MILLION

James Lafakis

MOST LIKELY TO BRIGHTEN YOUR DAY

Emma Hupp

MOST LIKELY TO BE PRESIDENT

James Lafakis

MOST LIKELY TO BE RICH AND FAMOUS

Joseph Bannister

MOST LIKELY TO BE LATE TO GRADUATION

Nikola Tepsic

MOST LIKELY TO RETURN TO LC AS A

TEACHER

James Lafakis

MOST LIKELY TO KEEP IT REAL

James Lafakis

MOST LIKELY TO DO SOME GOOD OUT

James Lafakis

MOST LIKELY TO TAKE A SELFIE DURING

AWARDS

Taylor Ellis





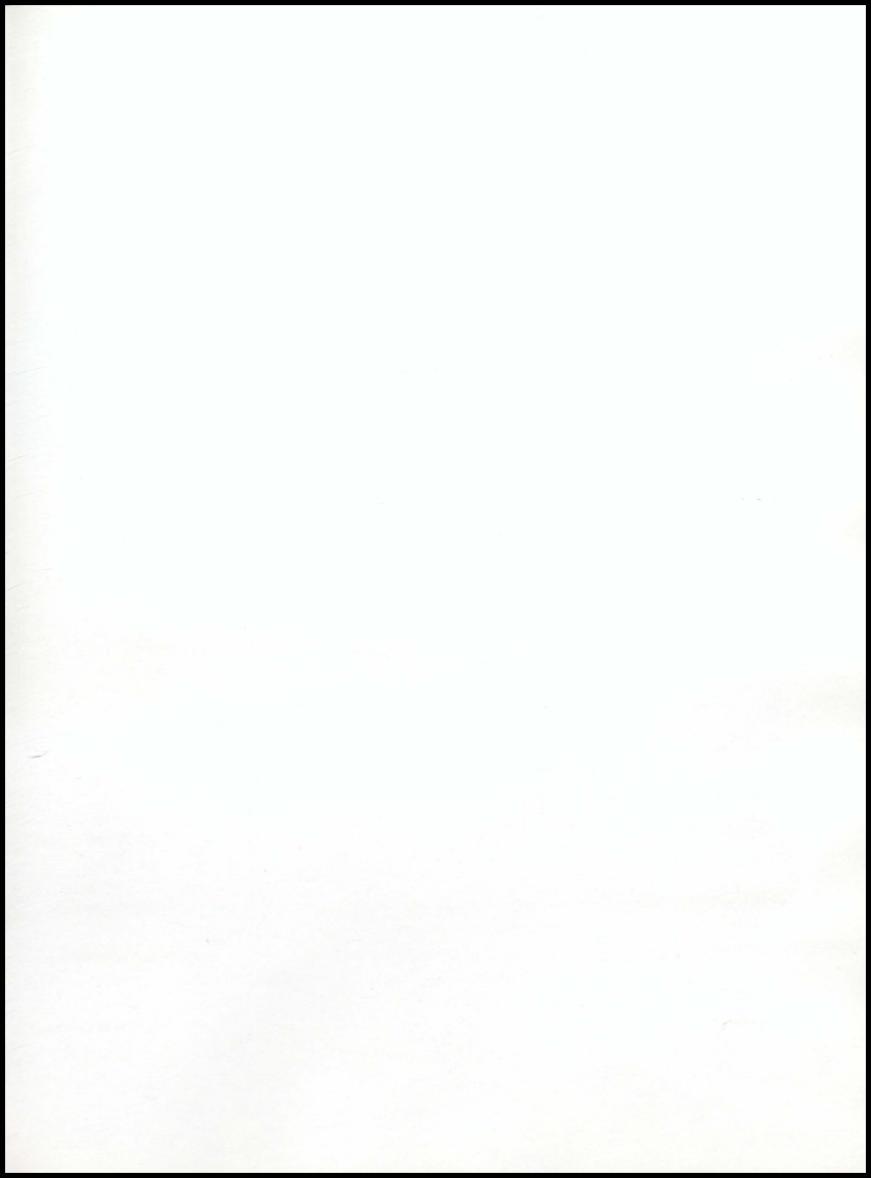
CLOSING 321

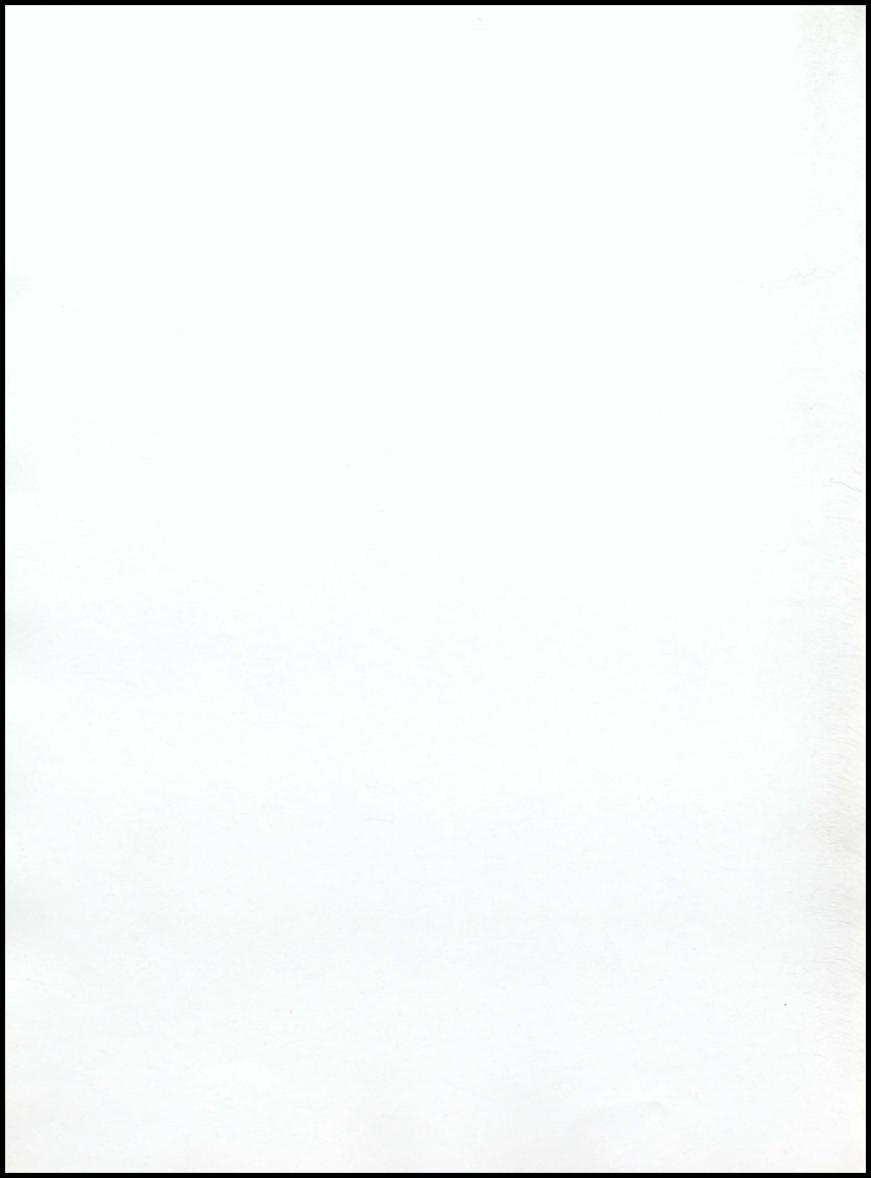


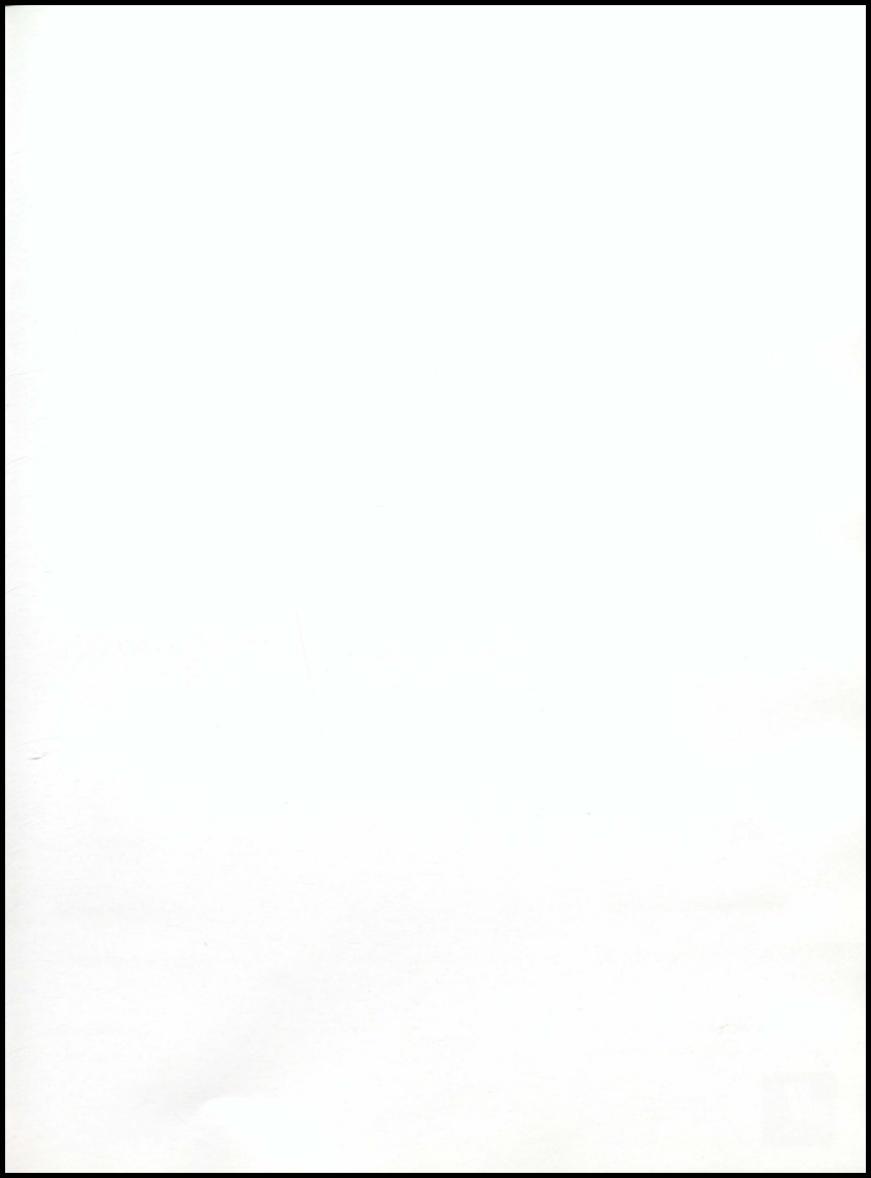




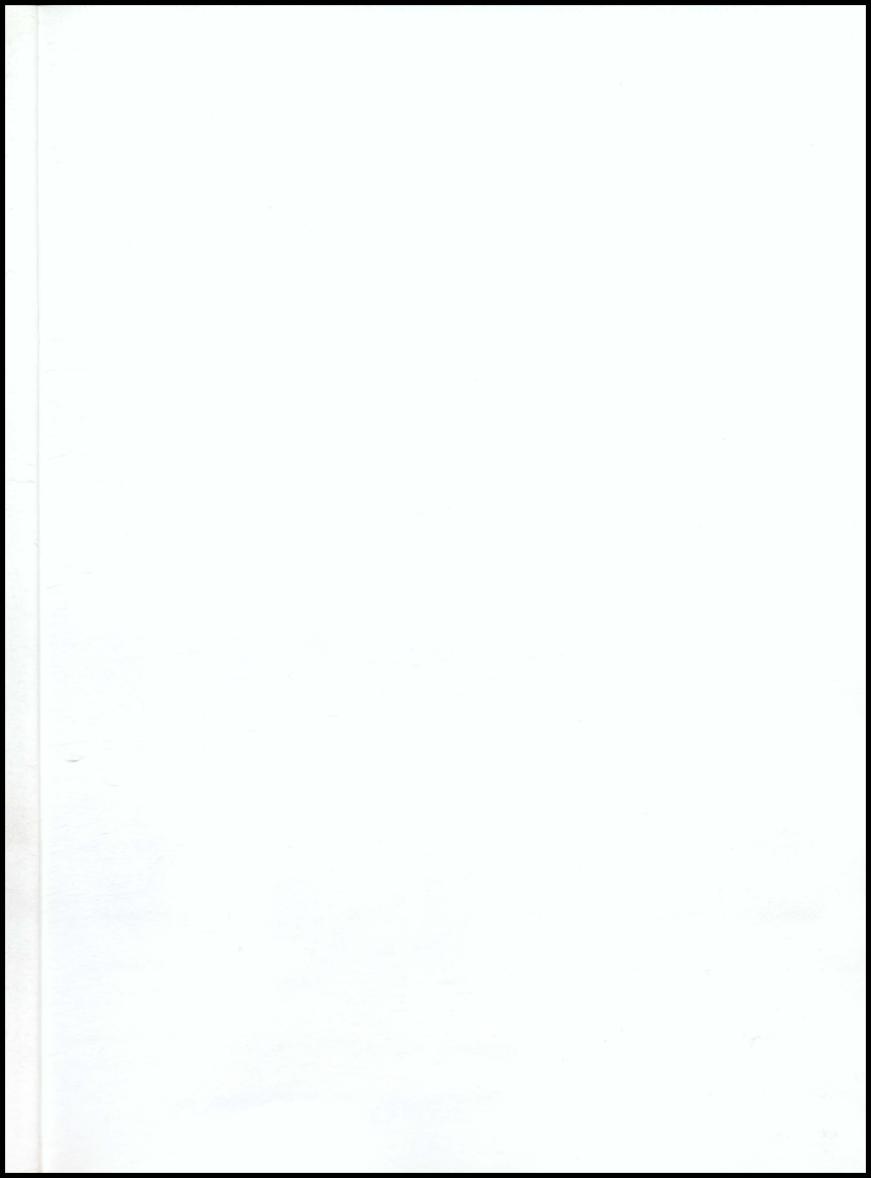
LET IT GO Construction workers take down the Indian Head. The Indian head was once on the front of the Field House. Photo by: Joseph Pavell
 Page by: Hannah Reed

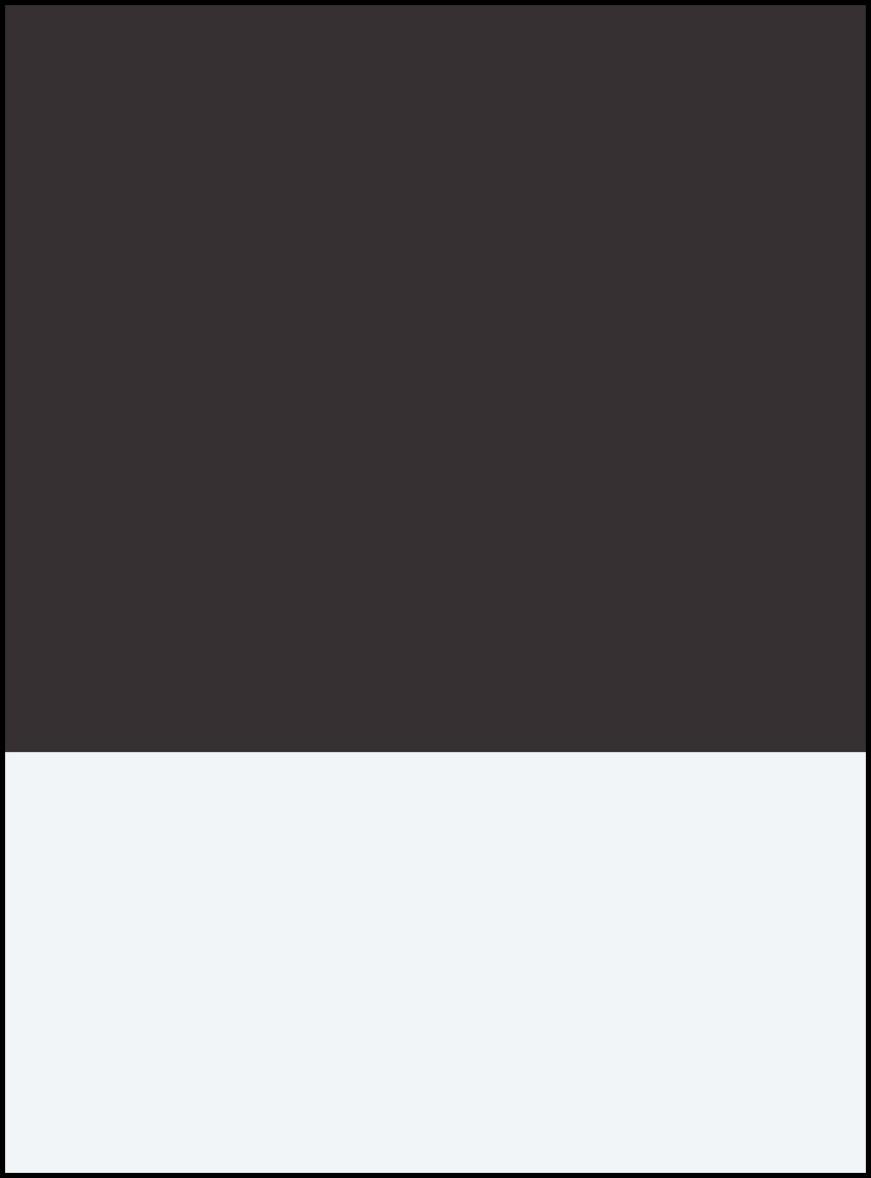












EVERY ONE SOME ONE

